



The Royal
Australian &
New Zealand
College of
Psychiatrists



MEMBERS REQUISITION GENERAL MEETING – MOOD DISORDERS CLINICAL PRACTICE GUIDELINE (CPG) AND PSYCHOTHERAPY

Tuesday 3 May 2022 5.00pm AEST



The Royal
Australian &
New Zealand
College of
Psychiatrists



A/PROF VINAY LAKRA

RANZCP PRESIDENT

MRGM Chair

ACKNOWLEDGEMENT OF COUNTRY



We acknowledge Aboriginal and Torres Strait Islander Peoples as the First Nations and the traditional custodians of the lands and waters now known as Australia, and Māori as tangata whenua in Aotearoa, also known as New Zealand.

We recognise and value the traditional knowledge held by Aboriginal and Torres Strait Islander Peoples and Māori.

We honour and respect the Elders past and present, who weave their wisdom into all realms of life - spiritual, cultural, social, emotional, and physical.

INTRODUCTIONS AND MEETING STRUCTURE



Roles:

- Chair – A/Prof Vinay Lakra, President
- Presenter – Dr Sue Mackersey, RANZCP Board Director
- Moderator – Dr Nick O'Connor, RANZCP Board Director
- Questions- RANZCP Board

General business as outlined in Notice of Meeting:

- Quorum confirmation
- Presentation on the RANZCP Mood Disorders CPG
- Items of business – the Ordinary Resolutions proposed by the requisitioning members
- Questions – to consider any written questions from members
- Voting and declaration of outcome

ENGAGEMENT WITH REQUISITIONING MEMBERS



- Requisitioning members concerns with RANZCP Mood Disorders CPG include:
 - Incorrect information and misleading evidence base regarding psychodynamic psychotherapy
 - Negatively impacts psychoeducation and informed consent
 - Detrimental to patients and places psychiatrists in difficult position
- The Supporting Statement to the Ordinary Resolutions is available on the College website and has been circulated to the membership.

ENGAGEMENT WITH REQUISITIONING MEMBERS



Since receiving the initial concerns the Board expressed its commitment to addressing the matters raised by:

- Meeting with the requisitioning members and communicating on several occasions via letter
- Meeting with FOP Committee and representatives
- Outlining a series of outcomes with the aim at addressing the concerns raised. These include:
 - Ongoing and transparent communication with the broader membership on the concerns.
 - Timely commissioning of an independent external review of the evidence for psychodynamic psychotherapy, to be conducted in accordance with accepted College processes.
 - Request that the FOP Committee consider and make a recommendation to the Board as to the merit of directly submitting an article critiquing the Mood Disorder CPG to the ANZJP.

Throughout the process the Board encourages academic debate via the *ANZJP* and *AP*.

Independent from the College, the requisitioning members have communicated to the Editor of *ANZJP* raising their concerns and requesting a retraction of the CPG.

Following a meeting of the editorial board, and discussions with the publisher at SAGE, neither the editorial board nor the publisher, at that time, believed that the complaint merits retraction of the article.

In late 2021, members were again encouraged to participate in academic debate.

REQUEST FOR THE MRGM



On 11 March 2022, the RANZCP received a valid members requisition, calling for a General Meeting to facilitate consideration of four resolutions relating to the RANZCP Mood Disorders CPG and long-term psychodynamic psychotherapy in the treatment of mood disorders.

Ordinary resolutions:

- i) The College forthwith remove its endorsement of the current CPG content relating to psychodynamic psychotherapy pending the outcome of the review referred to in paragraph (ii) below
- ii) The College commission a RANZCP working group, independent to the committee involved in the production of the current CPG:
 - Whose membership includes clinicians with expertise and clinical experience in the psychodynamic psychotherapies; and
 - For the purpose of reviewing the evidence base, consulting with the clinical field and providing feedback, and if deemed appropriate, making recommendations to the College to amend relevant aspects of the current CPG content relating to psychodynamic psychotherapy

REQUEST FOR THE MRGM



- iii. If determined appropriate by the independent working group, provide recommendations and revised version of the specific CPG content relating to the psychodynamic psychotherapies in the assessment and treatment of Mood Disorders (including Complex and special presentations), referencing the contemporary evidence base, with a view to obtaining RANZCP endorsement and publication.
- iv. The College promptly review the recommendations and any revised version of the abovementioned content and, subject to the recommendations of the independent working group, take immediate steps to replace the current CPG to facilitate multi-stakeholder reference.

The Board respects the members position to request the MRGM and the diverse views of the membership. Following the conclusion of the meeting and irrespective of the outcome, the Board will discuss the resolutions and determine next steps.

