



RANZCP
Foundation

Transforming mental health care,
creating a world of potential

Annual
Review
2022



Acknowledgement of Country

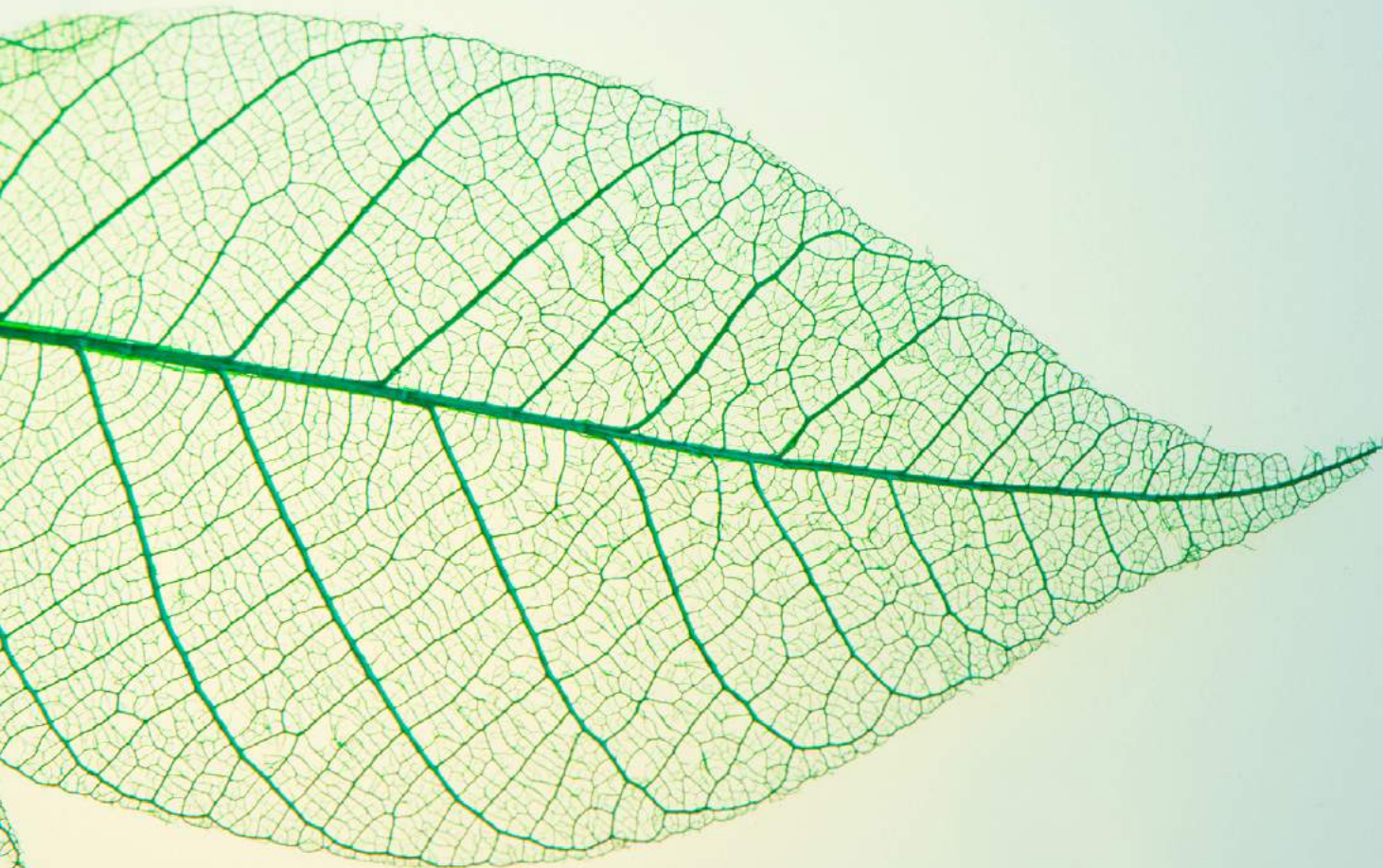
The Royal Australian and New Zealand College of Psychiatrists (RANZCP) acknowledge Aboriginal and Torres Strait Islander Peoples as the First Nations and the Traditional Owners and Custodians of the lands and waters now known as Australia, and Māori as tangata whenua in Aotearoa, also known as New Zealand.

