# 2022 Annual Review

## **Improving the mental health of communities** through high-quality psychiatric care, education, leadership and advocacy









now known as Australia, and Māori as tangata whenua in Aotearoa, also known as New Zealand.

We recognise and value the traditional knowledge held by Aboriginal and Torres Strait Islander Peoples and Māori.

We honour and respect the Elders past and present, who weave their wisdom into all realms of life - spiritual, cultural, social, emotional, and physical.

ongoing contribution to the improvement of mental healthcare for all people.

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Faculty of Psychotherapy

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## Strategic Plan 2022–2025

## Our vision



Excellence and equity in the provision of mental healthcare.

## Our purpose



To support our members, advance psychiatry, and advocate for the best mental health outcomes for our communities.

## Our priorities

Advocacy and collaboration to improve access and equity

Training, education and learning that increases capability and quality

Connected and contemporary
College for community and member benefit

#### Our outcomes

#### For our profession

The psychiatry profession is trusted, valued, effective and contemporary.

#### For our communities

All communities are supported, empowered, and have the knowledge to understand their mental health.

#### For our members

All College members are supported, engaged, respected and heard.

#### For our college

The College is highly relevant and a recognised leader in the mental health sector.

## Our values

#### Respect

through empowerment, diversity and equity in all we do.

#### Collaboration

for increased effectiveness, influence and impact.

#### **Excellence**

for our communities and our profession.

#### **Action**

backed by evidence-informed policy.

## Achieving our priorities

Training, education and learning that increases capability and quality

Advocacy and collaboration to improve access and equity

Connected and contemporary College for community and member benefit

We are committed to training, continued learning, education, and research that builds capability and facilitates the delivery of high-quality psychiatric treatment, care, and support to the community. We will:

- » Deliver best practice psychiatry training and professional development programs across the career span, from trainee level to advanced specialisation, mid-career, and retirement.
- » Ensure the College remains adaptive and contemporary in its delivery of high standard assessments.
- » Develop, disseminate, and maintain contemporary evidence-informed clinical and practice resources to support the profession to deliver care for those with lived experience and strengthen the provision of culturally safe and inclusive psychiatric care.
- » Support research, leadership, and policy changes that drives innovation.
- » Adapt our educational processes to meet the needs of all communities.

We will continue to lead and collaborate on initiatives that reduce barriers and stigma, and promote equitable access to psychiatric treatment, care, and support. We will:

- » Engage and collaborate with governments and external stakeholders on psychiatry workforce strategies and to support high quality care.
- » Elevate the voices of people with lived experiences of mental illness and advocate for and with them.
- » Advocate for improved health outcomes for Māori and Aboriginal and Torres Strait Islander peoples.
- » Partner on solutions and approaches that address the social determinants of mental health, including race, culture, gender, sexuality, age, socioeconomic, disability, and more.
- » Promote the role of psychiatry in early intervention and prevention and in collaborating with other mental health professionals.
- » Enhance awareness of the role of psychiatrists and psychiatry to increase understanding and reduce stigma.
- » Leverage College programs to attract interest into psychiatry and mental health education.

Our members and employees are committed to being part of an accountable, connected and contemporary organisation. We will:

- » Engage with and actively listen and respond to members and stakeholders openly and transparently.
- » Support members' overall health and wellbeing and connection to College activities, the profession and each other.
- » Deliver on our commitment to diversity, inclusion, and empowerment within the College.
- » Provide contemporary, effective, and inclusive governance structures, compliance, and processes.
- » Advance the College's capacity to be efficient and innovative, by strengthening our technological capabilities.
- » Reinforce the financial and environmental sustainability of the College.
- » Promote the positive organisational culture of the College and invest in its current and future workforce to be recognised as an employer of choice.

## 2022 membership

#### Who we are

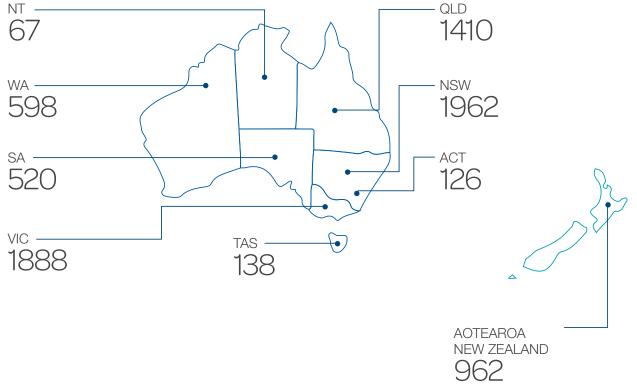
Members of the RANZCP comprise Fellows, Associates (trainees), Affiliates and International Corresponding Members. Members are based throughout Australia and Aotearoa New Zealand, as well as in 33 other countries worldwide.

#### Membership numbers\*

Member type	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUS	NZ	Overseas	TOTAL
Affiliate		2		1	1	1	11	2	18	239	2	259
Associate (trainee)	39	576	35	414	139	33	514	145	1895	253	5	2153
Fellow*	87	1384	32	995	380	104	1363	451	4796	470	150	5416
International Corresponding Member	-	_	-	-	-	-	-	-	-	-	16	16
Total	126	1962	67	1410	520	138	1888	598	6709	962	173	7844

<sup>\*</sup> Includes retired Fellows

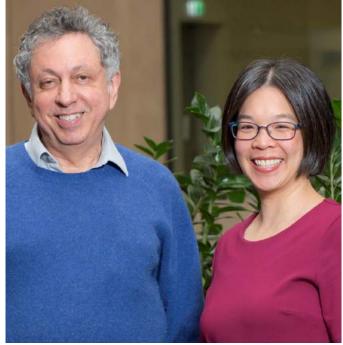
#### **Membership distribution**



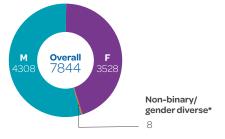
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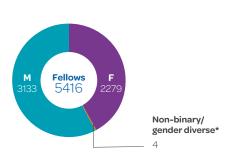


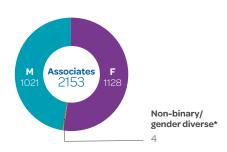


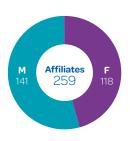


#### **Gender distribution of membership**





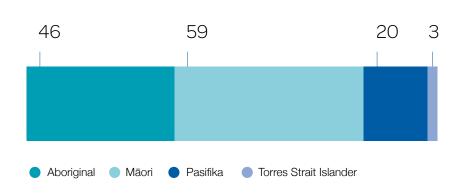






#### **Indigenous information**

Members may voluntarily inform the College if they identify as Aboriginal and/or Torres Strait Islander and/or Māori and/or Pasifika. This information assists with the College's commitment to improving the mental health of communities and to enhancing support for our workforce.



#### **Faculty membership**



Psychiatry

Adult Psychiatry

1049

Child and Adolescent Psychiatry

774

Consultation-Liaison Psychiatry



Forensic Psychiatry

755

Psychiatry of Old Age



Psychotherapy

### Addiction

Early Career

Psychiatrists

696

Electroconvulsive Therapy and Neurostimulation

480

Leadership Management

656

Neuropsychiatry

Perinatal and Infant Psychiatry



#### **Section membership**



Adolescent Forensic Psychiatry

Philosophy and Humanities

Private Practice

379

Psychiatry of Intellectual and Developmental Disabilities

Rural Psychiatry

341

Social, Cultural and Rehabilitation Psychiatry

Youth Mental Health

1317

Military, Veterans' and Emergency Services Personnel Mental Health

**Network membership** 

Asylum Seeker

and Refugee Mental Health

Attention Deficit and

Family

Violence

Psychiatry

Hyperactivity Disorder

The information on this page is as recorded on 31 December 2022.

#### Membership at a glance



5.8% 1

Membership has increased by 5.8% in 2022



8% 1

The number of Associates (trainees) has increased by 8% in 2022

374

new trainees enrolled in 2022



Women make up 44% of new trainees

265

new Fellows admitted in 2022



52% of the new Fellows in 2022 were men, 48% were women 31-68

New Fellows in 2022 ranged in age from 31 to 68



Majority of Fellows are aged 55+



Our youngest member is 24 years of age



Our oldest member is 101 years of age

Below is the distribution of our 2022\* training intake by Fellowship zone.

#### New trainee intake

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUS	NZ	Total
Cohort 2022*	7	88	12	73	27	7	90	25	329	45	374

 $<sup>^{*}</sup>$  Correct as of 04 January 2023. The 2022 training cohort is calculated from February 2022–February 2023.

# President's report

It has been a great privilege to lead the RANZCP during 2022, working with so many committed individuals and committees in the pursuit of our core goals of supporting our members, advancing psychiatry, and advocating for the best mental health outcomes for our communities.



RANZCP President A/Prof. Vinay Lakra, President Elect Dr Elizabeth Moore, and three past Presidents - Prof. Philip Boyce, Dr Janice Wilson, Dr Murray Patton.

The RANZCP's 2022-2025 Strategic Plan, which was finalised during the year, articulates a new vision for the College: Excellence and equity in the provision of mental healthcare. The Plan outlines how we will effectively and collaboratively achieve our organisational priorities. These include training, education and learning that increases capability and quality; advocacy and collaboration to improve access and equity; and creating a connected and contemporary College for community and member benefit.

The College's education, assessments and continuing professional development have seen significant evolution and change in 2022. This year we successfully implemented an Alternative Assessment Pathway (AAP), and in September 2022 transitioned to the Clinical Competency Assessment (CCA) pathway. We are now embarking upon further work on our longer-term assessment program which is guided by an evidence-based and contemporary approach to medical education.



RANZCP Board Directors, May 2022

Pleasingly, the College admitted 265 new Fellows in 2022, making it our second biggest year on record. And after two COVID-impacted years, a full College Ceremony was held in Sydney to celebrate the achievements of over 200 new Fellows, advanced certificate recipients and award winners. The Ceremony was a real highlight of our annual Congress, which attracted a record audience of over 2000 delegates in person and online.

In October, the Australian Medical Council and the Medical Council of New Zealand conducted a reaccreditation assessment of our training, education and CPD programs. This process began with a submission of our self-assessment against the standards in July, and was followed by several weeks of site visits and extensive consultations with many members, committees and staff. The final report was received in March 2023 and reaccreditation was granted with several commendations, conditions and recommendations. Work is already underway to address a number of the areas that have been identified in the report.

In early 2022, the College received funding from the Australian Government to develop a Diploma of Psychiatry. The new Diploma, a voluntary professional development opportunity for medical practitioners such as general practitioners, rural generalists and emergency medicine physicians, aims to enhance patient care by ensuring that more medical practitioners can be upskilled to provide appropriate mental health care. This is an important piece of work to improve the capability of the medical workforce, and better address community need.

Our College Board welcomed A/Prof. Melanie Turner in May, as well as Dr Pramudie Gunaratne who was appointed as an inaugural trainee Board Director. A/Prof. Beth Kotzé concluded her term on the Board and I would like to extend my particular thanks to Beth for her guidance and commitment during this time.

2022 also saw several important changes in relation to governance and representation within the College. The Trainee Representative Committee was enhanced, made more inclusive and renamed as the Bi-national Committee for Trainees, and a new Trainees' Advisory Council was also created. Whilst these were significant changes, we know there is still more to do. Work is progressing on the constitutional change required to grant voting rights to trainees and Affiliate members, and to streamline the granting of Affiliate membership to all specialist international medical graduates who are on the pathway to Fellowship of the RANZCP.

Externally, the College has maintained a strong focus on addressing inequity within our mental health systems, and we have led and strongly advocated for improvements and change. During 2022, we made over 120 policy submissions and published five new/updated clinical memoranda, six new/updated position statements, and three new/updated Professional Practice Guidelines. Our

sustained advocacy for telehealth during the pandemic resulted in the Australian Government's commitment to reinstate bulk billing telehealth psychiatry consultations for Australians living in rural and regional areas.

Our advocacy also involved engaging with governments, political leaders and the community including via the media. The College distributed 59 media releases across the year, and key topics included rural mental health access, psychedelics, gender dysphoria, ADHD, and telehealth. We continue to work with governments about addressing issues of inequity and financial disadvantage.

This increased activity throughout the year was also reflected through the continued growth of our presence and influence on social media, which saw a nearly 20% increase in followers across all channels. Our *Psych Matters* podcast released 63 episodes and attracted 70,000+ downloads since it commenced in mid-2020.

Following a Members' Requisition General Meeting (MRGM) in May, the Board established the Mood Disorders Psychodynamic Psychotherapy Evidence Review Steering Group to oversee an independent review of the evidence for long term psychodynamic psychotherapy in the treatment of mood disorders. We also established the Future Development of Clinical Practice Guidelines Steering Group, and commissioned a review of contemporary approaches to the development of high-quality, evidence-based clinical practice guidelines for psychiatry in Australia and New Zealand.

With a continued focus on research, the RANZCP's Academic Psychiatry Steering Group has progressed its work engaging with both College members and academic institutions to identify models to support and grow academic psychiatry across both countries.



Local events, such as the Queensland Branch's Bostock Oration, recognised many new Fellows and award winners.



Celebrating our new Fellows at the 2022 College Ceremony.



Opening of the New Western Australia Branch office.

We furthered our commitment to climate and sustainability measures with the College's investment portfolio being fully divested from fossil fuels, and established a Climate and Sustainability Steering Group to identify priorities and a framework for future College action in this space.

Our College premises have been further enhanced to meet the needs of our growing membership. The Western Australian Branch celebrated the opening of a new home, providing facilities that are respectful of Aboriginal and Torres Strait Islander peoples and country, and are inclusive, functional and energising for members and the community. The NSW Branch also completed its much-needed significant renovations, and our Melbourne head office received minor updates to ensure a contemporary and inviting workplace for staff who have now returned to the workplace following two years of working from home.

After more than 15 years with the College, Andrew Peters' tenure as Chief Executive Officer concluded at the end of the year. The Board expressed its sincere appreciation to Andrew for his leadership, guidance and support to the College over a long period. In recognition of his service and commitment Andrew was awarded an Honorary Fellowship of the RANZCP.

The Board also undertook an extensive recruitment process, and in December announced Ms Sharon McGowan as our new CEO from 2023. The Board is excited about the leadership qualities and experience that Sharon brings to the College, and it has been a pleasure working with her as we strive towards achieving our vision of excellence and equity in the provision of mental healthcare.

The passion and dedication of our members to the profession have been central to much of our success in 2022, and have helped us to continuously improve, grow, and adapt. Our success would also not have been achieved without the commitment of our staff, and the dedication and leadership of our Board.



Associate Professor Vinay Lakra President

# Improving gender equity in psychiatry: change is happening

Improving gender equity is one important part of ensuring a more diverse, inclusive and representative future for psychiatry. Gender equity matters not only for our members, but also for patients and their families, and for professional colleagues and peers. Gender equity within psychiatry is also important in meeting the healthcare needs of the wider Australian and New Zealand community.

Throughout 2022, our Gender Equity Working Group undertook a range of activities to start the conversation about improving gender equity within the College, and better understand what concrete interventions could address these inequities going forward.

In January, more than 200 members provided feedback and shared their experiences via a consultation survey. Analysis of the responses, together with all the other feedback that was received, offered a critical insight into areas of the College's work and activities where there may be greater inequities and challenges.

The survey responses also highlighted some of the positives that are currently happening within the College and more widely in psychiatry. Key themes from survey respondents included that:

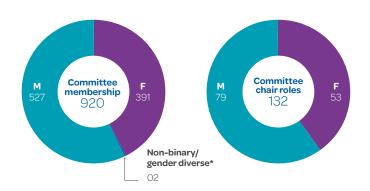
- » Although there has been an increase in women leaders in recent years, there are still fewer women in senior leadership roles in psychiatry. Almost half of respondents noted a lack of women leaders, mentors and role models as one of the barriers causing gender inequities at present.
- » Unconscious gender bias is recognised as an issue, including during selection of leadership roles.
- » Inadequate support surrounding work– life flexibility during and after maternity leave, and parental/carer leave, is a primary area of concern.
- » College training fee structures, and the associated financial burden experienced by women in training when they are on maternity leave or working part-time, are also highlighted as an area in need of reform.
- » Bullying and sexual harassment in the workplace remains a prevalent issue, particularly where there are power imbalances in reporting lines. Greater advocacy and support from the College on this issue was highlighted as being important.

» The College's willingness to work towards improving gender equity is encouraging and indicates that change is happening, slowly but steadily.

The momentum continued to gather at the 2022 Congress in Sydney, with numerous sessions on gender, women in psychiatry and women's mental health shining a spotlight on these issues from a variety of perspectives and experiences. There was also a dedicated session on improving gender equity delivered at the New Zealand National Conference in Queenstown in September delivered by Prof. Megan Galbally, the Working Group Chair.

Without question, making meaningful change to address gender equity in psychiatry is no simple task. Even though there are challenges, there is also cause for optimism. Informed by the Working Group, the College plans to publish a new statement on gender equity and launch a dedicated action plan in 2023. These pillars will form the basis for looking forward towards a new chapter in gender equity in psychiatry, and for the College to be a leader of equity, inclusivity and diversity.

#### **RANZCP** committees

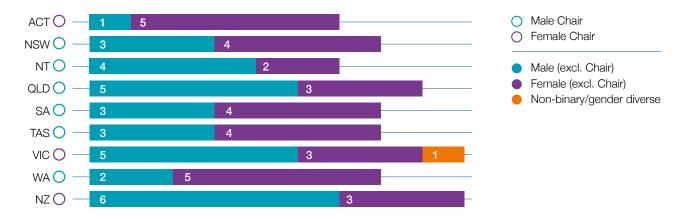


## RANZCP and clinical leadership positions



Please note, this data only includes formal committees and networks which hold elections and excludes some committees with ex-officio membership (such as the Members' Advisory Council and the Branch Chairs' Forum), as well as time-limited Advisory Groups, Working Groups and Steering Groups.

#### **Australian Branch committees and New Zealand National Committee:**



#### New trainee gender distribution

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUS	NZ	Total
Male	3	51	5	43	14	5	44	18	183	23	206
	(43%)	(58%)	(42%)	(59%)	(52%)	(71%)	(49%)	(72%)	(56%)	(51%)	(55%)
Female	4	36	7	30	13	2	45	7	144	22	166
	(57%)	(41%)	(58%)	(41%)	(48%)	(29%)	(50%)	(28%)	(44%)	(49%)	(44%)
Non-binary/ Gender diverse									2 (1%)	0 (0%)	2 (1%)

<sup>\*</sup>For 2022 the College is reporting non-binary/gender diverse identity on a national level only, rather than by jurisdiction.

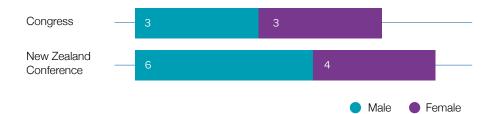
#### **Admissions to** Fellowship by gender





The average time to complete the RANZCP training program by gender (considering only trainees from the 2012 program).

