



The Royal
Australian &
New Zealand
College of
Psychiatrists



Training and Assessment Update

RANZCP Fellowship Program

New Zealand (NZ) End-year 2025

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Introduction and Background

The New Zealand (NZ) Training and Assessment report provides a snapshot overview of training and assessment activity and outlines the most recent statistics for:

- Fellowship program enrolments
- Trainee and Specialist International Medical Graduates (SIMGs) profile
- Assessment activity and pass rates
- Admissions to Fellowship
- Certificates of Advanced Training
- Specialist Training Program (STP) and Integrated Rural Training Pipeline (IRTP)

Data are current as of February 2026 and reflect activities conducted between 1 January and 31 December 2025.

Data are aggregated by Australian state and New Zealand. Location is defined as follows:

- Trainees: Fellowship zone of training
- SIMGs: Employer state
- New Fellows: Last recorded Fellowship zone (training pathway) or employer state (specialist pathway).

Data were extracted from the RANZCP member database and analysed by the Education and Training Unit as part of routine monitoring and reporting processes. Variations between this report and other College reports may occur due to differences in extraction timing, changes in Fellowship zone allocation, late submissions, withdrawals, fee status adjustments, or eligibility exclusions.

Unless otherwise specified, figures are rounded to the nearest whole number. As a result, percentages may not add up to exactly 100%.

1. RANZCP Fellowship Program Enrolment

In 2025, 48 trainees commenced the NZ Fellowship training program, an increase of 14 trainees compared with 2024. Table 1 compares the NZ and RANZCP-wide training intakes for 2025 and 2024, disaggregated by fellowship zone. While the overall RANZCP intake declined by approximately 6%, NZ recorded an increase of approximately 41%, representing a strong counter-trend recovery. Growth was recorded across all five NZ zones: NZAUCK recorded the largest absolute increase (+7), while NZCHRI (+1), NZDUN (+2), NZUCNI (+2), and NZWELL (+2) each also grew.

The training year for 2025 commenced in February for Australia and New Zealand, covering the period from February 2025 to February 2026. Table 1 compares the 2025 intake with the same period in 2024 and shows the difference in numbers.

Figure 1 shows the NZ training intake over the longer-term period from 2013 to 2025. NZ intakes have been variable over this period, ranging from 27 in 2014 to a high of 49 in 2021. After declining to 34 in 2024, the lowest since 2015, the 2025 intake of 48 represents a strong rebound, the second-highest in the observed period and notably close to the 2021 peak.

Table 1. NZ Training Intakes

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
2025	18	7	5	7	11	48	429
2024	11	6	3	5	9	34	455
Difference	7	1	2	2	2	14	-26

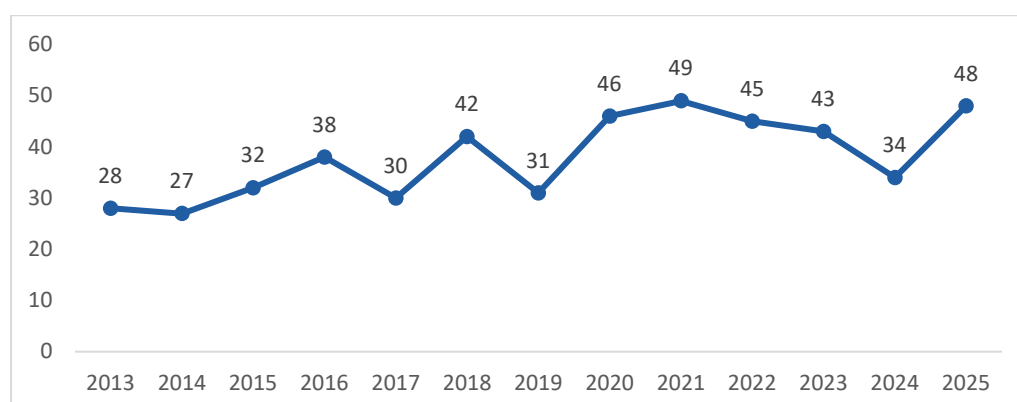


Figure 1. NZ Training Intake (2013–2025)

2. RANZCP Fellowship Program Numbers

As at 4 February 2026, the NZ Fellowship training program had 248 active trainees across five fellowship zones: NZAUCK (93), NZCHRI (38), NZDUN (16), NZUCNI (42), and NZWELL (59). Of these, 246 trainees (99%) were undertaking the 2012 Fellowship program, while 2 trainees were continuing under the transitioned arrangements from the 2003 program. Both transitioned trainees were located in NZAUCK and were in Stage 3.

