2019 Annual Review
Improving the mental health of communities through high quality psychiatric care, education, leadership and advocacy
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**Note:** All committee member lists current as at 31 December 2019.
Vision, values, purposes

Our vision
To improve the mental health of communities through high-quality psychiatric care, education, leadership and advocacy.

Our values
- Collaboration
- Excellence
- Integrity
- Respect
- Compassion
- Innovation
- Sustainability

Our purposes
Advance the profession of psychiatry through the delivery of best-practice training, continuing professional development and high-quality psychiatric care.

Improve the mental health of communities by working with stakeholders to support high-quality psychiatric care.

Meet the needs and expectations of members to enhance the value of their membership whilst ensuring the sustainable growth of the College.

Note about COVID-19
All the reports in the 2019 Annual Review were written before the start of the COVID-19 pandemic and reflect the activities of the Royal Australian and New Zealand College of Psychiatrists in 2019.
Members of the RANZCP comprise Fellows, Associates (trainees), Affiliates and international corresponding members.

Members are based throughout Australia and New Zealand, as well as in 29 other countries worldwide. Almost 50% of members are located in New South Wales or Victoria, followed by Queensland and New Zealand.

### Membership numbers*

<table>
<thead>
<tr>
<th>Member type</th>
<th>NSW</th>
<th>VIC</th>
<th>QLD</th>
<th>NZ</th>
<th>WA</th>
<th>SA</th>
<th>TAS</th>
<th>ACT</th>
<th>NT</th>
<th>Overseas</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fellow**</td>
<td>1270</td>
<td>1193</td>
<td>855</td>
<td>433</td>
<td>396</td>
<td>348</td>
<td>83</td>
<td>75</td>
<td>21</td>
<td>157</td>
<td>4831</td>
</tr>
<tr>
<td>Associate member (trainee)</td>
<td>456</td>
<td>403</td>
<td>324</td>
<td>210</td>
<td>124</td>
<td>100</td>
<td>20</td>
<td>38</td>
<td>17</td>
<td>4</td>
<td>1696</td>
</tr>
<tr>
<td>Affiliate member</td>
<td>1</td>
<td>12</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>220</td>
</tr>
<tr>
<td>International corresponding member</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1727</td>
<td>1608</td>
<td>1182</td>
<td>847</td>
<td>520</td>
<td>448</td>
<td>103</td>
<td>113</td>
<td>38</td>
<td>167</td>
<td>6753</td>
</tr>
</tbody>
</table>

* Figures as at 31 December 2019
** This includes Fellows in the ‘retired’ category but still with an ‘active’ status.
### Membership at a glance

<table>
<thead>
<tr>
<th>Total members</th>
<th>6753</th>
</tr>
</thead>
<tbody>
<tr>
<td>More male members of the College overall</td>
<td>3769 M 2984 F</td>
</tr>
<tr>
<td>New Fellows in 2019</td>
<td>208</td>
</tr>
<tr>
<td>New trainees enrolled in 2019</td>
<td>291</td>
</tr>
<tr>
<td>Majority of Fellows are aged 40+</td>
<td>40+</td>
</tr>
</tbody>
</table>

| 1029 |
| Members in their first five years of Fellowship |
| Female members represent the majority of trainees |
| Male members account for the majority of Fellows |
| Male members account for the majority of Affiliate members |
| More female members than male under age 39 |

### Gender distribution of membership

- **Trainees**: 1696 M 908 F
- **Affiliates**: 220 F 121 M
- **Fellows**: 4831 F 2984 M

### Faculty membership

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>Addiction Psychiatry</td>
<td>411</td>
</tr>
<tr>
<td>Adult Psychiatry</td>
<td>1123</td>
</tr>
<tr>
<td>Child and Adolescent Psychiatry</td>
<td>815</td>
</tr>
<tr>
<td>Consultation – Liaison Psychiatry</td>
<td>536</td>
</tr>
<tr>
<td>Forensic Psychiatry</td>
<td>671</td>
</tr>
<tr>
<td>Psychiatry of Old Age</td>
<td>613</td>
</tr>
<tr>
<td>Psychotherapy</td>
<td>900</td>
</tr>
</tbody>
</table>

### Section membership

- **Child and Adolescent Forensic Psychiatry**: 207
- **Early Career Psychiatry**: 1029
- **Electroconvulsive Therapy and Neurostimulation**: 534
- **History, Philosophy and Ethics of Psychiatry**: 448
- **Leadership and Management**: 366
- **Neuropsychiatry**: 473
- **Psychiatry of Intellectual and Developmental Disabilities**: 295
- **Perinatal and Infant Psychiatry**: 427
- **Private Practice Psychiatry**: 664
- **Rural Psychiatry**: 228
- **Social, Cultural and Rehabilitation Psychiatry**: 234
- **Youth Mental Health**: 362

### Network membership

- **Family Violence Psychiatry**: 81
- **Military, Veterans’ and Emergency Services Personnel Mental Health**: 126
Throughout 2019, several members of the RANZCP were publicly honoured in Australia and New Zealand for their achievements and contributions to psychiatry and mental health.

The RANZCP congratulates the following members:

Professor Hinemoa Elder
(New Zealand)
Member of the New Zealand Order of Merit (MNZM)

Professor David Greenberg
(NSW)
Medal of the Order of Australia (OAM)

Professor Hinemoa Elder was made a Member of the New Zealand Order of Merit for services to psychiatry and Māori.

Professor Elder is of Ngāti Kuri, Te Aupouri, Te Rarawa and Ngāpuhi descent and a mother of two adult children. She is an RANZCP Fellow and has been a consultant child and adolescent psychiatrist for more than 10 years, working in youth forensic mental health and neuropsychiatry, as well as the mother–baby and acute inpatient units at Starship Children’s Hospital, Auckland.

Professor Elder is the Māori Strategic Leader for the Centre of Research Excellence (CoRE) for the Ageing Brain based at the University of Auckland and is involved in research regarding traumatic brain injury, stroke and dementia. She holds a PhD from Massey University and a New Zealand Health Research Council Eru Pomare Post-Doctoral Fellowship that developed theory and a novel recovery approach grounded in Te Ao Māori, for Māori with traumatic brain injury, a condition recognised locally and internationally as over-represented in incarcerated populations. These resources are now being used in community rehabilitation services.

Professor Elder is also a deputy psychiatrist member of the New Zealand Mental Health Review Tribunal and a Specialist Assessor under the Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003. She is a trustee and director of Emerge Aotearoa, a national NGO. She was appointed to the Prime Minister’s Science Advisors Cannabis Expert Panel in 2019 for the referendum in 2020. In late 2019 she travelled to Antarctica as part of Homeward Bound, a global leadership program for women in science.

Professor David Greenberg was awarded a Medal of the Order of Australia for service to medicine in the field of mental health.

Professor Greenberg is currently Professor of Forensic Psychiatry, Conjoint appointment at the University of New South Wales. He is the past chair and Professor of Forensic Psychiatry at the University of Western Australia and Associate Professor of Forensic Psychiatry at the University of Ottawa, Canada. He graduated in medicine from the University of Cape Town in 1979 and obtained his initial psychiatry fellowship from the College of Medicine in South Africa in 1988. He completed a Masters in Psychiatry in 1989, obtained his forensic psychiatry fellowship from the University of Ottawa in 1990, and became a Fellow of the Royal College of Physicians and Surgeons of Canada in 1992 and an RANZCP Fellow in 2002.

In 1999, Professor Greenberg was appointed Statewide Director of the State Forensic Mental Health Service for the Western Australian Department of Health. He is a past president of both the Canadian Academy of Psychiatry and the Law and the Canadian Psychiatric Association Forensic Psychiatry Section, and a former WA Branch Chair of the RANZCP Section (now Faculty) of Forensic Psychiatry.

In 2002 he established and now directs the NSW Statewide Court Liaison Service (Justice Health Forensic Mental Health Service), which won the NSW Premier’s Public Sector Gold Award (Social Justice Section) in 2003. He won the 2015 UNSW Dean’s Award for major contributions to postgraduate teaching, and is the recipient of distinguished awards from the American Academy of Psychiatry and the Law and the American Academy of Forensic Sciences.
Dr Samir Ibrahim was awarded a Medal of the Order of Australia for service to psychiatry and to the community.

Dr Ibrahim completed a Master of Psychiatry (1986) in Egypt and coordinated the field studies of ICD 10 with the WHO Regional Office for the Eastern Mediterranean before migrating to Australia in 1994. He became an RANZCP Fellow in 1997 and has been an accredited registrar supervisor since 1995.

In 2007 he established TMS centres in three private hospitals and supervises staff training and upskilling. He has been published as a principal author and co-author in this field.