#### **Keynote speakers**



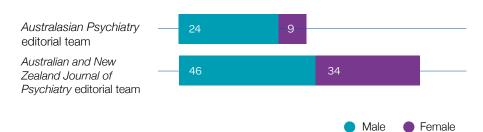
#### **RANZCP Board Elections 2022**



Female candidates

Female elected Male candidates Male elected

#### **RANZCP Journals**



The information on this page is as recorded on 31 December 2022.

# Advocacy for the profession: our work in 2022

Effective advocacy for policy change and policy intervention is as much about planning around elections and budgets, as it is about seizing political opportunities when they present themselves. Although elections were a focus in some jurisdictions, efforts across Australia and New Zealand saw a mix of both approaches.

In a year dominated by COVID-19 and natural disasters, the mental wellbeing of our community gained some significant traction in the Australian media, which presented the RANZCP with a number of advocacy opportunities. Alliances with other organisations in many instances emphasised the impact of an amplified voice, generating considerable media coverage.

Building the psychiatry workforce is a key issue for all jurisdictions. In Victoria, in the wake of the Royal Commission into Victoria's Mental Health System and the new *Mental Health and Wellbeing Act 2022*, the College was able to secure \$4.5million in funding to strengthen psychiatry training. The state election later in the year provided further opportunities to advocate for addressing the unmet demand for specialist treatment and support, and the need to recruit and retain skilled clinicians.

In Queensland, it was a Parliamentary Inquiry into the mental health system and the Branch's submission to the Inquiry that was the catalyst for the Government making mental health a priority. The Inquiry was announced shortly after The Courier Mail's *Through the Cracks* feature campaign on mental health, which quoted the Branch Chair extensively. As a result, the state budget saw the largest-ever investment in Queensland's mental health system, with funding of \$1.645 billion over five years, and final recurrent increase to the budget of \$418 million.

With the impressive outcomes in Victoria and Queensland, the RANZCP Northern Territory Branch has been advocating for an inquiry into the NT's significantly under-resourced mental healthcare system. Recent political changes are signalling a focus on mental health within the Government.

In addition to advocacy on growing the overall workforce in their respective states, growing the rural workforce in particular to meet the unique needs of rural communities was a focus for both New South Wales and Western Australia. The latter successfully advocated for a rural psychiatry training pathway, which is about to commence.

It will increase training capacity in the regions and create a more sustainable mental health workforce in rural WA. The RANZCP NSW Branch advocated for increased rural resources on a number of fronts, including together with other health peak bodies following the catastrophic floods in northern NSW. Advocacy on retaining and growing the rural mental health workforce resulted in funding for new rural trainee positions and incentive payments for healthcare workers in the regions.

Equitable access to psychiatric services for rural communities Australia-wide was also a major focus for the College at the national level. Sustained advocacy for reinstating a loading for services delivered to rural communities via telehealth resulted in the introduction of MBS item 294 (50% rural loading) in the October Federal budget. Psychiatry was the only specialty to receive the loading under the new item. The Government also committed to psychiatry training expansion through funding the Specialist Training Program (STP), the Psychiatry Workforce Program, the Military and Veterans' Psychiatry Workforce Training Program, and the Flexible Approach to Training in Expanded Settings Round 1 grant.

Workforce was also the main theme for the ACT Branch in 2022. The Branch advocated for ways to appropriately recognise the role of public and private psychiatrists, and support those wanting to be psychiatrists in the ACT. Advocacy for perinatal mental health services has resulted in significant investment in this area.

The Tasmanian Branch had a major achievement with the Government's announcement of a new Market Retention Allowance for psychiatrists. The Branch also consulted extensively on many local mental health and social issues, including the Tasmanian Suicide Prevention Strategy and Drug Strategy.

As in Australian jurisdictions, workforce is the issue of most concern for New Zealand psychiatrists. A sustainable workforce is one of six strategic priorities of the New Zealand National Committee -Tu Te Akaaka Roa, and significant advocacy has occurred throughout the year via submissions and meetings with government. Increasing demand, burnout, workplaces not being fit for purpose and a severe shortage of child and adolescent psychiatrists are major concerns. A win was the Government's undertaking to increase trainee numbers by 5% over three years. The other strategic priorities are: meeting obligations under Te Tiriti O Waitangi - The Treaty of Waitangi; resourcing of secondary mental health services; accommodation options for the 5% (those with enduring mental health issues); primary care and psychiatry; and alcohol law reform.

The numbers of policy submissions (120+), media releases (60+), letters and the like that we have prepared throughout the year are impressive but they do not measure the success of our advocacy. Actual policy change and budget allocations for those changes do, and these are the pinnacle of advocacy success.

However, there were also many success stories of building partnerships and alliances – with other medical professions and peak bodies; with carers and those with lived experience; and with organisations with whom we have collaborated on a particular issue our members feel strongly about.

A particularly successful partnership was the South Australian Branch joining forces with the Australasian College for Emergency Medicine in the lead-up to the state election, where mental health was at the centre of the new government's campaign launch. The joint advocacy contributed to record commitments in the state budget, including \$182 million for mental health beds, 100 extra doctors, funding for a long-term psychiatry workforce plan, and other mental health support.

Across the two countries, we joined a number of campaigns with other partners, most notably the Raising the Age [of criminal responsibility] campaign. The NSW Branch's participation in a number of alliances advocating for domestic and family violence survivors saw sustained media coverage, and culminated in the funding of a Trauma Recovery Centre and the Australian-first passage of Coercive Control legislation. Such activities are important to our members, and at the same time, elevate the RANZCP as a voice on broader social issues.

# RANZCP awards and grants

Each year, the College presents a variety of awards and grants to acknowledge outstanding achievements in psychiatry, recognise excellence in psychiatric research and training, and encourage new and emerging researchers.

The College is extremely proud of this year's winners, from those who have dedicated their lives to psychiatry through innovation, mentorship and improved patient care; to those undertaking ground-breaking research to transform mental health care; and those in training showing incredible potential and positivity for the future of psychiatry. The following awards and grants were conferred in 2022.

## Honorary Fellowship of the RANZCP

#### Dr Jill Gordon AM

Dr Gordon was conferred Honorary Fellowship of the RANZCP for her significant contributions to mental health in Australia as a clinician, academic, educator, leader and advocate over her long career.



## The College Medal of Honour

#### **Professor Malcolm Hopwood**

The College Medal of Honour is the College's highest and most prestigious award. It is presented for distinguished and meritorious service to the College to a RANZCP Fellow who has given a minimum of 10 years' active service in organisational and/or administrative areas of the College.

Professor Hopwood was bestowed the College Medal of Honour for his enormous contribution to the College and to the profession more broadly. He has contributed immensely to enhancing awareness of the role of psychiatrists within the wider community via various leadership positions, his clinical and academic service, and activity on multiple committees at branch and bi-national levels.



#### The Maddison Medallion

#### Dr Asha Juniper Dr Melissa Renzenbrink

First awarded in 1970, the Maddison Medallion recognises and encourages excellence in the study of psychiatry. It is awarded for meritorious performance during training and in the examinations leading to Fellowship of the RANZCP.

#### **The College Citation**

#### Dr Joanna MacDonald Ms Mary Wescombe

Established in 1986, the College Citation honours special service to the RANZCP or psychiatry. A College Citation was awarded to one Fellow as well as one staff member – a rarity – in 2022.

Dr MacDonald received the award for her significant contributions to College training and the academic field of medical education, as well as her communitybased clinical work in the Wellington region.

Ms Wescombe was acknowledged for her exceptional service to the College over 27 years, organising and coordinating essential assessments required for College Fellowship, and providing invaluable support for the work of the Committee for Examinations.





#### The Ian Simpson Award

#### Dr Milford McArthur

The Ian Simpson Award honours College foundation member Dr Ian Simpson and acknowledges the most outstanding contribution to clinical psychiatry through service to patients and the community.

Dr McArthur was acknowledged for his outstanding contributions to clinical psychiatry, including strong clinical teaching and leadership, and his service to patients and the community.

#### **The Mark Sheldon Prize**

#### Dr Usman Khalid

The Mark Sheldon Prize was established by the family, friends and colleagues of the late Dr Mark Sheldon to recognise noteworthy contributions to Indigenous mental health in Australia or Aotearoa New Zealand.

Dr Khalid was recognised and commended for his commitment to practice and patients in the Northern Territory, particularly his ability to engage with families on country, with sensitivity, compassion, generosity and humour.



## The RANZCP Senior Research Award

#### **Professor Paul Fitzgerald**

Established in 1978 to recognise excellence in research in psychiatry in Australia and Aotearoa New Zealand, the RANZCP Senior Research Award is presented to the Fellow or Affiliate who has made the most significant contribution to psychiatric research in Australia and Aotearoa New Zealand over the preceding five years.

Professor Fitzgerald was selected as the recipient of the 2022 RANZCP Senior Research Award based on the impact of his work, contributions of international repute, and the importance of his work to psychiatry.

## The RANZCP Early Career Psychiatrist Award

#### Dr Bjorn Burgher

The RANZCP Early Career Psychiatrist Award was established in 1979 to encourage and promote research in psychiatry in Australia and Aotearoa New Zealand. It is presented to the Fellow, Affiliate or trainee who has contributed the most significant paper published in the past two years.

Amongst a very competitive field, Dr Burgher was selected for the 2022 RANZCP Early Career Psychiatrist Award for his well-conducted and highly analytical investigator-initiated imaging study.

#### The Lived Experience Australia Award for Best Practice in Consumer and Carer Inclusion

#### **Dr Ava Carter**

The Lived Experience Australia Award is awarded to the psychiatry trainee who has submitted the best reflection following completion of all five Collaboration, Communication and Cooperation between Health Professionals modules in Learnit. The award recognises best practice in consumer and carer inclusion.

Dr Carter received the award for her reflections on collaboration and inclusivity, as well as the impact of restrictive practices and the need for more understanding in this area.



#### **The Scholarly Project Award**

#### Dr Kane Vellar

The Scholarly Project Award recognises and encourages excellence in the study of psychiatry. It is awarded for the most meritorious scholarly project submitted for the previous calendar year.

Dr Vellar's project – done in an ordinary clinical setting in a smaller population centre – had immediate relevance and patient benefit, and was considered a great example for trainee colleagues.

#### **The Addiction Psychiatry Prize**

#### Dr Hayley Maher and Dr Emily Martin

The Addiction Psychiatry Prize is an incentive award designed to encourage achievements and excellence in addiction psychiatry.

Dr Maher and Dr Martin's qualitative systematic review 'Long-acting injectable Buprenorphine for opioid use disorder: A systematic review of impact of use on social determinants of health' was interesting, thought-provoking, and well written with good synthesis of data across all studies.



#### The Howard Cooper Travelling Fellowship in Child and Adolescent Psychiatry

#### Dr Dulangi Dahanayake

This fellowship enables a psychiatry trainee or psychiatrist from the Asia—Pacific region to gain experience in child and adolescent psychiatry in Australia or Aotearoa New Zealand. The fellowship honours the life of Dr Howard Cooper, a former Chair of the Faculty of Child and Adolescent Psychiatry.

Dr Dahanayake, of Sri Lanka, was selected for the fellowship due to her commitment to the practice of child and adolescent psychiatry, and her potential to learn and benefit from the fellowship.

#### The Faculty of Consultation-Liaison Psychiatry Trainee Abstract Prize

#### **Dr William Lugg**

The Faculty of Consultation–Liaison Psychiatry Trainee Abstract Prize is awarded to an advanced trainee in consultation–liaison Psychiatry for the best oral, rapid fire or poster presentation made at the Faculty of Consultation–Liaison Psychiatry conference.

Dr Lugg's presentation 'Psychiatric malingering in the acute setting – literature review & recommendations on assessment and management' was considered significant, relevant, well presented and engaging.

#### **The Medlicott Award**

#### **Dr Meredith Gray**

The Medlicott Award honours Emeritus Professor Reginald Medlicott, a leading forensic psychiatrist in Aotearoa New Zealand and inaugural President of the RANZCP, following its incorporation in 1963. The award seeks to encourage achievements and excellence in research in forensic psychiatry.

Dr Gray's project 'Characteristics of serious violent and sexual offenders referred to a Forensic Mental Health Consultation Service in Victoria that differentiate judicial monitoring status and acceptance into co-ordination' was an interesting and novel area of study, and was well written with sound methodology.

## The Pat, Toni and Peter Kinsman Research Scholarship

#### Dr Katherine Sevar, Dr Stuart Watson, Dr Carol Kaplanian and Professor Helen Ball

The Pat, Toni and Peter Kinsman Research Scholarship, supported by a bequest from the Kinsman family, was established in 1996 to encourage research into postnatal depression in women in Australia and Aotearoa New Zealand.

Dr Sevar, Dr Watson, Dr Kaplanian and Professor Ball's project 'Perinatal depression in women from culturally and linguistically diverse (CaLD) backgrounds' will address the understanding and management gap for prevention and treatment of perinatal depression in CaLD women.



## The Faculty of Psychiatry of Old Age Basic Psychiatric Trainee Prize

#### **Dr Michael Connors**

The Faculty of Psychiatry of Old Age Basic Psychiatric Trainee Prize recognises originality, scientific merit and contribution to the knowledge base of psychiatry of old age by a psychiatry trainee.

The findings in Dr Connors' paper 'Dementia and Caregiver Burden: A Three-Year Longitudinal Study' were impressive and demonstrated the commitment of a highly motivated trainee.

#### The Faculty of Psychiatry of Old Age Prize for Best Mental Health Service Improvement

### Associate Professor Ajay Macharouthu

The Faculty of Psychiatry of Old Age Prize for Best Mental Health Service Improvement encourages and promotes the highest clinical and ethical standards in the delivery of psychiatry of old age services and is awarded for improvements focused upon older people with mental illness.

Associate Professor Macharouthu's article 'Integrated Older Person Care in Cairns & Hinterland Hospital and Health Service – Service Innovation' was considered a very timely and relevant service enhancement that has the potential for major impact once evaluated.

## The Faculty of Psychiatry of Old Age Psychiatric Trainee Prize for Scholarly Project

#### Dr Helen Lowe Dr Melissa Renzenbrink

The Faculty of Psychiatry of Old Age Psychiatric Trainee Prize for Scholarly Project is awarded to a current or recent advanced trainee in psychiatry of old age, for meritorious research in the field of psychiatry of old age.

Dr Lowe's paper 'Depression Literacy in Older Chinese People in New Zealand' was considered an original and particularly interesting piece of work, offering value to cultural perspectives in old age psychiatry, and with relevance to practice.

Dr Renzenbrink's paper 'Clozapine for Primary Psychiatric Disorders in Older Adults: A Systematic Review of Effectiveness' was considered very original, had sound methodology, valuable findings and relevance for practice, and was on a topic that requires more research.

## The Trisno Family Research Grant in Old Age Psychiatry

#### **Dr Zoe Cousins**

Supported by the RANZCP Foundation and generously funded by a donation from Dr Roth Trisno and family, the Trisno Family Research Grant aims to support research in the field of old age psychiatry to address the need for more research to optimise the prevention, diagnosis, management and continuing care strategies for older populations.

Dr Cousins' project 'Exploring care of persons with dementia and significant violence risk in Victoria: A Delphi Study' was considered highly feasible, and in an area that is under-researched.

## The Faculty of Psychotherapy Essay Prize

#### **Dr William Lugg**

The Faculty of Psychotherapy Essay Prize is awarded for the best essay submitted by a psychiatry trainee or recent Fellow on a psychotherapy topic.

This is Dr Lugg's second consecutive year receiving this prize. Dr Lugg's essay 'The biopsychosocial model – history, controversy and contemporary utility' was a well-discussed overview of a thoroughly researched topic.



## The RANZCP Psychotherapy Research Award

#### **Dr David Graham**

Supported by the RANZCP Foundation and Faculty of Psychotherapy, the RANZCP Psychotherapy Research Award encourages research in psychotherapy among psychiatry trainees and recent Fellows in Australia and Aotearoa New Zealand.

Considered a well-described and feasible project, 'A randomised, controlled trial of Eye Movement Desensitisation and Reprocessing therapy delivered via telehealth to Australian veterans with Post-traumatic stress disorder' has potential significance, innovation and utility.

# Members honoured

The RANZCP congratulates those members who were publicly honoured in 2022 for their achievements and contributions to psychiatry and mental health.



Dr Frances Dark (Queensland)

### Medal of the Order of Australia (OAM)

Dr Frances Dark was awarded a Medal of the Order of Australia for her services to psychiatry.

Dr Dark became a psychiatrist in 1991 and has worked in the public mental health system as a consultant psychiatrist ever since. Her predominant interest has been in improving outcomes for people diagnosed with psychosis. Dr Dark is an advocate of comprehensive psychosis care that includes access to evidence-based psychosocial interventions.

Currently, Dr Dark is Director of the Rehabilitation Services in Metro South Health, Brisbane. She is also Director of the state-wide Deafness and Mental Health Service (DMHS). DMHS have worked with Mental Health First Aid Australia to develop a curriculum for the deaf population. Dr Dark and the DMHS have worked with the Deaf community to develop an Auslan cognitive screening tool, which will be the first such tool for Auslan-speaking people aged over 50. Dr Dark has also trained in Dialectical Behaviour Therapy (DBT) and led the DMHS in developing a DBT-informed module for the Deaf population.

Her research interests include health service research and evaluation of cognitive therapies. Her PhD was on the implementation of cognitive remediation and social cognition interaction training into routine psychosis care.

She is current President of the Australian branch of the World Association of Psychosocial Rehabilitation.



## Professor Brian Draper (New South Wales)

## Member of the Order of Australia (AM)

Professor Brian Draper is Conjoint Professor, Discipline of Psychiatry and Mental Health, University of NSW, Sydney and honorary consultant old age psychiatrist, Eastern Suburbs Mental Health, Randwick. He has been involved in the development and evaluation of older persons' mental health and dementia services in Australia and overseas. His research includes clinical, historical, and epidemiological aspects of dementia, suicidal behaviour in late life, substance use in late life, and professional development.

Professor Draper has served the College in many roles including as a General Councillor, Chair of the Faculty of Psychiatry of Old Age, Foundation Chair of the Psychiatry of Old Age Advanced Training Committee, and Deputy Chair of the Committee for Training. He received the College Medal of Honour in 2019.

Professor Draper is a member of the Medical and Scientific Advisory Panel, Alzheimer's Disease International, a past Board Member of the International Psychogeriatric Association (IPA) and past Chair of the IPA Behavioural and Psychological Symptoms of Dementia (BPSD) Taskforce. He was lead author of World Health Organisation Health Evidence Network synthesis of mental health service delivery to older people.