We recognise and value the traditional knowledge held by Aboriginal and Torres Strait Islander Peoples and Māori.

We honour and respect the Elders past and present, who weave their wisdom into all realms of life — spiritual, cultural, social, emotional, and physical.

Acknowledgement of Lived Experience

We recognise those with lived and living experience of a mental health condition, including community members and College members. We affirm their ongoing contribution to the improvement of mental healthcare for all people.



About the RANZCP Foundation

Established in 2019, the RANZCP Foundation is the charity of the Royal Australian and New Zealand College of Psychiatrists (RANZCP).

We raise funds for research, initiatives, and projects that improve the mental health and wellbeing of communities in Australia, New Zealand, and neighbouring regions.

We deliver an annual program of grants, scholarships and awards to RANZCP members. By providing these opportunities, we enable valuable research that can be translated into the prevention and treatment of mental health conditions.

Working closely with our generous donors and supporters, we seek to advance these areas:

- 1 Preventing and treating mental illness**
- 2 Supporting the mental health of diverse communities**
- 3 Maintaining mental health and wellbeing across the lifespan**

The RANZCP Foundation's operational costs are fully supported internally by the RANZCP, meaning 100% of all donations go directly towards funding grants.

Donations are an allowable tax-deduction in Australia only.

The RANZCP is a registered charity with the Australian Charities and Not-for-profits Commission and is an Organisational Member of the Fundraising Institute of Australia.

Our vision

Transforming mental health care, creating a world of potential.

Our mission

By promoting research and fostering innovation and partnerships, we will build knowledge and skills.

We will support individuals, families and their communities to achieve and maintain mental health and wellbeing throughout the lifespan.

We pursue our vision by supporting and encouraging:

Clinical work



Research



Partnerships



Special projects
and initiatives



that improve the mental health
and wellbeing of communities.

The year in review



Associate Professor John Allan
Chair, RANZCP
Foundation Committee



Associate Professor Vinay Lakra
RANZCP President,
Board Director

As we emerge from the pandemic, mental health continues to rank high on the community needs agenda. Recent years have highlighted ongoing challenges in providing access to high-quality psychiatric care amid increasing demand, and this has prompted a reconsideration of where innovation is necessary.

We extend our sincere thanks to former Chairs, Dr Elizabeth O'Brien and Prof Mal Hopwood, for quickly establishing the structure, governance and capabilities of the Foundation. These elements will underpin our efforts to achieve the Foundation's mission.


The Foundation has received continued support from valued donors, including new recent major contributions from Carl and Wendy Dowd and Family, the Peter and Elizabeth Moore Foundation, and Dr Roth Trisno and Family.

Our highlights for the year included:

- Achieving a 58% increase in donations, raising A\$186,739 for the year
- Supporting 12 RANZCP members to undertake new research, new projects, and additional career development activities

- Launching the Trisno Family PhD Research Scholarship, offering A\$60,000 in funding to advance clinical research endeavour
- Implementing the inaugural gamadji nanggiti Scholarship awarded to two First Nations trainees and helping advance their leadership aspirations
- Hosting our most successful Foundation masterclass event, 'ADHD Assessment and Treatment', presented by Dr Karuppiah Jagadheesan, Professor David Coghill, and Dr Roger Paterson. It was attended by 670 members and proceeds from registration fees were donated to the Foundation.

What can the next 50 years of psychiatry achieve? That is a question not only for the next generation to answer, but for us to lay the groundwork to shape right now.



As many of our members reflect on their life's work and are summing up their careers in mental health, there is an impetus for us all to consider leaving a legacy that extends psychiatry in all its facets including research, clinical and community need.