Since 2014, Dr Ibrahim has served as a Victorian representative on the RANZCP’s Family Violence Psychiatry Network Committee. He has been Secretary of the Family Research and Interventions Section of the World Psychiatric Association since 2014, where he has presented much research on family violence and family involvement in managing psychiatric disorder.

Dr Ibrahim has been the President of the Australian Egyptian Federation since 2017 and is a well-known educator among the Arabic-speaking communities in Australia and New Zealand. He teaches at St Athanasius College, a member of Divinity College. He has had a positive and transformative impact on these communities, which has helped to destigmatise the taboo of mental illness. He has co-developed parenting courses and pre-matrimonial courses for these communities. He has also developed youth programs on helping to translate for first-generation Australians, their parents’ attitudes, and how to communicate young people’s issues to older generations, which has had a stabilising influence on the community.

Professor Fiona Judd was appointed an Officer of the Order of Australia for distinguished service to medicine, and to medical education, as a clinical psychiatrist and academic, and to professional bodies.

Professor Judd has worked as a clinician, educator and researcher for over 30 years. As a consultation–liaison psychiatrist she has endeavoured to enhance the understanding and management of psychiatric problems experienced by individuals with medical illness, in both primary care and hospital settings. Her early work was with individuals with spinal cord injury and later she led the development of clinical psychiatric services for individuals affected by HIV/AIDS and participated in multidisciplinary research in this area.

More recently she has worked in women’s mental health and in 2007 was appointed the Inaugural Director of the Centre for Women’s Mental Health at the Royal Women’s Hospital in Melbourne. Currently she works as a perinatal psychiatrist at the Royal Hobart Hospital.

Alongside clinical work and research, Professor Judd has been an active teacher, with a particular interest in general practitioner education and, together with general practice colleagues, developed a Masters of General Practice Psychiatry. She has a keen interest in mental health policy and service delivery and has contributed to both federal and state government activities, including chairing the Victorian Ministerial Advisory Group on Mental Health.

From her first days as an RANZCP Fellow, Professor Judd has been active on College committees. She is currently Chair of the Tasmanian Branch Training Committee and a member of the Committee for Training.
Members honoured

Dr Skye Kinder (Victoria)

2019 Young Victorian of the Year
2019 Victorian Young Australian of the Year

Dr Skye Kinder was named the 2019 Young Victorian of the Year and 2019 Victorian Young Australian of the Year.

Dr Kinder is a current psychiatry trainee at St Vincent’s Hospital Melbourne. A passionate advocate for rural communities and marginalised patients, her interests include health policy, workforce planning, and service and process enhancement.

She is committed to fostering change for the benefit of colleagues and patients alike and is on the Board of the Rural Doctors Association of Victoria and the Board of the Postgraduate Medical Council of Victoria. In her spare time, she is studying Health and Medical Law at the University of Melbourne to better advocate for patients’ rights.

Dr Kinder was previously recognised as the 2017 Victorian Junior Doctor of the Year and was named on the Australian Financial Review’s 100 Women of Influence list for 2019. She was invited to attend the Commission on the Status of Women at the United Nations Headquarters in New York City in March 2020, as a delegate for the Medical Women’s International Association. Unfortunately, the event was curtailed due to the COVID-19 pandemic.

Professor Jayashri Kulkarni (Victoria)

Member of the Order of Australia (AM)

Professor Jayashri Kulkarni was made a Member of the Order of Australia for significant service to medicine in the field of psychiatry.

Professor Kulkarni commenced her appointment as Professor of Psychiatry at The Alfred and Monash University in 2002. She currently directs the Monash Alfred Psychiatry Research Centre (MAPrc) – a large multi-site clinical research centre with an extensive, collaborative, national and international network. The MAPrc is dedicated to discovering new treatments, new understanding and new services for people with a range of mental illnesses.

She completed her primary medical degree at Monash University and worked mainly in emergency medicine before deciding to specialise in psychiatry. She became an RANZCP Fellow in 1988 and was awarded a PhD from Monash University in 1997 for her thesis ‘Women and psychosis’.

She has pioneered the novel use of estrogen as a treatment for schizophrenia and is internationally acknowledged as a leader in the field of reproductive hormones and their impact on mental health. An expert in women’s mental health, Professor Kulkarni was elected President of the International Association of Women’s Mental Health, a role she held from 2017–19. She sits on many advisory boards for government, the National Health and Medical Research Council, industry and universities. She is a popular speaker with numerous media engagements.
Ms Ingrid Ozols was made a Member of the Order of Australia for significant service to mental health and suicide prevention in the workplace.

Ms Ozols is a Senior Fellow in the Department of Psychiatry, University of Melbourne. She is an active lived-experience advocate in workplace and community mental health and suicide prevention, and has been an educator and peer support consultant for nearly 20 years.

As founder and managing director of Mental Health at Work (mh@work), she consults to businesses, government and non-government organisations, offering a variety of related innovative programs and services. These include improving workplace understanding and skills around mental health, suicide prevention using face-to-face evidence-based approaches, and strategic, sustainable planning and implementation to create supportive cultures.

She also contributes to mental health policy reform in Australia and was the inaugural Chair of Beyond Blue’s Blue Voices Consumer and Carer Lived Experience Network in 2001, and the Black Dog Institute Centre of Research Excellence in Suicide Prevention Consumer and Carer Lived Experience Network for Research. She participates as a member of many national mental health and suicide prevention boards and committees.

In her role as the Community Member for the RANZCP Victorian Branch Committee, Ms Ozols has made significant contributions to the work undertaken by the Branch, providing advice and feedback around submissions and policies. During this time, she has specifically applied her mental health expertise to the Branch’s engagement with the Royal Commission into Victoria’s Mental Health System, including by adding value and depth to the formal submission to the Royal Commission.

50 years of College membership

As part of the RANZCP Membership Recognition Program, we acknowledge the contributions to the College and the profession from the following Fellows, who reached the milestone of 50 years of College membership in 2019.

- Dr Irene Apel
- Dr Gary Barnes
- Dr Patrick Burges Watson
- Dr Hari Chopra
- Dr Raymond Chynoweth
- Dr Alan Cotton
- Dr Richard Curnow
- Dr Graham Edwards
- Dr Peter Fama
- Dr Rodney Farnbach
- Associate Professor John Fielding
- Dr Alan Frazer
- Dr Howard Gorton
- Dr Donald Grant
- Dr Peter Grant
- Dr Neville Hills
- Dr William Hurley
- Dr William Kerr
- Professor Russell Meares
- Dr Rodney Milton
- Dr John Parkinson
- Dr Peter Shea
- Dr Roberta Steele
- Dr Anthony Zorbas
Each year, the College presents a variety of awards and grants to acknowledge outstanding achievements in psychiatry, to recognise excellence in psychiatric research and training or to encourage new and emerging researchers.

The following awards and grants were conferred in 2019.

**College Medal of Honour**
- Professor Brian Draper
The College Medal of Honour is the College’s highest and most prestigious award. It is presented for distinguished and meritorious service to the College, to an RANZCP Fellow who has given a minimum of ten years’ active service in organisational and/or administrative areas of the College.

**College Citation**
- Dr Peggy Brown
- Emeritus Professor Bruce Tonge
Established in 1986, the College Citation honours special service to the RANZCP or psychiatry. A College Citation was awarded to the following two Fellows in 2019:
- Dr Peggy Brown for her significant contributions to psychiatry, in particular for her work in direct clinical care, service development and leadership.
- Professor Bruce Tonge for his many and varied accomplishments across clinical, research and administrative psychiatry both locally and abroad.

**The Ian Simpson Award**
- Dr James Telfer
The Ian Simpson Award honours College foundation member Dr Ian Simpson and acknowledges the most outstanding contribution to clinical psychiatry through service to patients and the community.

The Ian Simpson Award was presented to Dr James Telfer for his consistent high-calibre clinical care, teaching and leadership in mental health services in New South Wales.

**The Margaret Tobin Award**
- Dr Elizabeth Moore
Named in honour of the late Dr Margaret Tobin, the Margaret Tobin Award is made to the RANZCP Fellow who has made the most significant contribution to administrative psychiatry in Australia and New Zealand over the preceding five years.

**The Maddison Medallion**
- Dr Rebecca Graham
- Dr Claire Wise
First awarded in 1970, the Maddison Medallion recognises and encourages excellence in the study of psychiatry. It is awarded for meritorious performance during training and in the examinations leading to Fellowship of the RANZCP.

**The Mark Sheldon Prize**
- Associate Professor Edward Heffernan
The Mark Sheldon Prize was established by the family, friends and colleagues of the late Dr Mark Sheldon to recognise noteworthy contributions to Indigenous mental health in either Australia or New Zealand.

**The RANZCP Early Career Psychiatrist Award**
- Dr Nicola Warren
The RANZCP Early Career Psychiatrist Award was established in 1979 to encourage and promote research in psychiatry in Australia and New Zealand. It is presented to the Fellow or registrar who has contributed the most significant paper published in the past two years.