He has published over 400 scientific articles/chapters, as well as two books on dementia and most recently *Dementia and Old Age Mental Health: A History of Services in Australia.* He has co-edited three academic books, and is co-author of the Clinical Guidelines for Dementia in Australia, the Australian Alcohol Treatment Guidelines, and the RANZCP Clinical Practice Guideline for the management of deliberate self-harm.



## Emerita Professor Cherrie Galletly (South Australia)

### Medal of the Order of Australia (OAM)

Emerita Professor Cherrie Galletly was awarded a Medal of the Order of Australia for her service to medicine as a psychiatrist.

Professor Galletly qualified in medicine at Otago University, Dunedin. She completed psychiatry training in Dunedin then moved to Adelaide, where she worked as a consultant psychiatrist whilst completing her PhD in neurosciences.

She has worked across public, private and academic sectors. She held a joint appointment between the University of Adelaide and Ramsay Health Care. Professor Galletly was Interim Dean of the Adelaide Medical School in 2020–21, managing the impact of COVID-19 on the medical program.

Her research has mainly been dedicated to improving the care of people with schizophrenia and other severe mental disorders. She led the writing of the RANZCP Clinical Practice Guidelines for Schizophrenia and Related Disorders (2016), and has published more than 230 peer-reviewed papers. She also established a neurostimulation research centre at the Ramsay Clinic in Adelaide.

As Director of Training for the Northern Adelaide Local Health Network, Professor Galletly enjoys working with early career psychiatrists. She has been a member of the South Australian Branch Training Committee since 2012. She was co-chair of the Scientific Committee for the RANZCP's 2017 Congress, held in Adelaide.

Professor Galletly was a member of the RANZCP Research and Education Foundation (2007–14), the RANZCP Committee for Research (2006–14), the RANZCP Committee for Examinations, Written Examinations Subcommittee (2004–08) and was Chair of the Committee for Advanced Training in Adult Psychiatry (2003–05).



#### Dr Jacob George (Tasmania)

## Medal of the Order of Australia (OAM)

Dr Jacob George was awarded a Medal of the Order of Australia for his service to the community of Tasmania.

Having trained in addiction medicine, Dr George has had a lifelong career in drug and alcohol-related issues. As Director of the Jacob's Clinic, he provided outpatient addiction treatment for substance use disorders such as opioid dependence, alcohol dependence, diazepam dependence, cocaine misuse and smoking cessation. He was also former Advisor to the Health Minister on Alcohol and Drug issues, and Senior Lecturer of Alcohol and Drug Studies at the University of Tasmania.

During his career, Dr George was devoted to community mental health-related activities and held many leadership positions. As President for the Rotary Club of Howrah in Tasmania from 1992–93 and 2012–13, he was the inaugural committee member of the Howrah's Men's Shed.

Originally from Kerala in India, Dr George worked for five years in England before moving to Australia. Alongside devoting himself professionally and raising a family in those early days, Dr George also felt the need to associate with others from a South Asian background to keep his connection to culture alive. The Indian Cultural Society of Tasmania provided a welcome forum for this, and he happily took on its presidency in 1977.

Dr George belongs to an early wave of Indian settlers in Australia who paved the way for future migrants. With their professional expertise and commitment, their devotion to family, and the community platforms they set up to keep rooted to their original culture, they deserve our congratulations and our regard for establishing the stepping stones to migrants' successful integration today.

## Members honoured



## Associate Professor Sathya Rao (Victoria)

### Medal of the Order of Australia (OAM)

Associate Professor Sathya Rao was awarded a Medal of the Order of Australia for his services to psychiatry.

Associate Professor Rao is the Executive Clinical Director of Spectrum, a state-wide service specialising in personality disorder and complex trauma. He is also the Vice President of the Australian Borderline Personality Disorder (BPD) Foundation.

He is a psychiatrist and psychotherapist with training and backgrounds in Dialectical Behaviour Therapy, Mentalization-Based Therapy, Acceptance and Commitment Therapy and psychodynamic therapies.

For the last 25 years, Associate Professor Rao has been actively involved in teaching and training activities across Australia for psychiatrists, GPs, and clinicians of allied health disciplines. He was a member of the National Health and Medical Research Council's BPD Guidelines Development Committee. Associate Professor Rao is involved in clinical research and has published more than 60 research papers, contributed chapters to books and has co-authored books on personality disorder.

Associate Professor Rao has previously held several roles within the RANZCP, including Chair of the Victorian Branch Training Committee, Director of Training, Director of Advanced Training (Adult Psychiatry and Psychotherapies), and mentor for specialist international medical graduate psychiatrists.

In recognition of his outstanding service to psychiatry over many years, the RANZCP Victorian Branch awarded him the Meritorious Service Award in 2020.



## Dr Brian Stagoll (Victoria)

### Medal of the Order of Australia (OAM)

Dr Brian Stagoll was awarded a Medal of the Order of Australia for his services to medicine as a psychiatrist.

After graduating in medicine from the University of Melbourne in 1968, Dr Stagoll trained in psychiatry at the Albert Einstein College of Medicine, New York. In 1976, he was awarded Fellowship of the RANZCP and was the recipient of the College Medal (now the Maddison Medallion) that year.

Dr Stagoll was involved in setting up family therapy programs at the Bouverie Clinic from 1976–78, then was Superintendent of Melville Clinic Community Mental Health Centre, Brunswick until 1981. He then helped establish the Williams Road Family Therapy Centre, Windsor – the first private Family Therapy Institute in Australia.

Having held various leadership roles throughout his career, Dr Stagoll was the founding Secretary of the Australian Family Therapy Association, and a founder and then President of the *Australian & New Zealand Journal of Family Therapy* from 1979–2000. He was the first President of Fitzroy Community Health Centre in 1984 and remained on the Board of North Yarra Community Health for 30 years. Dr Stagoll was also the first Chair of the Yarra Drug and Health Forum from 1996. The Federation of Ethnic Communities Australia recognised him with an award in 2005 for contributions to multiculturalism.

From 1997, Dr Stagoll had a private practice in Fitzroy, with continued deep involvement in community affairs. He was made a life member of the Australian Labor Party in 2006. Retired since 2018, he continues to be interested in community health, the history of psychiatry, mental health policy and local community history.



## Professor Margaret (Jane) Turner (Queensland)

### Member of the Order of Australia (AM)

Professor Margaret (Jane) Turner was appointed a Member of the Order of Australia for significant service to medical research, psychiatry and psycho-oncology.

Professor Turner worked for 30 years as a consultation—liaison psychiatrist in oncology with a special interest in helping parents with advanced cancer to respond to their children, and developed training to enhance the skills and confidence of nurses to respond to parents with advanced cancer. During this time, Professor Turner was course coordinator for teaching of psychiatry in the clinical years of the medical program at the University of Queensland. She also engaged with other psychiatrists to establish a group willing to provide psychiatric treatment for medical students at bulk-billed rates.

Throughout her career, Professor Turner provided mentorship for many trainees in psychiatry and contributed regular lectures to the training program. She previously served as Secretary of the Section of Consultation–Liaison Psychiatry and as examiner for case histories. In 2015, Professor Turner was awarded the Joan Lawrence Meritorious Service award of the RANZCP's Queensland Branch.

She has had extensive involvement in developing cancer-related clinical practice guidelines, including chairing the Clinical Practice Guidelines for the Psychosocial Care of Adults with Cancer, and has taken an active role in health professional education including communication skills training.

Following retirement from her academic position in 2022, Professor Turner has continued her roles in research focusing on models of care and interventions to enhance the adjustment of patients with cancer, including fear of recurrence. As past President of the International Psycho-Oncology Society, she continues to advocate for the needs of cancer patients and their families.

#### Congratulations to our 50 year Fellows

The annual RANZCP Member Recognition Program recognises Fellows who have recently attained the milestone of 15, 25, 40 and 50 years of Fellowship. Each member receives a letter from RANZCP President Associate Professor Vinay Lakra, accompanied by a commemorative RANZCP lapel pin for their anniversary tier. The 25-, 40- and 50-year Fellows also receive a gift aligned with traditional anniversary themes of silver, ruby and gold.

We would like to congratulate and thank all recognised members for their milestone association with, and contribution to, the College and its values. We are grateful for your dedication, support and contribution to the College's rich history.

The following members achieved a 50 years of Fellowship milestone in 2022 and will be recognised in 2023.

#### 50 years of Fellowship

- » Prof. Sir Mason Durie ONZ KNZM
- » Dr William Goh
- » Dr Yvonne Greenberg
- » Dr Robert Haik
- » Dr Peter Hansen
- » Dr Derek Johns
- » Dr Paul Kirby
- » Dr David Leonard AM
- » Prof. Graham Mellsop CNZM

- » Dr Robin Moir
- » Dr Tobie Sacks
- » Prof. Bruce Singh AM
- » Dr Ronald Spielman
- » Dr Ann Stephenson
- » Dr John Taylor
- » Dr Anthony Williams
- » Dr Sid Williams
- » Dr Aija Wilson
- » Dr John Wurm

# Developments in College assessments

In 2022, the College's core assessments for psychiatry trainees underwent significant change and have continued to evolve as the College transitions to a robust yet flexible program that best supports candidates in their progression to Fellowship.

Following the AV-OSCE failure in November 2021, with the approval of the Australian Medical Council (AMC) and the Medical Council of New Zealand (MCNZ), the College established an Alternative Assessment Pathway (AAP) initially as an emergency solution to progress eligible candidates to Fellowship. The AAP was developed in consultation with a broad range of stakeholders, including trainees and specialist international medical graduates (SIMGs). A two-step process, consisting of Portfolio Reviews and where required, Case-based Discussions, the AAP ensured the skills and standards of candidates were appropriately assessed.

A taskforce was formed, and oversight panels were established to lead the work required to operationalise the Portfolio Reviews and Case-based Discussions. The AAP was successfully implemented for the November 2021 and March 2022 trainee cohorts, which included 654 trainees and 79 SIMGs. The November 2021 cohort had an exceptionally high pass rate of 97%, with the March 2022 and September 2022 (CCA) cohorts also reaching pass rates of 89% and 93% respectively.

Multiple Case-based Discussions unfortunately had to be cancelled or rescheduled due to the high prevalence of illnesses and shortages of medical staff and assessors, due to COVID-19 and the related workforce pressures on health services. The College acknowledged the distress this caused to many candidates, and we were committed to ensuring these assessments were rescheduled as soon as possible.

In June and July, numerous stakeholders – including RANZCP Board members, Fellows, trainees and SIMGs, and College Education staff – participated in stakeholder forums to discuss the future of assessments. The College also worked closely with external medical education experts to seek directions that aligned with contemporary assessment philosophy and literature.

Several options were presented and discussed at length during these sessions, with a focus on ensuring that the proposed models of assessment were robust, valid and feasible. The welfare of trainees and burden of assessments were part of the consideration of the discussions.

In September, with the support from candidates and other stakeholders, the College transitioned to a Clinical Competency Assessment (CCA) pathway as a short-term assessment. It was agreed that the CCA is to be a continuation of the AAP, but with several important modifications (including all enrolled candidates being required to undergo Portfolio Review, and to have completed at least one Stage 3 rotation of six months' FTE duration to be eligible). Only those who have been unable to reach the required standard in the Portfolio Review would proceed to Case-based Discussions. Another change was the inclusion of the written case summaries as part of the Case-based Discussions assessment and communication domain. 91 candidates have been through this pathway as part of the September 2022 cohort.

Throughout this period, the College kept trainees and members informed via direct emails, weekly updates and newsletters, and engaged members of the Trainee Representative Committee in the taskforce and stakeholder consultations. A number of webinars were also held to provide more clarity and information on the assessment processes used in the AAP/CCA.

In 2023, the College is embarking upon the development of a new program of assessments that better integrates formative and summative assessments in the workplace and provides a training and assessment environment that is more adaptive and less vulnerable to disruptions.

## Reviews, learnings and the future of assessments

In early 2020, the Australian Council for Educational Research submitted a review report of the RANZCP's examinations and made several recommendations for improvement in training and assessment. Many recommendations have progressed, including the decoupling of the essay-style examinations, and others are underway in consultation with relevant committees and stakeholders.

In the contemplation of our longer-term assessment program, the College engaged Professor Lambert Schuwirth, an external consultant and a pioneer of medical assessment and education, to evaluate the AAP, articulate lessons learnt and identify areas for improvement which will inform the direction of the future program of assessments.

In October 2022, the AMC and MCNZ conducted their reaccreditation assessment of the RANZCP. In the interim report produced by the AMC, a number of areas for improvement have been identified across the College's business, governance, training and development, and cultural safety domains. A final report is expected in March 2023.

The College is committed to gathering insights from the evaluations, and to ongoing consultations with trainees and SIMGs, as well as broader stakeholders and external experts. These insights, and the experiences gained through the AAP and CCA, will guide the College in developing a future direction for the new program of assessments that incorporates an integrated and holistic approach. This will involve the use of several assessment components integrated across the whole duration of the training program for making progression decisions.

# The Psychiatry Interest Forum: inspiring the next generation of psychiatrists

## Inspirational experiences sometimes happen when we least expect it.

Creating that spark for medical students and prevocational doctors to choose to specialise in the mind is what the Psychiatry Interest Forum (PIF) has been doing since 2013.

PIF was initiated by the College to generate fresh interest in psychiatry as a future career, and to respond to future psychiatry workforce and community needs.

It provides an introductory suite of opportunities for medical students, prevocational doctors and other medical practitioners to gain an insight into psychiatry. PIF members are exposed to a diverse understanding of the breadth and diversity of psychiatry subspecialities

within the field, and a unique chance to meet and form professional relationships with current trainees and Fellows.

From learning about what a day in the life of a psychiatrist is like, to exploring case studies, and dispelling myths, misconceptions and stigmas about psychiatry – PIF members can interact and develop their interest in psychiatry.

Wider still, participation in PIF also gives medical students and other practitioners who decide not to choose psychiatry with an enhanced understanding of the role of psychiatry in treating and supporting people experiencing mental illness.











Last year saw PIF's remarkable growth only continue, with 891 new PIF members joining the program, and 79% of the 374 new trainees who joined the College training program were former PIF members.

At the end of 2022, PIF had 4532 members, and across the lifetime of the PIF program nearly 7000 medical students and junior doctors have taken part.

Key activities included PIF facilitating 30 scholarships to various College conferences, and sponsoring 19 separate student-led university medical and psychiatry interest societies which hosted 44 external events that included or promoted psychiatry.

PIF hosted its largest-ever program at the RANZCP 2022 Sydney Congress, welcoming 40 PIF members from every state and territory in Australia to come together to explore the specialty and to be immersed in the supportive and facilitative environment provided by trainees and Fellows taking part in the program.

Their voices best illustrate the impact of this experience for them:

'Attending the RANZCP Congress 2022 really helped me decide that psychiatry is the area of medicine I'd like to pursue as I move forward in my career.'

'I have been on the fence regarding whether to pursue GP or psychiatry for a long time, this conference experience has definitely solidified my decision to pursue psychiatry.'

'It has definitely switched me from keen to 100% certain I want to do psychiatry. Learning from some of the brightest minds, with similarly motivated PIF members have really helped me grow and develop my interest further.'

All this was made possible thanks to the generosity and sustained commitment of every College trainee and Fellow who gave their time and energy to share their career journey with our PIF members. We extend our sincere gratitude to all members for getting behind this program and helping to inspire the next generation of psychiatrists.

CONFERENCES AND EVENTS ANNUAL REVIEW 2022

# Conferences and events

The RANZCP's conferences and events made a welcome comeback in 2022, seeing exceptional member attendance even as we continued to navigate the challenges posed by COVID-19.

Eleven bi-national conferences were held throughout the year in a mixture of in-person, virtual and hybrid formats, with some having been postponed multiple times since 2020. Local events also resumed, with successful Branch conferences taking place in Western Australia, Queensland, Victoria and Tasmania.

The RANZCP's 2022 Congress in Sydney in May was a huge success, and attracted a record audience of over 2000 delegates in person and online.

With a theme of 'Better bridges, safer harbours', Congress provided attendees with an exceptional five days of learning and networking, built around the interlinked concepts of connection, inclusion and creativity. Better bridges emphasised improving connections at every level, from the molecular to the global – but especially between people in light of the accumulating evidence that physical and emotional isolation are powerful barriers to mental health. Safer harbours denoted inclusion, and the need for psychiatry to work harder to meet the needs of groups on the margins of social, political and economic life.

The Congress keynote speakers – Dr Robin Carhart-Harris, Professor Paul Fitzgerald, Professor Tim Flannery, Professor Allen Frances, Mr Stan Grant, Professor Jayashri Kulkarni, Professor Belinda Lennox, and Associate Professor Loyola McLean – led a packed scientific program which included over 300 presentations and workshops.

Headlined by the Welcome Reception at the Sydney Opera House, the Gala Dinner at ivy Ballroom and of course, the annual College Ceremony, delegates also enjoyed a rich social experience which included many additional functions and wellbeing activities throughout the week.

And in September, psychiatrists from across Aotearoa New Zealand and Australia were welcomed to Tāhuna (Queenstown) for the RANZCP's annual New Zealand Conference. Coinciding with Mental Health Awareness Week, a total of 477 delegates joined the sold-out event in person and online.











A high level of academic excellence was on show, with 65 presentations, 22 posters, and four concurrent streams of content. International and local speakers captured the attention of attendees, presenting on diverse and fascinating topics.

Notable highlights include Professor Sophia Vinogradov's discussion of cognitive training methods and neuroplasticity in the context of schizophrenia, and Associate Professor Caroline Bell and Dr Ruqayya Sulaiman-Hill's presentation of early findings from their project examining the psychological sequelae of the 15 March 2019 terror attacks on the Muslim community in Christchurch. Dr Ben Beaglehole discussed the psychological

effects of disaster, including the impacts of the Canterbury earthquakes on population mental health. Associate Professor Suresh Muthukumaraswamy examined the use of psychedelic drugs in medicine, dissecting the methodologies applied in the existing literature.

Alongside the engaging and thoughtful discussions within the scientific program, networking events provided the opportunity to develop and strengthen professional connections. The conference dinner saw 159 guests embark on a scenic voyage across Lake Wakatipu on the TSS Earnslaw, followed by a fantastic gourmet barbeque at the historic Walter Peak Station.

Finally, in addition to more traditional events offerings, member webinars continued throughout the year to provide accessible, high-quality and relevant educational content and CPD opportunities. More than 20 webinars were delivered including on diverse topics such as leadership and physician health; the clinical ethics and mental health consequences of indefinite detention; climate change and mental health; and the persistent neuropsychiatric effects of long COVID.