Within the NZ 2012 program cohort, Stage 3 was the most populated stage, with 95 trainees (39%), followed by Stage 1 with 77 trainees (31%) and Stage 2 with 74 trainees (30%). Collectively, 69% of NZ trainees on the 2012 program were in Stages 2 or 3, indicating that the majority of the cohort is progressing through the middle and latter stages of the program. NZAUCK was the largest zone across all stages, with 91 trainees on the 2012 program. NZUCNI had a notably high proportion in Stage 3 (22 of 42 trainees, or 52%), indicating a more advanced stage profile relative to its cohort size.

With 248 active trainees, NZ accounts for approximately 9% of all active RANZCP trainees. NZAUCK is the largest fellowship zone, comprising 93 trainees (38% of the NZ cohort), followed by NZWELL (59, 24%) and NZUCNI (42, 17%). NZCHRI (38, 15%) and NZDUN (16, 6%) are the smaller zones.

Table 2. Total NZ Training Numbers by Stage (correct as of 4 February 2026)

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
2012 Program	91	38	16	42	59	246	2685
Stage 1	26	11	8	9	23	77	737
Stage 2	30	12	3	11	18	74	963
Stage 3	35	15	5	22	18	95	985
Transitioned	2	0	0	0	0	2	38
Stage 1	0	0	0	0	0	-	0
Stage 2	0	0	0	0	0	-	1
Stage 3	2	0	0	0	0	2	37
Overall	93	38	16	42	59	248	2723
Stage 1	26	11	8	9	23	77	737
Stage 2	30	12	3	11	18	74	964
Stage 3	37	15	5	22	18	97	1022

As at 4 February 2026, the NZ trainee cohort comprised 117 men (47%) and 130 women (52%) among those who disclosed their gender, with women outnumbering men across the overall cohort. One trainee was recorded as non-binary or gender diverse. Women outnumbered men in NZAUCK (55 vs 38), NZCHRI (20 vs 18), and NZDUN (10 vs 6). NZUCNI had near-equal numbers (20 women vs 21 men). Notably, NZWELL was the only zone where men outnumbered women (34 vs 25).

Table 3. Distribution of NZ trainees by gender (correct as of 4 February 2026)

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Man	38	18	6	21	34	117	1263
Non-binary/ gender diverse	-	-	-	-	-	1	10
Prefer not to say	-	-	-	-	-	-	9
Woman	55	20	10	20	25	130	1441

3. Assessments

3.1 Multiple Choice Question (MCQ) Examination

The MCQ Examination was conducted in March and September 2025. NZ candidates completed 35 assessments across the two rounds, comprising 18 in March and 17 in September. The overall NZ pass rate was 83% in March and 94% in September, with performance improving markedly between rounds.

In March, the NZ overall pass rate of 83% was below the RANZCP-wide rate of 90%. Zone-level results showed significant variation: NZAUCK (100%), NZCHRI (100%), and NZWELL (100%) all achieved perfect pass rates, while NZUCNI recorded 50% and NZDUN had insufficient volume for a reported rate. The lower-performing zones drove the overall NZ result below the national average. In September, the NZ overall pass rate of 94% marginally exceeded the RANZCP-wide rate of 93%, a strong improvement. NZCHRI (100%), NZDUN (100%), and NZWELL (100%) achieved perfect pass rates, NZUCNI recorded no assessments, and NZAUCK recorded 83%. The September improvement across NZ is a positive indicator for examination outcomes.

