



Diagnostic categories

This table is to assist the tracking of the required diagnostic categories for the case summaries to be submitted by trainees and Fellows completing a Certificate of Advanced Training in Psychiatry of Old Age.

Diagnostic categories are prescribed to ensure reasonable coverage of both high prevalence and low prevalence disorders seen in diverse settings over the course of 24 months FTE of subspecialty training.

At least 5 of the required 40 cases must be seen in consultation–liaison settings. The resulting case summaries should reflect consultation–liaison issues.

	Diagnostic category	Required number of cases	Number of cases to date
25 High prevalence disorders	Unipolar mood disorder	8	
	- Major depressive disorder		
	- Persistent depressive disorder		
	Anxiety disorder	4	
	- Generalised anxiety disorder		
	- Panic disorder		
	- Agoraphobia		
	- Social phobia		
	- Specific phobia		
	Post-traumatic stress disorder	1	
	Substance use disorder	1	
	- Alcohol		
	- Benzodiazepine		
	- Opioids		
	Mild neurocognitive disorder (aka mild cognitive impairment)	1	
	Major neurocognitive disorder (aka dementia) *	8	
	- Dementia due to Alzheimer’s disease		
	- Vascular dementia		
	- Dementia due to frontotemporal lobar degeneration		
	- Lewy body dementia		
- Mixed aetiology dementia			
Delirium	1		
Somatic symptom and related disorders	1		

*Cases to include at least one example of each of the five categories specified below. These cases should include memory clinic cases and BPSD cases seen in the community.

	Diagnostic category	Required number of cases	Number of cases to date
15 Low prevalence disorders	Psychotic disorder **	8	
	- Delusional disorder		
	- Schizophrenia and schizophrenia-like psychoses		
	- Schizoaffective disorder		
	Bipolar disorder ***	5	
	- Mania/hypomania		
	- Mixed/cyclothymia		
	- Bipolar depression		
	Obsessive-compulsive disorder	1	
	Hoarding disorder	1	

***Cases to include at least one example of each of the following ages of onset: Late onset (40–60 years) and Very late onset (60+ years).*

****Cases to include at least one example of bipolar depression.*