

## Adult psychiatry – Certificate program

### Training requirements



*Trainees undertaking a Certificate of Advanced Training program and Stage 3 of the Fellowship Program concurrently must follow the requirements for both programs.*

This document provides a summary of the training requirements of the *Certificate of Advanced Training in Adult Psychiatry*. The requirements apply to both trainees and Fellows-in-training.

**Please note:** The requirements listed below were approved by the Subcommittee of Advanced Training in Adult Psychiatry (SATAP) on 29 September 2015.

- Successful completion of 24 months FTE training in accredited adult psychiatry training posts.
  - Up to 6 months FTE can be spent in another clinical area of practice or in teaching or medical administration provided the training experience relates to adults; prospective approval on a case-by-case basis from the Director of Advanced Training (DOAT) is required.
  - Up to 12 months FTE of research can be prospectively approved on a case-by-case basis by SATAP. Any application would need to detail how the required adult psychiatry EPAs are to be completed, satisfactory supervision and how the formal teaching program is to be achieved.
- Attainment of **eight** Stage 3 adult psychiatry EPAs; two per 6-month FTE rotation.
  - Five adult psychiatry EPAs are mandatory for Certificate completion (see [Certificate of Advanced Training in Adult Psychiatry](#) web page for details), trainees are to choose an additional three EPAs to attain from the remaining adult psychiatry EPAs. If a trainee has completed the Stage 2 adult psychiatry EPAs 'Assess treatment-refractory psychiatric disorders', 'Physical comorbidity' 'Postpartum mental illness' and 'Psychiatric disorders in pregnancy', the similar, mandatory Stage 3 EPAs cannot be attained. In this situation, the remaining three mandatory Stage 3 EPAs are to be attained and trainees are to choose an additional five EPAs to attain from the remaining adult psychiatry EPAs.
  - *Transitioning trainees:* trainees who have transitioned from the 2003 program may attain the two aforementioned Stage 3 EPAs if they have only been credited the similar Stage 2 EPAs (and have not actually attained them). This is clearly marked on their Training Report (Transition: Credited EPA).
  - If a trainee undertakes a prospectively approved 6-month FTE elective rotation in another clinical area of practice, they **must** attain the EPAs relevant to that area of practice, e.g. if undertaking a forensic psychiatry rotation, the trainee **must** attain two forensic psychiatry EPAs. (I.e. the trainee will attain six adult psychiatry EPAs and two EPAs from the other clinical area of practice.)
  - A minimum of three WBAs are required to contribute to the evidence base for each required EPA.
- Completion of a formal adult psychiatry teaching program.
  - If a local, SATAP-approved program is available, trainees are required to attend. If no formal program is available, trainees are required to complete self-directed learning.
  - The teaching program can be undertaken while on a break in training depending on the arrangements with the course provider and with the employing health service, where relevant.

- Participation in **two** committees or planning groups.
  - Involvement in at least two administrative, quality assurance or planning committees/groups, each for a sufficient time-period to gain some experience of this aspect of a psychiatrist's role. Choice of committee or planning group should be discussed with your DOAT.
  - The details of the committees participation will be noted on the In-Training Assessment (ITA) forms.
  
- Treatment of at least **four** adults with a mental disorder to completion with a structured psychotherapy.
  - Suitable therapies and further guidance have been provided by SATAP. (See structured psychotherapy requirements on the [Certificate of Advanced Training in Adult Psychiatry](#) web page.)
  - The structured psychotherapy requirement is in addition to the Stage 3 Fellowship psychotherapy requirement.
  - The patients treated must be different patients to those the trainee has seen for the Psychotherapy Written Case, the Stage 3 Fellowship psychotherapy requirements or any psychotherapy-related EPAs.
  
- Completion of **10** case formulations.
  - De-identified, typed formulations of 800–1000 words (or approximately 2 pages) are required for each case and should include the following: patient age and gender, brief details of presenting context and symptom(s) and a formulation culminating in a formal diagnosis presented according to a recognised diagnostic system (DSM-5 or ICD-10).
  - Case formulations are formative and can assist trainees in preparing for the OSCE and Essay-style Exam. Trainees are encouraged to complete at least 5 case formulations per year (preferably completing Case Formulations in each rotation) and to discuss these with their supervisor. Case Formulations are to be submitted to the DOAT for feedback.
  - The principal supervisor must sign and date each, then DOAT to review. The number of completed case formulations per rotation will be noted on the end-of-rotation ITA form.
  - Cases as per the following:
    - 2 patients with bipolar disorder
    - 2 patients with borderline personality disorder
    - 2 patients with schizophrenia
    - 2 patients with major depression
    - 2 patients with anxiety/trauma- and stressor-related/obsessive-compulsive and related disorders.
  
- Completion of (formative) mid-rotation and (summative) end-of-rotation ITAs to be reviewed by the DOAT.
  - End-of-rotation ITA forms must be submitted within 60 days of the completion of each rotation.
  
- Submission of checklist & sign off
  - To be signed by the trainee, DOAT and SATAP Chair as declaration and confirmation that the trainee has satisfactorily completed the requirements of the Certificate training program.
  - For more information on the awarding of advance certificate process, please visit the [Certificates of Advanced Training mandatory requirements](#) section on the RANZCP website.

For trainees and Fellows who **transition from the 2003 training program**, please refer to the *Adult Psychiatry Certificate Program Transition Matrix* for the transition rules. It is a trainee's/Fellow's responsibility to be familiar with the requirements post-transition.

## Revision Record

Contact		Project Officer, Education and Training	
Date	Version	Approver	Description
08/08/19	v2.0	N/A	Addition of Certificate award process.
27/07/18	v1.9	Education Committee	Added to expand EPAs to include Stage 2 'Postpartum mental illness' and 'Psychiatric disorders in pregnancy'. Approved by CFT 28/06/18, Approved EC 27/07/18
10/11/17	v1.8	N/A	Removed five case formulations per 12 FTE months to provide flexibility for when requirement is completed.
14/08/17	v1.7	SATAP	Updated to clarify committees participation should be notated on ITA form.
15/02/17	v1.6	SATAP	Clarified trainees are encouraged to complete five case formulations per year.
31/03/17	v1.5	Education Committee	Expanded elective post options to include both teaching and medical administration training.
15/08/16	v1.4	SATAP	Revised to include trauma- and stressor-related/obsessive-compulsive and related disorders as option for formulations. Choice of committee should be discussed with DOAT. SATAP approved 19/05/16.
16/12/15	v1.3	Education Committee	Updated to include structured psychotherapy requirements and adjust mandatory EPA numbers. Case formulation wording modified. Two committees or groups clarified. Included submission of checklist & sign off.
04/11/15	v1.1	N/A	Updated to clarify EPA requirements in elective rotations.
21/10/15	v1.0	Education Committee	New document. Approved by CFT 08/10/15. Approved EC out of session 14/10/15.
<b>June 2020</b>			<b>NEXT REVIEW</b>