Table 4. MCQ Examination Results by Fellowship Zone – March 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	5	5	2	4	2	18	296
Pass	5	5	1	2	2	15	267
Pass Rate (%)	100%	100%	50%	50%	100%	83%	90%

Table 5. MCQ Examination Results by Fellowship Zone – September 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	6	3	-	6	2	17	257
Pass	5	3	-	6	2	16	238
Pass Rate (%)	83%	100%	-	100%	100%	94%	93%

3.2 Modified Essay Question (MEQ) Examination

The MEQ Examination was conducted in March and September 2025. NZ trainee candidates completed 20 assessments in March and 28 in September, totalling 48 assessments across both rounds. No NZ SIMG MEQ assessments were recorded in either round. The overall NZ trainee pass rate was 90% in March and 79% in September, declining between rounds.

The NZ March trainee pass rate of 90% substantially exceeded the RANZCP-wide trainee rate of 83%, representing an excellent result. Zone-level results were strong: NZAUCK (100%), NZCHRI (100%), and NZWELL (86%) all performed at or well above the national rate, while NZDUN recorded 80% and NZUCNI had no assessments. In September, the NZ trainee pass rate of 79% was above the RANZCP-wide trainee rate of 75%. Zone-level results showed notable variation: NZCHRI (100%) and NZWELL (100%) recorded perfect pass rates, NZUCNI achieved 75%, while NZAUCK declined markedly from March (100%) to September (62%) — a pattern that warrants monitoring. No NZ SIMG MEQ assessments were recorded in either round, which is consistent with the very small NZ SIMG cohort.

Table 6. MEQ Examination Results by Fellowship Zone – March 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments - trainees	6	2	5	-	7	20	214
Pass	6	2	4	-	6	18	178
Pass Rate (%)	100%	100%	80%	-	86%	90%	83%
Assessments - SIMGs (Partial comparability)	-	-	-	-	-	-	55

Pass	-	-	-	-	-	-	35
Pass Rate (%)	-	-	-	-	-	-	64%
Total Assessments	6	2	5	-	7	20	269
Pass	6	2	4	-	6	18	213
Pass Rate (%)	100%	100%	80%	-	86%	90%	79%

Table 7. MEQ Examination Pass Rates by Attempt – September 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments - trainees	13	6	-	4	5	28	299
Pass	8	6	-	3	5	22	225
Pass Rate (%)	62%	100%	-	75%	100%	79%	75%
Assessments - SIMGs (Partial comparability)	-	-	-	-	-	-	45
Pass	-	-	-	-	-	-	23
Pass Rate (%)	-	-	-	-	-	-	51%
Total Assessments	13	6	-	4	5	28	344
Pass	8	6	-	3	5	22	248
Pass Rate (%)	62%	100%	-	75%	100%	79%	72%

3.3 Clinical Competency Assessment – Modified Portfolio Review (CCA-MPR)

The CCA-MPR was conducted in April and September 2025. NZ completed 17 assessments in April and 13 in September, totalling 30 assessments for the year. All NZ assessments were from trainees; no NZ SIMG CCA-MPR assessments were recorded in either round. In April, 16 of 17 trainee assessments were successful, resulting in an overall success rate of 94%. In September, all 13 trainee assessments were successful, resulting in a 100% success rate. Across both rounds combined, 29 of 30 NZ assessments were successful.

The NZ outcome is consistent with the assessment's longitudinal and programmatic design. The CCA-MPR draws on multiple sources of evidence collected throughout training rather than relying on a single assessment event. Candidates submit their portfolios following ongoing assessment and feedback during training, meaning that candidates generally proceed to submission once the required standards have been demonstrated.

The high success rate across 30 NZ assessments reflects sustained engagement of NZ trainees in portfolio-based learning. NZ accounted for approximately 8% of all national CCA-MPR assessments in April and 9% in September. The absence of NZ SIMG CCA-MPR submissions in both rounds is consistent with the small size of the NZ active SIMG cohort at the reporting date.