PRESENTATION



This presentation will address:

1. Development Process for College CPGs
2. Development Process for Mood Disorder CPG
 - Mood Disorders Steering Group
 - Consultation process
 - Consultation feedback regarding psychotherapy and Mood Disorders Steering Group response
 - Editorial process
 - Peer review process
3. Next steps
 - Board consideration of MRGM outcome
 - Future CPG Development process



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DR SUE MACKERSEY

RANZCP BOARD DIRECTOR

Presentation: Clinical Practice Guidelines

Background to College CPGs

Background
to College
CPGs

Mood
Disorders
CPG
Process

Consultation
Process

Consultation
Feedback

Editorial
Process

Peer Review
Process

Next steps

CPG OVERVIEW



The Purpose of CPGs are to provide general rules, principles, advice and to improve care and outcomes for individuals and the community by:

- Synthesising and analysing up to date evidence
- Translating research findings and new insights into clinical practice

Current RANZCP CPGs

- Eating Disorders (2014)
- Schizophrenia (2016)
- Deliberate Self Harm (2016)
- Anxiety (2018)
- Mood Disorders update (2020)

CPG DEVELOPMENT PROCESS



- Identify CPG subject matter / need
- Board establishes a Steering Group to lead development
- Steering Group members provide their expertise and time on a pro-bono basis
- College wide Committee consultation
- Feedback and revisions by the Steering Group
- Approval processes:
 - RANZCP Board endorsement for submission to the ANZJP
 - ANZJP international peer review

Mood Disorders CPGs



MOOD DISORDERS CPG STEERING GROUP



The Mood Disorders CPG Update Steering Group was established in July 2019.

Membership comprised of:

- Most members from the 2015 Mood Disorders CPG Group
- Psychiatrists with expertise in Mood Disorders, ECT / rTMS, and Child and Adolescent Mood Disorders
- Psychologists
- PhD candidate / research

The Steering Group held:

- 29 formal meetings and
- a number of smaller meetings throughout 2019 and 2020.

MOOD DISORDERS CPG STEERING GROUP



MEMBER	DICIPLINE	EXPERTISE	AFFLIATION/S
Gin S. Malhi (Chair)	Psychiatry	Mood Disorders Bipolar Disorders Research	The University of Sydney, Faculty of Medicine and Health, Northern Clinical School, Department of Psychiatry, Sydney, NSW, Australia. Academic Department of Psychiatry, Royal North Shore Hospital, Northern Sydney Local Health District, St Leonards, NSW Australia. CADE Clinic, Royal North Shore Hospital, Northern Sydney Local Health District, St Leonards, NSW Australia.
Darryl Bassett	Psychiatry	Mood Disorders Bipolar disorders Research	University of Western Australian Medical School, Faculty of Health and Medical Science, University of Western Australia, Perth, WA, Australia
Phil Boyce	Psychiatry	Mood Disorders Perinatal psychiatry Bipolar disorders in perinatal psychiatry Past President	Department of Psychiatry, Westmead Hospital and the Westmead Clinical School, Wentworthville, NSW Discipline of Psychiatry, Sydney Medical School, Faculty of Medicine and Health, University of Sydney, Sydney, NSW, Australia.
Richard Bryant	Psychology	Psychology Research	School of Psychology, University of New South Wales, Sydney, NSW, Australia
Philip Hazell	Psychiatry	Mood Disorders in Children and adolescents	Discipline of Psychiatry, Sydney Medical School, Faculty of Medicine and Health, University of Sydney, Sydney, NSW, Australia
Bill Lyndon	Psychiatry	Mood Disorders ECT rTMS	The University of Sydney, Faculty of Medicine and Health, Northern Clinical School, Department of Psychiatry, Sydney, NSW, Australia.
Mal Hopwood	Psychiatry	Mood Disorders Past President	Department of Psychiatry, University of Melbourne and Professorial Psychiatry Unit, Albert Road Clinic, Vic
Roger Mulder	Psychiatry	Mood Disorders Genetics Neurobiology	Department of Psychological Medicine, University of Otago, Christchurch, New Zealand
Richard Porter	Psychiatry	Mood Disorders Psychological treatments ECT	Department of Psychological Medicine, University of Otago, Christchurch, New Zealand
Ajeet Singh	Psychiatry	Mood Disorders Pharmacogenetics rTMS	School of Medicine, Deakin University, Victoria, Australia
Greg Murray	Psychology	Psychology Research	Centre for Mental Health, Swinburne University of Technology, Hawthorn, VIC Australia
Erica Bell	PhD candidate	Research Psychopharmacology	The University of Sydney, Faculty of Medicine and Health, Northern Clinical School, Department of Psychiatry, Sydney, NSW Australia. Academic Department of Psychiatry, Royal North Shore Hospital, Northern Sydney Local Health District, St Leonards, NSW Australia. CADE Clinic, Royal North Shore Hospital, Northern Sydney Local Health District, St Leonards, NSW Australia.

