**ST3-INDAU-FELL-EPA2 – Review service delivery in an Aboriginal or Torres Strait Islander community**

<table>
<thead>
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<th>Area of practice</th>
<th>Indigenous – Australia</th>
<th>EPA identification</th>
<th>ST3-INDAU-FELL-EPA2</th>
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<tbody>
<tr>
<td>Stage of training</td>
<td>Stage 3 – Advanced</td>
<td>Version</td>
<td>v0.7 (EC-approved 04/09/15)</td>
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The following EPA will be entrusted when your supervisor is confident that you can be trusted to perform the activity described at the required standard without more than distant (reactive) supervision. Your supervisor feels confident that you know when to ask for additional help and that you can be trusted to appropriately seek assistance in a timely manner.

**Title**

Review a model of mental health service delivery in an Aboriginal or Torres Strait Islander community service.

**Description**

Maximum 150 words

The role of a psychiatrist working in Aboriginal and Torres Strait Islander mental health often goes beyond clinical work and involves service improvement or development. As such, the trainee needs to be able to evaluate mental health service delivery in an Aboriginal and/or Torres Strait Islander population/community incorporating knowledge of other services and feedback from consumers and other stakeholders. The trainee can contextualise this information within an understanding of the culture and history of the Aboriginal and/or Torres Strait Islander population/community and the respective socioeconomic circumstances. They can consider issues of resource availability, organisations involved, clinician skill sets and the barriers to consumer access. From this evaluation, the trainee can make recommendations for improvement and how this can be achieved.

**Fellowship competencies**

<table>
<thead>
<tr>
<th>Fellowship competencies</th>
<th>ME</th>
<th>HA</th>
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<tr>
<td></td>
<td>7</td>
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<td>MAN</td>
<td>2, 3, 4</td>
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**Knowledge, skills and attitude required**

The following lists are neither exhaustive nor prescriptive.

Competence is demonstrated if the trainee has shown sufficient aspects of the knowledge, skills and attitude described below.

**Ability to apply an adequate knowledge base**

- Knowledge of the local community.
- Knowledge of the history and evolution of local services.
- Understands the link between social determinants and mental illness/social and emotional wellbeing problems and has knowledge of services and resources addressing these factors.
Knowledge of different forms of health organisations from which Aboriginal and Torres Strait Islander peoples access mental health services (eg. community controlled health organisations) and the barriers to healthcare delivery and consumer access for each form.

Knowledge and understanding of the impact of geographical constraints on remote communities.

Knowledge of community-based and traditional treatment and support mechanisms.

Knowledge of local, state-wide and commonwealth Aboriginal and Torres Strait Islander mental health programs and initiatives that can provide additional resources.

Skills

Ability to obtain the necessary information to understand an existing model of service delivery.

Ability to survey broadly across healthcare providers, consumers and other stakeholders to develop a deeper understanding of the mental healthcare needs in a particular area.

Ability to work with Aboriginal and Torres Strait Islander mental health workers and local Elders to develop an understanding of culturally appropriate supports that exist locally or could be introduced.

Ability to partake in interagency negotiations and achieve compromises that lead to productive partnerships.

Attitude

Focussing equally on the individual and the bigger picture.

Tolerance for frustration in accessing all relevant stakeholders to gather information and build collaborative partnerships.

Patience in the process of change.

Inquisitive and respectful, rather than assumptive, when reviewing the model of service delivery.

Honest about gaps in cultural knowledge and attitude of seeking to learn.

Assessment method

Progressively assessed during individual and clinical supervision, including three appropriate WBAs.

Suggested assessment method details

Professional presentation.

Case-based discussion.

Mini-Clinical Evaluation Exercise.

References

THE ROYAL AUSTRALIAN AND NEW ZEALAND COLLEGE OF PSYCHIATRISTS. Module 4: Review a model of mental health service delivery in an Aboriginal or Torres Strait Islander community. Melbourne: RANZCP, October 2014. Viewed 18 November 2014, <Learnit: Module 4: Review a model of mental health service delivery in an Aboriginal or Torres Strait Islander community>