Table 8. CCA-MPR Results by Fellowship Zone – April 2025

April	NZ	RANZCP Overall
Trainees	17	169
Successful	16	166
Unsuccessful	1	3
SIMGs	0	34
Successful	0	33
Unsuccessful	0	1
Overall	17	203
Successful	16	199
Unsuccessful	1	4

Table 9. CCA-MPR Results by Fellowship Zone – September 2025

September	NZ	RANZCP Overall
Trainees	13	111
Successful	13	110
Unsuccessful	0	1
SIMGs	0	27
Successful	0	26
Unsuccessful	0	1
Overall	13	138
Successful	13	136
Unsuccessful	0	2

3.4 Psychotherapy Written Case (PWC)

PWC submissions from NZ candidates were recorded across all four rounds in 2025: February, May, August, and November. A total of 46 NZ submissions were assessed during the year, comprising 7 in February, 12 in May, 18 in August, and 9 in November. Outcomes varied considerably across rounds and zones, with NZ results falling below the RANZCP-wide rate in three of the four rounds.

The NZ pass rate was 43% in February (RANZCP: 68%), 33% in May (RANZCP: 64%), 72% in August (RANZCP: 73%), and 56% in November (RANZCP: 73%). NZ pass rates were substantially below the RANZCP-wide rate in February and May, closely matched it in August, and were below it again in November. August was the strongest NZ round and the highest submission volume round at 18, with NZ matching the national rate of 73%. Zone-level results showed high variability across all rounds: in February, NZAUCK (100%) and NZWELL (100%) achieved full pass rates, while NZDUN (0%) and NZUCNI (0%) recorded no successful submissions, driving the overall NZ rate down. In May, NZWELL recorded only 17%, the lowest zone result of the year; NZAUCK (67%) and NZCHRI (50%) performed better. In August, NZDUN recorded 100%, and NZAUCK, NZDUN, and NZWELL each performed at or above the national rate. In November, NZWELL (100%) was the standout, while NZAUCK (0%) and NZUCNI (0%) did not record any successful submissions. The high variability across rounds and zones reflects the relatively small number of NZ submissions in each round, where individual outcomes have a substantial influence on reported pass rates.

Table 10. Psychotherapy Written Case (PWC) Results by Fellowship Zone – February 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	2	-	1	3	1	7	98
Pass	2	-	0	0	1	3	67
Pass Rate (%)	100%	-	0%	0%	100%	43%	68%

Table 11. Psychotherapy Written Case (PWC) Results by Fellowship Zone – May 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	3	2	1	-	6	12	109
Pass	2	1	0	-	1	4	70
Pass Rate (%)	67%	50%	0%	-	17%	33%	64%

Table 12. Psychotherapy Written Case (PWC) Results by Fellowship Zone – August 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	4	2	3	5	4	18	149
Pass	3	1	3	3	3	13	109
Pass Rate (%)	75%	50%	100%	60%	75%	72%	73%

Table 13. Psychotherapy Written Case (PWC) Results by Fellowship Zone – November 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	1	3	-	2	3	9	137
Pass	0	2	-	0	3	5	100
Pass Rate (%)	0%	67%	-	0%	100%	56%	73%

3.5 Scholarly Project (SP)

a. Submission results

During 2025, 27 Scholarly Project submissions were assessed from NZ trainees across three rounds: 9 in March, 10 in July, and 8 in November.

In March, 7 of 9 submissions were successful, resulting in a NZ pass rate of 78% (RANZCP: 90%), below the national rate. By project type, Literature Review (1 submission, 100%) performed well, while Qualitative or Quantitative Research (5 submissions, 80%) and Quality Assurance or Clinical Audit (3 submissions, 67%) also contributed to results. Zone-level performance varied, with NZAUCK (100%) and NZWELL (100%) recording full pass rates and NZCHRI recording 50%. In July, 9 of 10 submissions were successful, yielding a NZ pass rate of 90% (RANZCP: 81%), notably exceeding the national rate and representing the strongest NZ result of the year. All zones except NZCHRI (50%) achieved 100% pass rates. By project type, Case Series (100%), Literature Review (100%), and Quality Assurance or Clinical Audit (100%) all achieved full pass rates, while Qualitative or Quantitative Research achieved 80%. In November, 5 of 8 submissions were successful, resulting in a NZ pass rate of 63% (RANZCP: 81%), below the national rate. NZDUN (100%) and NZUCNI (100%) performed strongly, while NZAUCK recorded 0% from a single submission and NZCHRI recorded 33%. By project type, Literature Reviews (67%) and Qualitative or Quantitative Research (75%) achieved moderate pass rates, while Quality Assurance or Clinical Audit (1 submission) was unsuccessful. Across all three NZ submission rounds, 21 of 27 submissions were successful, for an overall pass rate of 78%.

