



The Royal
Australian &
New Zealand
College of
Psychiatrists



Military and Veterans' Psychiatry Training Program **Resource Booklet**





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The Military and Veterans' Psychiatry Training Program (MVPTP) seeks to improve access to psychiatrists with training in military and veteran mental health, through its objective to fund ten military and veteran psychiatry registrar training positions.

The program is funded by a grant provided by the Department of Veterans' Affairs (DVA) to the Royal Australian and New Zealand College of Psychiatrists. Training in an MVPTP funded post is for a standard 6-month rotation, you may be offered the opportunity to stay in the post for 2 rotations after which you will move to other opportunities.

MVPTP posts are only open to current RANZCP trainees and Specialist International Medical Graduates (SIMGs) on the pathway to RANZCP Fellowship.



The aims of the MVPTP



- Enhance the capacity of the health care sector to provide high quality training opportunities
- Facilitate the required educational experiences for specialists in training
- Support high quality training posts to build the overall training capacity in the system
- Contribute to improving the medical workforce distribution

MVPTP Posts

Training in a MVPTP post is for a standard 6-month rotation, you may be offered the opportunity to stay in the post for 2 rotations after which you will move to other opportunities.

The program is governed through the Military and Veterans' Psychiatry Training Program Guidelines for Health Services.

MVPTP posts are only open to current Royal Australian and New Zealand College of Psychiatrists (RANZCP) trainees and Specialist International Medical Graduates (SIMGs) on the pathway to RANZCP Fellowship.

Please visit the MVPTP page on the College Website for more information about funding, and a directory of all posts to plan for your next rotations too.

MVPTP Training Posts

Greenslopes
Private Hospital
(QLD)

Concord
Repatriation
General Hospital
x2 (NSW)

Hollywood Private
Hospital (WA)

South Coast
Private (NSW)

St John of God
(NSW)

Toowong Private
Hospital (QLD)

Phoenix Australia
(VIC)

Townsville Private
Clinic (QLD)

Jamie Larcombe
Centre (SA)



Podcasts



These podcasts are here for you to gain an understanding of a 'Day in the Life' of committee members from the Military and Veterans' Emergency Services Personnel Mental Health Network. The Military and Veterans' Emergency Services Personnel Mental Health Network Committee promotes interest and expertise in the mental health of military veterans, serving armed forces members, and paid and voluntary serving and ex-serving emergency services personnel.

Please visit the Military and Veterans' Emergency Services Personnel Mental Health Network Military and Veterans' Emergency Services Personnel Mental Health Network Committee page for more information including how to sign up to the network.

[Visit page](#)



Reading List



This reading list has been carefully selected by members of the Military and Veterans' Emergency Services Personnel Mental Health Network Committee. These papers will allow you to enhance your knowledge in the research conducted surrounding military and veterans' psychiatry.

Adler AB, Forbes D, Ursano RJ. Sustaining NATO service member mental health during the crisis in Ukraine. *BMJ Mil Health* 2022. doi:10.1136/bmjmilitary-2022-002136.

AIHW National suicide monitoring of serving and ex-serving Australian Defence Force person-nel: 2021 update. <https://www.aihw.gov.au/reports/veterans/serving-and-ex-serving-adf-suicide-monitoring-2021/contents/introduction> Viewed on 15 Dec 21

Cash, R., Varker, T., McHugh, T., Metcalf, O., Howard, A., Lloyd, D., Costello, J., Said, D. and Forbes, D., 2018. Effectiveness of an anger intervention for military members with PTSD: a clinical case series. *Military Medicine*, 183(9-10), pp.e286-e290.

Dell, L., Sbisa, A.M., Forbes, A., O'Donnell, M., Bryant, R., Hodson, S., Morton, D., Battersby, M., Tuerk, P.W., Wallace, D. and Forbes, D., 2022. Effect of massed v. standard prolonged exposure therapy on PTSD in military personnel and veterans: a non-inferiority randomised controlled trial. *Psychological Medicine* 1–8. <https://doi.org/10.1017/S003329172200092>

Forbes D, Van Hooff M, Lawrence-Wood E, Sadler N, Hodson S, Benassi H, Hansen C, Avery J, Varker T, O'Donnell M, Phelps A, Frederickson J, Sharp M, Searle A,

McFarlane A, 2018, Path-ways to Care, Mental Health and Wellbeing Study, the Department of Defence and the Department of Veterans' Affairs, Canberra.

