



8 September 2025

Hon Meredith Hammat MLA
Minister of Health; Mental Health
Level 5, Dumas House
West Perth WA 6005

By email to: Minister.Hammat@dpc.wa.gov.au

Dear Minister

Re: Health and Mental Health Ministers' Meeting, 12 September 2025

As the branch of a medical college representing psychiatrists providing care to people with ADHD, we write regarding the upcoming Health and Mental Health Ministers meeting. We understand Ministers intend to discuss national harmonisation of ADHD prescribing practices and other opportunities to improve patient care, affordability and access to diagnosis at the upcoming meeting.

The Royal Australian College of Psychiatrists (RANZCP) strongly supports the initiative for a nationally consistent approach to ADHD management. ADHD is estimated to affect well over one million Australians (6-10% of adolescents and 2-6% of adults), and access to ADHD care is critical for many people across the lifespan.

The RANZCP has committed to:

- Collaborate with governments and key stakeholders to support the harmonisation of ADHD prescribing practices and identify other opportunities to improve patient care, affordability and access to diagnosis
- Support nationally consistent models of care that enable specialist GPs to initiate, modify and continue psychostimulant medication for children, adolescents and adults
- Identify appropriate supports and safeguards for referral of complex presentations and, when this is not possible, to support these patients in primary care
- Provide evidence-based advice and guidance
- Provide an extensive curriculum and well-established frameworks for training, assessment and continuing professional development and peer supports.

We believe delivering on a commitment to achieve regulatory harmonisation to high quality ADHD care would be a commendable and achievable aim. We suggest a staggered approach with adult diagnosis and management, and continuing prescribing, rolled out first.

We wish to raise the following points and ask for your support to:

- Facilitate nationally consistent legislation and a supporting clinical governance framework to enable appropriately credentialed specialist GPs to initiate medication
- Harmonise access criteria and conditions such as age limitations, review periods, rules when transitioning from child to adult services, documentation requirements, and honouring of prescriptions from other jurisdictions
- Ensure that real-time prescription monitoring improves prescribing safety through improvements made for consistency between jurisdictions
- Fund ongoing professional development, training and mentorship and building of communities of practice for doctors. Our college is well placed to assist in the delivery of these programs.
- Work with the Mental Health Ministers and relevant specialist colleges to design and implement a national model of safe, shared care for ADHD diagnosis and treatment
- Support the specialist colleges to design develop and evaluate appropriate standardised training and CPD pathways for GPs, paediatricians, and psychiatrists in the assessment and management of ADHD.

The RANZCP WA Branch stands ready to provide psychiatrist leadership in ADHD care. The core challenge lies in addressing access and equity barriers for many in our community, while ensuring safety and quality of care. We welcome opportunities to discuss this further as the reform progresses in WA.

If you would like to discuss further, please do not hesitate to contact me via our Policy and Advocacy Advisor, Dr Jasmina Brankovich, at jasmina.brankovich@ranzcp.org. I wish you a productive and successful meeting.

Yours sincerely



Dr Murugesh Nidyananda
Chair, RANZCP WA Branch