Table 14. Scholarly Project (SP) Results by Fellowship Zone – March 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	1	2	-	4	2	9	100
Pass	1	1	-	3	2	7	90
Pass Rate (%)	100%	50%	-	75%	100%	78%	90%

Table 15. SP Pass Rates by Project Type – March 2025

Project type	Submissions	Pass Rate
Case Series	-	-
Literature Review	1	100%
Qualitative or Quantitative Research	5	80%
Quality Assurance or Clinical Audit	3	66%
Other	-	-

Table 16. Scholarly Project (SP) Results by Fellowship Zone – July 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	2	2	1	4	1	10	91
Pass	2	1	1	4	1	9	74
Pass Rate (%)	100%	50%	100%	100%	100%	90%	81%

Table 17. SP Pass Rates by Project Type – July 2025

Project type	Submissions	Pass Rate
Case Series	1	100%
Literature Review	2	100%
Qualitative or Quantitative Research	5	80%
Quality Assurance or Clinical Audit	2	100%

Other	-	-
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Table 18. Scholarly Project (SP) Results by Fellowship Zone – November 2025

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Assessments	1	3	1	3	-	8	118
Pass	0	1	1	3	-	5	96
Pass Rate (%)	0%	33%	100%	100%	-	63%	81%

Table 19. SP Pass Rates by Project Type – November 2025

Project type	Submissions	Pass Rate
Case Series	0	-
Literature Review	3	67%
Qualitative or Quantitative Research	4	75%
Quality Assurance or Clinical Audit	1	0%
Other	0	-

b. Proposals and exemptions

During 2025, 26 Scholarly Project proposals from NZ trainees were approved. Qualitative or Quantitative Research was the most common project type, accounting for 12 proposals (46%), followed by Quality Assurance or Clinical Audit with 7 proposals (27%) and Literature Reviews with 6 proposals (23%). One Case Series proposal was recorded (4%), and no Other proposals were recorded. NZUCNI contributed the highest volume of proposals (10), driven primarily by Qualitative or Quantitative Research (6) and Quality Assurance or Clinical Audit (3). NZCHRI contributed exclusively Qualitative or Quantitative Research proposals (4). NZDUN recorded no proposals during the year.

Table 20. Approved SP proposals by project type

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall
Case Series	-	-	1	-	-	1
Literature Review	2	-	1	1	2	6
Qualitative or Quantitative Research	2	4	-	6	-	12
Quality Assurance or Clinical Audit	2	1	-	3	1	7
Other	-	-	-	-	-	0

During 2025, 7 NZ trainees applied for an exemption from the Scholarly Project requirement, and all 7 were granted, resulting in a 100% approval rate. This was above the RANZCP-wide approval rate of 85%.

Applications were distributed across NZAUCK (2), NZCHRI (1), NZUCNI (1), and NZWELL (3), with all applications in each zone granted (100%). No applications were recorded from NZDUN. The 100% approval rate across all NZ applications reflects that all submitted applications met the required criteria. NZ accounted for 7 of the 93 exemption applications received nationally, representing approximately 8% of the national total.

Table 21. SP Exemptions granted by Fellowship zone (Jan-Dec 2025)

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Exemptions	2	1	-	1	3	7	93
Granted	2	1	-	1	3	7	79
Granted (%)	100%	100%	-	100%	100%	100%	85%

4. Specialist International Medical Graduates Program Enrolment

During 2025, 2 SIMGs commenced a pathway towards Fellowship in NZ, both assessed as substantially comparable. The low volume of NZ SIMG commencements reflects the distinct specialist medical registration pathway in New Zealand. Unlike in Australia, vocational registration in New Zealand does not require completion of the RANZCP pathway to Fellowship; RANZCP provides Affiliate membership for New Zealand psychiatrists who have completed the local assessment and recognition pathway.