Receiving 13 exceptionally high-quality applicants for the new Trisno Family PhD Research Scholarship is a clear signal of ready-to-fund talent that new major donors could sponsor and advance. Transforming these projects from mere ideas into reality is a meaningful, rewarding journey, and we encourage our senior and experienced members to support, develop and join us and take up this opportunity next year.

RANZCP Foundation leadership

The Foundation is overseen by a senior advisory committee reporting directly to the RANZCP's Board of Directors. The Foundation Committee provides independent high-level advice and direction and is responsible for advancing the Foundation's strategic objectives. These include the promotion of scholarship, research, and training in psychiatry in Australia and New Zealand, and neighbouring regions.

The following Foundation Committee members served from March 2022 to present unless stated otherwise.



**Associate Professor
John Allan**

Chair, RANZCP
Foundation Committee

A/Prof John Allan is the Chair of the RANZCP Foundation Committee and past President of the RANZCP, serving from 2019-2021 and was on the RANZCP Board from 2015-May 2021; he is pleased to lead the Foundation to improve mental health in the community. He is the Executive Director of the Mental Health Alcohol and Other Drugs Branch in Queensland Health. He has a strong policy and research interest in mental health system reform, clinical service improvement, reduction in restrictive practices, human rights, and Aboriginal and Torres Strait Islander wellbeing. He was previously Chief Psychiatrist in Queensland and New South Wales and currently coordinates the World Psychiatric Association Alternatives to Coercion Working Group.



**Associate Professor
Vinay Lakra**

RANZCP President,
Board Director

A/Prof Vinay Lakra is the current President of the RANZCP, having commenced his term in May 2021 after joining the Board in 2018. He is Clinical Director of North West and Northern Area Mental Health Services, North Western Mental Health and The Royal Melbourne Hospital. He is a member of the Victorian Board of the Medical Board of Australia and a member of the World Psychiatric Association (WPA) Standing Committee on Scientific Sections. He served as the Deputy Chief Psychiatrist of Victoria for three years from 2016 to 2019.



**Professor
Helen Milroy
AM**

Committee Member

Prof Helen Milroy AM is a descendant of the Palyku people of the Pilbara region of Western Australia but was born and educated in Perth. She is Australia's first Indigenous doctor and child psychiatrist. She is currently the Stan Perron Professor of Child and Adolescent Psychiatry at the Perth Children's Hospital and University of Western Australia and Honorary Research at the Telethon Kids Institute. Helen is the Chair of the Gayaa Dhuwi Proud Spirit Australia organisation and a board member of Beyond Blue.



**Professor
Gin Malhi**

Committee Member

Prof Gin Malhi is Chair of Psychiatry at the University of Sydney Northern Clinical School, and he is a Visiting Professor in the Department of Psychiatry at the University of Oxford. He is the Editor-in-Chief of Bipolar Disorders, the leading journal in its field, and the President of the International Society for Bipolar Disorders.



**Professor
Hinemoa Elder
MNZM**

Committee Member

Prof Hinemoa Elder is a Child and Adolescent Psychiatrist of Te Aupōuri, Ngāti Kuri, Te Rarawa and Ngāpuhi descent. Prof Elder has a PhD and HRC Eru Pomare Post-Doctoral Fellowship, where she developed resources for Māori with traumatic brain injury. She is a member of the World Psychiatric Association's Child and Adolescent working group, Chair of the International Association for Child and Adolescent Psychiatry and Allied Professions' Indigenous working group, and board member of the Helen Clark Foundation. She was awarded the New Zealand Order of Merit for services to Māori and psychiatry. She is the bestselling author of "Aroha. Māori wisdom for a contented life lived in harmony with the planet" (2020), and "Wawata. Moon dreaming. Daily wisdom guided by Hina, the Māori moon" (2022).