**The Pat, Toni and Peter Kinsman Family Research Scholarship**
- Dr Beth Mah, Associate Professor Kym Rae, Associate Professor Maree Gruppetta and Ms Lisa Orcher
Supported by a bequest from the Kinsman family, the Pat, Toni and Peter Kinsman Family Research Scholarship was established in 1996 to encourage research into postnatal depression in women in Australia and New Zealand.

**The Scholarly Project Award**
- Dr Russell Blakelock
The Scholarly Project Award recognises and encourages excellence in the study of psychiatry. It is awarded for the most meritorious scholarly project submitted for the previous calendar year.

**The RANZCP Senior Research Award**
- Professor Julian Trollor
Established in 1978 to recognise excellence in research in psychiatry in Australia and New Zealand, the RANZCP Senior Research Award is presented to the Fellow who has made the most significant contribution to psychiatric research in Australia and New Zealand over the preceding five years.
The Connell Werry Prize

» Dr Joel Killey

The Connell Werry Prize is awarded to an Advanced Trainee in Child and Adolescent Psychiatry for the most outstanding paper or poster presented at the RANZCP Faculty of Child and Adolescent Psychiatry conference. The prize honours Dr Helen Connell and Professor John Werry who were pioneers in the field in Australia and New Zealand.

The Medlicott Award

» Dr Carolina Cerón Castano and Dr Zara Samaraweera

The Medlicott Award honours Emeritus Professor Reginald Medlicott, a leading forensic psychiatrist in New Zealand and inaugural president of the RANZCP, following its incorporation in 1963. The award seeks to encourage achievements and excellence in research in forensic psychiatry.

Faculty of Psychotherapy Essay Prize

» Dr Reece Bretag-Norris

The Faculty of Psychotherapy Essay Prize is given for the best essay submitted by a psychiatry trainee or recent Fellow on a psychotherapy topic.

Addiction Psychiatry Prize

» Dr Nathan Jacobs

The Addiction Psychiatry Prize is an incentive award designed to encourage achievements and excellence in addiction psychiatry.

The Faculty of Psychotherapy Research Award

» Dr Myles Gutkin

The Faculty of Psychotherapy Research Award encourages research in psychiatry among psychiatry trainees and recent Fellows in Australia and New Zealand.

The Private Mental Health Consumer Carer Network (Australia) (PMHCCN) Award for Best Practice in Consumer and Carer Inclusion

» Dr Katherine Moss

New for 2019, the PMHCCN Award is for the psychiatry trainee who has submitted the best reflection following completion of all five Collaboration, Communication and Cooperation between Health Professionals modules in LearnIt. The award recognises best practice in consumer and carer inclusion.

The Faculty of Psychiatry of Old Age Basic Trainee Prize

» Dr Reece Bretag-Norris

The Faculty of Psychiatry of Old Age Basic Psychiatric Trainee Prize is designed to promote excellence in advancing the quality of life in older people with mental illness. It is awarded to a psychiatry trainee for a draft article suitable for journal publication, published article, case review or study.

The Howard Cooper Travelling Fellowship in Child and Adolescent Psychiatry

» Dr Do Tuyet Mai

This fellowship enables a psychiatry trainee or psychiatrist from the Asia-Pacific region to gain experience in child and adolescent psychiatry in Australia or New Zealand. The fellowship honours the life of Dr Howard Cooper, a former chair of the Faculty of Child and Adolescent Psychiatry.

The Trisno Family Research Grant

» Dr Nurrul Johari

Supported by a donation from Dr Roth Trisno and family, the Trisno Family Research Grant aims to support research in the field of old age psychiatry to address the need for more research to optimise the prevention, diagnosis, management and continuing care strategies for older populations.
As I look back over the year 2019, I’m proud of the advances the College has made in extending its influence in public debate and government policy, as well as in the medical and wider community. The effects of this for psychiatry are evident in the greater demand for our expertise amongst key decision-makers, and the weight afforded to our contributions in the mental health sector and across health systems.

My warmest thanks go to Dr Kym Jenkins, from whom I took over the presidency at our Congress in May. Dr Jenkins gave enormously of her time and knowledge, demonstrating outstanding commitment to all facets of College activity and, most of all, distinguished leadership. The College is most grateful for her achievements during her time as President and I am personally honoured to have worked with her in that capacity and as a Board member.

It is testament to both the quality of her contribution as President and the enhanced profile of psychiatry more broadly that Dr Jenkins was appointed Chair of the Council of Presidents of Medical Colleges in November.

One of the tasks of the first few months of my presidency was to attend conferences held by our sister organisations: the American Psychiatric Association (APA), Japanese Society of Psychiatry and Neurology (JSPN) and Royal College of Psychiatrists (RCPsych). Attending and presenting at these international conferences enabled me to share knowledge of psychiatry specific to our experiences in Australia and New Zealand. It was also a valuable opportunity to meet with each organisation’s leadership teams to gain insights into how they operate.

At the APA’s Annual Meeting in San Francisco in May, I presented a poster on how the College partners with people with lived experience of mental illness and their communities, and how we engage with consumers and carers. At the JSPN Congress in Niigata in June, I took part in a Leaders’ Round Table on psychiatric liaison team activities, and a symposium on postgraduate training where I spoke about the increasing specialisation of psychiatry and its implications for the profession of psychiatry and the RANZCP training program. In July, at the RCPsych International Congress in London, I presented a poster on the College’s initiatives to build workforce capacity in the Pacific, particularly with the Pasifika Study Group.

While in London, the College’s Chief Executive Officer and I met with the RCPsych President and Chief Executive Officer, and formally signed a new memorandum of understanding (MoU). The RANZCP and the RCPsych have enjoyed a long history of collaboration, open dialogue and shared objectives and the new MoU formally acknowledges the areas of mutual interest for future collaborative efforts.

Strengthening our ties with neighbours in the Asia and Pacific regions was a major focus throughout the year. In February, my predecessor Dr Jenkins hosted the Asian Federation of Psychiatric Associations’ World Congress of Asian Psychiatry in Sydney. The College also hosted a delegation from the JSPN at Congress in May, where Dr Jenkins presented a joint symposium with the JSPN.

In 2019, the topic of suicide came into greater focus for governments and communities in Australia and New Zealand. In October, I gathered representatives from across the College to create a President’s Advisory Group on suicide to generate new ideas and initiatives grounded in evidence and best-practice principles to reduce the rates and impact of suicide, especially for vulnerable populations.

With the mental health system and workforce issues taking centre stage through royal commissions and productivity commission inquiries into mental health in Australia, the College pushed for the development of the National Medical Workforce Strategy and stepped up activity around the collection and analysis of workforce data to enable us to better advocate to government.

In New Zealand, in response to the Mental Health and Addictions Inquiry’s report, He Ara Oranga, the College called for a skilled, collaborative and well-supported workforce through a national campaign to ‘get the right people in the right places’.

Suicide and workforce are just two of the six strategic groups that were established and set in train in 2019 to progress outcomes in these priority areas. The other groups established address Aboriginal, Torres Strait Islander and Māori mental health, rural and remote mental health, alcohol harm and mental health, and support for our Pacific neighbours.

The speed and intensity of the news cycle has implications for how the College relates to the media, and last year this continued apace. After a strategic planning day in August, the Board developed a priority list of topics and spokespersons on various subject matters to facilitate media proactivity and presence. In November, a successful media training day attended by interested chairs of Branches, Faculties, Sections, Networks, committees and groups was also held in Brisbane.

In closing, it is difficult not to make mention of the catastrophic bushfire events which ravaged Australia and the impact this had and is still having on local communities. I understand there were many Fellows living in, visiting and working across fire-affected areas and I wholeheartedly thank them for their professionalism and commitment to patients and community.

As I move into the first full calendar year of my presidency, I look forward to building on the headway made in 2019. I would also like to thank the Board, CEO and staff for all their hard work and for assisting me with the transition into the role of President.
The spotlight shone brightly on mental health in 2019, with heightened public interest and government focus on a diverse range of issues in both Australia and New Zealand. This saw the College step up efforts to capitalise on some once-in-a-generation opportunities.

The College collaborated extensively with fellow medical colleges and associations, mental health organisations and key stakeholders on public campaigns such as the call to establish and maintain the Medevac legislation and Independent Health Advice Panel in Australia. We also made numerous submissions to government inquiries, provided representation on expert panels and worked closely with both the Australian and New Zealand governments.

Strong working relationships were enhanced with governments at national, state and territory levels through efforts at all levels of the organisation, especially by the contributions of the New Zealand National Office and the Branches. There was also representation on government panels and advisory committees, such as the Mental Health Expert Reference Panel and the National Mental Health Policy Renewal Project Steering Group in Australia, and appearances at hearings for royal commissions and inquiries such as the Royal Commission into Victoria’s Mental Health System.