NZ accounted for 2 of the 102 SIMG pathway assessments recorded across the RANZCP overall cohort, representing approximately 2% of all national SIMG pathway commencements in 2025.

Table 22. Specialist Pathway Assessments by Employer State (Jan-Dec 2025)

	NZ	RANZCP Overall
Overall	2	102
Partially	-	37
Substantially	2	65

Note: (*) The difference in the number of SIMGs from New Zealand compared to Australia is due to differing pathways to vocational or specialist medical registration. New Zealand registration does not require completion of the RANZCP pathway to Fellowship. Instead, RANZCP provides Affiliate membership for New Zealand psychiatrists who have completed the local assessment and recognition pathway.

The 2 NZ SIMGs commencing pathways in 2025 held their highest specialist qualifications from India (1, substantially comparable) and the United Kingdom (1, substantially comparable). Both were assessed as substantially comparable, reflecting the alignment of their specialist training with the RANZCP Fellowship standard.

Table 23. NZ Intakes by Country of the Highest Specialist Qualification Assessed (Jan-Dec 2025)

Country	Partially	Substantially	Overall
INDIA	-	1	1
UNITED KINGDOM	-	1	1
Overall	-	2	2

5. Specialist International Medical Graduates Numbers

As at 13 February 2026, NZ had 3 active SIMGs, all on the substantially comparable pathway.

NZ's 3 active SIMGs represent approximately 2% of the RANZCP-wide active SIMG population of 195. All NZ active SIMGs are on the substantially comparable pathway, which is consistent with the profile of new commencements and reflects the small but well-qualified pool of SIMGs who have opted to pursue the RANZCP Fellowship pathway in New Zealand.

Table 24. Active SIMGs by Employer State and Comparability Status (correct as of 13 February 2026)

	NZ	RANZCP Overall
SIMGs	3	195
Partially	0	116
Substantially	3	79

Among NZ active SIMGs who disclosed their gender, 2 were men and 1 was a woman. No NZ SIMGs were recorded as non-binary or gender diverse, or as preferring not to say.

Table 25. Active SIMGs by Employer State and Gender (correct as of 13 February 2026)

	NZ	RANZCP Overall
Man	2	107
Non-binary/ gender diverse	-	-
Woman	1	84
Prefer not to say	-	4

6. New Fellows

During 2025, 40 new Fellows associated with NZ were admitted to Fellowship of the RANZCP. Of these, 34 completed the Fellowship training program pathway (33 via the 2012 program and 1 via the transitioned pathway), and 6 completed a SIMG pathway (all via the substantially comparable route). The training program pathway new Fellows were distributed across NZAUCK (14), NZDUN (6), NZUCNI (6), NZCHRI (4), and NZWELL (4). The single transitioned Fellow was from NZUCNI.

NZ's 40 new Fellows represented approximately 10% of the 417 new Fellows across the RANZCP overall cohort. Within the NZ cohort, SIMG pathways accounted for 15% of new Fellows, representing a proportionally notable contribution from the specialist pathway to Fellowship admissions in the jurisdiction. SIMG pathway admissions are attributed to NZ employer location rather than individual fellowship zones, noting that SIMG locations are reported by employer state or country rather than Fellowship training zone.

Table 26. New Fellows by Location and Admission Pathway (Jan-Dec 2025)

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ Overall	RANZCP Overall
Training program	14	4	6	6	4	34	309
2012 program	14	4	6	5	4	33	305
Transitioned	-	-	-	1	-	1	4
SIMG pathway	0	0	0	0	0	6	108
Partial	-	-	-	-	-	-	48
Substantial	-	-	-	-	-	6	60
Overall (a) + (b)	14	4	6	6	4	40	417

* Training pathway distributed based on the last zone trained and specialist pathway based on the employer state.