TIMELINE



DATE	ACTION
July 2020	Draft Mood Disorders CPG is circulated to College Committees for feedback
July – August 2020	Mood Disorders Steering Group considers College Committees feedback and provides comments
August 2020	Committee for Evidence-Based Practice reviews draft Mood Disorders CPG and Mood Disorders Guideline Update Steering Group comments to the College Committee feedback
August/September 2020	PPPC Executive approves the draft Mood Disorders CPG to be submitted to the Corporate, Governance and Risk Committee
September 2020	Corporate, Governance and Risk Committee approves the draft Mood Disorders CPG to be submitted to the RANZCP Board
September 2020	RANZCP Board approves the draft Mood Disorders CPG to be submitted to the ANZJP for international peer review
September – October 2020	Updated draft Mood Disorders CPG is submitted to the ANZJP for international peer review.
October – November 2020	Mood Disorders Guideline Update Steering Group considers ANZJP international peer review feedback and provides comments
December 2020	Final Mood Disorders CPG is published in the ANZJP

Consultation Process



CONSULTATION

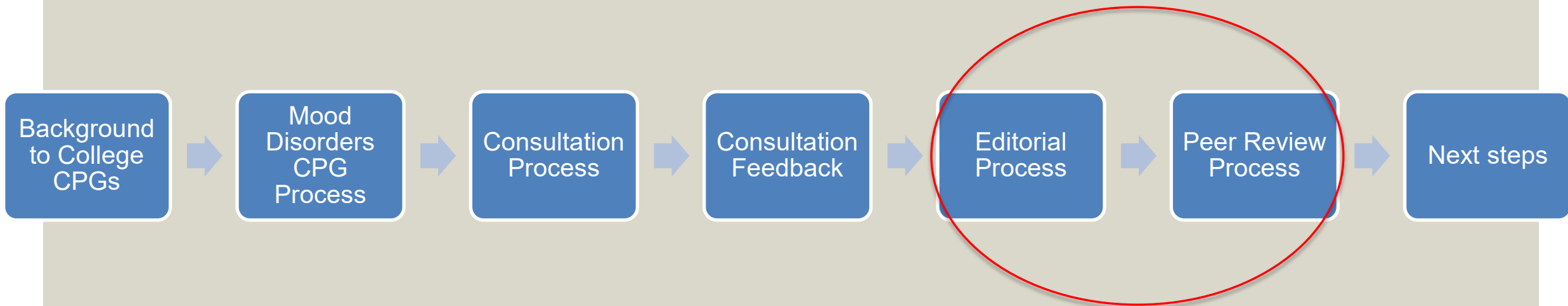


RANZCP Board	Faculty of Adult Psychiatry Committee
Corporate Governance and Risk Committee	Faculty of Child and Adolescent Psychiatry Committee
Education Committee	Faculty of Consultation–Liaison Psychiatry Committee
Membership Engagement Committee	Faculty of Forensic Psychiatry Committee
Practice, Policy and Partnerships Committee	Faculty of Psychiatry of Old Age Committee
Victorian Branch Committee	Faculty of Psychotherapy Committee
ACT Branch Committee	Faculty of Child and Adolescent Forensic Psychiatry Committee
Tasmanian Branch Committee	Section of Early Career Psychiatrists Committee
NSW Branch Committee	Section of Electroconvulsive Therapy and Neurostimulation Committee
NT Branch Committee	Section of History, Philosophy and Ethics of Psychiatry Committee
SA Branch Committee	Section of Leadership and Management Committee
WA Branch Committee	Section of Neuropsychiatry Committee
Tu Te Akaaka Roa (New Zealand National Committee)	Section of Perinatal and Infant Psychiatry Committee
Overseas Trained Psychiatrists Committee	Section of Private Practice Psychiatry Committee
Trainee Representative Committee	Section of Psychiatry of Intellectual and Developmental Disabilities Committee
Committee for Research	Section of Rural Psychiatry Committee
Committee for Professional Practice	Section of Social, Cultural and Rehabilitation Psychiatry Committee
Committee for Evidence-Based Practice	Section of Youth Mental Health Committee
Aboriginal and Torres Strait Islander Mental Health Committee	Asylum Seeker and Refugee Mental Health Network Committee
Te Kaunihera	Attention Deficit Hyperactivity Disorder Network Committee
Community Collaboration Committee	Family Violence Psychiatry Network Committee
Faculty of Addiction Psychiatry Committee	Military, Veterans' and Emergency Services Personnel Mental Health Committee

