This Transition Matrix is applicable for both pre and post Fellowship Certificate of Advanced Training in Child and Adolescent Psychiatry (CAP) trainees. In addition to this document, pre-Fellowship, please refer to the [Stage 3 Generalist Matrix](#) outlining transition rules for Generalist Fellowship requirements.

<table>
<thead>
<tr>
<th>Training requirements under the 2003 Regulations</th>
<th>Training requirements under the 2012 Regulations</th>
<th>Transition Rules</th>
</tr>
</thead>
</table>
| CAP AT outline proposal to Director of Advanced Training (DOAT) for each year of training. | Written learning plan for year 1 and year 2 of training, agreed with the Director of Advanced Training and submitted prior to the commencement of training and at the beginning of year 2. | - If the proposed learning plan has already been completed and accepted by the DOAT for the remaining training months, no further action is required.  
- If a trainee does not have a DOAT supported learning plan for the remaining training months, they will be required to develop a leaning plan which is agreed upon by the DOAT. |
| 24 months supervised clinical work in a post accredited for advanced child and adolescent psychiatry training with the following experiences:  
- Age group: Adequate exposure to work with prepubertal children (aged 0-11), adolescents (aged 12-17).  
- Setting:  
  - At least 6 months FTE in a community setting  
  - At least 6 months FTE in an inpatient C&A setting  
- Experiences: Adequate after-hours crises and emergency work as exemplified by regular on-call. | Successful completion of 24 months FTE training in accredited child and adolescent psychiatry training posts, where trainees will be exposed to patients 0–18 years old, including:  
- At least 6 months FTE in a community setting  
- At least 6 months FTE in an inpatient C&A setting | All Advanced Training CAP rotations completed† under the 2003 Regulations will be credited during transition.  
- If trainee completed †community setting rotation as per the cumulative record of training placement form then credit provided for the 2012 requirement  
- If trainee completed †inpatient C&A rotation as per the cumulative record of training placement form then credit provided for the 2012 requirement  
- Trainees will be required to complete remaining time and specific rotation settings post transition |
<table>
<thead>
<tr>
<th>Task</th>
<th>Details</th>
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<tbody>
<tr>
<td><strong>Attainment of eight Stage 3 child and adolescent EPAs; two per 6-month FTE rotation.</strong></td>
<td>- It is recommended that EPAs 1–4 should be attained in year 1 of Certificate training and EPAs 5–8 should be attained in year 2.</td>
</tr>
<tr>
<td><strong>Completion of a mandatory minimum of one Observed Clinical Activity (OCA) WBA with children during each 6 month FTE rotation.</strong></td>
<td>Transitioning trainees are required to complete one OCA with children during each 6 month FTE rotation required post transition to meet the requirements of the CAP Certificate.</td>
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<tr>
<td><strong>Completed an approved didactic program</strong></td>
<td>Required to undertake a formal, CAP teaching program for each FTE month of CAP training required under the 2012 Regulations.</td>
</tr>
</tbody>
</table>
| **Psychological Management Experience** | Provision of psychotherapy to nine discrete patients for at least six sessions each, including:  
- three patients under 6 years old  
- three patients 6–12 years old  
- three adolescent patients.  
Of the above psychotherapy cases, the following modalities must be completed:  
- three structured, manualised (CBT, IPT)  
- three dynamic  
- three dyadic (mother–infant, family/group). |
| **No EPA credits awarded for Advanced Training CAP months completed*† under the 2003 Regulations** | Trainees are required to complete a pro-rata number of Stage 3 CAP EPAs based on the number of FTE training months still required to be completed under the 2012 Regulations.  
- Trainees will need to complete two Stage 3 CAP EPAs for each 6 FTE month of training required under the 2012 Regulations (should a rotation be less than 6 FTE months one EPA is required).  
- It is the decision of the trainee in liaison with the principal Supervisor to determine which Stage 3 CAP EPAs are to be undertaken post transition. When selecting which Stage 3 EPAs to complete post transition, trainees should make reference to the CAP EPA recommendations. |
| **If Psychological Management Experience (page 14 of logbook) complete* then credit awarded for the provision of psychotherapy to three patients 6–12 years old and three adolescent patients** |  
If 5 cases with children below the age of 6 years (page 9 of logbook) complete* then credit awarded for the provision of psychotherapy to three patients under 6 years old. |
<table>
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<th>Requirement</th>
<th>Requirement</th>
<th>Notes</th>
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</table>
| Completion of final qualitative report                                                        | Completion of final qualitative report                                      | If complete* credit awarded.  
- As this is one of the final requirements for the Certificate, trainees who have completed this requirement should be progressing to award of the Certificate and not be required to transition. |
| Completion of final summary report                                                             | Completion of final summary report                                          | If complete* credit awarded.  
- As this is one of the final requirements for the Certificate, trainees who have completed this requirement should be progressing to award of the Certificate and not be required to transition. |
| Logbook of 25 prescribed cases (maximum 50 words per case) over the 2 FTE years of training.  |                                                                              | See credits provided for the Psychological Management Experience                                                                                                                                     |
| Observe at least 5 clinical assessments performed by clinical supervisor and be observed performing at least 5 clinical assessments by supervisor, followed by formative discussion and feedback. |                                                                              | No credit awarded for this requirement as there is no equivalent training experience under the 2012 Regulations.                                                                                       |