Throughout the year, members and staff were involved in contributing to and preparing the College’s submission to the Productivity Commission Inquiry into Mental Health. Following the release of the draft report at the end of October, our President, Associate Professor John Allan, attended a public hearing in November where he pressed the College’s position in several areas, including the immediate need for increased funding, the impact of a fragmented mental health system, and the necessity to establish benchmarks on minimum numbers of psychiatrists, beds and community-based services.

The College provided responses to various New Zealand Government inquiries and legislation including the Therapeutic Products Bill, draft Suicide Prevention Strategy, New Zealand Dementia Plan, Māori Health Action Plan, as well as the Mental Health and Wellbeing Commission Bill.

The College’s comprehensive response to the Mental Health and Addiction Inquiry, He Ara Oranga, was well received by the New Zealand Government, with all but two of the 44 recommendations accepted and many of these actioned immediately.

Alongside these important activities, government cycles of budgeting and elections continued at all jurisdictional levels. The federal election in Australia provided opportunities for the College to engage with politicians from all parties via media activity, pre-election material and targeted face-to-face meetings. The New Zealand Government’s announcement of their first Wellbeing Budget was welcomed.

The College completed more than 110 submissions for inquiries and consultations at national and Branch levels on priority policy topics, including pre-budget and pre-election submissions.

The College welcomed the launch of the RANZCP Foundation during Congress 2019 by Associate Professor John Allan. The Foundation received strong support from College members throughout the year in the form of generous donations. The Foundation also embarked on a five-year fundraising strategy to drive improvements in psychiatry through new research, collaborative partnerships and projects.

A core component of College business is to provide continuing professional development programs and best-practice training. Throughout the year, the College implemented projects aimed at improving the quality and efficiency of education and training tools and practices. This included the new online training administration system, InTrain, which replaced the old paper-based approach, to enable online submission and approvals for key training and assessment documents. A review of the Formal Education Courses syllabus and learning outcomes commenced, as did a review of key education and training policies.

The College also successfully secured Australian Government funding to establish new training posts in military and veterans’ psychiatry to coincide with the development of a Military and Veteran Psychiatry Training pilot program to provide vocational training in this area.

Finally, in May last year Dr Kym Jenkins concluded her time as the President and the College welcomed Associate Professor John Allan into the role. It was a pleasure working with Dr Jenkins during her time on the Board and as President, and I would like to thank her for the dedication and commitment she brought to the position.

I would also like to express my gratitude and appreciation to Associate Professor John Allan and the Board for their wisdom and guidance, and to acknowledge the contribution of our members who gave so generously of their time to contribute on committees and to a host of other matters. Of course, my appreciation also goes to the College staff for their everyday professionalism and excellent work in supporting me in my role as CEO of the College.

Mr Andrew C Peters
Chief Executive Officer
The RANZCP Board of Directors led the College through another industrious year, as it shifted focus to six primary strategic priorities advocating for mental health equity and access, whilst also continuing to implement other key priorities identified by the many College groups, as well as Australian and New Zealand governments and stakeholders.

Following the Board’s strategic planning meeting in August, the College implemented an internal model to support the progress and regular reporting of the priority areas, which are the psychiatric workforce; Aboriginal, Torres Strait Islander and Māori mental health; supporting our Pacific neighbours; rural and remote mental health; suicide; and addressing alcohol harm and mental health. For the remainder of the year, good progress was made in consulting with relevant stakeholders and defining the scope and deliverables of each priority area to progress in 2020.

In May, Dr Kym Jenkins’ Presidential term expired. The Board is most grateful for the work and commitment provided by Dr Jenkins during her presidential term. Associate Professor John Allan and Dr Vinay Lakra were welcomed into the roles of President and President-Elect for 2019–21. The election of Dr Lakra resulted in a casual vacancy on the Board from May 2019 to May 2020. There was significant interest from the membership for this vacancy, with many local members, while in Brisbane, engagement with local members occurred via many forums, including meetings of the Members’ Advisory Council, the Australian Branch and New Zealand National Committee Chairs’ Forum, and the inaugural Faculty and Section Chairs Forum.

Member engagement continued through other avenues within the College, and the Board endorsed the key findings and recommendations from the 2017–18 Membership Engagement Report, which were then progressed throughout the year by the Membership Engagement Committee (MEC).

The College continued its work in member welfare, elevating this important area as a key priority for the MEC, reviewing existing welfare resources and priorities, and developing a new strategic focus on welfare. The Board Performance Evaluation was finalised and the findings presented to the Board. The evaluation identified opportunities for the Board’s ongoing strategic engagement with RANZCP committees, as well as to strengthen communication to members on the work of the Board and the roles of individual Board Directors.

The Board commenced and oversaw a number of projects and areas of significant impact in mental health during the year, in addition to the six strategic priority areas. The Board agreed to partner with the World Psychiatric Association (WPA) on a taskforce on reducing coercion in mental health care settings, which also involved other international experts, and to work with the WPA on a volunteer program.

The Australian Government sought representation from the College for the Independent Health Advice Panel (IHAP), which was established earlier in the year to monitor, assess and report on the physical and mental health of asylum seekers and refugees. The Board submitted a number of nominations to the government and then advocated later in the year to the government for the continuation of the IHAP and to Medevac legislation.

Terms of Reference for the newly established Asylum Seeker and Refugee Mental Health Network were developed and endorsed.

The RANZCP Foundation Committee’s regulations were endorsed and the Committee was officially established, with the Board approving the Committee members’ appointments.

The Board approved the College’s application to join the National Rural Health Alliance, and a new memorandum of understanding was signed between the RANZCP and the Royal College of Psychiatrists (UK).

Associate Professor John Allan
President

Board members

- A/Prof. John Allan, President
- Dr Vinay Lakra, President-Elect
- Dr Margaret Aimer, Elected Director
- Dr Peter Jenkins, Elected Director
- Dr Sue Mackersey, Elected Director
- Dr Elizabeth Moore, Elected Director
- Dr Nick O’Connor, Elected Director

Contact: board@ranzcp.org
Audit Committee

The Audit Committee’s primary objective is to oversee and monitor the College’s audit processes, including the College’s internal control activities.

The Committee reviewed the approach to the annual financial audit outlined in the audit strategy for the financial year. A number of new and revised Australian accounting standards came into effect during the reporting period that are applicable to the College. The College has adopted the relevant changes to the statutory financial reporting requirements following review by the Committee. The Committee also reviewed the College’s information technology security and risk management framework. Each year the audited financial report, including the auditor’s report, is presented to College members at the Annual General Meeting.

The College is endorsed by the Australian Taxation Office (ATO) for charity tax concessions, including income tax exemption. The ATO recommends that a yearly self-review of status be undertaken by organisations endorsed for charity tax concessions. The College conducted the annual self-review of College structure and operations during the year. Based on the outcome of the self-review, the Committee has concluded that the College remains compliant with the ATO endorsement for charity tax concessions.

The Committee welcomed Dr Elizabeth Moore and Dr Jerome Nicholapillai as new members in 2019. Dr Vinay Lakra chairs the Audit Committee in his role as President-Elect of the College. The College has continued to engage RSM Australia Partners to conduct the external audit of the annual financial report.

The priorities for the Committee for 2020 include reviewing the outcome of the audit of the 2019 annual financial report and overseeing the audit process for the following year.

Chair,
Dr Vinay Lakra

Committee members
» Dr Peter Jenkins
» Dr Vinay Lakra
» Dr Elizabeth Moore
» Dr Jerome Nicholapillai
» Dr Nick O’Connor

Continued overleaf
Corporate Governance and Risk Committee

Reviewing, refining and updating governance systems and processes remained an important focus for the Corporate Governance and Risk Committee (CGRC). The Committee considered and amended key procedures and structures to assist committee members to fulfil their responsibilities and to meet the College’s Strategic Plan.

A key purpose of the College is to ‘Meet the needs and expectations of the membership’. One way the College does this is through the support and dedication of over 140 committees, including subcommittees, working groups, advisory groups and networks. To ensure the College’s governance model supports this key purpose, the Committee continually considers the most effective governance structure and model. In 2019 discussions commenced and will continue in 2020 on the most appropriate model to support and futureproof the College’s growth and development.

Improvements in committee election processes and regulations were a priority for the Committee and the Board.

Next year will see several enhancements, including but not limited to:
- Board elections
- committee terms of three years rather than two
- allowing a member to re-join a committee 12 months after their maximum term has ceased
- increasing the number of co-opted members
- establishing standard and simplified meeting operational regulations.

