



Beyond the Algorithm:

Psychotherapy in everyday care

Thursday 8 October 2026

07:45 – 17:00	Registration open	
08:45 – 09:00	Conference opening & Welcome to Country	
09:00 – 10:30	Workshop 1a Jung and the mongrel: Keeping therapy human in the AI era Dr Matthew Roberts & Dr Fiona Cairns	Workshop 1b Beyond the algorithm: An introduction to schema therapy for psychiatrists Dr Rita Younan & Dr Suzy Redston
10:30 – 11:00	Morning tea	
11:00 – 12:30	Jung and the mongrel: Keeping therapy human in the AI era Dr Matthew Roberts & Dr Fiona Cairns	Beyond the algorithm: An introduction to schema therapy for psychiatrists Dr Rita Younan & Dr Suzy Redston
12:30 – 13:30	Lunch	
13:30 – 15:00	Workshop 2a Brain, body, mind and the therapeutic relationship: Integrating neurobiology and psychodynamics Dr Sanil Rege	Workshop 2b Power threat meaning framework Claire Hudson-McAuley
15:00 – 15:30	Afternoon tea	
15:30 – 17:00	Brain, body, mind and the therapeutic relationship: Integrating neurobiology and psychodynamics Dr Sanil Rege	Power threat meaning framework Claire Hudson-McAuley
17:00 – 19:00	Welcome reception	



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Friday 9 October 2026

08:30 – 17:30	Registration open	
09:00 – 10:15	Keynote Final Phantasy Dr Matthew McArdle	
10:15 – 10:45	Morning tea	
10:45 – 11:30	Invited presentation Lived experience Flick Grey	
11:30 – 12:15	Reorienting to the dawn: Trajectories of trauma recovery along the Westward River <i>The architecture of a cultivated community container on Wiradjuri land</i> Dr Phil Jaksa	
12:15 – 13:15	Lunch	
13:15 – 14:00	Invited presentation Deep brain reorienting (DBR): A shock release modality that follows brainstem neuroscience Dr Jan Stevenson	Invited presentation Using music for building therapeutic safety in a traumatised world Ms Vannie Ip-Winfield
14:00 – 14:45	TBC	Dr Robert Mathews
14:45 – 15:15	Afternoon tea	
15:15 – 15:45	Free paper session An inpatient relationally based treatment service for traumatized families: A new way to heal Associate Professor Donovan Moncur	Free paper session Wittgenstein, algorithms and knowing Dr Anthony Korner
15:45 – 16:00	Psychotherapy use patterns among trauma-exposed women at a specialist psychiatric clinic: a retrospective, cross-sectional study Dr Georgia Bridgeman	Psychotherapy for Australians with schizophrenia: current therapy provision and barriers to care Dr Natalya Godbold
16:00 – 17:30	Panel discussion Therapists as patients Speakers TBC	



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Saturday 10 October 2026

08:30 – 17:00	Registration open	
09:00 – 10:15	Keynote When the protocol meets the person: What EMDR can teach us about trauma and psychotherapy Caroline Burrows	
10:15 – 10:45	Morning tea	
10:45 – 11:45	Keynote International keynote (virtual) Dr Eric Reinhart	
11:45 – 12:15	Free paper session Lived experience (consumer/carer) TBC	Free paper session The empty-as-vessel framework: Boundary elasticity in psychotherapy Ms Baixuan Shen
12:15 – 12:30	Non human environments (particularly AI) and psychodynamic psychotherapy. Dr Charles Le Feuvre	Mentalising on the ward: Adapting MBT group therapy for the inpatient setting Dr Chloe Stella
12:30 – 13:30	Lunch	
13:30 – 14:15	Invited presentation The talking-cure in our times Dr Leonardo Rodriguez	Invited presentation TBC Dr Sathya Rao
14:15 – 14:45	Free paper session Psychodynamic psychotherapy at the Refugee Mental Health Clinic: Experiences from Foundation House Dr Karishma Kulkarni	Free paper session You're not good enough, and that's ok: Clinician distress, moral injury and ethical engagement Dr David Hartman
14:45 – 15:15	Afternoon tea	
15:15 – 16:45	Forum Beyond the algorithm: Reflections and the road ahead?	
16:45 – 17:00	Conference closing	