#### **Events**

## Section of Social, Cultural and Rehabilitation Psychiatry conference

Our society, our mental health – a 2022 perspective

Cape Schanck, 3-6 March 2022

## Faculty of Forensic Psychiatry conference

Forensic frontiers: forensic disability and emerging challenges in forensic psychiatry

Online, 18-20 March 2022

#### **RANZCP Congress**

Stronger bridges, safer harbours

Sydney, 15-19 May 2022

#### RANZCP Queensland Branch conference

Patience and faith

Palm Cove, 8-10 July 2022

## Section of Youth Mental Health conference

On Country: Highlighting Indigenous youth mental health

Alice Springs, 22-23 July 2022

#### Section of Child and Adolescent Forensic Psychiatry conference

Rebel without a cause: equal care within inequitable systems

Sydney, 18-20 August 2022

#### RANZCP Western Australian Branch conference

Reflect and reconnect

Perth, 26-27 August 2022

## Faculty of Child and Adolescent Psychiatry conference

Drawing together: collaborating at work

Melbourne, 14-17 September 2022

## RANZCP New Zealand conference

Queenstown, 26-28 September

## Faculty of Adult Psychiatry conference

Unity is strength

Gold Coast, 14-16 October 2022

## **RANZCP Tasmanian Branch** conference

Psychiatry across the sectors: integration and collaboration

Orford, 21-23 October 2022

## Faculty of Psychotherapy conference

Unity in diversity

Online, 29 October 2022

## Faculty of Psychiatry of Old Age conference

Later life and death matters

Brisbane, 10-12 November 2022

## **Section of Neuropsychiatry** conference

The 11th Annual Neuropsychiatry and Behavioural Neurology Conference

Melbourne, 18-19 November 2022

## **RANZCP Victorian Branch** conference

Lorne, 9-11 December 2022

## Board Constituent Committee reports

#### **Board members**



A/Prof. Vinay Lakra, President



Dr Elizabeth Moore, President-Elect



Prof. Neeraj Gill, Elected Director



Dr Mark Lawrence, Elected Director



Dr Sue Mackersey, Elected Director



Dr Nick O'Connor, Elected Director



A/Prof. Melanie Turner, Elected Director



Dr Pramudie Gunaratne, Appointed Director, Trainee

#### **Audit Committee**

The Audit Committee is a constituent committee of the RANZCP Board, and its primary objective is to oversee and monitor the College's audit processes, including the College's internal control activities.

The Audit Committee is responsible for ensuring statutory reporting requirements are adopted by the College. There were a small number of changes to the Australian Accounting Standards during the reporting period which did not impact the financial report. Each year the audited financial report including the auditor's report are presented to the College members at the Annual General Meeting. In 2022, the Annual General Meeting was held in May in Sydney, during the College's Congress.

RSM Australia Partners conducted an external audit of the College annual financial report in accordance with the terms of engagement of the external auditors. The Audit Committee reviewed the audit strategy for the financial year which covered the approach to the annual financial audit including scope, timelines, risk assessment, financial reporting matters and audit administration.

The College is endorsed by the Australian Taxation Office (ATO) for charity tax concessions including income tax exemption. The ATO recommends that a yearly self-review of status be undertaken by organisations endorsed for charity tax concessions. The Audit Committee conducted the annual self-review of the College structure and operations during the year and concluded that the College remains compliant with the ATO endorsement for charity tax concessions.

Cyber security has emerged as a critical business risk given numerous high-profile attacks in 2022. The Audit Committee reviewed regular security updates provided by the College's Information Technology department, and conducted ongoing reviews of the College's IT security and cyber security risk management framework.

The priorities for the Audit Committee for 2023 include reviewing the outcome of the 2022 annual financial report audit, overseeing the audit process for the following year, and monitoring cyber security.



Chair

Dr Elizabeth Moore

#### **Committee members**

- » Prof. Neeraj Gill
- » A/Prof. Beth Kotzé
- » Dr Sue Mackersey
- » Dr Elizabeth Moore
- » Dr Jerome Nicholapillai
- » A/Prof. Melanie Turner



Chair
Associate Professor
Melanie Turner

#### **Committee members**

- » Dr Wolé Akósílè
- » Dr Emma Crampin
- » Dr Subhash Das
- » Dr Nicholas Faint
- » Dr Oliver Hansby
- » A/Prof. Beth Kotzé
- » Dr Mark Lawrence
- » Dr Helen McGowan» A/Prof. Melanie Turner

#### Corporate Governance and Risk Committee

The Corporate Governance and Risk Committee (CGRC) considered a number of initiatives as part of its ongoing commitment to supporting the College in sound governance processes and organisational effectiveness.

Key work of the CGRC included:

- » developing a Board Appointed Director, Trainee appointment procedure and assuming oversight of the appointment
- » supporting the Trainee Representative Committee's (TRC) development of a revised governance model which led to the redevelopment of the TRC by formation of the Bi-national Committee for Trainees (BCT). A Trainees' Advisory Council reporting to the BCT was also incepted to further enhance trainee engagement across the College
- » reviewing the governance structures underpinning review, reconsideration and appeal processes, to ensure further independence and procedural fairness and which support ongoing compliance with regulatory standards
- » discussing constitutional change processes and consideration of a survey of Fellows relating to trainee and Affiliate voting rights and an ongoing Board position for a trainee-elected Director.

The CGRC also continued its ordinary business such as:

- » oversight of the Board's Elected Director election and committee elections
- » review of election documentation for the 2023 President-Elect election and consideration of the 2023 committee election cycle to support committee succession planning and the mitigation of risk where all, or the majority of, a committee's voting members are due for election
- » considering a thematic review of all College Risk Registers which were reported to the Board
- » considering several policy and education-related documents before Board consideration.

In 2023, the CGRC's key business will include progression of the Faculty, Section and Network review and consideration of the College's conflict of interest and risk management frameworks.

Thanks are extended to A/Prof. Beth Kotzé for her leadership and to Dr Nicholas Faint who ceased their roles on the CGRC during 2022.



Chair

Dr Nick O'Connor

#### **Committee members**

- » Dr Alan Altham
- » Ms De Backman-Hoyle
- » Dr Nicola Campbell
- » Dr Wayne de Beer
- » Dr David Furrows
- » Dr Nathan Gibson
- » Dr Pramudie Gunaratne
- » A/Prof. Bradleigh Hayhow
- » Dr Bill Kingswell
- » A/Prof. Beth Kotzé
- » Dr Raju Lakshmana
- » Dr Saretta Lee
- » Dr Nick O'Connor
- » Prof. Saddichha Sahoo
- » Dr Gregory Spencer
- » A/Prof. Melanie Turner
- » Dr Choong-Siew Yong

#### **Education Committee**

#### **Assessments**

In 2022, Education within the RANZCP underwent significant change and innovation.

As a response to the November 2021 AV-OSCE crisis, an Alternative Assessment Pathway (AAP) was successfully implemented, and in September, we transitioned to the Clinical Competency Assessment (CCA) based on stakeholder feedback.

An AAP evaluation report was completed with expertise from Professor Lambert Schuwirth, a medical education expert, to inform future assessment methodology. The RANZCP will shortly embark on the development of the long-term assessment program which will move towards more holistic decision-making on candidates' progress and use multiple points of performance data for progression decisions.

## **Current projects and development initiatives**

- » The EPA (Entrustable Professional Activities) Review Working Group is developing a conceptual EPA framework to enable trainees to scaffold through the stages of competency, streamline the number of EPAs, and mitigate the impact on supervisors and the burden of assessment for trainees.
- » A supervisor survey generated eight recommendations which have been reviewed by the Committee for Training and Directors of Training. The program for 2023 includes holding a supervisor workshop at the 2023 Congress and creating relevant supervisor resources and online resources.

- » Development has begun of a six-month, online Mental Health Rehabilitation Program with wider benefits for all RANZCP members.
- InTrain quality improvements supported the AAP and CCA processes in 2022. Next year, configuration to SAP Litmos LMS will improve access to online courses, and continuing review of the e-learning catalogue will inform future content management.
- » In the context of the Australian Medical Council's (AMC) accreditation preliminary feedback, an external benchmarking of the Monitoring and Evaluation Framework is underway to identify strengths, gaps, and best practices to inform further development of the framework.
- » 13 recommendations have been presented in response to the 2021 Medical Training Survey to improve areas of trainee communication, orientation, access to teaching and opportunities, workplace culture, patient safety and fostering future career interests in psychiatry.
- » The work of the ACER Review continues with improvements being made to blueprinting, marking guides and item statistics for written examinations. The evaluation of the decoupled essay-style examination and review of the Critical Essay Question examination is underway. Quality assurance activities are also underway to enhance examination feedback, standard setting, Scholarly Project assessment standards, related policies and set examiner workshops.

## AMC/MCNZ reaccreditation of the RANZCP

The AMC and the Medical Council of New Zealand (MCNZ) conducted a reaccreditation assessment of the RANZCP's training, education and Continuing Professional Development (CPD) programs, culminating in a week of meetings with key stakeholders and staff. The final report is expected in March 2023, with articulation of areas of development for the RANZCP to address.

The AMC has identified several key areas requiring improvement: governance, training, assessment, cultural safety, curriculum, consumer collaboration, supervisor feedback, formal education courses, feedback, and systematic collaboration with Aboriginal and Torres Strait Islander and Māori peoples.

We thank all members and staff who participated in the AMC meetings and visits and provided input into the accreditation submissions.

#### Regional, rural and remote training

The Rural Psychiatry Training Pathways (RPTP) have made excellent progress in 2022, with a number of foundation deliverables achieved including approval of the RPTP Implementation Plan and confirmation of continuing funding from the Department of Health and Aged Care. The appointment of key staff and establishment of a number of steering groups has enabled the project to identify and commence three prioritised projects:

- » Remote Supervision
- » Child and Adolescent Psychiatry Mandatory Rotation
- » Clinical-Liaison Mandatory Rotation

The engagement of external experts has contributed to the progress and success of each project and the 45 deliverables of the RPTP Roadmap. The finalisation of governance and strategy documents – such as the Monitoring, Evaluation and Learning framework, and a communications strategy – underpin the continued progress and success of the RPTP Implementation

Continued efforts to promote rural psychiatry have included attendance at conferences, submissions to the Department of Health and Aged Care, and publicity such as social media and submission of articles to multiple audiences.



Chair Professor Neeraj Gill

#### Committee members

- » A/Prof. John Allan
- » Prof. Neeraj Gill
- » Dr Ankur Gupta
- » Dr Prasoon Gupte
- » A/Prof. Vinay Lakra
- » Dr Blair Leslie
- » Dr Elizabeth Moore
- » Prof. Steve Moylan
- » Dr Tarun Sehgal
- » Dr Julie Wehbe

#### **Finance Committee**

The primary objective of the Finance Committee is to act as an advisory body to the Board in relation to statutory and contractual compliance and financial strategy reporting.

The College reported an overall operating surplus of \$1,297,705 for the financial year. Both operating income and expenses were lower than budgeted resulting in the favourable outcome. In comparison to the previous year, operating expenses have increased in line with the recommencement of various College operations, and with activities gradually returning to hybrid and face-to-face mode following the easing and subsequent removal of the pandemic restrictions during the year.

The Finance Committee's work in 2022 included:

- » Monitoring the College's cash flows, operating results and financial position periodically throughout the year ensuring the College maintained a strong fiscal position and remained financially viable.
- » Reviewing investments on a regular basis ensuring the external advisor (JBWere) managed the investment portfolio in accordance with the College Investments Policy. The Finance Committee has oversight of the College Investment Subcommittee comprising three members from the Committee.

- » Reviewing the mid-year operating results forecast for the 2022 financial year, and the draft annual budgets for the 2023 financial year. A significant investment in College resourcing has been included in the 2023 budget to ensure we are appropriately resourced to meet the needs of the organisation and deliver key projects.
- » Serving as an independent and objective party to review financial information including annual accounts and accounting policies and practices presented by management to the Board for presentation to College members and regulatory authorities.
- » Providing broad oversight of the College's financial management, and reviewing and considering various business cases for a range of initiatives.



Chair

Dr Mark Lawrence

- » Dr Andrew Amos
- » Dr Gopika Asokan
- » Dr Emma Crampin
- » Dr Tatjana Ewais
- » Dr Pramudie Gunaratne
- » Dr Ashar Khan
- » Prof. Steve Kisely
- » Dr Mark Lawrence
- » Dr Prue McEvoy
- » Dr Seyed Ahmad Moosavi Torshizi
- » Dr Eddie Mullen
- » Dr Nick O'Connor
- » Dr Kerryn Rubin
- » Dr Astha Tomar
- » Dr Afraz Zaman

# Membership Engagement Committee

Whakarongo rā ki te mematanga Listening to the membership

Listening and taking action on the needs and expectations of all our members is the kaupapa (purpose) of the Membership Engagement Committee (MEC).

Diversity, inclusion and valuing each other in our professional community is a theme that ran through our mahi (work) for 2022. Our gender equity and transition to retirement working groups continued to make key progress in these areas, as did our wellbeing subcommittee.

#### Key highlights:

- » Work on the safety and wellbeing of psychiatrists and those in psychiatry training, signalling a clear expectation from the College that bullying and harassment must be eliminated from workplaces and training environments.
- » Our survey on improving gender equity in psychiatry which helped inform our new gender equity action plan to be released in 2023.
- » Improved membership support pathway, to be launched to members in 2023.
- » Overseeing multiple activities and initiatives to enhance engagement with trainees and early career psychiatrists, following the AV-OSCE cancellation and reviewing the 2021 Medical Training Survey results.
- » Initiating a review of the training fee structure to make part-time fees fairer.
- » Facilitating 97 new partnerships in the third year of the RANZCP Mentoring Program.

- Delivering events and activities for our trainees – our future psychiatry leaders – at Congress.
- » Granting more than 70 reductions or exemptions in membership fees for reasons including parental leave, serious illness and financial hardship.
- » Launching a new social media competition encouraging members to share how they engaged in self-care and wellbeing.
- » Acknowledging 276 Fellows who reached a milestone under the Member Recognition Program.

When it comes to member engagement, he mana tō te kupu (words have power) and so do our actions. How we relate and interact with each other with compassion and respect matters. No effort is too small or is empty of meaning.

The challenge for us all is to think more deeply about how we can each positively enhance the engagement of all our peers and members going forward. This is something we can all influence and be a part of.

Please connect and share your ideas with us via board\_mec@ranzcp.org.



Chair **Dr Sue Mackersey** 

- » Dr Siva Balaratnasingam
- » Dr Nicola Campbell
- » Dr Michael Daubney
- » Prof. Neeraj Gill
- » Dr Dilini Hemachandra
- » Dr Nick Judson
- » Dr Eileen Lavranos
- » Dr Sue Mackersey
- » Dr Lyndy Matthews
- » Dr Elizabeth Moore
- » Dr Claire Paterson
- » Prof. Saddichha Sahoo
- » Ms Louise Salmon
- » Prof. Dan Siskind
- » A/Prof. Geoff Smith
- » A/Prof. Simon Stafrace

# Practice, Policy and Partnerships Committee

The Practice, Policy and Partnerships Committee (PPPC) oversees six constituent committees and their derived Steering and Working Groups. Throughout 2022, 63 Fellows, six trainees, and 19 community members contributed directly to the work of the PPPC via the Community Collaboration Committee, the Aboriginal and Torres Strait Islander Mental Health Committee, Te Kaunihera, the Committee for Professional Practice, the Committee for Evidence-Based Practice and the Committee for Research.

Policy and advocacy work over 2022 has resulted in over 120 submissions at the bi-national and state and territory levels, on topics including:

- » pre-budget submissions
- » submissions to the Australian Competition and Consumer Commission and the Australian Competition Tribunal on the review of authorisation of Honeysuckle Health Pty Ltd and nib Health Funds Ltd buying group
- » Royal Commission into Defence and Veteran Suicide
- » medicinal cannabis
- » voluntary assisted dying
- » ADHD.

Substantial work was also undertaken in publishing and reviewing a number of policies, practice guidelines and clinical memoranda, including the Clinical Memorandum on the therapeutic use of psychedelic substances.

Following the awarding of Australian Government funding, the PPPC and Faculty of Addiction Psychiatry Committee produced Smoking Cessation Guidelines and supporting resources including webinars, e-learning modules, and podcasts.

The PPPC has also provided support to members by:

- » awarding \$33,343 through the Beverley Raphael New Investigator Grant and the Early Research Career Grant to trainees and Fellows via the Committee for Research
- » providing \$54,255 to support the training pathways of 13 trainees who identify as Aboriginal and/or Torres Strait Islander and eight trainees who identify as Māori.

A 2022 priority for the PPPC was the development and rollout of the Consultation Hub for member engagement and in the past year 100 projects have been opened for Committee consultation with over 1100 total views by over 500 members and more than 150 feedback contributions.

The priority for the PPPC in 2023 is to increase the strategic approaches to policy development and advocacy work with a focus on cultural safety and greater inclusion of lived experience.

# Members' Advisory Council report



Chair

Dr Elizabeth Moore

#### **Committee members**

- » Dr Agnew Alexander
- » Dr Alan Altham
- » A/Prof. Shalini Arunogiri
- » Dr Michelle Atchison
- » Ms De Backman-Hoyle
- » Dr Siva Balaratnasingam
- » Dr Justin Barry-Walsh
- » Dr Chad Bennett
- » A/Prof. Paul Cammell
- » Dr Nicola Campbell
- » Dr David Chapman
- » A/Prof. Mat Coleman
- » Prof. Valsa Eapen
- » Dr Ben Elijah
- » Prof. Brett Emerson
- » A/Prof. Susanna Every-Palmer
- » Dr Paul Furst
- » Prof. Megan Galbally
- » Prof. Neeraj Gill
- » Dr Pramudie Gunaratne
- » A/Prof. Salam Hussain
- » Prof. Richard Kanaan
- » A/Prof. Robert Kaplan

- » A/Prof. Beth Kotzé
- » A/Prof. Vinay Lakra
- » Dr Eileen Lavranos
- » Dr Mark Lawrence
- » Dr David Lie
- » Dr Fatma Lowden
- » Dr Sue Mackersey
- » Dr Elizabeth Moore
- » Dr Eddie Mullen
- » Dr Nick O'Connor
- » A/Prof. Robert Parker
- » Dr Claire Paterson
- » Dr Daniel Pellen
- » Prof. Saddichha Sahoo
- » Ms Louise Salmon
- » Dr Carol Silberberg
- » Dr Yolisha Singh
- » A/Prof. Simon Stafrace
- » Dr Astha Tomar
- » A/Prof. Melanie Turner
- » Dr Alisha Vara
- » Dr Mike Vergheggen
- » Dr Angelo Virgona
- » Dr Darryl Watson
- » Dr Evan Wilson

The Members' Advisory Council (MAC) provides information and advice to the Board on a variety of matters and acts as a forum for the College's key groups to raise and discuss issues and provide feedback on College matters.

The MAC has representation from Faculties, Sections, all Australian Branch Committees, Tu Te Akaaka Roa – New Zealand National Committee, trainees, and overseas-trained psychiatrists, the College's Aboriginal and Torres Strait Islander Mental Health Committee, Te Kaunihera, and Community Collaboration Committee. Board Directors also attend the MAC, along with the Chief Executive Officer and senior management team.

