ST3-AP-FELL EPA20 – Review service delivery

Area of practice	Adult psychiatry	EPA identification	ST3-AP-FELL-EPA20
Stage of training	Stage 3 – Advanced	Version	v0.1 (EC approved 12/04/19)

The following EPA will be entrusted when your supervisor is confident that you can be trusted to perform the activity described at the required standard without more than distant (reactive) supervision. Your supervisor feels confident that you know when to ask for additional help and that you can be trusted to appropriately seek assistance in a timely manner.

Title	Review service delivery				
Description	The role of a psychiatrist goes beyond clinical work and involves service improvement and development. The trainee must demonstrate an ability to understand and evaluate a service including: understanding the evidence base and service models for the type of service reviewed; an ability to undertake structured review and quality improvement; and an ability to incorporate feedback from people with mental illness, their families and carers and other stakeholders. The trainee must understand the philosophy and objectives of the service, the service model and context in which the service operates e.g. how it functions within the health service and with other local service providers. The trainee should understand how the service aligns with local and national mental health strategy and plans. The trainee should be able to critically review referral and discharge criteria, the triage and assessment system, the implementation of evidence based practice within the service, barriers to implementation, and the use of outcome measures. The trainee should understand how the service meets recovery principles and practice as in the Australian National framework for recovery-oriented mental health services, or "Rising to the Challenge" (NZ).				
Fellowship competencies	ME	7, 8	НА	1, 2	
	СОМ	1	SCH	1, 2, 3	
	COL	1, 3, 4	PROF	1, 2, 3, 4	
	MAN 1, 2, 3, 4, 5				
Knowledge, skills and attitude required	Competence is demonstrated if the trainee has shown sufficient aspects of the knowledge, skills and attitudes described below.				
The following lists are neither exhaustive nor prescriptive.	Ability to apply an adequate knowledge base Demonstrates knowledge of the evidence base for the service model and knowledge of any different models which have been developed for this type of service. • Demonstrates an understanding of service reviews and quality improvement principles.				

	Understands issues of resource management.			
	Skill			
	Articulates the philosophy and objectives of the service and can describe the roles of team members, evidence based treatments available, outcome measures used and their justification.			
	• Demonstrates an ability to undertake a structured review of the service taking into account the views of the persons with mental illness and their families/carers and other stakeholders.			
	Critically reviews the referral and discharge criteria, the system of triage and assessment, the implementation of evidence based practice within the service and barriers to implementation or to accessing the service.			
	Demonstrates effective verbal and written communication skills including an ability to report back to the service and formulate quality improvement projects for the service.			
	Attitude			
	Provides appropriate clinical leadership.			
	Advocates on behalf of patients and carers.			
	Demonstrates an ethical approach.			
Assessment procedure	Progressively assessed during individual and clinical supervision.			
Additional assessment considerations (if needed)	• DOPS			
	Professional Presentation			

References

- Jorm A (2018) Improving the impact of treatments and services. Australian & New Zealand Journal of Psychiatry 52: 915-916
- Ministry of Health, Welling (2012) *Rising to the Challenge The Mental Health and Addiction Service Development Plan 2012–2017*. Available at: https://www.health.govt.nz/our-work/mental-health-and-addictions/rising-challenge.
- The Department of Health, Australian Government (2013) *A National framework for recovery oriented mental health services*. Available at: http://www.health.gov.au/internet/main/publishing.nsf/Content/mental-pubs-n-recovgde.
- The Department of Health, Australian Government (2017) *The Fifth National Mental Health and Suicide Prevention Plan.* Available at: http://www.health.gov.au/internet/main/publishing.nsf/content/mental-fifth-national-mental-health-plan.
- The Royal Australian and New Zealand College of Psychiatrists, *Position statement 37*, Melbourne: RANZCP, May 1997, https://www.ranzcp.org/News-policy/Policy-submissions-reports/Document-library/Policy-on-mental-health-services.
- The Royal Australian and New Zealand College of Psychiatrists, Position statement 86, Melbourne: RANZCP, March 2016, https://www.ranzcp.org/News-policy/Policy-submissions-reports/Document-library/Recovery-and-the-psychiatrist.

COL, Collaborator; COM, Communicator; HA, Health Advocate; MAN, Manager; ME, Medical Expert; PROF, Professional; SCH, Scholar