The work of the RANZCP Foundation is supported by its patrons:

Professor The Hon Dame Marie Bashir
AD CVO (Australia)

Emeritus Professor Sir Mason Durie
ONZ KNZM (New Zealand)

The RANZCP Foundation gratefully acknowledges the past contributions of the following inaugural Committee members:

Dr Elizabeth O'Brien (inaugural chair)

Dr Peggy Brown AO

Dr David Chaplow QSO

Dr Murray Patton



Professor Dan Siskind

Chair of the Committee for Research (ex-officio member)

Prof Dan Siskind is a Clinical Academic Psychiatrist at the Metro South Addiction and Mental Health Service in Queensland. He is a Professor of Psychiatry with the Faculty of Medicine at The University of Queensland. He currently serves as the Chair of the Committee for Research within the RANZCP.



Associate Professor Shuichi Suetani

Committee Member

A/Prof Shuichi Suetani is a Senior Psychiatrist at the Institute for Urban Indigenous Health. He has academic affiliations with the School of Medicine and Dentistry, Griffith University, and the Queensland Brain Institute and the Queensland Centre for Mental Health Research, both at the University of Queensland.



Dr Nick Kowalenko

Committee Member

Dr Nick Kowalenko is a past Chair of the Faculty of Child and Adolescent Psychiatry at the RANZCP. He is the current Chair of the Faculty's International Relations Committee, spearheading a range of initiatives in the Asia Pacific region involving college volunteers in education, mentoring and support for regional psychiatric leaders. He is Vice-President of the International Association of Child Psychiatrists and Allied Professionals, Board Chair, Tresillian Family Care Centres and Deputy Chair of Emerging Minds, promoting children's mental health.



Professor Gerard Byrne

Committee Member

Prof Gerard Byrne is the Mayne Professor and Head of the Academy of Psychiatry within the Faculty of Medicine at The University of Queensland. He is the Director of the Older Persons' Mental Health Service at the Royal Brisbane and Women's Hospital. He is a member of the Repatriation Medical Authority with the Department of Veterans' Affairs.



Professor Malcolm Hopwood

Committee Member until November 2022

Prof Malcolm Hopwood is the immediate past Chair of the RANZCP Foundation Committee, Immediate Past President of the Asian Federation of Psychiatric Associations, and former President of the RANZCP, serving from 2015 to 2017. He is the Ramsay Health Care Professor of Psychiatry at the University of Melbourne, the Director of the Professorial Psychiatry Unit at the Albert Road Clinic, Melbourne. He was awarded the College Medal of Honour in 2022 for his distinguished and meritorious service to the College.

Beverley Raphael New Investigator Grants

The Beverley Raphael New Investigator Grants provide a number of small grants up to a combined total of \$20,000 annually to RANZCP trainees or recent Fellows to facilitate research projects.



Dr Jennifer Hauptman

RANZCP trainee

Individualised virtual reality in palliative care.

COVID-19 restrictions meant those receiving inpatient palliative care couldn't visit their home. Virtual reality may provide a way for patients to experience separation from the hospital environment and connection to meaningful places. A pilot study assessed the feasibility of using virtual reality footage from family members to create an individualised virtual reality experience for patients receiving inpatient palliative care. This project will expand on this study and aims to describe the perspectives of patients and family members who experience this intervention using grounded theory methods.

Virtual reality has been investigated as a therapeutic intervention in hospital settings, including in inpatient palliative care. However, this is the first study investigating the impact of individualised virtual reality experiences sourcing footage from the patient's life context. A multi-disciplinary team, including artist and filmmaker Lynette Wallworth, will continue this research at Caritas Christi Hospice St Vincent's Hospital.



Dr James Lawler

RANZCP Trainee

Adherence to ADHD Pharmacotherapy for children and adolescents: An investigation using longitudinal population data from the New South Wales Child Development Study (NSW-CDS).

The NSW-CDS is a longitudinal study of over 90,000 children in NSW that aims to understand patterns of resilience and vulnerability for later mental health, education, employment, and other social outcomes. Two waves have been conducted since 2009, with a third wave underway for adolescents.

