



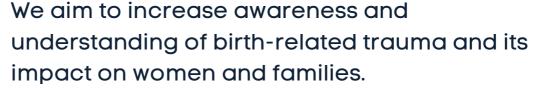
REFERENCES AND RESOURCES

ThinkNatal

Education for health professionals who work with parents in the perinatal period, including;

- midwives
- nurses
- child health nurses
- obstetricians
- general practitioners
- mental health professionals.





We provide evidence-based strategies for prevention, identification, and management.



TAlcorn, K. L., O'Donovan, A., Patrick, J. C., Creedy, D., & Devilly, G. J. (2010). A prospective longitudinal study of the prevalence of post-traumatic stress disorder resulting from childbirth events. Psychological medicine, 40(11), 1849–1859.

Caudwell-Hall, J, et al. (2018). Atraumatic normal vaginal delivery: how many women get what they want? Am J Obstet Gynecol.219(4):379.

COPE's perinatal mental health guidelines: https://www.cope.org.au/health-professionals/health-professionals-3/review-of-new-perinatal-mental-health-guidelines/

Farren J, Jalmbrant M, Falconieri N, et al. (2020). Posttraumatic stress, anxiety and depression following miscarriage and ectopic pregnancy: a multicenter, prospective, cohort study. Am J Obstet Gynecol, 222:367.e1-22.

Haslam D, Mathews B, Pacella R, et al. (2023). The prevalence and impact of child maltreatment in Australia: Findings from the Australian Child Maltreatment Study: Brief Report. Australian Child Maltreatment Study, Queensland University of Technology.

Leinweber, J. et al. (2022). Developing a woman-centered, inclusive definition of traumatic childbirth experiences: A discussion paper. Birth, 49(4), 687–696.

Liptember Foundation Report (2023): https://www.liptemberfoundation.org.au/2023-womens-mental-health-research

Malouf R, et al. (2021). Prevalence of anxiety and post-traumatic stress (PTS) among the parents of babies admitted to neonatal units: A systematic review and meta-analysis. EClinicalMedicine. 43:101233.

Reed, R., Sharman, R. & Inglis, C. (2017). Women's descriptions of childbirth trauma relating to care provider actions and interactions. BMC Pregnancy Childbirth 17, 21.

Research from Griffith University (2023): https://www.abc.net.au/news/2023-08-03/women-birth-trauma-pelvic-health/102643754

Slade P, Murphy A, Hayden E. (2022). Identifying post-traumatic stress disorder after childbirth BMJ, 377:e067659.

Tholemeier L, et al. (2022). Seeking the Truth About Primary Elective Cesarean Delivery and Pelvic Floor Disorders: A Systematic Review and Meta-Analysis. Female Pelvic Med Reconstr Surg, 28:e108-e114.

Yildiz PD, Ayers S, Phillips L. (2017). The prevalence of posttraumatic stress disorder in pregnancy and after birth: A systematic review and meta-analysis. J Affect Disord. 208:634-645.

