



## Individual dynamic psychotherapies - short case summary form

To be submitted by trainees/Fellows completing the Certificate of Advanced Training in the Psychotherapies.

Please submit this form when complete to the College training team. **Email**: <a href="mailto:training@ranzcp.org">training@ranzcp.org</a>; <a href="mailto:fax">fax</a>: +61 3 9642 5652; <a href="mailto:post">post</a>: RANZCP, Training, 309 La Trobe Street, Melbourne VIC 3000, Australia.

| Trainee name RANZO | PID |
|--------------------|-----|
|--------------------|-----|

Trainees/Fellows are required to complete 8 cases of at least five sessions each.

The cases should be in at least two of the following modalities:

- cognitive—behavioural therapy (CBT)
- application of family/systems therapy
- focal/short-term psychotherapy
- group psychotherapy.

Typed de-identified brief vignettes are required at the conclusion of each case addressing the following:

- formulation
- therapeutic alliance
- progress
- termination.

If three of the eight required short cases are complete and submitted, then the Stage 3 Fellowship psychotherapy requirement is considered met.

For the detailed requirements, please refer to the individual dynamic psychotherapies section of the <u>Certificate of Advanced Training in the Psychotherapies</u> web page.

## Gender Category Case completion date Diagnosis Number of sessions Vignette Supervisor name RANZCP ID

Supervisor signature

Date

## **CASE DETAILS**

| Gender               | Age                  |  |
|----------------------|----------------------|--|
| Category             | Case completion date |  |
| Diagnosis            | Number of sessions   |  |
| Vignette             |                      |  |
|                      |                      |  |
|                      |                      |  |
|                      |                      |  |
|                      |                      |  |
|                      |                      |  |
|                      |                      |  |
|                      |                      |  |
| Supervisor name      | RANZCP ID            |  |
| Supervisor signature | Date                 |  |

## **INFANT OR TODDLER OBSERVATION**

This statement only needs to be completed once in the duration of the Certificate program.

I confirm that I have completed 20 hours of infant or toddler observation with at least 10 hours of individual or group supervision.



| Trainee signature |      | Date      |  |
|-------------------|------|-----------|--|
| DOAT signature    | Date | RANZCP ID |  |