After meeting virtually for two years, the MAC met face-to-face twice in 2022 and discussions were wide ranging and stimulating. Key topics included:

- » member wellbeing
- » RANZCP Strategic Plan 2022–25
- » membership engagement challenges and opportunities
- » Aboriginal and Torres Strait Islander Trainee Forum
- » Position Statement 78: RANZCP engagement with the pharmaceutical industry
- » Telehealth Medicare Benefit Schedule item numbers
- » Honeysuckle Health and managed care
- » 2021 November AV-OSCE cancellation external review
- » Alternate Assessment Pathway and the future of assessments
- » Clinical Practice Guideline review
- » Faculty, Section and Network review
- » Rural Psychiatry Training Pathway

The key discussion points from meetings were further considered at subsequent Board meetings and have informed the progression of these matters throughout the year.

On behalf of the Board, I would like to acknowledge the important role played by the MAC in 2022 in providing advice to the Board and representing the views and interests of our varied membership.

# Member Representative Committee reports



Chair **Dr Alan Altham** 

#### Committee members

- » Dr Alan Altham
- » Dr Gopika Asokan
- » Dr Ryan Barber
- » Dr Nicholas Faint
- » Dr Dilini Hemachandra
- » Dr Stuti Jindal
- » Dr Stephen McManis
- » Dr Stefanie Orlik
- » Dr Alisha Vara
- » Dr Ashlea White

# **Trainee Representative Committee**

This year has represented a significant change in the governance structure and a new name for the Trainee Representative Committee (TRC). The new Bi-national Committee for Trainees (BCT) was formed alongside the Trainee Advisory Committee (TAC). Both these groups are novel for trainee representation in any Australian and New Zealand college, with the outgoing committee working extremely hard to bring about these changes.

The TAC aims to meet at least bi-annually, bringing together trainees from a wide range of RANZCP committees and Associations of Psychiatrists in Training to better inform BCT opinion and advocacy. This is part of the RANZCP's ongoing commitment to transparency with trainees around issues that affect them.

We hope that the new structure and formation of the advisory group allows for greater recognition of trainees' views and for the BCT to respond to important trainee issues more rapidly and confidently.

We also welcomed the appointment of a Trainee Board Member, Dr Pramudie Gunaratne, and thank her for all her work in this position. Although not the first college to do this, it's an important step towards recognising trainees' important contributions within the College, and we hope this brings us a step closer to attaining voting rights for trainees.

Other important areas that progressed in 2022 included our contributions to examinations, training, and well-being, particularly in a cohort still feeling the effects of the COVID-19 pandemic. The Committee particularly welcomes the work around addressing the inequity of part-time trainees, an issue that disproportionality affects female trainees and carers.

We look forward to ongoing engagement and changes around the high burden of centrally administered assessments, particularly as the College works towards a new assessment framework for the future and implementing the ACER report recommendations.

The TRC was also involved in:

- » the external review of the November AV-OSCE failure
- » the syllabus review
- » the Alternate Portfolio assessment review
- » the Gender Equity Working Group.

I sincerely thank the outgoing committee for going above and beyond during a particularly demanding year. I also welcome Dr Nicola Campbell, the new BCT Chair, and the rest of the incoming Committee. I am sure they will continue the TRC's hard work to represent trainees' interests at all levels.



Chair **Dr Nicola Campbell** 

## Bi-national Committee for Trainees (BCT)\*

- » Dr Samuel Baxter
- » Dr Nicola Campbell
- » Dr Joshua Flavell
- » Dr Lara Hughes
- » Dr Natalie Hunt
- » Dr Stuti Jindal

- » Dr Stephen McManis
- » Dr Jarrad Paul
- » Dr Georgia Ramsden
- » Dr Louise Randall
- » Dr Brittany Stanley-Wishart
- » Dr Evan Wilson

\*The Bi-national Committee for Trainees (BCT) was formed following an election process on 26 October 2022



Chair **Professor Saddichha Sahoo** 

## **Committee members**

- » Dr Aniket Bansod
- » Dr Emma Crampin
- » Dr Varuni de Silva
- » Dr Gagan Garg
- » Prof. Saddichha Sahoo
- » Dr Leonardo Sauaia Romero Fernandes
- » Dr Anupama Zeena Sequeira
- » Dr Suman Sinha
- » Dr Anil Reddy
- » Dr Ajay Vijayakrishnan

# Overseas Trained Psychiatrists' Representative Committee

The Overseas Trained Psychiatrists Representative Committee (OTPRC) has been continuing to advocate for the welfare and rights of overseastrained psychiatrists in Australia and New Zealand throughout the past 12 months.

We have advocated for the extension of work rights, assessment durations and fairness of examination processes for all Specialist International Medical Graduates (SIMGs), in both the Partial and Substantial Comparability pathways. This has been even more pertinent for SIMGs who lost family members due to COVID and were unable to leave due to travel restrictions.

The OTPRC has also been strongly advocating for a voice for all SIMGs within the College. To that end, we are seeking to investigate the possibility of Associate/ Affiliate membership to be automatically granted to all SIMGs accepted into the various pathways.

The OTPRC has been instrumental in taking a strong stand against racism, both individual and systemic. We have advocated for exemptions to the 19AB arrangement of Medicare, which disadvantage international graduates unfairly, and have also advocated for a fairer English language testing system.

The OTPRC is currently also discussing the introduction of an award or recognition which would be awarded to an international medical graduate making an outstanding contribution to psychiatry in Australia/Aotearoa New Zealand.

# RANZCP Foundation Committee report



Chair
Associate Professor
John Allan

#### **Committee members**

- » A/Prof. John Allan
- » Prof. Gerard Byrne
- » Prof. Hinemoa Elder MNZM
- » Prof. Malcolm Hopwood
- » Dr Nick Kowalenko
- » A/Prof. Vinay Lakra
- » Prof. Gin Malhi
- » Prof. Helen Milroy
- » A/Prof. Louise Nash
- » Prof. Dan Siskind
- » A/Prof. Shuichi Suetani



Transforming mental health care, creating a world of potential

The RANZCP Foundation is the College charity that raises funds and provides grants for College members to break new ground in mental health research.

It was truly incredible to see the RANZCP Foundation continue to go from strength to strength in 2022.

Thanks to the generosity of our donors, we were able to raise a record amount of funds, with significant donations received from new trusts and foundation donors. Our sincere thanks to everyone who donated, including Carl and Wendy Dowd and family, the Peter and Elizabeth Moore Foundation, and Dr Roth Trisno and family.

A headline achievement was bringing the vision of our donors to life with the establishment of four new grants and scholarships. Three of these grants seek to improve social and emotional wellbeing of Aboriginal and Torres Strait Islander populations through research, training, and capacity building. We also launched the Trisno Family PhD Research scholarship, a landmark initiative for the College aimed squarely at growing academic psychiatry and clinical research endeavour.

We continued to support member research projects through our existing grants and awards. We increased the amount of grant funding available through the RANZCP Foundation Catalyst Grants, and awarded 12 grants that will fuel new research projects and activity.

We were delighted to host our donors for a special thank you reception at the Sydney Congress in May, and in November hosted our second Foundation masterclass, 'ADHD Assessment and Treatment' presented by Dr Karuppiah Jagadheesan, Professor David Coghill, and Dr Roger Paterson. The incredible support from our members taking part in this special event is encouraging, and we will continue to provide members with more such valuable learning opportunities in 2023.

I was delighted to take over as Chair of the Foundation Committee in November 2022, and would like to sincerely thank Professor Malcolm Hopwood for his leadership and guidance of the Foundation's work over the past 18 months. I look forward to working closely with the Committee, and with the RANZCP Foundation team, as we enter our next chapter.

If you would like to know more about our work, please get in touch at foundation@ranzcp.org.

# New Zealand National Committee Report





Chair
Associate Professor
Susanna Every-Palmer

#### **Committee members**

- » Mr Ronald Baker
- » Dr David Codyre
- » A/Prof. Susanna Every-Palmer
- » Dr Alan Faulkner
- » Dr Oliver Hansby
- » Dr Marcel Hediger
- » Dr Matthew Jenkins
- » Dr Alice Law
- » Dr Mark Lawrence
- » Dr Jackie Liggins
- » Dr Sue Mackersey
- » Dr Alison Masters
- » Dr Sam McBride
- » Ms Moe Milne
- » Dr Claire Paterson
- » Dr Leonardo Sauaia Romero Fernandes
- » Dr Suman Sinha
- » Ms Caro Swanson
- » Dr Hiran Thabrew
- » Dr Alisha Vara

## Tu Te Akaaka Roa - New Zealand National Committee

Ma whero, ma pango ka oti ai te mahi With red and black the work will be complete

This year, Aotearoa New Zealand witnessed once-in-a-lifetime health reforms. The establishment of the Crown agency Te Aka Whai Ora was celebrated as honouring our Treaty of Waitangi obligations.

Tu Te Akaaka Roa engaged with numerous mental health and addiction stakeholders and held regular hui with Crown agencies in 2022. Twenty-four submissions and advocacy letters were sent including the Pae Ora Bill and The Mental Health Act review. Thirty advocacy meetings were held with stakeholders including Oranga Tamariki and Te Whatu Ora.

We advocated for services that target people with ongoing, serious mental health conditions, emphasising an urgent need to increase the psychiatry workforce.

Our advocacy with the Ministry of Health achieved better support for an increase in the psychiatry trainee intake by a proposed 5% over the next three years.

Members of the national committee held a hui with the Editor of the *Australian and New Zealand Journal of Psychiatry* and contributed to future planning, proposing research articles from Māori, Aboriginal and Torres Strait Islanders, and representation as editors and board members.

In June, Kaumātua Ron Baker was welcomed to the committee with a mihi whakatau. In July, we took part in a celebration of the life of past RANZCP Kaumātua, Arama Pirika at Ōwhata Marae. Kaumātua Ron Baker and Moe Milne, plus representatives of Tu Te Akaaka Roa and Te Kaunihera, supported and guided the event.

Two new position statements were published:

- 107 Recognising the significance of Te Tiriti o Waitangi
- » 108 Pacific Mental Health in Aotearoa New Zealand

Activities in 2022 sought to advance our six strategic priorities. We will continue to lead and collaborate on initiatives that promote equitable access to psychiatric diagnosis, treatment, care and support.

## **Chairs of the New Zealand-based Faculty and Section Subcommittees**

- » A/Prof. Giles Newton-Howes, Faculty of Addiction Psychiatry
- » Dr Tanya Wright, Faculty of Child and Adolescent Psychiatry
- » Dr Adam Sims, Faculty of Consultation–Liaison Psychiatry
- » Dr Shailesh Kumar, Faculty of Forensic Psychiatry
- » Dr Bronwyn Copeland, Faculty of Psychiatry of Old Age
- » Dr James Gardiner, Section of Child and Adolescent Forensic Psychiatry
- » Dr Christopher Galea, Section of Electroconvulsive Therapy and Neurostimulation
- » Dr David Bathgate, Section of Psychiatry of Intellectual and Developmental Disabilities

# Australian Branch Committee reports

# **Australian Capital Territory**

The Australian Capital Territory (ACT) Branch has spent a great deal of time discussing, debating, and identifying potential solutions to several issues in the provision of mental healthcare in the ACT. The Branch continues to deepen our relationship with the Minister for Mental Health and Wellbeing, the Hon. Emma Davidson MLA.

The mental health workforce continues to be one of the biggest issues in the ACT. The number of trainees has continued to grow and several changes have been made. We would like to thank our trainee representatives for their continued time and dedication.

We contributed to three submissions on the ACT Health Policy and Strategy Area of Need for Vacant Medical Practitioner Positions in the Public and Private Sector-Policy and Procedure, outlining ways to recognise the important role of psychiatrists, and providing balanced guidance in the recruitment of overseas-trained doctors and support for those interested in being psychiatrists.

Several open consultations were held on workforce strategies and we look forward to working with ACT Health and the Office of Mental Health and Wellbeing on future workforce sustainability.

Earlier in the year we held a meeting with Minister Davidson about the lack of perinatal mental health services, including outlining key funding needs and resourcing shortfalls. In the past six months, there has been significant investment in perinatal mental health services, and several of our recommendations have been funded.

Our advocacy has also included a focus on private practice psychiatrists, and the important role they play in the mental health system, as well as broader work around telehealth and advocating for greater accessibility and MBS items in private practice.

The Branch Chair alongside Dr Anthony Barker were able to meet with Minister Davidson to discuss challenges facing the ACT Forensic Mental Health Service and the need for more forensic psychiatrists in the ACT.

The Branch enjoyed hosting the following events:

- » Travelling Scholar program with Professor Marie Bismark who presented 'Thoughts of suicide and self-harm among healthcare workers during the pandemic' and 'Legal and ethical issues in psychiatry during the pandemic'
- » Psychiatry Interest Forum cocktail night.



Chair

Dr Fatma

Lowden

- » Dr Anthony Barker
- » Dr Rodney Blanch
- » Dr Ava Carter
- » Dr Rhonda Dotson
- » Dr Catherine Egan
- » Dr Dharshanie Gunaratne
- » Dr Dilini Hemachandra
- » Dr Lara Hughes
- » Dr Saba Javed
- » Dr Phil Keightley
- » Dr Fatma Lowden
- » Dr May Matias
- » Dr Elizabeth Moore
- » Dr Alfiya Mutlu
- » Dr Matthias Regner
- » Dr Matthew Ryan
- » Dr Florian Wertenauer

### **New South Wales**

Our pre-budget submission, Improving Community Mental Health – targeted initiatives, advocated for investment in the mental health of older people, victims of domestic, family and sexual violence, and those with severe brain injury. We welcomed the New South Wales (NSW) Government's grant to help the latter access psychiatric care. While the older persons' investment was not funded, it was received positively by the Minister, and remains on the Government's agenda.

At the Minister's request, we prepared a submission on retaining and growing the rural mental health workforce. As a result, 15 new rural trainee positions and incentive

payments for healthcare workers to work in rural NSW were funded.

The NSW Rural Project steering committee provided valuable guidance for our ongoing workforce advocacy and has planned a rural trainee forum for March 2023.

The Branch engaged with key stakeholders and government, influencing policy through personal advocacy, submissions, and facilitating evidence to inquiries, including those into the NSW Floods, and Hospital Ramping and Access Block. We were involved in advocacy for domestic violence survivors, culminating in the funding of a Trauma Recovery Centre and the

Australian-first passage of Coercive Control legislation. We continued to support Mental Health Medical Staff Councils via member workshops.

In preparation for the 2023 NSW election, the Branch is seeking the agreement of major parties for substantive and novel changes to the management, funding, and delivery of mental health services. We formed a coalition of peak mental health groups to support this initiative.

The Branch office renovation was completed, ready to welcome members in 2023.



Chair **Dr Angelo Virgona** 

## **Committee members**

- » Dr Prachi Brahmbhatt
- » Dr Alexandria Campbell
- » Dr Kathryn Drew
- » Dr Alice Dwyer
- » Dr Pramudie Gunaratne
- » Dr Ralf Ilchef
- » A/Prof. Beth Kotzé
- » Dr Saretta Lee
- » A/Prof. Loyola McLean
- » Dr Nick O'Connor
- » Dr Michael Paton
- » Dr Louise Randall
- M 1 1 0 1
- » Ms Louise Salmon
- » Dr Anupama Sequeira
- » Ms Kate Tonacia
- » Dr Angelo Virgona
- » Dr Tess Wilkinson
- » Dr Choong-Siew Yong
- » Dr Yun Ming Yong

## **Northern Territory**

The Northern Territory (NT), Australia's smallest jurisdiction, is to graduate its ninth and tenth Fellows wholly trained locally, and who have remained in the public or private sectors. With the development of the Rural Training Pathways, we look forward to many more 'locals' growing the tiny workforce, and even more from other parts of Australia sharing the unique experience of psychiatry in the NT.

Natasha Fyles, then Minister for Health, was elevated to the position of Chief Minister on the resignation of Michael Gunner. One of her earliest actions was

to appoint Lauren Moss to the Ministry of Mental Health and Suicide Prevention, whilst she retained her health portfolio. We hope this is a signal for reform in what is a significantly under-resourced mental health system.

A second landmark event occurred late in the year when Professor David Mitchell was appointed NT Chief Psychiatrist. Loudly applauded in mental health circles, it is a further indication of recognition of the parlous state of mental health services. Our hospital facilities continue to be stretched beyond their capacity on a regular basis, whilst local and Federal funding continues to fragment mental health services, perpetuating an outdated model of mental health care. The impressive outcomes of the Victorian Royal Commission, game changing in many ways, and the inquiries in both Queensland and South Australia, have prompted the NT Branch Committee to press for an inquiry in the Territory. Development and implementation of a financially viable inquiry will form a major part of Branch work in 2023.



Chair
Dr David
Chapman

- » Dr Reema Achal
- » Dr David Chapman
- » Dr Mary Frost
- » Dr Gagan Garg
- » Prof. Neeraj Gill
- » Dr Natalie Hunt
- » Dr Nimalee Kanakkahewa
- » Dr Usman Khalid
- Dr Diana McKay
- » Dr Tamoor Mirza
- » Prof. David Mitchell
- » Dr Femi Ogeleye
- » A/Prof. Robert Parker
- » A/Prof. Kane Vellar

## Queensland

In February, the Queensland (QLD) Branch prepared a submission to a Queensland Government Parliamentary Inquiry into the opportunities to improve mental health outcomes for Queenslanders.

Following the Inquiry, we welcomed a funding investment of \$1.645 billion over five years in this year's state budget, and final recurrent increase to the budget of \$418 million.

In October, we met with the Assistant Minister for Health and Regional Health Infrastructure, Julieanne Gilbert, to discuss how this funding will be delivered. We would like to see 3000 community mental health staff, 500 new beds and \$750 million per year (total new expenditure required).

Looking to 2023, the Branch would like to see mandatory postgraduate psychiatry rotations for new medical graduates (PGY 1 or 2) across the state, and a tightening of the way that medicinal cannabis is prescribed.

The annual QLD Branch conference was held from 8–10 July at Palm Cove. The conference program included a range of eminent psychiatrists, including keynote speakers, Professors John McGrath and James Scott, speaking on the theme 'Patience and faith'.

On 22 November, the QLD Branch hosted the annual Alice and John Bostock Oration. We congratulate Dr Jeffrey Thompson, Dr Janet Bayley and A/Prof. Francis Varghese, this year's recipients of the Joan Lawrence Queensland Meritorious Service Award for significant contribution to the practice of psychiatry in a clinical, academic or administrative capacity.

At the Leading Reform Summit on 23 and 24 November, the Queensland Mental Health Commission presented Lifetime Achievement Awards to Professor David Crompton OAM, Dr Elisabeth Hoehn, Professor Harvey Whiteford AM and Professor Brett Emmerson AM. This award recognises distinguished Queenslanders who have made significant achievements in the areas of mental health, alcohol and other drugs and suicide prevention.