* Training requirements must have been completed and recorded on the trainee’s 2003 record in order for credit to be awarded during transition.

† Training must be current at the point of transition in order for credit to be awarded during transition.

- For the purposes of this transition matrix, trainee refers to both trainees (pre-Fellowship) and Fellows in Advanced Training unless stipulated otherwise.

- Please refer to the ‘Transition Arrangements for College Trainees Policy’ for further information regarding transition, especially regarding the consequences of outstanding training forms on transition.

- Dual Certificate Advanced Training (DCAT) trainees will be required to refer to the transition matrices related to both Certificates that they are undertaking to establish transition credits.

**Trainees**

- Trainees who are actively training under the 2003 Regulations and are on track to complete all 2003 Regulation requirements for eligibility for admission to Fellowship and/or eligibility for admission to the Certificate of Advanced Training in Child and Adolescent Psychiatry by approximately the end of August
2016 will not be required to transition to the 2012 Regulations. These trainees will generally have no more than one 6-month rotation (calendar time) remaining. Trainees in this situation who do not complete the requirements for eligibility for Fellowship and/or the Certificate of Advanced Training in Child and Adolescent Psychiatry by the end of August 2016 for any reason (including an approved break-in-training) may be transitioned to the 2012 Fellowship Program and, therefore, must then complete any remaining requirements under the 2012 Regulations.

- In the case where a pre-Fellowship trainee enrolled in the Certificate of Advanced Training in Child and Adolescent Psychiatry has ≤ 6 FTE months of training for the purpose of gaining Fellowship but has > 6 FTE months of CAP training for the purpose of gaining the CAP Certificate, the trainee will remain under the 2003 Regulations for the purpose of attaining Fellowship. At the start of the next CAP rotation (June 2016 for NZ trainees or August 2016 for Australian trainees) the trainee will be required to transition to the 2012 Regulations to complete their Certificate training. Trainees in this position who wish to transition earlier may make a written application to the Transition Coordinator to establish eligibility. Applications are to be forwarded to transition@ranzcp.org.

**Fellow in Training**
- Fellows in Training who have completed 24 FTE CAP Advanced Training months but are yet to complete and submit all ATCAP Logbook requirements will not be required to transition in December 2015 (NZ) or February 2016 (Aus). Fellows in this scenario will have until the end of August 2016 to complete and submit all 2003 logbook requirements. If all logbook requirements have not been completed and submitted to the College Training Department by the end of August 2016, the Fellow in Training will be required to make an application to the Subcommittee of Advanced Training Child and Adolescent Psychiatry for case by case consideration to establish if they should remain in the Certificate program and if so, if they should transition to the 2012 Regulations.

- DCAT trainees will generally be required to transition at the same point for both certificates (i.e. generally, it is not possible to be undertaking one Certificate under the 2003 Regulations and the other under the 2012 Regulations). Due to the individualised nature of DCAT, the transition points for DCAT trainees may vary and will be established on a case by case basis. Personalised correspondence will be provided to each DCAT trainee prior to transition with guidance being sought from the relevant Subcommittees of Advanced Training if required.