

Table 1 – EPAs in Stage 1 and Stage 2 of RANZCP Fellowship training

| Area of practice | EPA number | Title |
|--|-------------------|---|
| Stage 1 mandatory EPAs | | |
| Adult psychiatry 12 months adult psychiatry training, 6 months in an acute setting. | ST1-GEN-EPA5 | Use of an antipsychotic medication in a patient with schizophrenia/psychosis. |
| | ST1-GEN-EPA6 | Providing psychoeducation to a patient and their family and/or carers about a major mental illness. |
| Stage 2 general psychiatry EPAs – may be entrusted during Stage 1, must be entrusted by the end of Stage 2 | | |
| General psychiatry Mandatory EPAs to be attained by the end of Stage 2. These general psychiatry EPAs may be attained in any area of practice rotation during Stage 1 or Stage 2 and will be assessed at a proficient (Stage 2) standard. | ST2-EXP-EPA1 | Demonstrating proficiency in all the expected tasks associated with prescription, administration and monitoring of ECT. |
| | ST2-EXP-EPA2 | The application and use of the Mental Health Act. |
| | ST2-EXP-EPA3 | Assessment and management of risk of harm to self and others. |
| | ST2-EXP-EPA5 | Assess and manage adults with cultural and linguistic diversity. |
| Psychotherapy EPAs – may be entrusted during Stage 1 | | |
| Trainees must attain two (of three) EPAs by the end of Stage 2: The remaining EPA must be attained by the end of Stage 3. These EPAs may be attained in any area of practice rotation and will be assessed at a proficient (Stage 2) standard. | ST2-PSY-EPA2 | Psychodynamically informed patient encounters and managing the therapeutic alliance. |
| | ST2-PSY-EPA3 | Supportive psychotherapy. |
| | ST2-PSY-EPA4 | Cognitive-behavioural therapy (CBT) for management of anxiety. |
| Stage 2 mandatory EPAs | | |
| Child and adolescent psychiatry Mandatory rotation, must complete associated EPAs. | ST2-CAP-EPA1 | Develop a management plan for an adolescent where school attendance is at risk. |
| | ST2-CAP-EPA2 | Clinical assessment of a prepubertal child. |
| Consultation-liaison psychiatry Mandatory rotation, must complete associated EPAs. | ST2-CL-EPA1 | Care for a patient with delirium. |
| | ST2-CL-EPA2 | Manage clinically significant psychological distress in the context of the patient's medical illness in the general hospital. |

| <i>Area of practice</i> | <i>EPA number</i> | <i>Title</i> |
|---|-------------------|--|
| Stage 2 mandatory EPAs | | |
| Addiction psychiatry (Elective rotation) Mandatory EPAs, may be attained in any rotation. | ST2-ADD-EPA1 | Management of substance intoxication and substance withdrawal. |
| | ST2-ADD-EPA2 | Comorbid mental health and substance use problems. |
| Psychiatry of old age (Elective rotation) Mandatory EPAs, may be attained in any rotation. | ST2-POA-EPA1 | Behavioural and psychological symptoms in dementia (BPSD). |
| | ST2-POA-EPA2 | The appropriate use of antidepressants and antipsychotics in patients aged 75 years and over (or under 75 with excessive frailty). |
| Adult psychiatry (elective rotation) if first Stage 2 adult psychiatry rotation, trainee must undertake two of the following adult psychiatry EPAs. If second Stage 2 adult psychiatry rotation, trainee may undertake any Stage 2 EPAs. | | |
| General Adult psychiatry | ST2-AP-EPA1 | Assess treatment-refractory psychiatric disorders. |
| | ST2-AP-EPA2 | Physical comorbidity 2. |
| Adult Eating disorders psychiatry | ST2-AP-EPA3 | Assess and manage a patient with anorexia nervosa presenting in a severely underweight state. |
| | ST2-AP-EPA4 | Assess and manage an adult with bulimia nervosa. |
| Adult Perinatal psychiatry | ST2-AP-EPA5 | Assess and manage a woman experiencing a major postpartum illness within 12 months of childbirth. |
| | ST2-AP-EPA6 | Assess and manage a pregnant woman presenting with a psychiatric disorder. |
| Adult Neuropsychiatry | ST2-AP-EPA7 | Assess and manage a mental illness occurring in an adult with an established diagnosis of epilepsy. |
| | ST2-AP-EPA8 | Assess and manage psychological and behavioural symptoms in an adult under the age of 50 with an acquired brain injury. |
| Pacific peoples' mental health | ST2-AP-EPA9 | Assessment of people of Pacific Island descent. |
| | ST2-AP-EPA10 | Collaborative management of people of Pacific Island descent. |
| Early Psychosis Intervention | ST2-AP-EPA11 | Differential diagnosis in people presenting for the first time with psychosis. |
| | ST2-AP-EPA12 | Engagement with people with first episode psychosis and with their families. |

| <i>Area of practice</i> | <i>EPA number</i> | <i>Title</i> |
|---|-------------------|--|
| <i>Other elective rotations – if undertaken, must complete associated EPAs</i> | | |
| <i>Forensic psychiatry</i> (Elective rotation) | ST2-FP-EPA1 | Violence risk assessment and management 2. |
| | ST2-FP-EPA2 | Expert evidence 2. |
| | ST2-FP-EPA3 | Understanding and managing psychological issues in forensic patients and carers. |
| <i>Indigenous mental health – Australia</i> (Elective rotation) | ST2-INDAU-EPA1 | Interviewing an Aboriginal or Torres Strait Islander patient. |
| | ST2-INDAU-EPA2 | Develop a mental healthcare management plan for an Aboriginal or Torres Strait Islander patient. |
| <i>Indigenous mental health – New Zealand</i> (Elective rotation) | ST2-INDNZ-EPA1 | Interviewing a Māori patient. |
| | ST2-INDNZ-EPA2 | Develop a mental healthcare management and recovery plan for a Māori patient. |
| <i>Research</i> (Elective rotation) | ST2-RES-EPA1 | Planning and initiating a research project 2. |
| | ST2-RES-EPA2 | Planning, conducting and reporting a review of scientific literature 2. |
| | ST2-RES-EPA3 | Skills in research methodology and data collection 2. |
| | ST2-RES-EPA4 | Skills in data analysis and synthesis 2. |

For the detailed EPA requirements, please see the EPA Policy and Procedure available on the [Regulations, policies and procedures](#) page of the RANZCP website.