Harris, A. and Reece, J., 2021. Transcranial magnetic stimulation as a treatment for posttraumatic stress disorder: a meta-analysis. *Journal of Affective Disorders*, 289, pp.55-65.

Kisely S, Connor M and Somogyi A. An evaluation of the therapeutic value, benefits and risks of methylenedioxymethamphetamine (MDMA) and psilocybin for the treatment of mental, behavioural or developmental disorders: A report to the Therapeutic Goods Administration. 09 Nov 21.

Krystal, J.H., Davis, L.L., Neylan, T.C., Raskind, M.A., Schnurr, P.P., Stein, M.B., Vessicchio, J., Shiner, B., Gleason, T.D. and Huang, G.D., 2017. It is time to address the crisis in the pharmacotherapy of posttraumatic stress disorder: a consensus statement of the PTSD Psychopharmacology Working Group. *Biological psychiatry*, 82(7), pp.e51-e59.

Lane J and Wallace D. Australian Military and Veteran's Mental Health Care, Part 1: An Introduction to Cultural Essentials for Clinicians. *Australasian Psychiatry* 2020; 28 (3), 267-269

Liriano, F., Hatten, C. and Schwartz, T.L., 2019. Ketamine as treatment for post-traumatic stress disorder: a review. *Drugs in context*, 8.

Maria M. Steenkamp, ; Brett T. Litz, ; Charles W. Hoge,; Charles R. Marmar. Psychotherapy for Military-Related PTSD: A Review of Randomized Clinical Trials. *JAMA*.2015;314(5):489-500

Phelps, A.J., Lethbridge, R., Brennan, S., Bryant, R.A., Burns, P., Cooper, J.A., Forbes, D., Gardiner, J., Gee, G., Jones, K. and Kenardy, J., 2021. Australian guidelines for the prevention and treatment of posttraumatic stress disorder: Updates in the third edition. *Australian & New Zealand Journal of Psychiatry*, p.00048674211041917.

Preliminary Interim Report. Interim National Commissioner for Defence and Veteran Suicide Prevention. Australian Government, Canberra. 2021. Viewed at < The interim National Commissioner for Defence and Veteran Suicide Prevention's Report | National Commissioner for Defence and Veteran Suicide Prevention (nationalcommissionerdvsp.gov.au) > on 25 Jul 22.

Steenkamp, M. M., Litz, B. T., & Marmar, C. R. First-line Psychotherapies for Military-Related PTSD. *JAMA*. 2020. doi:10.1001/jama.2019.20825

Varker, T., Cowlishaw, S., Baur, J., McFarlane, A.C., Lawrence-Wood, E., Metcalf, O., Van Hooff, M., Sadler, N., O'Donnell, M.L., Hodson, S. and Benassi, H., 2022.



Reading List cont'd



Problem anger in veterans and military personnel: prevalence, predictors, and associated harms of suicide and violence. *Journal of Psychiatric Research*, 151, pp.57-64.

Wallace D., 2020. Post-traumatic stress disorder in Australia: 2020. *Australasian Psychiatry*, 28(3), pp.251-252.

Wallace D, Lane J, Heffernan K and Nas Jones C. Australian Military and Veterans' Mental Health Care: Improving assessment of military personnel and veterans. *Australasian Psychiatry* 2021, 29 (2): 153-156.

Wallace D, Heffernan E, Meurk C, McKay D and Nas Jones C. Bipolar Disorder in the

Australian Defence Force: Estimating Prevalence from Defence Electronic Health System Records. *Journal of Military and Veterans' Health* 2023, 31 (2): 13-21.

Wallace D, Hoggett K, Cripps S, Hayhurst W, Klinge N. Veteran homelessness in Australia: What do we know? What has been done? What do we need to do? *Australasian Psychiatry*. 2023 <https://doi.org/10.1177/10398562231167690>.

Wallace D, Moss A, Chesney C, Dowling M, Hodges S, and Costello J. Mental health in Australian Defence Force Unmanned Aerial Vehicle Operators in Afghanistan. *Military Behavioural Health*. 2021, 9:4, 368-374. <https://doi.org/10.1080/21635781.2020.1864531>

Wallace D, Moss A and Hodges S. Sub-Syndromal PTSD: What is important to know in military personnel and veterans? *Australasian Psychiatry* 2020: 28 (3), 254-256.

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