

| RANZCP ID: |
|-------------------|
| Surname: |
| First name: |
| Zone: |
| Hospital/service: |

CONFIRMATION OF ENTRUSTMENT FORM

This document satisfies RANZCP training requirements only as outlined in the RANZCP Fellowship Regulations 2012 and is not intended for any other purpose. Any queries regarding its purpose and/or use should be directed to the Education department at the College: training@ranzcp.org

| ST2-PSY-EPA3 – Supportive psychotherapy (COE form) | | | | | |
|--|--|--------------------|------------------------------|--|--|
| Area of practice | Psychotherapy | EPA identification | ST2-PSY-EPA3 | | |
| Stage of training | Stage 2 – Proficient | Version | v0.3 (BOE-approved 08/11/12) | | |
| Title | Supportive psychotherapy. | | | | |
| Description | The trainee is able to see a patient in a dyadic treatment and use direct measures to ameliorate symptoms and maintain, restore or improve self-esteem, ego functions and adaptive skills. They can develop and implement a psychotherapeutic treatment plan within a comprehensive treatment plan, when required. This includes determining which form of therapy would be suitable for the patient's needs and awareness of the resources available. The trainee is able to adapt their treatment to the needs of the patient and, where appropriate, incorporate other techniques (eg. techniques borrowed or modified from cognitive—behavioural therapy [CBT], analytic approaches or others) within the underlying supportive approach. The trainee understands the term therapeutic alliance and how to bolster this. | | | | |

Please refer to the EPA handbook's preamble for a more detailed description of the EPA assessment process. The corresponding EPA contains the knowledge, skills and attitude that must be demonstrated by the trainee in order to be entrusted with this activity.

| ENTRUSTING SUPERVISOR DECLARATION In my opinion, this trainee can be trusted to perform the supervision. I am confident the trainee knows when to a timely manner. The trainee has completed three related | ask for additional help and will see | ek assistance in a |
|--|--------------------------------------|--------------------|
| Supervisor Name (print) | | |
| Supervisor RANZCP ID: Signature | | Date |
| PRINCIPAL SUPERVISOR DECLARATION (if different fro I have checked the details provided by the entrusting statement of the contraction of the contr | | ect. |
| Supervisor Name (print) | | |
| Supervisor RANZCP ID: Signature | | Date |
| TRAINEE DECLARATION I have completed three related WBAs in preparation for training document only and cannot be used for any other. | | his is a RANZCP |
| Trainee name (print) | Signature | Date |
| DIRECTOR OF TRAINING DECLARATION I verify that this document has been signed by a RANZ | CP-accredited supervisor. | |
| Director of Training Name (print) | | |
| Director of Training RANZCP ID: Signatur | re | Date |
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