If the last 18 months has proven anything, it’s that taking care of our mental health is something we all need to make a priority. The impact of COVID has brought into focus the shortcomings in our mental health services.

While this may be a revelation for metropolitan residents, those in rural South Australia have known it for years. In 1994 a review concluded that, ‘We offer our sympathy to those who suffer from serious mental illness and to their relatives in rural South Australia. The situation reflects an awful neglect...Leave Adelaide and you leave behind mental health services’

In the past 25 years there have been some remarkable changes in mental health services in our State, but is the situation now ‘good enough’? What will mental health services look like in the future?

Local boy Ken Fielke has spent more than 20 years supporting good mental health in regional SA. Join him as he talks about how we are all shaping that future and how to have ‘mental health for all’, everybody will have a role to play.

‘Life doesn’t make any sense without interdependence. We need each other, and the sooner we learn that, the better for us all.’ — Erik Erikson.

Click here to REGISTER to attend the lecture or go online to www.ranzcp.org, About Us, Australian Branches, South Australia to register.

Note: Members of the General Public will need to create an account to register.

All enquiries to: Mrs Trudy Lisk, RANZCP SA by 1 October 2021.

Telephone: +618 8219 4200 or Email: ranzcp.sa@ranzcp.org

By registering for this event, the RANZCP reserves the right to provide your contact details to Authorities for the purposes of contact tracing and any relevant Government requirements.
DR KEN FIELKE, OAM

“What will mental health services look like for your grand children’s generation?”

Ken was asked this question when he was appointed as a psychiatrist to the Rural and Remote Mental Health Services in 1999.

Ken was born and educated in Loxton and grew up on a farm on the other side of Bugle Hut. He returned to Loxton as a GP registrar, was the first Clinical Director of Mental Health in Country Health SA and now visits Loxton and 10 other locations across SA as a private outreach psychiatrist.

He now also has grandchildren.

Ken’s rural upbringing, diverse professional background and connections to multiple country communities gives him a unique perspective on what may be a “good enough” mental health service in South Australia in the future.

In the end, we will never have enough psychiatrists or mental health professionals. There is a role for all of us and all of us will need to be involved.

In 2008 Ken was honored with an OAM for his “service to the communities of rural and remote SA through the delivery of mental health services and programs”.

‘This is not a Department for Education and Child Development (“DECD”) organized or sponsored activity and DECD accepts no responsibility or liability in relation to this activity. DECD accepts no responsibility or liability for services or activities organized or provided by The Royal Australian and New Zealand College of Psychiatrists.’

All children who attend this event must be accompanied by an Adult or Guardian.