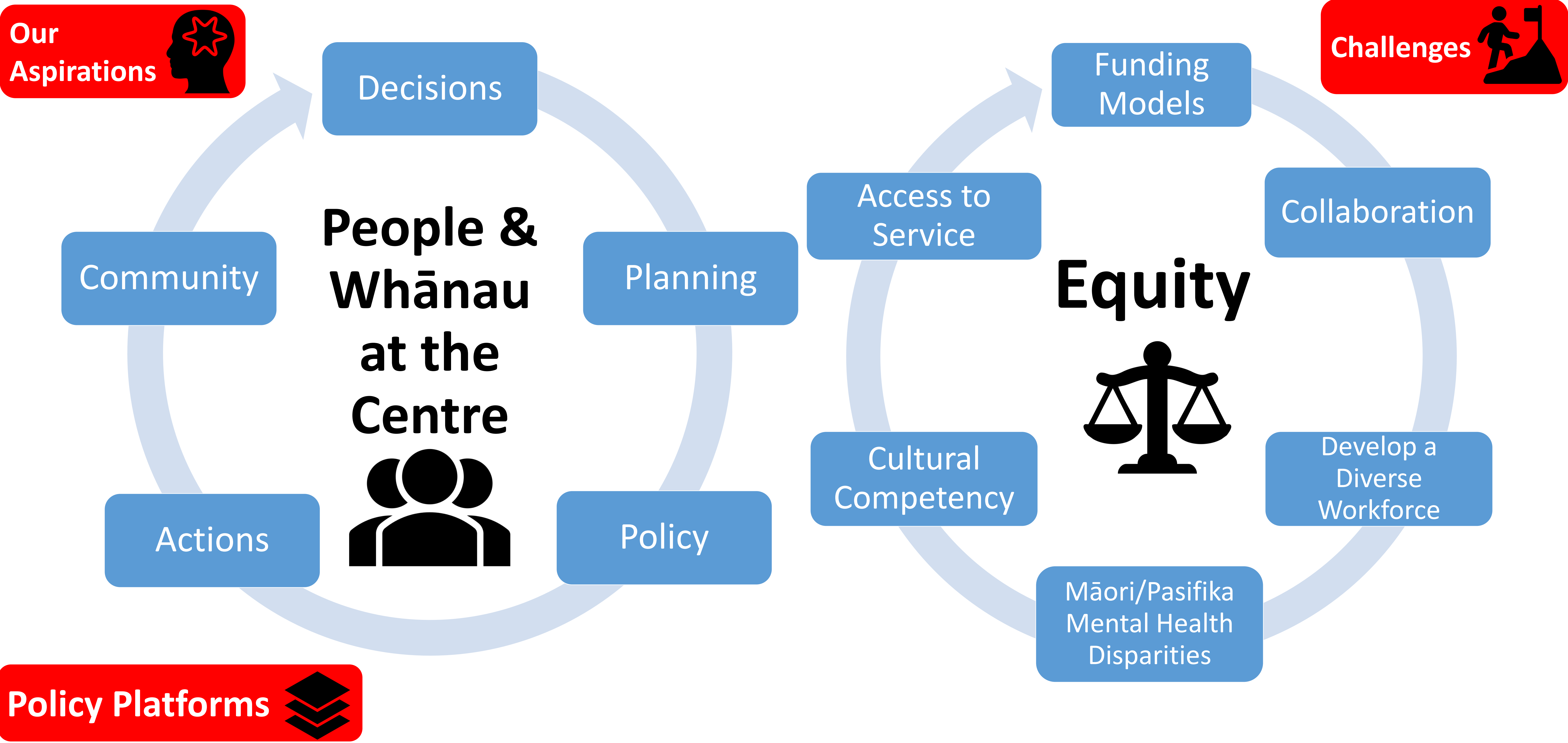
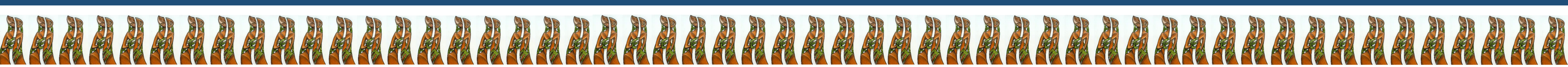


# The Future of Mental Health & Addiction in Aotearoa

The Royal Australian & New Zealand College of Psychiatrists NZ National Committee | *Tu Te Akaaka Roa* vision:  
*Mā te āhuatanga o mua E Arataki te huarahi Hei haere whakamua* | By the lessons of the past we are guided into the future



**Don't Forget the 5%**

Continue immediate, integrated support provision for the 5% with complex/chronic needs

**Let's Work Together**

Promote multidisciplinary training  
 Co-production  
 New models of care/partnership/collaboration  
 Kaupapa Māori

**Look at the Evidence**

Build on the growing NZ evidence & research base  
 Focus on the life course  
 Psychotherapy  
 Increase wellness  
 Trauma-informed Care

**Get the Right People in the Right Places**

Prioritise a multidisciplinary workforce  
 Support Whānau Ora  
 Workforce meets population needs

**We Can:**

collaborate  
 lead  
 innovate  
 advocate  
 negotiate  
 evaluate  
 integrate  
 engage  
 educate  
 communicate  
 participate  
 facilitate

**Follow us:**

Your Health in Mind  
 @ranzcp\_nz  
 nzoffice@ranzcp.org

The Royal Australian & New Zealand College of Psychiatrists

*Tu Te Akaaka Roa*  
 New Zealand National Office

Hauora hinengaro  
 Manatuhia

**Our role: Build capacity and capability in the psychiatric workforce**