Using third-wave data from the NSW-CDS, this project will investigate the long-term patterns of stimulant treatment for ADHD and its impact on outcomes such as educational and mental health outcomes. The study will focus on over 3,000 children prescribed stimulant medication for ADHD recorded in the Pharmaceutical Drugs of Addiction System (PHDAS). The project aims to analyse covariates to understand their relationship with stimulant prescribing and outcomes, including educational, mental health, and social factors. This data will provide a chance to investigate long-term patterns of use and outcomes that smaller, clinic-based research projects cannot answer. The project aims to help children experiencing health and social inequities.



Dr Murray Tucker

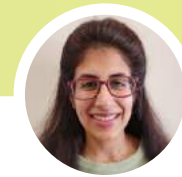
RANZCP Fellow

Quality improvement of referrals to Consultation–liaison psychiatry: A multicentre study of Australian regional general hospitals.

Consultation–liaison psychiatry (CLP) services are vital in providing psychiatric care to patients admitted to non-psychiatric medical services. However, little research exists on the quality of referrals to CLP and the factors that affect referral quality.

This multicentred study, led by Barwon Health and the Tasmanian Health Service, will survey multidisciplinary stakeholders across Australia to determine the preferred structure and content of electronic referrals to CLP services. The study will also compare electronic referral systems between two regional general hospitals and develop custom software to assist CLP services with clinical audits.

This project aims to empower CLP services to update their referral systems and remove barriers to service evaluation. By providing CLP services with the necessary tools to improve their referral system and evaluate service provision, this project has significant potential to benefit patients and users of CLP services in Australia and internationally.



Dr Nandita Hely

RANZCP Trainee

SQiD talks: A qualitative study about starting conversations with the Single Question in Delirium (SQiD).

Delirium is common and under-recognised, with significant associated morbidity and mortality. Delirium is often seen in aged care and consultation-liaison psychiatry settings.

The Single Question in Delirium (SQiD) is a validated tool to aid the clinical detection of delirium. The tool's simplicity, in that it involves a single question (a family member or friend is asked, "do you feel that [patient's name] has been more confused lately?"), is hypothesised to be a significant contributor to its popularity in clinical practice. However, little is known about how the tool works.

The primary objective of this project is to determine the themes inherent in conversations prompted by the SQiD to assist in determining in what way the SQiD may function. SQiD prompted conversations between nursing staff and family members/friends will be recorded, and audio transcripts of these conversations will be thematically analysed. The emergent themes may inform how and why this screening tool works.

RANZCP Foundation Early Research Career Grant



Dr Lauren Fowler

RANZCP Trainee

Experiences of psychiatric trainees with workplace violence.

All doctors should feel safe within their workplace, not only to protect their wellbeing but to allow them to provide the best treatment for their patients.

This qualitative research is designed to explore the experiences of psychiatric trainees in the Northern Region Psychiatry Training Programme regarding workplace violence and look at both barriers to achieving safe practice and ways to enhance workplace safety. This is important as psychiatric trainees are particularly vulnerable to workplace violence, including assaults.

Through the acquisition of data using in-depth semi-structured interviews, this research can begin to understand this complex issue, including gaining a better understanding of the circumstances surrounding violent incidents and trainees' perspectives on how safety can be improved.



Dr Linda Tran

RANZCP Fellow

Neonatal delirium prevention project.

Delirium is an 'acute and global brain failure' with recognisable behavioural features. It is a common medical emergency and a reversible condition. It has profound neuropsychiatric implications for all psychiatric disorders known to have early developmental contributors. Little is known about the incidence, risk, symptoms, or treatment of delirium in newborns although they are arguably the most vulnerable population for brain development. Neonatal intensive care units do not routinely screen for delirium.

This project is a collaboration between neonatology and infant and toddler neuropsychiatry exploring the feasibility and validity of the Cornell Assessment of Paediatric Delirium screening tool. This project brings mental health forward to the neonatal period. It places child psychiatry at the forefront of early recognition of neurodevelopmental disorders (intellectual disability, autism spectrum disorder, anxiety, depression, and the precursors of some forms of schizophrenia) to intervene accordingly and potentially enable the prevention of mental illness and neurodevelopmental impairments in high-risk newborns.

