

ST3-AP-FELL-EPA11 – Telehealth

Area of practice	Adult psychiatry	EPA identification	ST3-AP-FELL-EPA11	
Stage of training	Stage 3 – Advanced	Version	v0.7 (EC-approved 24/07/15)	
The following EPA will be entrusted when your supervisor is confident that you can be trusted to perform the activity described at the required standard without more than distant (reactive) supervision. Your supervisor feels confident that you know when to ask for additional help and that you can be trusted to appropriately seek assistance in a timely manner.				
Title	Conduct assessments of adults, collaborate with carers, referrers and health professionals and implement management via telehealth to rural, remote or outlying areas.			
Description Maximum 150 words	The trainee can conduct an interview with a patient or carer in the company of a local health practitioner, eg. referring GP or case manager, via telehealth. The trainee will complete the interview, develop a diagnostic formulation and management plan in collaboration with the local health professional. The clinical encounter will be appropriately documented and the documentation shared with the collaborating practitioner.			
Fellowship competencies	ME	1, 2, 3, 4, 5, 6	HA	
	COM	1, 2	SCH	2
	COL	1, 2, 3	PROF	1, 2, 3
	MAN	4		
Knowledge, skills and attitude required The following lists are neither exhaustive nor prescriptive.	<p>Competence is demonstrated if the trainee has shown sufficient aspects of the knowledge, skills and attitude described below.</p> <p>Ability to apply an adequate knowledge base</p> <ul style="list-style-type: none"> • Knowledge of technical and booking procedures required at both ends of the telehealth consultation. • Knowledge of the ethical principles of telehealth, including issues of consent, safety and the role of the local clinician accompanying the patient at the other end of the conference. • Awareness of the limitations of telehealth assessments. • Awareness of local services available in the rural/regional setting in which the patient lives. <p>Skills</p> <ul style="list-style-type: none"> • Ensures the telehealth set-up provides the highest quality clinical encounter possible. • Ability to engage the patient and local practitioner in a therapeutic dialogue using the telehealth medium. 			

	<ul style="list-style-type: none"> • Ability to develop a diagnostic formulation and management plan in collaboration with the local practitioner that is implementable and acceptable. • Ability to document the clinical encounter appropriately and ensure that the documentation is shared with local health staff. <p>Attitude</p> <ul style="list-style-type: none"> • Willingness to take a collaborative approach with the local practitioner in applying a shared-care model to assessment and management. • Maintaining an ethical approach to all aspects of the clinical encounter. • Being adaptive and flexible in overcoming some of the inherent limitations of telehealth assessments. • Taking an educational approach to allow the patient and the local team to continue with ongoing care.
Assessment method	Progressively assessed during individual and clinical supervision, including three appropriate WBAs.
<p>Suggested assessment method details</p> <p><i>(These include, but are not limited to, WBAs)</i></p>	<ul style="list-style-type: none"> • Case-based discussion – of telehealth assessments including, but not limited to, new referrals, reviews of known patients, risk assessments, medication reviews, and educational sessions. • Observed Clinical Activity (OCA) – a telehealth assessment of a newly referred patient. • Review of documentation from telehealth assessments.
References	

COL, Collaborator; COM, Communicator; HA, Health Advocate; MAN, Manager; ME, Medical Expert; PROF, Professional; SCH, Scholar