Risk management remains a priority for the Committee and Board. The Committee undertakes a thematic review of all risk registers and reports this to the Board. In 2019 the Committee considered its role in how it can best add value to the risk register review process. The other side of risk is opportunity and the Committee and Board are interested in incorporating this into our risk management approach.

The College’s biennial review of the Board’s performance was completed by the CGRC’s subcommittee in 2019, with the report submitted to the Board in May. An outcome arising from the review was for the Board to focus in the immediate term on strategic engagement and communication.

Chair, Dr Nick O’Connor

Committee members
- Dr Oluwaseun Akosile
- Dr Arran Culver
- Dr Subhash Das
- Dr Kerri Eagle
- Dr Sue Mackersey
- Dr Sarah Mathews
- Dr Helen McGowan
- Dr Nick O’Connor
- Dr Deepa Singhal
Numerous quality improvement initiatives were commenced or implemented in Education and Training. A range of review projects around the Fellowship Program included:

- a review of the Formal Education Courses (FEC) syllabus and its learning outcomes
- completion of an audit of online resources, as part of the supervisor resources project
- approval of a number of Entrustable Professional Activities (EPAs) for embedding in the training program
- commencement of a review of a number of key policies, including the Accreditation Policy, Supervisor Policy and Specialist International Medical Graduate Partial Comparability Policy.

In February InTrain was released in Australia, supporting training management for trainees, supervisors, Directors of Training and training administration staff. Development work was undertaken to include online forms, PDF exports, business rules updates and a new reporting module.

Five e-learning FEC support courses were published and, overall, 30 new courses were made available in Learnit, bringing the total to 489. Migration of Learnit to a new learning management system has commenced.

Standards and reporting developments included:

- increased compliance in the continuing professional development (CPD) program
- development of a high-level plan to support changes to the CPD registration standards in Australia and New Zealand to meet members’ registration and Fellowship requirements
- redevelopment of the practice visits program for piloting in 2020
- revision of accreditation standards for training programs and posts
- introduction of a more sophisticated and data-rich presentation of the Training and Assessment report
- commencement of re-accreditation of all FECs in the Fellowship Program
- submission of an accreditation annual progress report to the Australian Medical Council, which led to approval of a three-year extension to 2023 of the RANZCP Fellowship and CPD programs.

To respond to low pass rates in the Essay-Style examinations, a review of the College’s examinations by an external consultant commenced. A steering group has been established to oversee the governance and implementation of the recommendations.
Finance Committee

The primary objective of the Finance Committee is to act as an advisory body to the Board in relation to statutory and contractual compliance and financial strategy reporting.

The College achieved an overall sound result for the financial year, with an operating surplus of $1.17 million. The favourable outcome reflects better-than-expected income from College operations and activities, and well-managed operating expenses.

The Finance Committee undertook the following key activities in 2019:

» Monitored College cash flows, operating results and financial position periodically throughout the year, ensuring the College maintained a strong fiscal position and remained financially viable.

» Reviewed investments on a regular basis, ensuring the external advisor JBWere managed the investment portfolio in accordance with the College Investments Policy. The Finance Committee has oversight of the College Investment Subcommittee, which comprises three members from the committee.

» Reviewed the mid-year operating results forecast for the 2019 financial year and the draft annual budget for the 2020 financial year. Made recommendations and submitted the forecast and budget to the Board.

» Served as an independent and objective party to review financial information including annual accounts and accounting policies and practices presented by management to the Board for presentation to College members and regulatory authorities.

» Provided oversight of College financial management. The Finance Committee reviewed and considered various business cases requesting funding for a range of initiatives. The proposals endorsed by the Finance Committee and approved by the Board included the RANZCP Mentoring Program; reconfiguration and fitout of office space at the College’s La Trobe Street building; LearnIt upgrade and single sign-on replacement; and the development of additional functionalities for the InTrain system brought forward to 2019 from the approved 2020 budget.

The Finance Committee welcomed new members Associate Professor John Allan and Dr Julie Wehbe to the committee.

Committee members

» A/Prof. John Allan
» Dr Ankur Gupta
» Dr Prasoon Gupte
» Dr Elizabeth Moore
» Dr Murray Patton
» Dr Robin Pratt
» Dr Tarun Sehgal
» Dr Julie Wehbe

Chair,
Dr Elizabeth Moore
Membership Engagement Committee

The Membership Engagement Committee (MEC) represents and informs the views and priorities of members, addresses member feedback and recommends policies and systems to engage with the membership.

The work of the MEC is closely aligned with the College’s strategic objective to meet the needs and expectations of members to enhance the value of membership. In order to better achieve this objective in 2019 the MEC governance structure was reformed and member wellbeing repositioned as a portfolio within MEC – member welfare was previously a standalone committee that reported to MEC. The Committee has welcomed new Fellows representing the member wellbeing portfolio.

MEC projects continue to develop based on feedback received from the College membership. Recent accomplishments include:

» developing a new College-wide mentoring program for 2020, which is accessible to all trainees and early career psychiatrists in their first two years of clinical practice

» publishing and promoting the key findings and recommendations of the 2017–18 Membership Engagement Report; the MEC, together with the Board, has endorsed and advanced many of these recommendations

» hosting open forums at Congress and the New Zealand Conference for members to provide direct feedback on issues of concern or interest

» supporting the delivery of several Congress symposia and sessions dedicated to improving member wellbeing and welfare

» engaging with various College member groups, including private practice psychiatrists and trainees, to guide the development of tailored engagement strategies

» introducing the new FRANZCP insignia for use by current Fellows of the College as a means of identifying this important qualification and ongoing membership of the College

» supporting the transition of the College journals to a predominantly online format

» launching the new Member Extras program for all members, providing exclusive discounts and offers on a range of products and services.

The MEC welcomes queries, feedback and ideas from all members. Please contact us via email to board_mec@ranzcp.org or in person.

Chair,
Dr Sue Mackersey

Committee members
» Dr Margaret Aimer
» Dr Gopika Asokan
» Dr Andrew Amos
» Dr Prachi Brahmbhatt
» Dr Alice Chang
» Dr Susanna Galea-Singer
» Prof. Steve Kisely
» A/Prof. Beth Kotze
» A/Prof. Jeffrey Looi
» Dr Sue Mackersey
» Dr Prudence McEvoy
» Prof. Sarah Romans
» Dr Afraz Zaman

Continued overleaf
The Practice, Policy and Partnerships Committee (PPPC) oversees six committees: the Committee for Professional Practice; Committee for Evidence-Based Practice; Committee for Research; Aboriginal and Torres Strait Islander Mental Health Committee; Te Kaunihera (Māori Mental Health Committee); and the Community Collaboration Committee. These committees encompass professional and clinical psychiatry practice, research, and collaboration with community members.

A priority for the PPPC was the significant number of inquiries, royal commissions and reviews underway in both Australia and New Zealand. The College completed over 110 submissions to these and other consultations at national and Branch levels, including to the Productivity Commission Inquiry into Mental Health and the Medicare Benefits Schedule Review Taskforce in Australia.

Other activities and achievements facilitated by the Committee include:

- committee presentations at Congress 2019 on the impact of loneliness; cultural competency; voluntary assisted dying; research skills; and new resources to support quality clinical care
- committee presentation at the Australian Indigenous Doctors’ Association Conference and participation in a trainee forum to progress ways the College can offer support
- awarding of $33,700 in research grants to trainees and Fellows
- publication of two new position statements: Benefits of e-mental health treatments and interventions; and Mental health of veterans and defence force service members
- updating seven position statements: Recognising and addressing the harmful mental health impacts of methamphetamine use; Electroconvulsive therapy; LGBTIQ+ mental health; Child asylum seekers and refugees; Suicide reporting in the media; Rural psychiatry; and Psychiatry services for older people
- establishment of a steering group to develop guidance for psychiatrists on the management of attention deficit and hyperactivity disorder
- embarked upon a review of evidence-based care for children and adolescents experiencing gender dysphoria
- continued dissemination of the RANZCP Clinical Practice Guidelines, with a review commenced of the Mood Disorders Guideline
- publication of a new professional practice guideline, Administration of ECT, and updating of two other guidelines: Australian family court proceedings; and Guidance for the use of benzodiazepines
- review and updating of a clinical memorandum: Use of ketamine for treatment-resistant depression.
The Members’ Advisory Council (MAC) provides information and advice to the Board on a variety of issues, and acts as a forum for the College’s key groups to raise and discuss issues, and provide feedback.

The MAC has representation from all Branches, Faculties, Sections and the New Zealand National Committee, trainees and overseas-trained psychiatrists, the College’s Aboriginal and Torres Strait Islander and Māori mental health committees and members of the community. Board Directors also attend the MAC, along with the Chief Executive Officer and senior management team.

Every member representative on the MAC provides an update at each meeting from their respective committee, highlighting areas for discussion.