RANZCP Foundation Catalyst Grant

The RANZCP Foundation Catalyst Grants provide seed funding for researchers to develop new projects and proposals with the direct endorsement of the RANZCP Foundation.

By providing funding at the early stages, the Catalyst Grants are designed to enable researchers to upscale their projects and apply for further competitive funding.



Professor Alison Yung

RANZCP Fellow

Biomarkers of disabling symptoms in schizophrenia.

Negative symptoms, cognitive impairment, and metabolic abnormalities are difficult to treat and are associated with disability and reduced quality of life in people with schizophrenia. These three syndromes may have shared underlying cellular and molecular mechanisms. This project hypothesises that mitochondrial dysfunction, oxidative stress, and inflammation are linked and play a role in the development and persistence of these syndromes.

This research project will measure markers of these possible underlying mechanisms in individuals with schizophrenia. This study will create new knowledge about the underlying pathophysiology of schizophrenia. It lays the groundwork for developing new medications and repurposing existing agents that affect relevant biomarkers. These can then be tested in future clinical trials. These interventions would have the potential to be disease-modifying by rescuing abnormal cellular and molecular processes and could eventually reverse or even prevent these disabling syndromes.

The Trisno Family Research Grant in Old Age Psychiatry

Supported by a donation from Dr Roth Trisno and family, this grant works to address the need for more research in the prevention, diagnosis, management, and continuing care strategies for mental health conditions in older people.

Two grants of up to \$5,000 can be awarded each year.



Dr Zoe Cousins

RANZCP Trainee

Exploring care of persons with dementia and significant violence risk in Victoria: A Delphi study.

There is little current research into dementia care for persons with significant violence risk in Australia. This poses a dilemma as Australia's prison system is clearly ageing, with those over 45 years experiencing a growth rate of 79% from 2009 to 2019. In 2020, dementia was among the top two leading causes of death for men and women. Given the high prevalence of dementia and this aging prison population, this will likely be a growing issue raising complex care issues.

This project uses a qualitative Delphi study methodology with relevant medical experts in the area with the aim of gathering a richer understanding of the current and future landscape of care in Victoria.

The RANZCP Psychotherapy Research Award

This grant encourages research in psychotherapy among RANZCP trainees and recent Fellows in Australia and New Zealand.



Dr David Graham
RANZCP Trainee

A randomised, controlled trial of Eye Movement Desensitisation and Reprocessing therapy delivered via telehealth to Australian veterans with post-traumatic stress disorder (PTSD).

Eye Movement Desensitisation and Response Therapy (EMDR) is a well-established treatment for PTSD and is as effective as other trauma-focused treatments for PTSD. It involves attention to the past, present, and future, with a focus on disturbing memories and related events. Targeted memories are identified and the patient attends to those memories while simultaneously focusing on external lateral stimulation, typically involving bilateral eye movements.

EMDR has been adapted to telehealth, but the evidence is limited despite its widespread use. The aim of the study is to determine whether delivering EMDR by telehealth using a web-based program results in outcomes that are at least as good as delivering EMDR in person in Australian veterans with PTSD. Understanding this question will help us to build the evidence basis for delivering EMDR via telehealth, which will improve access to rural and remote veterans.

The Pat, Toni, and Peter Kinsman Research Scholarship



The research team is led by
Dr Katherine Sevar
RANZCP Fellow

Perinatal depression in women from culturally and linguistically diverse (CaLD) backgrounds.

Perinatal mental health disorders are the most common complication of pregnancy and research has focussed mainly on Australian-born cohorts, and as such, there is a current gap in our knowledge regarding the prevalence and severity of perinatal mental health disorders in women from CaLD backgrounds.

In recent years the largest increase in people born outside of Australia is those born in the Indian subcontinent with migration exceeding any other country to Australia which makes understanding the needs of this group particularly important to ensure the development of culturally appropriate and adapted perinatal mental health services.

