

ST3-AP-FELL-EPA24 - Comprehensive Management of an Adult presenting with ADHD

Area of practice	General Psychiatry		EPA identification	ST3-AP-FELL-EPA24	
Stage of training	Stage 3 – Advanced		Version	v0.1 (EC approved 03/05/24)	
<p>The following EPA will be entrusted when your supervisor is confident that you can be trusted to perform the activity described at the required standard without more than distant (reactive) supervision. Your supervisor feels confident that you know when to ask for additional help and that you can be trusted to appropriately seek assistance in a timely manner.</p>					
Title	Management of an Adult presenting with ADHD				
<p>Description Maximum 150 words</p>	<p>The trainee can develop and implement a management plan for an adult presenting with previously undiagnosed ADHD or with ADHD diagnosed and treated in childhood and who ceased treatment in adolescence. This includes</p> <ul style="list-style-type: none"> • Awareness of current research evidence of management, including pharmaceutical and non-pharmaceutical treatment, and environmental accommodations and supports. • Interpret a comprehensive psychiatric history, diagnosis and formulation, including evidence of presence or absence of co-morbidities, exclusion of malingering or drug seeking, and differential diagnoses and appropriate screening tests/symptom rating scales/impairment rating scales, and corroborative historical and contemporary evidence. • Develop and document a management plan for immediate, medium term and long-term management, including planned transfer of care, within the relevant jurisdictional requirements relating to treatment. • Liaison and communication with patient, family health professional, and other parties, with due regard to patient consent, confidentiality and other ethical considerations. 				
<p>Detailed description If needed</p>					
Fellowship competencies	ME	1, 2, 3, 4, 5, 6, 7, 8,		HA	2
	COM	1, 2		SCH	2

	COL	1, 2, 3, 4	PROF	1, 2, 3, 5
	MAN	1, 5,		
<p>Knowledge, skills and attitude required</p> <p>The following lists are neither exhaustive nor prescriptive.</p>	<p>Competence is demonstrated if the trainee has shown sufficient aspects of the knowledge, skills and attitude described below.</p> <p>Ability to apply an adequate knowledge base</p> <ul style="list-style-type: none"> • In-depth knowledge of the treatment of ADHD in Adults within a Biopsychosocial model. • In-depth knowledge of the treatment of co-morbidities of ADHD including Autistic Spectrum Disorders, Bipolar Affective Disorder, MDD, Anxiety Disorders, OCD, SUD, FASD and Personality Disorders. • Knowledge of appropriate standardised rating scales for monitoring of treatment effectiveness. • Awareness of the treatment modalities; knowledge & adherence to local and federal restrictions in prescribing scheduled medications • Sophisticated understanding of the ethical and legal issues that may arise in managing adults with ADHD. <p>Skills</p> <ul style="list-style-type: none"> • Develop a comprehensive management plan, including consideration of co-morbidities, psychosocial functioning and quality of life; and implement this, under supervision, with liaison with patient/family/referring health professional and members of multidisciplinary team. • Prescribe appropriate psychiatric medications, including being aware of side effects and drug interactions. • Demonstrate a sophisticated understanding of evidence-based psychological therapies, and other non-pharmaceutical treatments and accommodations, and be able to discuss these in detail with patients, families and referring health professionals. • Prepare a sufficiently detailed report for the referring health practitioner, with due regard to ethical considerations. <p>Attitude</p> <ul style="list-style-type: none"> • Collaborate effectively with patient, family and other health professionals/agencies to provide high quality care. • Practice ethically, considering issues around confidentiality. • Advocate on behalf of patients where indicated with other services/bodies. • Demonstrate a scholarly approach to the literature regarding the presentation and treatment of mental health conditions in this population. 			

Assessment method	Progressively assessed during individual and clinical supervision, including three appropriate WBAs.
Suggested assessment method details	<ul style="list-style-type: none"> • Mini CEX • Case-based discussion. • Professional presentation. • Observed clinical activity (OCA). • Professional presentation