The MAC met twice in 2019 and the discussions were wide ranging and stimulating. The key topics included:

- best-practice mental health clinical governance
- doctors’ health and wellbeing
- update on College actions in response to major government inquiries across both Australia and New Zealand
- pre-budget submissions – priority areas for the College
- generalisation versus subspecialisation of psychiatry and psychiatry training
- rural psychiatry training
- mental health workforce advocacy and planning
- climate change and mental health.

A separate meeting of the College’s Branch and New Zealand National Committee Chairs occurs prior to each MAC meeting, and an inaugural forum of Faculty and Section Chairs also took place ahead of the second MAC meeting, providing useful shared learning and positive reinforcement of priorities.

A number of issues identified during MAC meetings in 2019 were tabled at subsequent Board meetings. They were progressed as a priority by the College’s senior management team, led by the Chief Executive Officer, with feedback and consultation to the wider membership as appropriate.

On behalf of the Board, I would like to acknowledge the important role played by the MAC in 2019 in raising issues for discussion, providing advice to the Board and representing the views and interests of the wider membership.

Committee members

- Dr Margaret Aimer
- Dr Agnew Alexander
- A/Prof. John Allan
- Dr Shalini Arunogiri
- Dr Michelle Atchison
- Dr Siva Balaratnasingam
- Dr Justin Barry-Walsh
- Dr Chad Bennett
- Dr Alice Chang
- Dr David Chapman
- Dr Mathew Coleman
- Dr Michael Daubney
- Prof. Brett Emmerson
- Prof. Megan Galbally
- Dr Susanna Galea-Singer
- Dr Peter Jenkins
- Prof. Richard Kanaan
- A/Prof. Robert Kaplan
- Dr Vinay Lakra
- Ms Eileen Lavranos
- Dr Mark Lawrence
- Dr Izaak Lim
- A/Prof. Jeffrey Looi
- A/Prof. Steve Macfarlane
- Dr Sue Mackersey
- Dr Bill Mantzioris
- Dr Milford McArthur
- Dr Elizabeth Moore
- Dr Nick O’Connor
- A/Prof. Robert Parker
- Dr Claire Paterson
- Dr Paul Robertson
- Dr Kerryn Rubin
- Ms Louise Salmon
- Prof. James Scott
- Dr Yolisha Singh
- Dr Sally Tregenza
- Dr Angelo Virgona
- Dr Darryl Watson
- Dr Alan Weiss
Trainee Representative Committee

The Trainee Representative Committee (TRC) continues to represent the interests of trainees within the College structure. Trainee welfare, in particular, is at the centre of TRC advocacy. TRC members sit on all core constituent committees of the College, providing a trainee voice in matters relating to education, governance, policy and member engagement, among others. The Committee receives and collates feedback – formal and informal – from trainees across Australia and New Zealand, and uses this to inform its representation.

In 2019, the Committee’s advocacy focused on the Essay-Style Examination, Formal Education Courses, access to subspecialty training, trainee participation and representation within the College, and rural training pathways.

Committee members regularly make contributions to the Training and Assessment Newsletter and provide input into other important communications from the College to trainees. Every year, Committee members look forward to connecting with trainees from all jurisdictions at Congress, and plan academic symposia aimed at stimulating meaningful discussion around training issues.

Committee members
» Dr Kieren Allen
» Dr Alan Altham
» Dr Gopika Asokan
» Dr Belinda Clark
» Dr Tasnia Disha
» Dr Nardine Elzahaby
» Dr Mary Emelius
» Dr Nadine Fox
» Dr Jessica Henry
» Dr Jessica King
» Dr Izaak Lim
» Dr Sarah Mathews
» Dr Robert McPherson
» Dr Ian Navin
» Dr Andrew Robinson
» Dr Katherine Tan
» Dr Rohini Vasudevan

Chair,
Dr Izaak Lim
Overseas Trained Psychiatrists’ Representative Committee

The Overseas Trained Psychiatrists’ Representative Committee has continued to advocate for overseas-trained psychiatrists (OTPs) bi-nationally, addressing issues and concerns of the College’s overseas-trained workforce, and developing ideas and initiatives from a welfare perspective.

The Committee continues to investigate ways to support and welcome newly arrived psychiatrists and is aiming to improve engagement with OTPs through social events coinciding with face-to-face meetings. The first of these social events took place in December in Adelaide, prior to a face-to-face meeting of the Committee.

Furthermore, in recognition of the contribution to psychiatry bi-nationally of psychiatrists from different cultural backgrounds who have trained and worked overseas, the Committee is looking into introducing an award to acknowledge contributions and achievements of overseas-trained psychiatrists.

The Committee is also proposing a new term to replace ‘overseas-trained psychiatrist’, which is commonly used within the College. A discussion paper is currently being finalised and the Committee plans to present this to the Board for consideration.

Aiming to increase Affiliate membership of OTPs working in New Zealand remains a focus of the Committee. The Committee is hopeful that the College will consider granting voting rights to Affiliates, which will not only give the large number of OTPs based in New Zealand a voice, but also offer non-Affiliates an added benefit to becoming a member of the College.

Committee members

- Dr Aniket Bansod
- Dr Emma Crampin
- Dr Susanna Galea-Singer
- Dr Gagan Garg
- Dr Sunanda Ghosh
- Dr Yara Khedr
- Dr Saddichha Sahoo
- Dr Deepa Singhal
- Dr Suman Sinha
- Dr Afraz Ward
- Dr Afraz Zaman

Chair,
Dr Susanna Galea-Singer
The RANZCP Foundation supports and encourages psychiatrists to engage in clinical work, research and other projects and initiatives to improve the mental health and wellbeing of communities.

The Foundation enables the RANZCP to raise funds, which provide members with opportunities to apply for financial support to undertake world-class psychiatric research and projects.

The RANZCP Foundation Committee is responsible for developing and overseeing the implementation of the Foundation’s strategic goals in Australia and New Zealand, and in Pacific Island nations. The Hon. Dame Marie Bashir AD CVO (Australia) and Emeritus Professor Sir Mason Durie KNZM (New Zealand) are the patrons of the Foundation. The College supports the Foundation's administration and operations, with 100% of all donations received directed to funding grants and projects.

In 2019, the Committee achieved several key projects and deliverables to grow the Foundation.

- Launched the Foundation to the membership at Congress in May.
- Supported eight College trainees and Fellows to undertake new research projects in psychiatry.
- Published our first annual update report outlining our progress and donor opportunities.
- Received strong support from the College membership through increased donations.
- Developed a new vision and mission statement for what we want the Foundation to achieve.
- Implemented a new online donation option for all members.
- Adopted a five-year fundraising strategy to ensure the Foundation continues to grow and remain sustainable for the future.
- Updated the website with new profiles of current and past grant recipients and their current projects.
- Conducted interviews with past grant recipients to find out how their research is translating into impact and community benefit.
- Identified new prospective partners and aligned organisations with whom the Foundation can collaborate on new projects.

On behalf of the Foundation Committee, we extend our sincere thanks to all our generous donors, benefactors and supporters this year who make our important work possible.

The RANZCP Foundation has an exciting future ahead as we drive new advances and improvements in psychiatry through research, projects and collaborative partnerships for the benefit of communities. Please contact the Foundation at foundation@ranzcp.org if you would like to be involved in our work.

Chair, Dr Elizabeth O’Brien

Committee members
- A/Prof. John Allan
- Dr Peggy Brown
- Prof. Gerard Byrne
- Dr David Chaplow
- Prof. Malcolm Hopwood
- Dr Nick Kowalenko
- Prof. Gin Malhi
- Prof. Helen Milroy
- Dr Elizabeth O’Brien
- Dr Murray Patton
- A/Prof. Dan Siskind
Tu Te Akaaka Roa, in conjunction with the New Zealand Training Committee, Te Kaunihera and the New Zealand-based Faculty and Section subcommittees, has made great efforts to raise the profile of the College in New Zealand/Aotearoa. Our mahi (work) in 2019 includes:

- making 30 submissions, including responding to the Therapeutic Products Bill, the findings of the Mental Health and Addiction Inquiry (He Ara Oranga), Māori Health Action Plan, and New Zealand Dementia Plan
- holding 34 advocacy meetings, including meeting with the Minister of Health, the Department of the Prime Minister and Cabinet, the Royal Commission into Historical Abuse in State Care, the Mental Health Foundation, officials in charge of the End of Life Choice Bill, and the Department of Corrections
- producing 12 media releases on topics including the Child and Youth Wellbeing Strategy, direct to consumer advertising, and alcohol law reform
- attending four Select Committee hearings, including oral presentations on amendments to the Misuse of Drugs Act and Arms Amendment Bill
- offering support to the local District Health Board after the Christchurch mosque attack in March by locating psychiatrists who were able to provide assistance if required.