The Kinsman Research Scholarship has made it possible to begin recruitment of 150 women into a prospective, longitudinal cohort design using the currently established protocol through the Mercy Pregnancy and Emotional

The Pat, Toni and Peter Kinsman Research Scholarship, supported by a bequest from the Kinsman family, was established in 1996 to encourage research into postnatal depression in women in Australia and New Zealand.

The Scholarship comprises a sum of up to \$50,000 over a two-year period.

Wellbeing Study (MPEWS), to examine the maternal, neonatal, and infant outcomes in women with depression and anxiety in pregnancy and to explore the risk and protective factors for the development of perinatal depression.

It is proposed that 150 women from the Indian subcontinent (Bangladesh, Bhutan, India, Maldives, Nepal, Pakistan, and Sri Lanka) who have migrated to Australia will be recruited into the study, given that as a group, they are highly represented in the census data for Dandenong (ABS 2016)/Monash Health, where the study will be conducted. At recruitment, women will be allocated to one of two groups: 1) a group diagnosed with depression (past and current) using the Structured Clinical Interview for the DSM-5 TR Axis I Disorders (SCID-5); 2) a non-depressed group also established using the SCID 5 in early pregnancy. The women will be followed until 12 months postpartum, with further measures taken at birth and six months postpartum. A research coordinator will use funding from the Kinsman grant to oversee recruitment and retention in the study. We hope to be able to explore the differences in risk and protective factors for the development of perinatal depression in this group and women who are Australian-born, ultimately to be then able to design culturally sensitive perinatal psychiatric services.

The gamadji nanggit Scholarship



Dr Samantha Jackson

RANZCP Trainee

Dr Samantha Jackson is a Nyoongar woman and psychiatry trainee working at Sir Charles Gairdner Hospital in Western Australia.

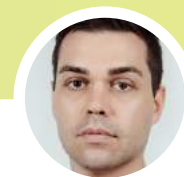
Throughout her psychiatry training, she has identified her passion for improving her communication, collaboration, and management skills to work in a multidisciplinary environment and be a strong advocate for Indigenous health.

Dr Jackson has used this scholarship to develop leadership skills specific to medicine and mental health, having completed the AMA Emerging Leadership course. The course has enabled her to reflect on other medical fields' different perspectives and has been valuable in informing her on how to represent and advocate for psychiatry.

She looks forward to continuing to develop her leadership skills and experience as a clinician and as an Aboriginal woman and educating others about mental health. Dr Jackson hopes that, eventually, opportunities such as this will lead to a more culturally competent field and, by extension, a community embracing diversity.

The gamadji nanggit Scholarship (meaning 'emerging leader') is designed to support the next generation of Aboriginal and/or Torres Strait Islander early career psychiatrists and trainees to increase their medical leadership skills.

The scholarship name is in Woi Wurrung, the language of the Wurundjeri people, and was provided with the guidance and permission of Wurundjeri Elders. The Scholarship is made possible by a generous donation from Dr Alagappa Arumugam AM FRANZCP and Dr Banu Arumugam.



Dr Reece Lancaster

RANZCP Trainee

Dr Reece Lancaster is a Bundjalung man, and psychiatry trainee, currently completing an advanced certificate in addiction psychiatry.

As he advances through the health care system, Reece is passionate about contributing to the reparation of social and cultural disadvantage of First Nations People.

Reece has had various formal and informal leadership roles. He was Chief Psychiatry Registrar of Victoria's largest public health service in 2019 and a contributing member of the Monash Health Aboriginal Health Committee. He was previously a founding director and later chair of a volunteer skills-based board of an Aboriginal Community Controlled Health Organisation in Melbourne. Throughout his career, he has mentored Aboriginal and Torres Strait Islander medical students at Monash University and continues to inspire medical students by participating in the Psychiatry Interest Forum (PIF).

Reece has utilised the scholarship to take part in the AMA Emerging Leader course enabling him to explore more formal leadership and management education to complement his existing leadership experience and skills.

