

# Continuing Professional Development Program

Patient record audit tool for use with people presenting with an enduring psychotic illness



The Royal Australian & New Zealand College of Psychiatrists



The RANZCP expert consensus statement for the treatment, management and monitoring of the physical health of people with an enduring psychotic illness are available at [www.ranzcp.org/guidelines](http://www.ranzcp.org/guidelines)

Physical Health of people with an enduring psychotic illness audit			
Audit Number (e.g. 1 of 5)	/		Date
<b>On initial assessment did you assess or review</b>			
Regular involvement of a general practitioner	Yes <input type="checkbox"/>		No <input type="checkbox"/>
Clinical measurements ( <i>waist circumference, blood pressure, height, weight, ECG (or review recent, if available)</i> )	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Biochemical assessment ( <i>fasting BSLs or two random BSLs if fasting not available, cholesterol, lipoprotein, triglyceride levels etc.</i> )	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Past or current history ( <i>complete medication history last 6 months, obesity, diabetes, hypertension, dyslipidemia, cancer, cardiovascular disease, ischaemic heart disease, peripheral vascular disease, stroke, etc.</i> )	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Lifestyle factors ( <i>smoking history, diet, exercise history, SUD, sleep disturbance if chronic, sleep apnoea, dental, fitness</i> )	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Non-modifiable sociodemographic factors ( <i>age, gender, ethnicity (both parents), educational level, occupational status, source of income, accommodation and marital status</i> )	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Family history ( <i>diabetes, hypertension, hyperlipidemia, cardiovascular disease, obesity, psychosis, cancer</i> )	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Other services received ( <i>Medical specialist, dentist, dietician, exercise physiologist</i> )	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Need for an infectious diseases workup	Yes <input type="checkbox"/>		No <input type="checkbox"/>
Need to take cultural consideration into account	Yes <input type="checkbox"/>		No <input type="checkbox"/>
<b>On follow up assessments did you assess</b>			
At least two direct clinical measurements	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Biochemical assessment	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Lifestyle factors	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Sociodemographic factors	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
Other services received	Yes <input type="checkbox"/>	Partially <input type="checkbox"/>	No <input type="checkbox"/>
<b>If your management differed from the consensus recommendations:</b>			
- Why?			
- Were these reasons clearly documented in the clinical notes?			
<b>Please continue overleaf</b>			

<b>Areas for improvement</b>
<b>Plan for implementation</b>
<b>Comments / Recommendations</b>

The development of this audit tool is an iterative process and the RANZCP Committee for Evidence-Based Practice welcomes feedback on any aspect of this tool via [policy@ranzcp.org](mailto:policy@ranzcp.org)

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