We worked with Australasian College for Emergency Medicine to develop solutions to reduce the waiting times in emergency departments for people living with mental health issues. The committees have been progressing work with the Council of Medical Colleges, Te ORA and the Medical Council of New Zealand to address Māori health inequities and improve cultural safety within the medical workforce.

The Mental Health and Addiction Inquiry continues to influence the work streams of all the committees. In addition to responding to He Ara Oranga, we contributed to the draft Suicide Prevention Strategy and the Mental Health and Wellbeing Commission Bill.

To streamline our key messages, Tu Te Akaaka Roa has developed four policy platforms:

1. Don’t forget the 5%
2. Let’s work together
3. Look at the evidence
4. Get the right people in the right places.

Tu Te Akaaka Roa New Zealand National Committee report

Chair, Dr Mark Lawrence

New Zealand National Committee members
- Dr Margaret Aimer
- Dr Arran Culver
- Dr Susanna Every-Palmer
- Dr Susanna Galea-Singer
- Ms Dawn Hastings
- Dr Jessica Henry
- Dr Matthew Jenkins
- Mr Wikepa Keelan
- Dr Alice Law
- Dr Mark Lawrence
- Dr Jackie Liggins
- Dr Sue Mackersey
- Ms Moe Mline
- Dr Claire Paterson
- Prof. Sarah Romans
- Dr Adam Sims
- Dr Suman Sinha
- Dr Greg Spencer
- Dr Hiran Thabrew
Australian Capital Territory

Reinvigorated representation on the ACT Branch Committee has led to a number of successful Branch initiatives and events. The Annual Scientific Meeting was held in March, with Dr Vinay Lakra as a keynote speaker. Dr Dharshanie Gunaratne, Dr Diana Tracy and the Organising Committee are to be congratulated for an excellent and interesting program. Distinguished Professor Cherrie Galletly provided an excellent presentation as our Travelling Scholar at the annual mid-winter dinner in June at Pialligo Estate, and also led some trainee education sessions. The Branch hosted a MedFest film night for Psychiatry Interest Forum members at ANU Medical School, and a private practice information evening was held in November.

The ACT still has a psychiatric workforce shortage, as do many areas of Australia. Significant issues impact the workforce, including working conditions, emergency access block and a shortage of inpatient beds. The Branch has made representations addressing these issues, including via a 2020 ACT pre-budget submission. The Branch is collaborating with the Australian Medical Association and Australian Salaried Medical Officers Federation on advocacy. The number of members entering private practice locally has increased, but this is offset by ongoing shortages in the public sector.

The Branch continues to support members and advocate for high-quality mental health care for consumers, carers and the community. I would like to especially acknowledge the collegial support of the Branch Committee, membership and RANZCP staff throughout a challenging year.

New South Wales

The New South Wales Branch focused on a range of issues in 2019. Psychiatry workforce remained a priority; in particular, addressing member concerns identified in the 2018 NSW Psychiatry Workforce Plan Survey. These included rural and regional workforce maldistribution, pending retirements, working conditions, leave cover, non-clinical time, registrar remuneration and clinical leadership. Key activities included regular meetings and written advocacy to ministers and participation on the NSW Psychiatry Workforce Advisory Group.

Training highlights included the expansion of the care acquired brain injury fellowship program, which has grown to four fully funded and supervised fellowships. The joint working group with the NSW Health Education and Training Institute successfully guided development of a revised child and adolescent advanced training program to be introduced in term one, 2020.

The Branch worked on improving access to the mental health system by conducting a member experience survey into the NSW Mental Health Access Line. It revealed high levels of user frustration and dissatisfaction with the service due to a range of operational deficiencies. A formal report outlining these concerns and recommendations for improvement was presented to government. This was favourably received as it provided evidence to support decision-making and future investment in this service.

Mental health system reform was another Branch focus and we hosted a forum for NSW members to contribute to the development of a submission to the Productivity Commission Inquiry into Mental Health. A wide cross-section of stakeholders presented their vision for mental health care, which provided a wealth of information for the Branch to draw upon for its submission to the inquiry.
Northern Territory

The Northern Territory Branch finds itself in interesting times as mental health services struggle to meet the demand for beds and provide community services across an area larger than the whole of Western Europe. Advocacy for improved services for mental health was a key feature of the Branch’s activities. Development of a pre-budget submission in collaboration with other stakeholders in mental health service provision will be a cornerstone of this advocacy.

The Territory was again successful in gaining STP and IRTP posts in 2019, significantly increasing the number of training positions and easing staffing pressures. The NT Training Program continues to flourish, with all recent graduates remaining in the Territory to live and work. Professional development of both Fellows and trainees is an important part of the Branch’s activity and, as part of this, Professor Zoltan Sarnyai presented on the microbiome and mental health via video conference. Planning for 2020 looks to increase the number of presentations by distinguished experts. The Branch uses these events to maintain links with the wider health community, including GPs.

The Committee Chair joined College representatives in promoting psychiatry as a career at an expo at the Royal Darwin Hospital and at a breakfast meeting with students in the NT Medical Program based at Charles Darwin University. Events such as these and the Psychiatry Interest Forum have proved effective in attracting trainees into the NT program, and the Branch is keen to support such events into the future. The appointment of a NT Branch Coordinator by the College, shared with the ACT, will be central to such activities.

Queensland

The Queensland Branch continues to advocate for improved services for patients. Our main policy priority was increased mental health staffing for children, adults and older persons using the National Mental Health Service Planning Framework. Other priorities included: the establishment of an inpatient unit for complex, high-risk patients; an increase in mother–baby units; and a state-wide intellectual and developmental disability service. Meetings have been held with the Minister for Health, the Queensland Ombudsman, the Mental Health Commissioner, the Public Guardian and other key stakeholders on these issues. The 2019–20 Queensland budget contained no increased spending on community health staffing but does focus on suicide prevention and increased funding for services supporting people with disabilities.

The Branch made policy submissions on real-time prescription monitoring for dependence-forming medicines; reforms to the youth justice system; a new framework to collect and publish information from public, private and residential healthcare facilities; aged care, end of life and palliative care, and voluntary assisted dying; the Health and Wellbeing Bill; the Human Rights Bill; the Review of The Disability Services Act 2006; the Inquiry into Imprisonment and Recidivism; and the Review of the Queensland Forensic Disability System.

The Branch’s Annual Conference in July, titled ‘Resilience and recovery in trauma’, was attended by 140 delegates. In conjunction with the conference, 100 delegates attended a one-day training seminar on substance use disorders co-occurring with other mental disorders. Dr Trevor Hollingsworth gave the annual Bostock Oration in August and 20 new QLD Fellows were welcomed into the College.
South Australia

The South Australian Branch commented on a number of key mental health submissions, including the Productivity Commission Inquiry into Mental Health. This gave us the opportunity to draw attention to areas of need, particularly from a South Australian perspective. The Branch now has greater capacity for policy and advocacy work following the appointment of a new Branch Policy and Advocacy Advisor.

The SA Mental Health Services Plan 2020–25 (MHSP) contains several proposed initiatives to increase support for consumers. Importantly, the plan has highlighted key areas of need, including improving emergency supports, ideas to reduce emergency department presentations, and providing more timely support to consumers in crisis – all of which will hopefully help to address bed blockages.

The MHSP also highlighted the need for early intervention through perinatal, child and adolescent mental health services; better supports for forensic mental health services; and improved support for people with adult ADHD. A pre-budget submission was developed, highlighting the need for fair and equitable access to mental health services, increased efficiency in the system and support for people at increased risk.

Doctors’ mental health continues to be an area of interest for members and Professor Michael Baigent held a continuing medical education presentation on this topic, as well as on work pressures and burnout. The annual trainee wellbeing weekend was a good opportunity for trainees to reflect on this area early in their careers.

Dr Michelle Atchison, past SA Branch Chair and current Chair of the Section of Private Practice Psychiatry, was appointed as Vice-President of the AMA (SA) earlier this year. We look forward to working closely with her and the AMA (SA) around mental health in the state.

Tasmania

The Tasmanian Branch continues to be involved in a number of areas.

The Branch has been advocating for improved patient care, as both inpatient and community resources in Tasmania are inadequate. While new models of care have been proposed – mainly involving more community services with more consumer and carer participation – until these come on line, inpatient and emergency psychiatric services are severely stretched, with many Fellows reporting that patient care is significantly compromised. Some are concerned that even when the changes are made, there may still be inadequate inpatient services.

The Tasmanian Training Program continues to provide high-quality psychiatric education for medical students, trainees and Fellows. This year the STP Tasmania project, coordinated by its scientific education committee, chaired by Dr Stephane Auchincloss and Professor Fiona Judd, provided 23 visiting expert speakers, CME events and a two-day educational seminar at Freycinet, titled ‘The complex patient’.

