



Family and couples therapy - case summary form

To be submitted by trainees/Fellows completing the Certificate of Advanced Training in the Psychotherapies.

Please submit this form when complete to the College training team. **Email**: training@ranzcp.org; fax: +61 3 9642 5652; post: RANZCP, Training, 309 La Trobe Street, Melbourne VIC 3000, Australia.

Trainee name RANZCP ID

Trainees/Fellows are required to complete 12 cases as follows:

- three cases of family therapy: child (at least five sessions each)
- three cases of family therapy: adolescent (at least five sessions each)
- three cases of family therapy: adult (at least five sessions each)
- two cases of couple therapy (at least five sessions each)
- one cases of longer-term therapy (at least 20 sessions).

With 80 hours of weekly individual supervision, of which 20 hours must be directly observed ('live') or co-therapist.

Typed de-identified brief vignettes are required at the conclusion of each case addressing the following:

- formulation
- therapeutic alliance
- progress
- · termination.

If at least three cases of family and/or couples therapy (of at least five sessions each) are complete and submitted, then the Stage 3 Fellowship psychotherapy requirement is considered met.

For the detailed requirements, please refer to the family and couples therapy section of the <u>Certificate of Advanced Training in the Psychotherapies</u> web page.

CASE DETAILS

Category	Case co	ompletion date	
Diagnosis	Numbe	r of sessions	
Vignette			
Supervisor name		RANZCP ID	
Supervisor signature		Date	

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Diagnosis	N	Number of sessions	
Vignette			
Supervisor name		RANZCP ID	
Supervisor signature		Date	
Trainee signature		Date	
DOAT signature	Date	RANZCP ID	