Among the 40 NZ new Fellows admitted in 2025, 26 were men (65%) and 14 were women (35%). Men outnumbered women across most zones and pathways. For training program Fellows, women represented the majority in NZDUN (4 of 6) and NZAUCK (6 of 14), while NZWELL recorded all 4 training pathway Fellows as men and no women. SIMG pathway Fellows were evenly split between 3 men and 3 women.

Table 27. New Fellows by Location and Gender (Jan-Dec 2025)

	NZAUCK	NZCHRI	NZDUN	NZUCNI	NZWELL	NZ SIMGs	NZ Overall	RANZCP Overall
Man	8	3	4	4	4	3	26	235
Non-binary/ gender diverse	-	-	-	-	-	-	-	-
Prefer not to say	-	-	-	-	-	-	-	-
Woman	6	1	2	2	0	3	14	182

7. Certificates of Advanced Training

a. Enrolment

During 2025, 18 NZ enrolments were recorded across Certificates of Advanced Training. Adult Psychiatry was the most common certificate, with 5 enrolments (28%), followed by Child and Adolescent Psychiatry with 4 enrolments (22%), and Forensic Psychiatry and Old Age Psychiatry each with 3 enrolments (17%). Addiction Psychiatry recorded 2 enrolments (11%) and Psychotherapy recorded 1 enrolment (6%). No Consultation-Liaison Psychiatry enrolments were recorded during 2025.

NZ's 18 enrolments accounted for approximately 8% of the 235 Certificates of Advanced Training enrolments recorded across the RANZCP overall cohort.

Table 28. Certificates of Advanced Training intake by type and certificate zone (Jan – Dec 2025)

	NZ	RANZCP Overall
Overall	18	235
Addiction	2	29
Adult	5	18
Child and Adolescent	4	54
Consultation-Liaison	-	45
Forensic	3	20
Old Age	3	45
Psychotherapy	1	24

b. RANZCP Certificates of Advanced Training numbers

As at 4 February 2026, 77 NZ members were undertaking 79 Certificates of Advanced Training, indicating that 2 members were concurrently enrolled in more than one certificate.

Addiction Psychiatry was the most commonly held certificate, with 15 of the 79 certificates (19%), followed by Adult Psychiatry, Consultation-Liaison Psychiatry, and Old Age Psychiatry, each with 13 (16%). Child and Adolescent Psychiatry accounted for 11 (14%), Forensic Psychiatry for 8 (10%), and Psychotherapy for 6 (8%). The distribution across certificate types reflects a broad engagement with advanced training across specialty areas in NZ.

Of the 77 NZ members undertaking certificates, 45 were trainees (58%) and 32 were Fellows (42%), indicating participation across both stages of the College membership lifecycle, with trainees comprising the majority.

Table 29. Total Certificates of Advanced Training Numbers by Certificate Zone (correct as of 4 February 2026)

	NZ	RANZCP Overall
Overall	79	887
Addiction	15	70
Adult	13	89
Child and Adolescent	11	138
Consultation-Liaison	13	170
Forensic	8	151
Old Age	13	154
Psychotherapy	6	115

Table 30. Total Certificates of Advanced Training Numbers by Membership (correct as of 4 February 2026)

	NZ	RANZCP Overall
Overall	77	825
Trainees	45	503
Fellows	32	322

c. Awards

During 2025, 16 Certificates of Advanced Training were awarded to NZ members. Child and Adolescent Psychiatry was the most awarded certificate, with 5 awards (31%), followed by Old Age Psychiatry with 4 awards (25%) and Addiction Psychiatry and Adult Psychiatry each with 2 awards (13%). Consultation-Liaison Psychiatry, Forensic Psychiatry, and Psychotherapy each recorded 1 award (6%).

NZ's 16 awards represented approximately 8% of the 204 Certificates of Advanced Training awarded across the RANZCP overall cohort.

Table 31. Certificates of Advanced Training awarded by type and Certificate Zone (Jan – Dec 2025)

	NZ	RANZCP Overall
Overall	16	204
Addiction	2	21
Adult	2	6
Child and Adolescent	5	61
Consultation-Liaison	1	45
Forensic	1	18
Old Age	4	41
Psychotherapy	1	12