

Youth Psychiatry: Years in the making

31 July – 1 August 2026 · Hobart, TAS



DAY 1: Friday 31 July 2026

08.30-17.00	Registration open
09.00 - 09.20	Opening remarks Welcome to country Dr Astha Tomar – RANZCP President
<i>Keynote speaker</i>	
09.20 – 10.20	Professor Patrick McGorry AO
10:20 – 10:50	Morning tea
<i>Youth Psychiatry Advance Certificate – Years in the making</i>	
10:50 – 11:50	Sophie Ratcliffe: <i>FEC Update</i> Isabella Zbukvoc: <i>Youth Mental Health Competency</i>
11:50 – 12:30	Regional Update
12.30 – 13.30	Lunch
<i>Updates on Assessment, Treatment and Measurement in Youth Psychiatry</i>	
13.30 – 14.10	Professor Ian Hickie: <i>Using new AI tools to enhance specialist assessment and measurement-based care</i>
14.10 – 14.50	Associate Professor Elizabeth Scott: <i>Novel assessments and adjunctive immune and metabolic treatments for youth with major mood disorders</i>
14.50 – 15.00	Q&A
15.00 – 15.30	Afternoon tea
<i>Neurodiversity</i>	
15.30 – 17.00 (including Q&A)	Dr Soumitra Das: <i>Autistic Youth and Online Vulnerability: A Case Study of Relational Intervention</i> Nishadi de Zoysay & Dr Prabha Vidyatilake: <i>AI-Enabled Digital Biomarkers for Adolescent ADHD Assessment: A Systematic Review</i> Dr Sonia Kumar: <i>The Missing Piece – integrating neurodiversity into youth mental health services</i>
17:00 – 18:00	Welcome Reception

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DAY 2: Saturday 01 August 2026

08:30-15:00	Registration open
Youth Psychiatry: Integration and Accessibility	
09:00 – 09:45	Professor Jackie Curtis AM: <i>Integration, Collaboration and Innovation in Youth Mental Health Care</i>
	Youth Psychiatry: Integration, Accessibility and Service delivery
09:45 – 11:00 (including Q&A)	Dr Renee Bauer: <i>Addressing the tyranny of distance - headspace Telepsychiatry</i>
	Dr Tahnee Bridson: <i>Transitioning from CAMHS To CYMHS – Introduction of Youth Mental Health in Tasmania</i>
	Dion Butler: <i>Doing youth rural mental health hospital treatment differently – in the home!</i>
	Dr Tina Rizkallah: <i>Evaluating a Regional Assertive Outreach Youth Early Psychosis Service</i>
11:00-11:30	Morning tea
Panel discussion: Youth Model of Care	
11:30-13:00	Prof. Jackie Curtis Prof. Pat McGorry Prof. Ian Hickie Dr Tim Jones Dr Sonya Morrissey
13:00 – 14:00	Lunch
Youth Psychiatry: Reflections from abroad	
14:00 – 15:30	A/Prof Andrea Polari
	Dr Raimundo Junior
15:30 – 16:00	Afternoon tea and departure