Chair
Professor Brett
Emmerson AM

- » Dr Agnew Alexander
- » Dr Shailendhra Bethi
- » Ms Angela Davies
- » Prof. Brett Emmerson AM
- » Prof. Neeraj Gill
- » Dr Hitesh Joshi
- » Dr Abigail Lane
- » Dr Kirsten McMahon
- » A/Prof. Balaji Motamarri
- » Dr Vikas Moudgil
- » A/Prof. Stephen Parker
- » Prof. Saddichha Sahoo
- » Dr Terry Stedman
- » A/Prof. Shuichi Suetani
- » Dr Joe Varghese
- » A/Prof. Nicola Warren
- » Dr Elizabeth Wasowicz
- » Dr Ashlea White

### South Australia

Building on our 2021 platform, we joined with the Australasian College for Emergency Medicine to launch a comprehensive advocacy campaign during the South Australia (SA) state election. Mental health formed the centrepiece of the new government's campaign launch and resonated with the public, who sent a strong message on the importance of mental health with the election result.

The Branch's advocacy contributed to record commitments in the state budget, including \$182 million for mental health beds, 100 extra doctors, \$400,000 to develop a long-term psychiatry workforce plan, and millions for mental health support

in schools, suicide prevention, drug and alcohol rehabilitation, and discharge support for homeless patients.

We are concerned about and advocating for urgency in addressing the future mental health workforce.

We were actively involved in consultation on the new Voluntary Assisted Dying Act and review of the Mental Health Act, focusing on retaining capacity as a key component in determining when a person's autonomy is limited, and sensible reforms to electroconvulsive therapy provisions.

Member engagement and the provision of educational activities for members and trainees remains a strong focus of the Branch.

The Branch supplemented our ongoing CPD program and made preparations for our second biannual SA Scientific Conference; highlights included hosting Dr Matthew Large as our Travelling Scholar to provide workshops and grand rounds, and the annual Barton Pope public lecture to launch Mental Health Week. It is testament to the increased profile of psychiatry and mental health that the latter was attended by MPs representing both the Government and Opposition.

# **Committee members**



Chair **Dr Paul Furst** 

- » Dr Andrea Baas
- » Dr Antoinette Bearman
- » Dr Patrick Clarke
- » Dr Susan Cosoff
- » Dr Varuni de Silva
- » Dr Paul Furst
- » Dr James Hundertmark
- » Dr David Kutlaca
- » Prof. Sharon Lawn
- » Dr Cheryl Lee
- » Dr Annan Lloyd
- » Dr Jessica Lowe
- » Dr Stephen McManis
- » Dr Hannah Myles
- Dr Tom Paterson
- » A/Prof. Melanie Turner

## **Tasmania**

The Tasmanian (TAS) Branch has established regular meetings with The Hon. Jeremy Rockliff, Minister for Mental Health, and Tasmanian Premier to advocate for key challenges facing the Tasmanian Mental Health Service – including ensuring the most vulnerable patients receive timely treatment, care and support, as well as addressing the current unmet demand for consultants and specialist clinical treatment within the public mental health and wellbeing system.

The Branch has been active in driving member consultation on local policy issues including the Tasmanian Suicide Prevention

Strategy 2023–2027; the Tasmanian Drug Strategy 2022–2027; the Tasmanian Law Reform Institute conversion practices reform; raising the minimum age of criminal responsibility; the Tasmanian Health Senate consultation; and changes to the *Tasmanian Poisons Act 1971* which impacts prescribing of S8 stimulants.

Additionally, in October, the Branch convened the Tasmanian Psychiatry Conference with more than 60 delegates attending. The event included 12 educational talks delivered by 14 presenters, various social and networking events, and a conference dinner.

Dr Anil Reddy, a member of our Branch Committee, was appointed to the Overseas Trained Psychiatrists Representative Committee, the last representation from TAS dating back to 2015.

And for the first time ever, the TAS Branch has been successful in independently obtaining a grant for the Travelling Scholar 2023, and also developed its first-ever Branch award for commencement in 2023.

Chair **Dr Ben Elijah** 

- » Dr Joanna Bakas
- » Dr Samuel Eli Baxter
- » Dr Nicky Beamish
- » Dr Ben Elijah
- » Dr Lev Fridgant
- » Dr Katja Lindemann
- » Dr Stephanie Lorimer
- » Dr Sadhana Pande
- » Dr Honor Pennington
- » Dr Anil Reddy
- » Dr Josephine Topp
- » Dr Lennie Woo

## Victoria

Through ambitious timelines of the Royal Commission into Victoria's Mental Health System (RCVMHS), the Branch continued a steady contribution to the shaping of the new Victorian mental health and wellbeing system. The Branch maintained collaborative relationships with the Victorian Department of Health, the Victorian Government, and key stakeholders across the system. Key advocacy points included the unmet demand for specialist psychiatric care within the public mental health and wellbeing system, and the urgent need to retain an experienced psychiatry workforce, including academic psychiatry research.

Throughout the year, the Branch consulted on multiple and wide-ranging RCVMHS recommendations, including the *Mental Health and Wellbeing Act 2022*. From September 2023, the Act will provide the foundation for the state's public mental health and wellbeing system as the reform continues.

A major outcome of advocacy work included \$4.5 million in Victorian Government funding to strengthen psychiatry training through the Victorian Psychiatry Training Partnership. It will be led by the Victorian Department of Health, and stakeholders include the Branch Committee, psychiatry trainees, community members, and the RANZCP's

Education and Training structures. It will also include representatives from the Commonwealth Department of Health and clinical leaders within the Victorian public and private health systems.

State election advocacy called for immediate priorities to include addressing the unmet demand for specialist treatment, care and support; increasing capacity to deliver and support accessible, safe and responsive spaces; and recruiting and retaining a skilled and experienced clinical workforce to work alongside people with lived experience. The year was rounded off by a successful Branch conference in the beautiful Victorian coastal town of Lorne.



Chair
Dr Astha
Tomar

#### **Committee members**

- » Dr Lee Allen
- » Dr Jenny Babb
- » Dr Dominika Baetens
- » Dr Subhash Das
- » Dr Ganesan Duraiswamy
- » Dr Nardine Elzahaby
- » Dr Stuti Jindal
- » A/Prof. Vinay Lakra
- » Dr Raju Lakshmana
- » Dr Jerome Nicholapillai
- » Mrs Ingrid Ozols
- » Dr Kerryn Rubin
- » Dr Thomas Sellitto
- » Dr Ajit Selvendra
- » Dr Astha Tomar
- » Mx Emily Unity
- » Dr FrancescaValmorbida McSteen
- » Dr AjayVijayakrishnan

## Western Australia

In March, the Western Australia (WA) Branch finally moved into our own beautiful 'home' in Nedlands. Our building was opened by the Minister for Health and Mental Health, the Hon. Amber-Jade Sanderson, and honoured guests included Noongar Elders Neta Knapp and Marie Taylor, who contributed customised artwork and language into its design. It is now a hub for members and has already hosted our Travelling Scholar, Prof. Helen Herrman, and many Peer Review Groups and hybrid meetings.

Our first Branch Conference in many years was held from 26–27 August in Perth. The theme was 'Reflect and Reconnect', and the 194 delegates and a further 80 presenters and exhibitors in attendance did just that during the rich scientific and social program. Our Branch CPD program also included seminars at MedCon22 in July. We look forward to an increased focus on member engagement in 2023, including hosting Congress in May.

Ms Sharon Taylor was appointed as our first community member to the Branch Committee for a term of three years.

The Branch Committee also continued to advocate for improvements in the health system, through meetings with key stakeholders and development of submissions for key reviews including into infant, child and adolescent mental health services, the *Mental Health Act*, and the governance of the WA health system.

Along with the Section of Rural Psychiatry, we successfully advocated for the commencement of a rural psychiatry training pathway in WA and are delighted that the program will commence in 2023.



Chair **Dr Mike Verheggen** 

- » Dr Alan Altham
- » A/Prof. Mat Coleman
- » Dr Emma Crampin
- » Dr Nicholas Faint
- » A/Prof. Yulia Furlong
- » Prof. Megan Galbally
- » Dr Chinar Goel
- » Dr Kyle Hoath
- » Dr Helen McGowan
- » Dr Elizabeth Moore
- » Dr Anne O'Sullivan
- » Dr Jarrad Paul
- » Dr Natalie Shulman
- » Dr Gordon Shymko
- » Ms Sharon Taylor
- » Dr Daniela Vecchio
- Dr Ajay Velayudhan
- » Dr Mike Verheggen
- » Dr Shannan Woods

FACULTY HIGHLIGHTS ANNUAL REVIEW 2022

# Faculty highlights



Chair
Associate Professor
Shalini Arunogiri

#### Committee members

- » A/Prof. Shalini Arunogiri
- » Dr Robert Bell
- » A/Prof. Mark Daglish
- » Dr Basanth Kenchaiah
- » Dr Robert May
- » Dr Sam McBride
- » Dr Carmen Nayer
- » A/Prof. Giles Newton-Howes
- » Dr Vicky Phan
- » Dr Kelly Ridley

# Faculty of Addiction Psychiatry

Addiction treatment is a broad church. Reflecting this, the Faculty of Addiction Psychiatry's priorities were delivered in partnership with our colleagues across general practice and addiction medicine – with a focus on tobacco and smoking cessation, and updated guidance on gambling harm.

In 2021, the Faculty successfully worked with the College to request Commonwealth funding for a targeted project to support psychiatrists' upskilling in tobacco cessation knowledge and capacity. In 2022, this project was completed in collaboration with several partners (including the Royal Australian College of General Practitioners, RACGP, and Quit). This was a major project for the Faculty, and provides us with an exemplar of what can be achieved with additional resourcing and policy officer staffing. We encourage all College members to check out the following resources:

- » mental health clinician guidance for managing people's smoking cessation
- » online smoking cessation resources:
  - e-learning module Smoking Cessation for Mental Health Clinicians
  - Smoking cessation and vaping webinar.

We are partnering with the Royal Australasian College of Physicians (RACP) in 2022–23 to develop a joint position statement on problem gambling alongside the RACP's Chapter of Addiction Medicine.

In response to member feedback, the Faculty's workplan in 2023 will include items relating to alcohol harm and mental health, and medical cannabinoids; we invite interested colleagues to reach out and collaborate with us as we progress this.

Finally, we look forward to hosting the 7th International Medicine in Addiction Conference (17–19 February 2023) in Melbourne, with the RANZCP taking the lead for the program in partnership with the RACGP and the RACP. We look forward to seeing colleagues in person for an update on contemporary best practice in our field, with some stellar international keynotes and a fantastic social program in the works.



Chair **Dr Agnew Alexander** 

- » Dr Agnew Alexander
- » Dr Alan Altham
- » Dr Michelle Atchison
- » Dr Suneel Chamoli
- » Dr David Chapman
- » Dr Karuppiah Jagadheesan
- » A/Prof. Balaji Motamarri
- » Prof. Nagesh Pai
- » A/Prof. Stephen Parker
- » A/Prof. Shuichi Suetani
- » Dr Deborah Wearne
- » Dr Georgina Weir

# Faculty of Adult Psychiatry

Being the largest and fastest-growing Faculty, the Faculty of Adult Psychiatry has kept its committee members on their toes with exciting ventures. It has grown from 1420 members in May 2020 to 1719 members as of 19 December 2022. Committee endorsed the establishment of subcommittees in all jurisdictions, and NSW, QLD and SA subcommittees were established.

Supported by the RANZCP Foundation, the ADHD Network Committee successfully ran an online masterclass 'ADHD Assessment and Treatment' in October. About 330 participants attended the session online with good participation through the Q&A chat. This masterclass received positive feedback and highlighted the importance of building ADHD in the curriculum for all levels of training so that future Fellows can be confident in diagnosing and managing this common psychiatric disorder across life spans.

The first bi-national, face-to-face conference for the Faculty of Adult Psychiatry was held at the Gold Coast Convention and Exhibition Centre in Queensland between 14–16 October 2022 and was a tremendous success. Over 200 delegates from across Australia and New Zealand converged to explore the theme

'Unity is Strength'. It was wonderful to see Fellows, registrars, PIF members, and medical students sharing and learning together. We hope to see more of you at our next conference which we plan to hold in 2023 in Darwin.

The Faculty have approached the Branches to support the facilitation of face-to-face training workshops for advanced trainees and early career Fellows on topics not covered in training.

The Faculty newsletter led by Committee member A/Prof. Shuichi Suetani has been an outstanding piece of work and well appreciated.

The Committee, together with the Section of private practice, will be hosting a webinar aimed at private psychiatrists and trainees, and if successful, there will be opportunities for an ongoing series.



Chair **Professor Valsamma Eapen** 

- » Prof. Valsa Eapen
- » Dr Tatjana Ewais
- » Dr Gagan Garg
- » Dr Timothy Ghan
- » Dr Francis Goodstadt
- » Dr John Gregson
- » Dr Ken Hooper
- » Dr Lynn Jones
- » Dr Nick Kowalenko
- » Dr Katie Niven
- » Dr Liam O'Connor
- » Dr Sally Tregenza
- » Dr Afraz Zaman

# Faculty of Child and Adolescent Psychiatry

The Faculty has been active in supporting the development of the 2022–23 October pre-budget submission to include funding for Child and Adolescent Mental Health Services, child and adolescent psychiatry workforce development, and national roadmaps for service delivery as key action items.

Consistent with the College's Productivity Commission response, 'Child and adolescent psychiatry: meeting future workforce needs discussion paper and infographic', the Faculty has continued to advocate for workforce funding to address the mental health challenges of children and adolescents in the backdrop of the COVID-19 pandemic.

A priority is to develop a national roadmap for improving the mental health of young Australians through integrated service delivery, in collaboration with other key stakeholders, so that children and adolescents receive equitable, accessible, affordable, and high-quality mental health care. It is expected that the Faculty's work on the 2022–23 October pre-budget submission will help inform advocacy messages in the submission to the Federal Government on the requirements of child and adolescent psychiatrists.

The Faculty continues its regional engagement in Asia and the Pacific led by Dr Nick Kowalenko through the Child and Adolescent Psychiatry International Relations subcommittee. Ongoing programs include the Pasifika Study Group, the Online Pacific Health Exchange program in Pacific Island nations and mentoring in Cambodia and Iraq.

The 2022 Faculty conference was held in Melbourne from 14–17 September 2022. The conference covered a range of child and adolescent mental health topics. There was a focus on communication and collaboration between child and adolescent psychiatrists, other medical specialties, health professionals, and the lived experience workforce. This year saw the inaugural Alice Wong poster prize for the best presentation by a PIF member. The Faculty thanks Dr Liam O'Connor, the conference convenor, and the Conference Organising Committee for delivering a successful conference.



Chair **Dr Carol Silberberg** 

- » Prof. Rebecca Anglin
- » Dr Sara Ghaly
- » Dr Rashmi Gururajan
- » Dr Dan Hubik
- » Dr Catherine Mason
- » Dr John O'Callaghan
- » Dr Carol Silberberg
- » Dr Adam Sims
- » Dr Mike Verheggen
- » Dr Paul Vroegop
- » Dr Andreja Vuchkov

# Faculty of Consultation-Liaison Psychiatry

The Faculty of Consultation–Liaison Psychiatry have formally discontinued our newsletter and Facebook profile in favour of the popular, bi-national WhatsApp chat group, 'Australiaison Psychiatry', where members post relevant articles, seek the assistance of the hive mind with tricky clinical problems, or just engage in friendly banter.

Policy-wise, the Aotearoa New Zealand Faculty of Consultation–Liaison Psychiatry Subcommittee has developed an occasional paper on Consultation–Liaison Psychiatry in Aotearoa New Zealand – past, present and a blueprint for the future, which has spurred the Faculty Committee to review and update a 2016 Victorian Service Model paper to encompass a bi-national perspective. Given such an aspirational task, a scoping paper will soon be sent for broader consultation before the subgroup continues its work.

From a training perspective, Consultation—Liaison continues to be a popular choice with strong interest across jurisdictions. Certain jurisdictions continue to experience training bottlenecks due to the perennial bind of funding for Consultation—Liaison services which falls between acute health and mental health funding.

After a break this year, the Faculty of Consultation—Liaison Psychiatry conference will return from 27–29 July 2023 in Queenstown, New Zealand.



Chair Dr Justin Barry-Walsh

- » Dr Anthony Barker
- » Dr Justin Barry-Walsh
- » Dr Fiona Best
- » Dr William Brereton
- » A/Prof. Andrew Carroll
- » Dr Mrigendra Das
- » A/Prof. Andrew Ellis
- » Dr Vinesh Gupta
- » A/Prof. Scott Harden
- » Dr James Knight
- » Dr Shailesh Kumar
- » Dr Christina Matthews
- » Dr Ness McVie
- » Dr Edward Petch
- » Dr Andrew Robinson
- » Dr Calum Smith
- » Dr Peter Wynn Owen

# Faculty of Forensic Psychiatry

# Our Faculty virtual conference in March was a success and a reminder of the value of virtual formats for educational activities.

Next year, we're planning to co-sponsor a conference with the Australian Psychological Society and Australian and New Zealand Association of Psychiatry, Psychology and Law. The conference will be hosted by the International Association of Forensic Mental Health Services in Sydney in June.

The Faculty has been active in the development of policy and chaired the firearms working group. We were tasked with developing a professional practice guideline for the assessment of people who own or seek to own firearms. The work in this area is advanced. The support the Faculty has received from the Policy team at the College has been invaluable.

The importance of advocacy was highlighted by certain states in Australia refusing OPCAT (Optional Protocol to the Convention Against Torture) inspectors access to secure institutions. This action generated a great deal of concern within the Faculty and thus it was important that we were able to engage in a response that is currently still in train for the College.

Looking forward, in 2023 a key area for the Faculty is resource constraints in public Forensic Psychiatric services. Most of the states and New Zealand are struggling under a lack of sufficient resource.

2023 will see the conclusion of several committee members' terms. I thank them for their work and look forward to a changed line-up, hopefully with a more equitable gender balance.

After several years, we were at last able to convene a face-to-face meeting in November. Although we had managed with virtual platforms, the face-to-face meeting in November again highlighted for the Faculty the value of face-to-face meetings in terms of productivity and output.



Chair

Dr David Lie

- » Dr Sarah Beaney
- » A/Prof. Gary Cheung
- » Dr Bronwyn Copeland
- » Dr Brett Coulson
- » Dr Matthew Fasnacht
- » Dr Rebecca Graham
- » Dr Zain Hindawi
- » Dr Matthew Kang
- » A/Prof. Steve Macfarlane
- » Dr David Lie
- » Dr Samantha Loi
- » Dr Helen McGowan
- » Dr Duncan McKellar
- » Dr Rosalind Mulholland
- » Dr Maria Tsanglis

# Faculty of Psychiatry of Old Age

The major concern from the members and executive of the Faculty of Psychiatry of Old Age (FPOA) is the quality of training in psychogeriatrics for RANZCP trainees. We have an active interest in current debates within the RANZCP around the rural workforce, mandatory rotations, and the examination system.

