United focus – clinically relevant to practice

SPEAKERS

Professor David Castle
David is Professor of Psychiatry at St Vincent’s Health and The University of Melbourne. He has wide clinical and research interests, encompassing schizophrenia and related disorders, bipolar disorder, OCD spectrum disorders and disorders of body image. He has a longstanding interest in the impact of licit and illicit substances on the brain and body, and is actively engaged in programmes addressing the physical health of the mentally ill and the mental health of the physically ill. He has published widely in the scientific literature and is a frequent speaker at scientific meetings. His broader interests include music, literature, theatre and art.

Professor Colleen Loo
Colleen Loo, MBBS (Hons), FRANZCP, MD (research doctorate), is a clinical psychiatrist and Professor of Psychiatry at the University of New South Wales, Sydney; Australia. She is an internationally recognised clinical expert and researcher in the field of ECT, ketamine and novel brain stimulation treatments (rTMS, tDCS) for depression. She leads a translational research team which spans laboratory neuroscience, clinical research and clinical trials. She has had input into RANZCP, state health and international treatment guidelines and policy.

Dr Peter Heffernan
Dr Peter Heffernan is a consultant psychiatrist and adult ADHD therapist who has specialised in the field of ADHD in psychiatry for ten years, on a background of thirty-five years in psychiatry in Melbourne. He is a psychoanalytic psychotherapist, a Member of the Victorian Association of Psychoanalytic Psychotherapists. He is a member of the United Kingdom Adult ADHD Network (UKAAN), having completed the UKAAN training in Adult ADHD assessment diagnosis and management in 2015. He is inaugural Chairperson of the RANZCP ADHD Network.

He believes that effective management of ADHD is a cornerstone of the successful use of psychotherapies and pharmacotherapies for the other more obvious mental disorders so commonly encountered in the ADHD patient cohort.
| **Professor Julian Trollor** | Julian is a neuropsychiatrist and holds the inaugural Chair of Intellectual Disability Mental Health at the University of New South Wales (UNSW). He also heads the Department of Developmental Disability Neuropsychiatry (3DN) within the School of Psychiatry at UNSW.

Julian and his 3DN team work to improve health policy, practice and supports for people with an intellectual or developmental disability. The team is involved in teaching, training, health promotion, and the development of educational resources. 3DN conducts research with high translational benefit to the disability and health sectors and provides consultancy of the highest standard, including clinical consultations, advocacy and contributions to policy and legislative reviews.

Further details and resources are available at https://3dn.unsw.edu.au. Follow 3DN on twitter @3DN_UNSW. |
| **Dr Balaji Motamarri** | Dr Balaji Motamarri is a qualified psychiatrist from one of the premier institutes of India and moved to Australia in 1998. He has more than 15 years’ experience in psychiatry since completing his postgraduate qualifications.

Dr Motamarri acquired his Fellowship of RANZCP in 2003 and since has held senior clinical and managerial positions both in Adelaide and in Queensland.

Dr Motamarri has a keen interest in teaching and holds a clinical title of Senior Lecturer at the University of Queensland and University of Adelaide, Australia. He is also an accredited examiner for the College. Dr Motamarri has been involved in development and improvement of district wide mental health services and services as an administrator within hospitals in Adelaide and Queensland. He is keen about research activities and has been involved in various research projects resulting in publications in peer reviewed journals. |
| **Dr Michelle Atchison** | Dr Michelle Atchison is a private psychiatrist in Adelaide with a particular interest in trauma and military psychiatry. She carries a clinical load and is involved in civil and Department of Veterans' Affairs medico legal reports. To balance clinical work, Michelle is involved with the South Australian Branch Training Committee as the Director of Advanced Training in the Adult Certificate, and has been involved in developing the Faculty of Adult Psychiatry.

Michelle has a long history of involvement in College activities and committees. She is currently the chair of the binational Section of Private Practice Psychiatry and is involved in a number of other training and advocacy committees. She is the vice president of the AMA in South Australia. |
Dr Sue Waite is a senior consultant psychiatrist who has worked in a variety of settings for the Central Adelaide Local Health Network (CALHN) since obtaining her RANZCP Fellowship in 2002.

Dr Waite has a special interest in Cognitive Behaviour Therapy (CBT) for Anxiety Disorders and Obsessive-compulsive Disorder. She has worked at the Centre for the Treatment of Anxiety and Depression (CTAD) since it was established in 2006. She has researched the effectiveness of group CBT for clinical perfectionism and introduced new CBT training methods for junior medical officers and psychiatry registrars.

Dr Waite was also appointed to the position of Director of Electroconvulsive Therapy at the Queen Elizabeth Hospital in 2010. She has been an active member of the Clinical Alliance and Research in ECT (CARE) Network and is Chair of the SA Section of ECT. She has been involved in several research projects in ECT, including the first Australian study investigating the impact of ECT on Quality of Life.

Dr Waite is a Senior Clinical Lecturer at the University of Adelaide, Discipline of Psychiatry and is committed to improving training in CBT and ECT.