Consultation Feedback



Editorial Process & Peer Review



PEER REVIEW FEEDBACK (ANZJP)



- RANZCP Board approved to progress the draft guideline to the ANZJP for peer review
- Through the process of the ANZJP:
 - the guideline was reviewed by five (5) international peer reviewers
 - Three (3) reviewers feedback included psychotherapy content
- Feedback from the peer reviewers was received which was considered by the Mood Disorders Steering Group who provided a response.
- The Chair of the Mood Disorders Steering Group was also the Editor of the ANZJP at the time and excused themselves from the ANZJP process, which was independently facilitated.
- An Independent associate editor was assigned to manage the process by editorial manager.
- This was declared and noted at the Corporate Governance and Risk Committee and the Board was satisfied with the independence of the Editorial process.

Next Steps



Next Steps



Acknowledging the feedback received from the membership following the publication of the 2020 Mood Disorders CPG and acknowledging the editorial independence of ANZJP, the Board has:

- Approved commissioning an external review of the College's CPG Development process.
- Implemented and launched a Consultation Hub, which will allow members to be made aware of consultations underway and the progress of these matters.



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RANZCP PRESIDENT

Outcomes

PROPOSED OUTCOMES



RANZCP BOARD

The College Board considers the importance of maintaining the impartiality of the College Journals and respects the editorial independence.

Timely commissioning of an independent external review of the evidence for psychodynamic psychotherapy, to be conducted in accordance with accepted College processes and submitted to the Board.

Request that the FOP Committee consider and make a recommendation to the Board as to the merit of directly submitting an article critiquing the Mood Disorder CPG to the ANZJP. The College has offered resourcing to facilitate this process.

Implement any outcomes as delivered from the independent review

REQUISITIONING MEMBERS

The College remove its endorsement of the current CPG content only relating to psychodynamic psychotherapy pending the outcome of a review.

The College commission an independent working group which is to include clinicians with expertise and clinical experience in the psychodynamic psychotherapies. The Working Group would review the evidence base, consult with the clinical field and provide feedback. If appropriate, make recommendations to amend aspects of the CPG content relating to psychodynamic psychotherapy.

Provide recommendations and revised CPG content relating to the psychodynamic psychotherapies in the assessment and treatment of Mood Disorders, referencing the contemporary evidence base, with a view to obtaining RANZCP endorsement and publication.

The College promptly review the recommendations and any revisions and take immediate steps to replace the content in the current CPG.



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RANZCP PRESIDENT

Resolutions

RESOLUTION 1



i) The College forthwith remove its endorsement of the current CPG content relating to psychodynamic psychotherapy pending the outcome of the review referred to in paragraph (ii) below

RESOLUTION 2



- ii) The College commission a RANZCP working group, independent to the committee involved in the production of the current CPG:
 - Whose membership includes clinicians with expertise and clinical experience in the psychodynamic psychotherapies; and
 - For the purpose of reviewing the evidence base, consulting with the clinical field and providing feedback, and if deemed appropriate, making recommendations to the College to amend relevant aspects of the current CPG content relating to psychodynamic psychotherapy

RESOLUTION 3



iii) If determined appropriate by the independent working group, provide recommendations and revised version of the specific CPG content relating to the psychodynamic psychotherapies in the assessment and treatment of Mood Disorders (including Complex and special presentations), referencing the contemporary evidence base, with a view to obtaining RANZCP endorsement and publication

RESOLUTION 4



- iv) The College promptly review the recommendations and any revised version of the abovementioned content and, subject to the recommendations of the independent working group, take immediate steps to replace the current CPG to facilitate multi-stakeholder reference



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DR NICK O'CONNOR

RANZCP BOARD DIRECTOR

Question time



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A/PROF VINAY LAKRA

RANZCP PRESIDENT

Voting

VOTING & DECLARATION OF RESOLUTION OUTCOMES



Voting

- All members now have **one minute** to finalise votes.

Outcome

- We will now declare the outcome of the four (4) Ordinary Resolutions, one at a time.

NEXT STEPS



- Any steps to be taken is at the Board's discretion as these resolutions are non-binding, however the outcome of the resolutions will be an important consideration in the Board's determination of next steps.

THANK YOU



- Thank you for attending the Member Requisition General Meeting.