Much attention was devoted to providing the College with input into the Inquiry into the Quality of Care in Residential Aged Care Facilities in Australia, especially to social isolation of residents and psychotropic use. Psychotropic use remains both excessive and potentially inadequate. Quality use of therapeutic interventions is stymied by the paucity of psychogeriatric expertise for people with and without dementia. The Australian Government has so far remained silent on its response to recommendations about this workforce.

The Committee has been considering the subspecialist needs of the Northern Territory and Pacific nations. The needs of those workforces were on the agenda at the end of 2019. The potential of telehealth will influence a reexamination in 2023.

The FPOA commissioned and paid for an Evidence Review (Sax Institute) of effectiveness of services outside of community settings. For community settings there is reasonable evidence to support the importance of subspecialist services (Klug, 2019). This review was recently published (Cations et al., 2022) in the College journal and is the first significant update since 2005.

The 2022 Annual Scientific Meeting held in Brisbane was attended by over 150 clinicians. Keynote speakers addressed the psychiatrist's role in voluntary assisted dying and the use of frailty measures in general and old age psychiatry. Melbourne will host the FPOA conference in 2023.

Other issues on the agenda for the upcoming year include addressing the needs of retired and retiring psychiatrists.



Chair
Associate Professor
Paul Cammell

- » Ms De Backman-Hoyle
- » Dr James Baée
- » A/Prof. Paul Cammell
- » Dr Andrew Christensen
- » Dr Tanya Devadason
- » Dr David Graham
- » Dr Anthony Korner
- » Dr Catherine Ludbrook
- » A/Prof. Loyola McLean
- » Dr Claire Pattison
- » Dr John Robertson

# Faculty of Psychotherapy

Our Faculty virtual conference in October was themed 'Unity in Diversity' and was very well received.

Presentations focused on evidence-based psychotherapy and comparing four different psychodynamic models of psychotherapy (Transference-Focused Psychotherapy, Mentalisation-Based Therapy, Intensive Short-Term Dynamic Psychotherapy, and the Conversational Model).

Conference sessions are available to watch on the RANZCP website. The Faculty warmly thanks the conference convenors, A/Prof. Loyola McLean, Dr Tanya Devadason, Dr Andrew Christensen, Dr James Le Bas, and Dr James Baée as well as the supportive College staff.

We continued to liaise and advocate with the President and Board to address concerns and criticisms regarding the Clinical Practice Guideline (CPG) for the treatment of mood disorders (2020). Our main concerns relate to the evidence base of psychodynamic psychotherapy as well as issues of editorial biases in the broader commentary on issues related to psychotherapy. A Members' Requisition General Meeting involving nearly 1000 College members voted overwhelmingly to disendorse components of this CPG, and to either review and modify it, or replace it with an alternative. The Faculty has supported the Board in this process and numerous peer-reviewed articles and commentaries were published by our members.

The Faculty also liaised and engaged with a range of other committees and the Board to advocate for the role of psychotherapy across College activities and member practices.

# Section highlights

# Section of Child and Adolescent Forensic Psychiatry

The capacity to sustain flexible, innovative and creative ways of working and creating connection and opportunities for collaboration has been the Section's focus in 2022. The completion of the position statement on conduct disorder is a tangible example of this. The incredibly successful conference in August entitled 'Rebel with a Cause' allowed us to come together in

person, to share, support and learn both with and from each other. Thank you to everyone who attended. It is with much delight that we have commenced planning for the 2023 conference which we anticipate will be in Hobart. Continued advocacy in relation to raising the age of criminal responsibility and racism in practice remains our focus for next year.



Chair **Dr Yolisha Singh** 

- » Dr Richard Baker
- » Dr James Belshaw
- » Dr Brendan Daugherty
- » Dr Adam Deacon
- » Dr Enys Delmage
- » Dr Yumna Dhansay
- » Dr James Gardiner
- » A/Prof. Scott Harden
- » A/Prof. John Kasinathan
- » Dr Joey Le
- » Dr Katinka Morton
- » Dr Annie Parsons
- » Dr Joel Singer
- » Dr Yolisha Singh
- Dr Marshall Watson

# Section of Early Career Psychiatrists

The Section has had a successful year advocating for issues of relevance to our membership. We conducted a survey of 238 early career psychiatrists bi-nationally that highlighted perceived gaps in training to prepare psychiatrists for work in private practice, and in developing competencies in psychotherapeutic work and clinical research. These findings were presented at the RANZCP 2022 Congress as part of the Section's program, which also included a symposium with the Membership Engagement Committee, and the successful return of the Welcome Aboard event for new Fellows.

The Section continues to focus on its priority areas of transition to Fellowship, initiatives that support the wellbeing of psychiatrists, and development of leadership skills. Looking ahead to 2023, in addition to our webinar series, we will have opportunities for more virtual and in-person events, and broadening the scope of our work to address issues raised in our survey including areas such as supervision, working in diverse settings, and developing clinical research skills.



Chair **Dr Edward Mullen** 

## **Committee members**

- » Dr Killian Ashe
- » Dr Aniket Bansod
- » Dr Vijay Danivas
- » Dr Rebecca Graham
- » Dr Eddie Mullen
- » Dr David O'Mahony
- » Dr Jackie Rakov
- » Dr Melissa Renzenbrink
- » Dr Natalie Shulman
- » Dr Ramya Vadivel

# Section of Electroconvulsive Therapy and Neurostimulation

A key function of the Section is contributing to College publications and guidelines that are pertinent to neuromodulation techniques and continuing professional development (CPD). The Section has contributed to the implementation of ongoing CPD and training requirements for psychiatrists using repetitive transcranial magnetic stimulation (rTMS) under Medicare in Australia, and is pleased that academic rigour has resulted in discussion about changes to the RANZCP Clinical Practice Guidelines for the treatment of mood disorders.

The Section updated the clinical memoranda on transcranial direct current stimulation and deep brain stimulation in psychiatric practice, and contributed to the review of the clinical memorandum on the

use of ketamine in psychiatric practice, all of which were published in July 2022. The Section is now reviewing College professional practice guidelines including administration of rTMS, which was last published in November 2018, and administration of electroconvulsive therapy, which was last published in 2019.

The Section has also been busy organising our next conference, which will occur in Darwin in the first week of August 2023. We will continue to pursue the approval of the proposed Certificate of Advanced Training in Neurostimulation to provide psychiatrists with the opportunity to broaden their skill set.



Chair Associate Professor Salam Hussain

- » Dr Suneel Chamoli
- » Dr Tibi Csizmadia
- » Dr Carol Dean
- » Dr Matthew Fasnacht
- » Prof. Paul Fitzgerald
- » Dr Christopher Gale
- » Dr Ashu Gandhi
- » Dr David Garside
- » Dr Shane Gill
- » A/Prof. Salam Hussain
- » Dr Binu Jayawardena
- » Prof. Colleen Loo
- » Dr Subramanian Purushothaman
- » Dr Shanthi Sarma
- » Dr Brett Simpson
- » Dr Jeremy Smith
- » Dr Alan Weiss

# Section of Leadership and Management

The Section had a low profile at the RANZCP 2022 Congress in Sydney but is hoping to have a keynote presentation and sessions on leadership in mental health services at the RANZCP 2023 Congress in Perth.

We've also been in discussion with the Committee for Training regarding an accredited term for Leadership and Management for trainees. Fellows' participation in the Section has been a continuing issue and it has been suggested that free Section membership be made available to early career psychiatrists. This could help refresh the membership and activity of the Section.

Thank you to all Committee members for their participation and activity throughout the year.



Chair
Associate
Professor
Robert Parker

### **Committee members**

- » Dr Binu Jayawardena
- » Dr Mark McAndrew
- » Dr Helen McGowan
- » A/Prof. Balaji Motamarri
- » Dr Nick O'Connor
- » A/Prof. Robert Parker
- » Prof. Alan Rosen AO
- » Prof. Saddichha Sahoo

# Section of Neuropsychiatry

The Section held its 11th Annual Neuropsychiatry & Behavioural Neurology Conference in Melbourne, face to face, in November. The two-day conference program covered topics of interest to psychiatrists, neurologists, geriatricians and neuropsychologists and included updates on conditions that mimic common neurodegenerative conditions, including Alzheimer's disease, fronto-temporal dementia, and Parkinsonism. There were a number of paper presentations by trainees relevant to neuropsychiatry or cognitive neurology.

The conference dates have been set for 2023 as 18 and 19 November and will be at the University of New South Wales in Sydney. The conference will return to Melbourne in 2024. Additionally, the Section will co-host the 2024 International

Neuropsychiatry Association conference. As a result of this collaboration, our Section will increase efforts in 2023 within this space.

Throughout 2022, we have reviewed several College position statements, and where appropriate provided feedback. The Section looks forward to contributing to both the review and development of position statements and policy submissions in 2023.

In 2022, the Section submitted an application to establish a new advanced training certificate. The application progressed to the College's Education Committee in November.



Chair Professor Richard Kanaan

- » Dr Gregory Finucane
- » Dr Joshua Flavell
- » A/Prof. Bradleigh Hayhow
- » Prof. Richard Kanaan
- » Prof. Jeffrey Looi
- » Dr Basil Mantzioris
- » Prof. Harry McConnell
- » Dr Adith Mohan
- » Prof. Dennis Velakoulis

# Section of Philosophy and Humanities

The Section of Philosophy and Humanities is frequently reviewing COVID-impacted activity, and as a result it is anticipated that our next Wellington symposium with a stimulating program will be conducted face to face.

The Section will commence a renewed focus to see greater inclusion of philosophy and humanities within the 2024 ACT Congress program. We look forward to exploring opportunities for sponsorship of external speakers including philosophers, historians or writers as plenary speakers.

The Section has continued to promote our aims through social media channels and the distribution of newsletters. Further, the production of humanities-themed podcasts is being explored. The Section also continues to work closely with the College to adopt increased inclusivity within its journals.



Chair
Associate
Professor
Robert Kaplan

#### **Committee members**

- » Dr Andrew Howie
- » A/Prof. Neil Jeyasingam
- » A/Prof. Robert Kaplan
- » Dr Izaak Lim
- » Dr Susan Lutton
- » Dr Lieu Chi Nguyen
- » Prof. Saddichha Shoo
- » Dr Steven Stankevicius

# Section of Perinatal and Infant Psychiatry

The Section is committed to two important priorities: (1) the development and provision of advanced training pathways in perinatal and infant psychiatry, and (2) developing an education program for members. The Committee has been focused on advancing both these areas and ensuring adequate representation across Australia and Aotearoa New Zealand. An application for advanced training has been resubmitted for consideration following a period of review when all applications were on hold.

We also held our very first Section event – a webinar in August which had over 550 registrations. As a result, we are now

planning another webinar in 2023 and a conference in March 2024.

Our work also included contributing to the RANZCP pre-budget submissions for both Australia and New Zealand, and ongoing advocacy with the Independent Health and Aged Care Pricing Authority on ensuring the viability of funding for Australian public mental health Mother and Baby Unit services and representation on the Centre of Perinatal Excellence.

The Section continues to enjoy growth and is committed to providing a voice to our field on behalf of our members.



Chair Professor Megan Galbally

- » Dr Gaynor Blankley
- » Dr Elizabeth Coventry
- » Dr Ilona DiBella
- » Prof. Megan Galbally
- » Dr Brendan Jansen
- » Dr Nimalee Kanakkahewa
- » Dr Edna Lekgabe
- » Dr Sylvia Lim-Gibson
- » Dr Elizabeth MacDonald
- » Dr Kristine Mercuri
- » Dr Chandni Prakash
- » Dr Susan Roberts

# **Section of Private Practice Psychiatry**

This Section continues to support private psychiatrists in Australia and seeks to grow the understanding of private psychiatry as a career option in Aotearoa New Zealand. When we presented at the Adult Psychiatry conference in October, many audience members spoke to me, commenting on how little they felt the College does for private psychiatry. Perhaps that is because we worked behind the scenes, pushing back against Australian government changes that have cut the use of telehealth. We had a win with the new Labor government reinstating the 50% loading for rural telehealth. But this needs to go further and support bulk billing in other areas of financial disadvantage, such as concession card holders.

The Section supported advocacy to ensure private practitioners gave voice to their concerns about the very real threat of managed care from private health insurer buying groups.

The College has welcomed input from our Section into several policy areas, including disability support tables on psychiatric illness, firearms legislation, and reforms to private healthcare.

Many thanks to all our hardworking Committee members.



Chair Dr Michelle Atchison

#### **Committee members**

- Dr Michelle Atchison
- Dr George Blair-West
- Dr Gary Galambos
- Dr Christopher Garvie
- Dr Ashar Khan
- Prof. Jeffrey Looi
- Dr Renate Mundl » Dr William Pring
- Dr Joe Varghese
- » Dr Emma Wills

# **Section of Psychiatry** of Intellectual and **Developmental Disabilities**

The Section has developed position papers on intellectual disability and autism which are in the process of being endorsed by the College.

We also contributed to various College activities including the development of a new National Disability Insurance Scheme (NDIS) eligibility and access proposal, and the NDIS Commission evidence summaries relating to medications for behaviours of concern in children, adolescents and adults with autism.

The Section is continuing to work towards a training syllabus and certificate. We also contributed to the development of a national intellectual disability roadmap and the development of a national centre of excellence for the health of people with intellectual disability.

Members of the Section have presented at the College Congress and have submitted two symposia for the Congress in 2023.



Chair Dr Chad Bennett

- » Dr David Bathgate
- Dr Chad Bennett
- Dr Gail Fleming
- » Dr Catherine Franklin
- » Dr Jennifer Harrison
- » Dr Matthew Sellen
- » Dr Sergio Starkstein
- Prof. Julian Trollor
- » Dr Grace Tso

# Section of Rural Psychiatry

The Section has been invigorated by the success in launching and now implementing the Rural Psychiatry Training Pathways with members taking part in various related projects and committees. The Committee welcomed the employment of two new College staff members dedicated to rural and remote training in both Australia and Aotearoa New Zealand. The Committee has also been encouraged by its advocacy results in increasing funding opportunities from the Commonwealth in rural training positions, including the expansion of seven Rural Directors of Training across Australia.

We have strengthened our presence in College activities having coordinated and encouraged an increase in submissions of rural research papers to College journals, participated in several podcast episodes related to rural practice and training, and plan to have a demonstrable presence of rural psychiatry at the 2023 Congress.

The Committee continues to contribute to the vast array of College and government policies that affect rural and remote communities, trainees and Fellows, highlighting the generalist nature of rural practice, and the depth and breadth of engagement required of rural psychiatrists and trainees. Future Committee efforts are focussed on improving supports and expanding rural and remote networks across Australia and Aotearoa New Zealand.



Chair
Associate
Professor
Mat Coleman

#### **Committee members**

- Dr Andrew Amos
- » A/Prof. Ravi Bhat
- » Dr Rodney Blanch
- » A/Prof. Mat Coleman
- » Dr Noel Collins
- » Dr Sarah France
- » Dr Therese Grotowski
- » Dr Skye Kinder
- » Dr Kelly Ridley
- » Dr Daniel Wood

# Section of Social, Cultural and Rehabilitation Psychiatry

The Section was delighted with the attendance at our March 2022 conference held in Cape Schanck on the beautiful Mornington Peninsula of Victoria. The Section continues to build on our long history of holding regular academic meetings in provincial centres. The conference focused on sport psychiatry and family violence. I would like to take this opportunity to thank the co-convener, Prof. Manjula O'Connor, for her significant input in making the meeting a success. The collaboration with the Family Violence Psychiatry Network goes to the inclusiveness and diversity of our Section.

Sport psychiatry is the newest addition to our Section. Dr Ranjit Menon did excellent work coordinating the presentations of a group of experienced sport psychiatrists. There is clearly a lot of interest in this area, and I expect it will develop over coming years. A/Prof. Gregory de Moore gave an

excellent speech after the conference dinner continuing the theme around sport psychiatry.

Our plans for a training program focused on rehabilitation psychiatry have been delayed by the pandemic and its consequences over the last 18 months. I am delighted that this program will be made available in 2023 with the plan for a regular offering for further education for both College Fellows and trainees. Section member Dr Frances Dark has contributed great energy and knowledge to the content of the program and a pragmatic educational model. I expect this will be a very popular program in years to come.

The bi-national Committee continues to be enthusiastic and reflects the wide remit of our section of the College. I would like to thank Ms Manjit Kaur for her invaluable input as a consumer/carer representative.



Chair **Dr Daryl Watson** 

- » Dr Tanveer Ahmed
- » Dr Nicholas Burns
- » Dr Catherine Chesterman
- » Prof. Carol Harvey
- » Ms Manjit Kaur
- » Dr Elizabeth Moore
- » Dr John Perica
- » Dr Rohini Thimmaiah
- » Dr Bharat Visa
- » Dr Darryl Watson

# Section of Youth Mental Health

The bi-national Section Committee meets monthly via teleconference and published three newsletters in February, June and November.

Section member, Dr Cybele Dey, has taken the lead on climate change and the group has now outgrown our Section and has become a broader coalition of members who continue to advocate for action.

The Professional Certificate in Youth Psychiatry, developed by Orygen in close consultation with the Section, is about to enter its third intake in 2023, and around 50 psychiatry trainees have now completed the training.

The application for a Certificate of Advanced Training (CAT) was finally reactivated by the College in June and we are hopeful that 2023 will see the finalisation of the CAT in preparation for a first intake of advanced trainees in 2024.

Our 2022 Section conference highlighting First Nations Youth Mental Health took place in July in Alice Springs. It was opened live via video by the new Minister for Indigenous Australians, the Hon. Linda Burney, and the standout was a very moving session by a group of Central Australian Traditional Healers, known as Ngangkari.

We delivered a webinar with NPS MedicineWise on psychotropic prescribing in youth and have at least two further webinars planned for 2023.



Chair
Dr Daniel
Pellen

- » Dr Terri Chaitow
- » Dr Angelene Chester
- » Dr Sharon Foley
- » Dr Gary Galambos
- » Dr Lisa Juckes
- » Dr Iain Macmillan
- » Dr Tamoor Mirza
- » Dr Donovan Moncur
- » Dr Hugh Morgan
- » Dr Hannah Myles
- » Dr Daniel Pellen
- » Dr Aswin Ratheesh
- » Dr Leo Sauaia Romero Fernandes
- » Prof. James Scott
- » Dr Matthew Sellen

# Network highlights

Asylum Seeker and Refugee Mental Health Network The Asylum Seeker and Refugee Mental Health Network continues to bring together College members who are passionate about the poor mental health of – and inadequacy of mental health care options for – asylum seekers across Australia and Aotearoa New Zealand.

