Enabling Supported Decision-Making

Enabling Supported Decision-Making Committee, Subcommittee of the RANZCP Victorian Branch

BACKGROUND

- The Mental Health Act 2014 (Victoria) introduced a supported decision-making (SDM) model for people living with mental illness and who are subject to compulsory assessment and treatment.
- The implementation of SDM can be challenging and can require significant reorganisation, innovation and change to mental health care.
- In 2015, the Department of Health and Human Services (DHHS) provided project funding for consumers and clinicians to co-produce training and resources to support psychiatrists and trainees to enable SDM in practice.

The three guiding principles of co-production (Grey and Roper, 2015) that directed the project methodology are:

**Partnership:** Consumers are partners from the outset.

**Power:** Power differentials are acknowledged, explored and addressed.

**Leadership and capacity:** Consumer leadership and capacity are grown.


**AM & OBJECTIVES**

- To improve outcomes and experiences of care for consumers, carers and families.
- To enable psychiatrists and trainees to support consumers to have control and choice over decisions relating to their treatment, care and recovery.
- To apply co-production methodology to the project, which mirrors the principles of supported decision-making.

**PRINCIPLES OF CO-PRODUCTION**

**Workshop learning outcomes**  
**Pre workshop**  
**Post workshop**  
**3-months post workshop**

<table>
<thead>
<tr>
<th>Workshop learning outcomes</th>
<th>Pre workshop</th>
<th>Post workshop</th>
<th>3-months post workshop</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knowledge of principles of SDM</td>
<td>16%</td>
<td>91%</td>
<td>91%</td>
</tr>
<tr>
<td>Knowledge and skill in practising SDM</td>
<td>33%</td>
<td>93%</td>
<td>96%</td>
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<tr>
<td>Confidence in practising SDM</td>
<td>21%</td>
<td>77%</td>
<td>77%</td>
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</table>

**WORKSHOP PARTICIPANT FEEDBACK**

**RANZCP Victorian Branch position paper**  
Enabling Supported Decision-Making (2018)

- Provision of all project deliverables (resource kit) to the DHHS which includes:
  - All workshop materials including facilitator and participant manuals, presentations and participant audit tools.
  - RANZCP Victorian Branch SDM position paper.
  - Project Terms of Reference.

- Online training module will be available to all psychiatrists and trainees on the RANZCP Learnit platform.

- Inclusion of the SDM position paper in RANZCP training resources including the Entrustable Professional Activities handbook references.

**KEY RESOURCES**


The Enabling Supported Decision-Making Project was made possible with funding from the Department of Health and Human Services