

Psychotherapy case discussion form

To be completed by trainees submitting a Psychotherapy Written Case under the Fellowship Regulations 2012.

Trainees must complete three formative psychotherapy case discussions about the patient whose therapy is the subject of the Psychotherapy Written Case. Please submit the three completed psychotherapy case discussion forms to the College with your Psychotherapy Written Case.
Refer to the psychotherapy case discussion protocol for assistance with psychotherapy case discussions.

Trainee name	RANZCP ID
Date of discussion	Sessions completed (at time of discussion)
Psychotherapy case discussion	First Second Third

CASE DISCUSSION FOCUS

Please indicate the areas this case discussion focused on (tick all that apply):

Early phase of treatment

- Case selection
- Suitability of chosen modality
- Assessment/mental state examination
- Initial formulation
- Understanding of relevant theoretical frameworks/therapies
- Other (specify)

Middle phase of treatment

- Therapeutic process
- Key episodes
- Reflection on nature of the therapeutic relationship
- Treatment dilemmas/emerging issues (eg. transference, boundaries, termination, etc.)
- Understanding and application of relevant theoretical frameworks/therapies
- Other (specify)

Late phase of treatment

- Reformulation
- Termination
- Evaluation of the therapy
- Specific learning points from the experience
- Review of appropriateness of chosen therapeutic model
- Reflection on supervision
- Other (specify)

ASSESSMENT CRITERIA

Psychotherapy supervisors, please rate the following areas of the psychotherapy case discussion on the scale below.

		Below standard			Meets standard			Above standard		
		1	2	3	4	5	6	7	8	9
Assessment , including diagnosis and differential diagnosis	N/A									
Formulation , including the ability to provide a formulation that demonstrates longitudinal and recent variables that have impacted upon the patient's current presentation	N/A									
Risk assessment and management , including acute and chronic risk of the underlying condition as well as risks associated with psychotherapeutic treatment	N/A									
Medical treatment , including implications for psychotherapy	N/A									
Psychotherapeutic processes , including comment on the relationship, boundary maintenance, eg. establishing and maintaining the therapeutic frame, time keeping, dealing with crises, etc.	N/A									
Note keeping , including up-to-date records in the patient's file, appropriate attention to confidentiality, etc.	N/A									
Professionalism , including confidentiality, respect, time keeping, maintaining records, appropriate doctor-patient relationships, boundary maintenance, etc.	N/A									

FEEDBACK – Supervisor to trainee

What aspects were done well?

Comment on clinical judgement. (See the protocol for guidance.)

Suggestions for improvement.

Agreed actions/goals.

Psychotherapy supervisor name (print)	
RANZCP ID (<i>if applicable</i>)	
Signature Date
Trainee signature Date