Support for members

We encourage you to be familiar with avenues to seek assistance, both in regards to your training or practice, and your welfare and wellbeing.

The Member Welfare Support Line is a good place to start for confidential assistance.

Member Welfare Support Line

For confidential support and advice contact the Member Welfare Support Line on 1800 941 002 (AU) and 0800 220 784 (NZ) or support@ranzcp.org.

This is a dedicated support line available to all members of the Royal Australian and New Zealand College of Psychologists (RANZCP). All calls are separate to the main College telephone line. Calls are answered by the Support Manager during business hours. If appropriate, you will be put in touch with a Support Fellow who will be able to provide you with further support and refer you to appropriate services.

PROFESSIONAL SUPPORTS

- Doctors Health Advisory Services
- associations of psychiatrists in training
- medical indemnity insurers
- peer support groups
- general practitioners
- mentors.

PERSONAL SUPPORTS

- friends
- family
- personal interest groups
- religious or spiritual leaders
- colleagues.

WORKPLACE SUPPORTS

- human resources department
- employee assistance program
- workplace wellbeing programs
- senior staff and clinical directors
- union representatives.

RANZCP SUPPORTS

- Member Welfare Support Line
- Member Wellbeing Subcommittee
- supervisors and Directors of Training
- representative committees
- Support for members webpage.

The RANZCP offers members additional resources and information to support their wellbeing. Visit ranzcp.org/support.

Keeping Yourself Well

For more support and information visit ranzcp.org/support