2022 Financial summary

\$451,852

balance carried forward from 2021

\$186,739

total new donations received in 2022¹

\$42,224

matched donations from RANZCP Board (dollar-for-dollar up to \$50,000 annually)

\$6,512

bank interest accrued on total RANZCP Foundation funds in 2022

-\$6,750

RANZCP Foundation Catalyst Grants paid

\$680,577

total donation funds held (as at 31 December 2022)²

\$418,738

Balance of Kinsman Family Bequest Fund as at 31 December 2022³

= \$1,099,315

balance of Foundation funds (at 31 December 2022)⁴

Donations received



\$164.68

average donation amount⁵

251

number of individual donations received in Australia, New Zealand and overseas

230

number of individual donors in 2022

+58%

increase in total value of donations received from 2021

\$25,000

the highest individual donation received

Donations growth

Year	Previous Research and Education Foundation	College matched donation
2018	\$6,319.74	+\$5,000
2019	\$15,149.24	+\$5,000
2020	\$23,855.81	+\$22,519.81
2021	\$118,380	+\$50,000
2022	\$186,739	+\$42,224

- Includes \$109,465 in registration fees for the ADHD Assessment & Treatment Masterclass event with all proceeds donated to the Foundation.
- The 'total donation funds held' includes the bank interest accrued on the Kinsman Family Bequest Fund, which is directed towards the Foundation's untied funds. It does not include the Kinsman Family Bequest Fund. In 2022, \$3,197.19 was accrued in interest on the Kinsman Family Bequest Fund.
- The Kinsman Family Bequest Fund was consolidated into Foundation funds balance in 2020 and will continue to only be used in line with the bequest's purposes.
- Includes the Kinsman Family Bequest Fund.
- 'Average donation amount' is calculated using all donations received valued at less than \$10,000.

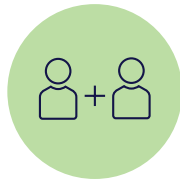
* All figures stated are in \$A

** In 2022, all grants (excluding the RANZCP Foundation Catalyst Grants) were funded from RANZCP operational budgets, the Trisno family donated funds, the Kinsman Family Bequest Fund, and the donation from Dr Alagappa Arumugam AM FRANZCP and Dr Banu Arumugam.

Support the RANZCP Foundation today

Your donation will fund research and initiatives in psychiatry that will make a positive change to the mental health of our communities.

Please talk with us about:



Building new grant programs

We can design new grant programs and projects that align with your aspirations and our vision and mission.



Bequests and gifts

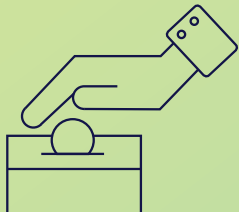
Whether for general or specific purposes, your bequest or gift can have a lasting impact. We will ensure that your gift is co-designed with you and applied to reflect your wishes.



Strategic partnerships

We welcome new strategic partnership opportunities with philanthropy, business, government and healthcare.

We accept donations by payment options available at ranzcp.org/ranzcp-foundation



100%

of your donation will go directly to funding grants.

All operational costs of the Foundation are fully supported internally by the RANZCP.

Gifts made to RANZCP are an allowable income tax deduction in Australia. Receipts will be provided for all donations made. The RANZCP Foundation is not currently a registered gift recipient in New Zealand.

The Foundation acknowledges the generous support of the following major benefactors:

- The Trisno Family, for The Trisno Family Research Grant in Old Age Psychiatry, and the Trisno Family PhD Research Scholarship
- The Kinsman family, for The Pat, Toni and Peter Kinsman Research Scholarship into postnatal depression in women
- Associate Professor Anne Sved Williams AM FRANZCP and Dr Tony Williams
- Dr Alagappa Arumugam AM FRANZCP and Dr Banu Arumugam
- Carl and Wendy Dowd and Family
- The Peter and Elizabeth Moore Foundation



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The RANZCP is a
registered charity with
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and Not-for-profits
Commission.



The RANZCP is an
Organisational Member
of the Fundraising
Institute of Australia.



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