

ST3-AP-FELL-EPA23 - Comprehensive Assessment of an Adult presenting with ADHD

Area of practice	Adult Psychiatry	EPA identification	ST3-AP-FELL-EPA23	
Stage of training	Stage 3 – Advanced	Version	v0.1 (EC approved 03/05/24)	
<p>The following EPA will be entrusted when your supervisor is confident that you can be trusted to perform the activity described at the required standard without more than distant (reactive) supervision. Your supervisor feels confident that you know when to ask for additional help and that you can be trusted to appropriately seek assistance in a timely manner.</p>				
Title	Assessment of an Adult presenting with ADHD			
<p>Description Maximum 150 words</p>	<p>The trainee can assess an adult presenting with previously undiagnosed ADHD or with ADHD diagnosed and treated in childhood and who ceased treatment in adolescence. This includes</p> <ul style="list-style-type: none"> • Knowledge of current research evidence of aetiology <i>and symptomatology not limited to DSM-5 criteria</i>. • Taking a comprehensive psychiatric history, including psychodynamic aspects and, if possible, perinatal history, and including the use of appropriate screening tests/symptom rating scales/impairment rating scales, and corroborative historical and contemporary evidence. • Document history and diagnosis, with a formulation including evidence of presence or absence of co-morbidities, exclusion of malingering or drug seeking, and differential diagnoses • Liaison and communication with patient, family health professional, and other parties, with due regard to patient consent, confidentiality and other ethical considerations. 			
<p>Detailed description If needed</p>				
Fellowship competencies	ME	1, 2, 3, 4, 5, 6, 7, 8,	HA	2
	COM	1, 2	SCH	2
	COL	1, 2, 3, 4	PROF	1, 2, 3, 5

	MAN	1, 5,	
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<p>Knowledge, skills and attitude required</p> <p>The following lists are neither exhaustive nor prescriptive.</p>	<p>Competence is demonstrated if the trainee has shown sufficient aspects of the knowledge, skills and attitude described below.</p> <p>Ability to apply an adequate knowledge base</p> <ul style="list-style-type: none"> • In-depth knowledge of the diagnosis of ADHD in Adults within a Biopsychosocial model • In-depth knowledge of the differential diagnosis of ADHD from Autistic Spectrum Disorders, Bipolar Affective Disorder, MDD, Anxiety Disorders, OCD, SUD, FASD and Personality Disorders. • Knowledge of appropriate standardised ADHD rating scales, impairment assessment scales, and co-morbidity screening scales, and their application in diagnosis and monitoring. • Knowledge of techniques for recognising malingering or drug seeking. • Awareness of epidemiological data about the prevalence of ADHD and its common comorbidities across a range of domains such as male and female sexes and non-binary genders, and forensic populations. • appreciation of family dynamics. <p>Skills</p> <ul style="list-style-type: none"> • Carry out a comprehensive biopsychosocial assessment including a careful risk assessment and mental state examination • Gather relevant collateral information with consent, considering what additional sources of collateral information may be relevant to assessment. • Conduct appropriate psychometrically validated screening tests/symptom rating scales relevant to the presentation, or liaise with other health professionals regarding such screening tests/scales • Conduct appropriate investigations, or liaise with other health professionals to ensure such investigations have been carried out relevant to the presenting problem, monitoring treatment, or comorbid medical conditions. • Devise a comprehensive formulation for the patient’s presentation, considering biological, psychological and social factors. • Prepare a sufficiently detailed report for the referring health practitioner, with due regard to ethical considerations. <p>Attitude</p> <ul style="list-style-type: none"> • Collaborate effectively with patient, family and other health professionals/agencies to provide high quality care • Practice ethically, considering issues around confidentiality • Advocate on behalf of patients where indicated with other services/bodies • Demonstrate a scholarly approach to the literature regarding the presentation and treatment of mental health conditions in this population.
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Assessment method	Progressively assessed during individual and clinical supervision, including three appropriate WBAs.
Suggested assessment method details	<ul style="list-style-type: none"> • Mini CEX • Case-based discussion. • Professional presentation. • Observed clinical activity (OCA). • Professional presentation