The Committee has continued to meet regularly to develop policy, and organise education events and advocacy.

During the past year the Committee has begun revising its existing advocacy documents. Work is progressing to create a single comprehensive position statement on the College's views and ensure this document represents the current challenges facing asylum seekers and refugees. The Committee is continuing to progress joint advocacy for asylum seekers and refugees with other Colleges.

Highlights of the year include our webinar on 'Addressing the clinical ethics and mental health consequences of indefinite detention' and a meeting with the Federal Minister for Immigration, Citizenship and Multicultural Affairs, the Hon. Andrew Giles.



Chair **Dr Kym Jenkins** 

#### **Committee members**

- » Dr Luisa Butler
- » Dr Kym Jenkins
- » Dr Jonathan Jureidini
- » Dr Susan Lutton
- » Dr Trushna Murgahayah
- » Prof. Louise Newman
- » Dr Beth O'Connor
- » Dr Konya Roy
- » Dr Tejpal Singh
- » Dr Ashlea White
- » Dr Peter Young

Family Violence Psychiatry Network The Network continues to raise awareness of family violence. Our e-learning module, 'Family violence: why should it matter to psychiatrists?' explores models of power and control, entrapment, cultural awareness, and gendered patterns of harm.

In March, the Network, along with the Section of Social, Cultural and Rehabilitation Psychiatry, hosted a conference on 'Our Society, Our Mental Health – A 2022 Perspective'. At the College Congress, Network members spoke of the Family

Violence Multi-Agency Risk Assessment and Management Framework (MARAM). The Network also continues its relationship with Dr Carole Warshaw, Trauma & Mental Health Director of the US National Center on Domestic Violence.

Our advocacy has included the Australian Government's National Plan to End Violence against Women and Children (2022–32), offering our expertise to develop the upcoming 'Action Plans'.



Chair Professor Manjula O'Connor

- » Dr Soumitra Das
- » Prof. Maurice Eisenbruch
- » Dr Hannah Galloway
- » Dr Karen Gaunson
- » Dr Samir Ibrahim
- » Dr Skye Kinder
- » Dr Prue McEvoy
- » Dr Vikas Moudgil
- » Dr Jai Nathani
- » Prof. Manjula O'Connor
- » Dr Jacqueline Short
- » Dr Meredith Whiting
- » Dr Karen Williams

# Attention Deficit Hyperactivity Disorder Network

The Attention Deficit Hyperactivity Disorder (ADHD) Network Committee has been very active in the last 12 months and the Network now has more than 1300 members.

The Committee has supported educational activities through monthly grand rounds and a masterclass on Attention Deficit Hyperactivity Disorder assessment and treatment to support the RANZCP Foundation.

The Committee and Network members have provided constructive feedback on the draft version of the new Australian ADHD evidence-based guideline, and Committee

members have contributed to the development of this guideline. In addition, the Committee has updated the College position statement on ADHD to make it contemporary.

Other activities of note include advocacy to subsidise ADHD medications, participation in National Disability Insurance Agency meetings to advocate for ADHD being recognised in National Disability Insurance Scheme funding, and to promote public awareness through media. The Committee has also developed draft versions of two Entrustable Professional Activities on ADHD.



Chair **Dr Karuppiah Jagadheesan** 

#### **Committee members**

- » Dr David Chapman
- » Dr Angelene Chester
- » Dr Nabil Chherawala
- » Dr Joshua Darlow
- » Dr Rosie Edwards
- » Dr Tatjana Ewais
- » Dr Sharon Foley
- » Dr Lev Fridgant
- » Dr Peter Heffernan
- » Dr Karuppiah Jagadheesan
- » Dr Gordana Jovanova
- » Dr Ashar Khan
- » Dr Edward Ko Ko Aung
- » Dr Teslin Mathew
- » Dr Roger Paterson
- » Prof. Sarah Romans
- » Dr Matthew Sellen

Military, Veterans' and Emergency Services Personnel Mental Health Network Our bi-national Network was formed in 2018 to cater to members with an interest in psychopathology resulting from military service or first-responder occupations. Our membership stands at 572 as of December 2022.

The Network continues to work alongside the Royal Commission into Defence and Veteran Suicide, coordinating both a formalised College submission to the Commission, and a response to the Interim Report. The Committee advised on College positions and media releases and led/collaborated research on veteran and emergency service worker mental health.

In 2022, the Committee:

- » continued to support new Department of Veterans' Affairs-funded training positions in military and veteran psychiatry
- » contributed to state and federal government inquiries/reviews/policy positions
- » was involved in research and production of academic papers
- » organised successful sessions and updates at the RANZCP 2022 Congress.



Chair **Dr Andrew Khoo** 

- » Dr Nick Ford
- » Dr Mary Frost
- » A/Prof. Ed Heffernan
- » Dr Andrew Khoo
- » Dr Jonathan Lane
- » Dr Diana McKay
- » Prof. Nagesh Pai
- » Dr Duncan Roy
- » Dr Thomas Turvey
- » Dr Duncan Wallace

# New Fellows

# During 2022, 265 candidates were admitted to Fellowship of the RANZCP.

## **Australia**

# Australian Capital Territory

Dr Vijaya Akurathi Dr Angus Finlay Dr Nadine Fox Dr Prakriti Jain

# **New South Wales**Dr Jason Abdipranoto

Dr Awais Ahmad
Dr Azadeh Atashnama
Dr Tahir Babur
Dr Dhaval Barot
Dr Verere Bateren
Dr Haldane Begg
Dr Alexandria Campbell
Dr Terri Chaitow
Dr Joseph Chakola
Dr Radhika Chikramane
Dr Ryan Cocker
Dr Dhaval Dani

Dr Iman Eftekharzadeh Mashhadi Dr Charis Ferguson

Dr Anitha Dani

Dr Dhivya Gangadharan Dr Navraj Gill Dr Kalapuge Goonawardena Dr Ramu Gopal Tulasi Dr Preet Gulati

Dr Gorokgodage Gunaratne
Dr Stephane Hemmerter

Dr Andy Huang Dr Nathan Jacobs Dr Maha Khan Dr Simmi Kumari Dr Ivy Kwon Dr Paul Lai Dr Jarrod Lewis

Dr Surabhi Liyanage Dr Jennifer Long Dr Lauren Malouf Dr Antony Moonjelly Dr Hindol Mukherjee

Dr Imbulana Perera Dr David Philp Dr Glib Popov Dr Ann Potter

Dr Kieran Owens

Dr Paul Praser Dr Pushkal

Dr Sriram Rajasekar

Dr Sharmini Rajenthran

Dr Stephanie Roland Dr Andrea Rose

Dr Anne Selikowitz Dr George She

Dr Gurubhaskar Shivakumar

Dr Gerard Shorrock Dr Galina Simonova

Dr Sridevi Sira Mahalingappa

Dr Miranda Sonntag Dr Samer Sorour Dr Sanu Sudhakar

Dr John Taylor
Dr Claire Tindale

Dr Benjamin Veness Dr Abdul Virk

Dr Nicola Wallace Dr Dulip Wettasinghe

Dr Clinton White
Dr Jonah Willing
Dr Emma Wills
Dr Shelley Xia
Dr Peter Xie
Dr Jessica Xu

Dr Pak Kan Yan
Dr Wenming Zhou
Dr Lilian Zou

**Northern Territory** 

Dr Latecia Boddey Dr Riteeka Deshpande Dr James Jewell Dr Femi Ogeleye

Queensland
Dr Muhammad Afridi
Dr Damon Batts
Dr Esther Bganya
Dr Samir Bhagwat
Dr Kiran Bidarakka
Ramakrishna
Dr Christina Botfield
Dr Tuan Anh Bui
Dr Carmel Cash
Dr Samuel Charlston
Dr Jeffrey Chau
Dr Amit Dahiya
Dr Aneelraj Devar
Dr Shavindra Dias

Dr Ilse Eiselen
Dr Mary Emeleus
Dr Karen Freier
Dr Erin Gallagher
Dr Hannah Galloway

Dr Hitta Garg





Dr Amy Gerard

Dr Youssef Girgess

Dr Vanessa Grote

Dr Dipti Harne

Dr Patrik Ho

Dr Rory Hutchinson

Dr Bithul Jain

Dr Daniel Kluver

Dr Xinning Lan

Dr Ayodhya Malalagama

Dr Michael Martin

Dr Katherine Monahan

Dr Akshata Mulmule

Dr Sandeep Naik

Dr Carmen Nayer

Dr Joanna Ng

Dr Hong Ji Pi

Dr Rebecca Pierrot

Dr Yekaterina Polyakova-

Nelson

Dr Sharmila Prakash

Dr Neil Raffelt

Dr Babool Raja

Dr Sadaf Rashid

Dr Laura Robertson

Dr Reem Mohamed Abdel Shafi

Dr Sumit Sharma

Dr Prashwas Thapa

Dr Rhys Thomas

Dr Catherine Torning

Dr Grace Tso

Dr Daniel Turega

Dr Jessica Weallans

Dr Ashlea White

Dr Mahavidanalage Ninel Wijesekera

Dr Georgia Williams

Prof. Justin Williams

**South Australia** 

Dr Alina Abdul Halim

Dr Gopika Asokan

Dr Ashok Bhiman

Dr Claudia Cao

Dr Nabil Chherawala

Dr Ryan Coad

Dr Callum Deakin

Dr Shehara Gunasekara

Dr Irina Majumder

Dr Rosemarv Neild

Dr Joseph Nicholls

Dr Alexandra Winwood

**Tasmania** 

Dr Edwin Elcock

Dr Apeksha Hewageegana

Dr Deep Malla

Dr Ian Navin

Dr Murugesh Nidyananda

Dr Jayne Stevenson

**Victoria** 

Dr Wickremaarachchige Abeywickrema

Dr Manu Agarwal

Dr Ratnayake Amaranayake

Dr Nithin Ambekar

Dr Peter Andrew

Dr Renato Assini

Dr Ben Bernard

Dr Amit Bhaduri

Dr Abhijit Bidwai

Dr Daniel Burton

Dr Yu En Chia

Dr Leonora Chiam

Dr Louisa Christie

Dr Hannah Cross

Dr Anuruddha Dissanayake

Dr Paul Frederick

Dr Fei Gao

Dr Eve Gu

Dr Surabhi Hiwale

Dr Nicholas Hughes

Dr Morteza Jafarinia

Dr Nikhil Jain

Dr Philip Jaksa

Dr Jayakody Arachchige

Jayakody

Dr Komal Jayaraman

Dr Rachel Jo

Dr Marc Jurblum

Dr Dhanuja Kanakka Hewage

Dr Gamladdalage Karunaratne

Dr Anjana Kavoor

Dr Kieran Kennedy

Dr Anushul Khichy

Dr Railaxmi Khopade

Dr Thomas Klug

Dr Gilad Korman

Dr Sandeep Kosaraju

Dr Daniel Kratochvil

Dr Ranjit Krishnadas

Dr Arun Kumar

Dr Sarah-Chana Latowicz

Dr Virginia Lay

Dr Hou Tao Louis Lee

Dr Edna Lekgabe

Dr Xiao Liao

Dr Magdalen Lim

Dr Aviva Lotter

Dr Michael Mazzolini

Dr Laura McCartney

Dr Benjamin Newham

Dr Ian Ng

Dr Ehsan Nikrad

Dr Charles Paveley

Dr Nancy Pehlivan

Dr Evan Peterson

Dr Daniel Pham

Dr Divya Pratap

Dr Sridatta Rajur

Dr Chamath Rangoda

Dr Alexandra Riddoch

Dr Jordan Ridgewell

Dr Christine Rizkallah Dr Jubin Roomiani

Dr Akanksha Sharma

Dr Rajeev Swamy

Dr Angeline Thiagarajah

Dr Alan Ting

Dr Roth Trisno

Dr George Xidias

Dr Alice Xu

Dr Michael Zou



# **Western Australia**

Dr Jeremy Bennet

Dr Aditya Bhargava

Dr Radhika Ellies

Dr Jeanette Frost

Dr Jasdeep Gill

Dr Carolyn Haskey

Dr Karina Karel

Dr Temi Metseagharun

Dr Selamawit Mulholland

Dr Chien Young Ng

Dr Rebecca Ng

Dr Kevin Nguyen

Dr Gabrielle Ormiston

Dr Leigh-Anne Randall

Dr Andrew Robinson

Dr Andrew Roney

Dr Liana Suparare

Dr Yi Jing Tai

Dr Sara Temelkovski

Dr Roisin Traceye

# Aotearoa New Zealand

Dr Ryan Barber

Dr Ravindra Bhagat

Dr Christopher Bloomer

Dr Helen Cassidy

Dr Man Sum Chan

Dr Ankur Chikara

Dr Alice Dunn

Dr Lois Evans

Dr Jennifer Falce

Dr Kate Helingoe

Dr Matthew Kay

Dr James Lithgow

Dr Rebecca Madge

Dr Karen McDonnell

Dr Dinesh Nagaraj

Dr Claire Nieuwoudt

Dr Karim Salem

Dr Nathaniel Swire

Dr William Taft

Dr Sophie Tapper

Dr Ramyadarshni Vadivel

Dr Eileen Vuong

Dr Tusitha Wettasinghe



# Certificates of Advanced Training

# During 2022, 117 Fellows were awarded RANZCP Certificates of Advanced Training.

# **Addiction Psychiatry**

Dr Anthony Hew

Dr Saba Javed

Dr Ivy Kwon

Dr Michael Lloyd

Dr Laura McCartney

Dr Greta Moon

Dr Carmen Nayer

Dr Daniel Pham

Dr Paul Praser

Dr Miranda Sonntag

## **Adult Psychiatry**

Dr Dinesh Nagaraj

Dr Jennifer Panther

Dr Roth Trisno

Dr Jessica Weallans

Dr Tusitha Wettasinghe

# **Child and Adolescent Psychiatry**

Dr Aaron Berger

Dr Kalliste Black

Dr Melinda Boyd

Dr Claudia Cao

Dr Yu En Chia

Dr Ankur Chikara

Dr Belinda Clark

Dr Charu Dasgupta

Di Oriai u Dasgupia

Dr Callum Deakin

Dr Stephane Hemmerter

Dr Patrik Ho

Dr Lara Howard

Dr Rory Hutchinson

Dr Kimberley Juers

Dr Matthew Kay

Dr Thomas Klug

Dr Tomas MacPhail

Dr Antony Moonjelly

Dr Murugesh Nidyananda

Dr Claire Nieuwoudt

Dr Duncan Rhoda

Dr Anne Selikowitz

Dr Gerard Shorrock

Dr William Taft

Dr Anjana Thazhissery

Dr Daniel Turega

Dr Benjamin Veness

Dr Alice Xu

# Consultation-Liaison Psychiatry

Dr Gopika Asokan

Dr Jane Bartels

Dr Alexandria Campbell

Dr Helen Cassidy

Dr Radhika Chikramane

Dr Vanessa Crawford

Dr Genevieve Curran

Dr Olav D'Souza

Dr Katherine Eggleston

Dr Angus Finlay

Dr Lindsay Gale

Dr Fei Gao

Dr Carolyn Haskey

Dr Kate Helingoe

Dr. Maltar I linara

Dr Walter Hipgrave

Dr Maryam Jay

Dr Kiran Lele

Dr Irina Majumder

Dr Lara McCartney

Dr Jasmine Mordecai

Dr Paranee Nadeswaran

Dr Asvini Nagarajah

Dr Ehsan Nikrad

Dr Sharmila Prakash

Dr Adrian Sandhu

Dr Gurubhaskar Shivakumar

Dr Karuna Taluja

Dr Aaron Wiggins

# **Forensic Psychiatry**

Dr Susan Cameron

Dr Thomas Cheung

Dr Jacqueline Condon

Dr Tessa Daws

Dr Lucien Angelo De Alwis

Dr Sarah Dorrington

Dr Jennifer Falce

Dr Stefan Goldfeder

Dr Meredith Gray

Dr Nicholas Hughes

Dr Geetha Kumaravelu

Dr Yasmine Medunic

Dr Hindol Mukherjee

Dr Andrew Robinson

Dr Katherine Tan

Dr Catharina Wesdorp

Dr Jonah Willing

Dr Sarah Wilson

# Psychiatry of Old Age

Dr Alina Abdul Halim

Dr Douglas Blomeley

Dr Chris Bloomer

Dr Christina Botfield

Dr Cameron Cole

Dr Malcolm Forbes

Dr Shehara Gunasekara Dr Athuraliye Gunatilaka

Dr Dipti Harne

Dr Rajlaxmi Khopade

Dr Magdalen Lim

Dr Asvini Nagarajah

Dr Liam Nalder

Dr Chien Young Ng

Dr Vivek Phutane

Dr Chamath Rangoda

Dr Natalie Shulman

Dr Roisin Tracey

Dr Dulip Wettasinghe

# The Psychotherapies

Dr Geeta Chaudhary

Dr Amin Gharaie

Dr Myles Gutkin

Dr Anuradha Kataria

Dr Louise Martin

Dr Gabrielle Matta

Dr Alice Stephan
Dr Kieron Thomson

Dr Steven Yeates

# Vale

# The RANZCP pays tribute to the members who passed away during 2022:

Dr Akolawole (Kola) Ayonrinde

Dr Ian Patrick (Paddy) Burges

Watson

Dr Alexander Bertin Daneel

Dr Ilyn Pearl De Leon

Dr Hedy Nona Farmer

Dr Anne Hall

Dr Balram Kumaran Iyer Dr Oliver (Ollie) O'Connell

Prof. George Christopher

Patton

Dr Carlyle Felecian Haig Perera

Dr James Stevenson

Dr Errol Tompkins

Dr Vance Denzil Tottman

Dr Huu Duy Tran

# The RANZCP was informed in 2022 that the following members had passed away in a previous year:

Dr Donald Elwell Hewetson Lawrence

Dr Dinesh Parekh

Dr John Wentworth Shand

Dr Russell James Vickers

# Contact us

#### **Head Office**

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# Office hours

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#### Office hours

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## Office hours

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## **Queensland Branch**

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**T** +61 (0)7 3426 2200 **F** +61 (0)3 9642 5652 **E** ranzcp.qld@ranzcp.org

#### Office hours

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#### **South Australia Branch**

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**T** +61 (0)8 8219 4200 **F** +61 (0)3 9642 5652 **E** ranzcp.sa@ranzcp.org

## Office hours

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#### **Tasmania Branch**

On nipaluna GPO Box 1236 Hobart TAS 7001

**T** +61 (0)3 6235 1800 **F** +61 (0)3 9642 5652 **E** ranzcp.tas@ranzcp.org

#### Office hours

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## Victoria Branch

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### Office hours

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# **Western Australia Branch**

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**T** +61 (0)8 6458 7800 **F** +61 (0)3 9642 5652 **E** ranzcp.wa@ranzcp.org

## Office hours

Monday-Friday, 9 am-5 pm