The Branch strongly supports the employment of locally trained psychiatrists throughout the state and recognises that the distribution of trainees and Fellows to the north and north west of the state needs further attention, as does the distribution of educational resources.

The Branch would like to acknowledge the wonderful contribution our Director of Training, Dr Auchincloss, has made to psychiatric education over the past 10 years. Dr Auchincloss resigned as Director of Training at the end of the year, and a replacement will be announced in the new year.

As outgoing Chair I would like to thank the hard-working Committee members and the Fellowship for their support.

Chair, Dr Sally Tregenza

Committee members
- Dr Michael Batterham
- Dr Callum Deakin
- Dr Maree de Jong
- Dr Tasnia Dish
- Dr Paul Furst
- Dr David Kelly
- Dr David Kutlaca
- Ms Janne McMahon
- Dr Titus Mohan
- Dr Jayakrishnan Sukumaran Nair
- Dr Sally Tregenza

Chair, Dr Milford McArthur

Committee members
- Dr Stephane Auchincloss
- Dr Nicola Beamish
- Dr Michael Davie
- Dr Julian Davis
- Dr Lev Fridgant
- Dr Robert Hyde
- Prof. Fiona Judd
- Dr Katja Lindemann
- Dr Milford McArthur
- Dr Ian Navin
- Dr Josephine Topp
- Dr Elizabeth Walker
- Dr Lennie Woo
Victoria

The Victorian Branch’s main priority in 2019 was the Royal Commission into Victoria’s Mental Health System. The Branch undertook a comprehensive consultation process with members, consumers and carers throughout the year to provide the recommendations contained in our submission.

Our initial submission in July advocated for a mental health system that is integrated with other services, provides step-up and step-down care, and is safe and therapeutic for all, including consumers, carers, families and the people who work in the system. College representatives met with Commissioners in September and discussed the most salient issues facing the Commissioners in their work, and the key issues and reform priorities for Victoria’s psychiatrists.

It was pleasing to see several Victorian Branch recommendations reflected within the Royal Commission’s interim report that was released in November; however, the majority of the Commission’s recommendations for change will appear in its final report, due in October 2020.

In addition to the Royal Commission, the Branch worked on a number of other submissions, including the Visa Nomination Occupation List for Victoria; Strengthening Rural Generalist Training; and the Victorian Government’s legislation to implement a ban on conversion practices.

Our pre-budget submission to the government in November focused on the key advocacy priorities for the Branch, including addressing the psychiatry workforce shortage and improving the training pipeline in Victoria.

The Branch’s annual weekend conference in Lorne in October was attended by a record number of delegates, who actively participated in the many discussions that followed the thought-provoking presentations.

In November the Branch farewelled Professor Richard Newton as Chair and we thank him for his leadership and vision over the years.

Western Australia

The Western Australian Branch completed major policy submissions regarding a system-wide review of governance and the state’s mental health alcohol and other drugs services plan. The Branch Committee worked closely with members of the Section of Leadership and Management to shape a response to the Mental Health Clinical Governance Review, which included appearing before several hearings, a forum and a submission. The Branch Committee was pleased to see the release of a mental health data linkage and analysis project by the WA Office of the Auditor General (OAG). The OAG’s report highlighted the invisibility of patient journeys through services and the barriers to integrated care posed by fragmented governance.

In ongoing sector engagement activities, the Branch Committee represented members in meetings with key stakeholders including the Minister for Mental Health, the Mental Health Commission, the Department of Health, the AMA, the WA Primary Health Network and the WA Association for Mental Health. Branch representatives gave advice to the parliamentary committee on harm minimisation related to illicit drug use and participated in clinical forums for the voluntary assisted dying legislation.

The Branch held many successful CPD events in 2019, including symposiums led by Faculties and Sections. The Branch was delighted to acknowledge Dr Nadine Caunt and Dr Aaron Groves as the 2019 Meritorious Service Winners.

The Committee has been working hard on developing a cohesive planning strategy following our strategic planning day to shape our advocacy, policy, communication and membership engagement over the next two years.
Faculty highlights

Faculty of Addiction Psychiatry

A number of Faculty of Addiction Psychiatry members, including Chair Dr Shalini Arunogiri and New Zealand Subcommittee member Dr James Foulds, continue to provide input to the RANZCP Working Group on Alcohol Harm and Mental Health. We welcome the shared cross-Faculty interest and support for the advocacy campaign, highlighting the reach and impact of alcohol-related mental health harms across the lifespan.

Associate Professor Mathew Coleman, the Faculty Committee’s WA representative, organised a one-day symposium in June, with the support of the WA Branch. The symposium, titled ‘The Crystal Maze: Navigating the diagnostic and treatment approaches to methamphetamine use and related co-morbidity’, was attended by 150 members from the RANZCP, RACGP and RACP-ChAM. The event was opened by the WA Minister for Health and Mental Health, The Hon. Roger Cook, and featured keynote speakers including Associate Professor Rebecca McKetin and Dr Shalini Arunogiri. Feedback was overwhelmingly positive, particularly around the presentation by Mr Mike Noakes (lived experience).

The Faculty’s Queensland Subcommittee organised a one-day addiction training event in conjunction with the QLD Branch conference in July. This was attended by 75 participants and received positive feedback. The Committee has worked on a number of position statements and clinical memoranda, including an update to Position Statement 82: Recognising and addressing the harmful mental health impact of methamphetamine use.

Committee members have provided input on policy submissions to state and national governments, including a submission to support the PBS listing of naloxone intranasal spray (Nyxoid) for opioid overdose reversal; Social Services Legislation Amendment (Drug Testing Trial) Bill 2019, and input on the RANZCP submissions to the Victorian Royal Commission into Mental Health and the national Productivity Commission Inquiry.

Dr Shalini Arunogiri, Dr John Reilly and Dr Kathryn Watson were nominated for the Scientific Program Committee for the IMiA 2021 Conference, a joint collaboration with the RACGP and RACP (Chapter of Addiction Medicine).

Faculty of Adult Psychiatry

In late June, the Interim Committee for the Faculty of Adult Psychiatry called for applications for Accredited Membership of the Faculty, following the Board’s approval of the Faculty’s Accredited Membership Policy in May. At the time of writing, there are more than 700 members, of whom 300 are Accredited Members.

The Board approved an extension to the term of appointment of the Interim Committee for the Faculty until May 2020. Plans to develop the bi-national Committee for the Faculty are underway for 2020.

The Faculty has representatives on the Alcohol Harm and Mental Health Working Group and will assist the College in preparing a document on inpatient resourcing for mental health services in the public sector.

Dr Agnew Alexander represents the Faculty on the ADHD Working Group, which is developing and reviewing clinical and professional practice guidelines. Dr Peter Helfman attended the Interim Faculty Committee meeting on 6 September to discuss the development of the Faculty’s application to establish a formal ADHD Network within the College. An application to develop an ADHD Network pertaining to the ADHD lifecycle was submitted in October 2019. It is proposed that Network membership be open to all College members.

The Members’ Advisory Council discussed whether a joint venture through Australian Government funding might be possible to enable training opportunities in emergency departments for psychiatry trainees and trainees in emergency medicine. The Board is considering this matter, but noted the difficulties in recruiting psychiatrists to work in emergency departments. Associate Professor John Allan expressed support for a Network to be developed, which would be well placed under the Faculty of Adult Psychiatry.

The Faculty is working towards developing communication and membership engagement strategies including the Faculty quarterly newsletter and involving other Faculties, Sections and Networks in joint projects. The Faculty plans to hold an inaugural conference in October 2020.
Faculty of Child and Adolescent Psychiatry

The Faculty of Child and Adolescent Psychiatry continues to advocate for child and adolescent mental health. Ongoing commissions into mental health, including by the national Productivity Commission and the Victorian Royal Commission has seen a flurry of advocacy work and written submissions. The recently announced plan to develop a National Children’s Mental Health and Wellbeing Strategy has seen the commencement of more advocacy work and provides an opportunity to support equity for the mental health needs of children.

Two important documents were published by the Faculty in 2019: Professional Practice Guideline 15: The role of the child and adolescent psychiatrist and Discussion Paper prepared by the Faculty of Child and Adolescent Psychiatry – Child and adolescent psychiatry: meeting future workforce needs. These have provided support for child and adolescent psychiatrists and the ongoing advocacy work of the Faculty, and have been helpful in our discussions within the College and with various government agencies.

We are working with the model to help determine what is needed of child and adolescent psychiatry training positions to meet future child and adolescent psychiatry workforce needs. Broader advocacy work around identification and early intervention of mental illness, children in out-of-home care and the safe use of psychotropic medication in child and adolescence has continued and will be ongoing in 2020.

The Faculty has continued its regional engagement in Asia and the Pacific. The 4th Pasifika Study Group was held on the island nation of Niue in conjunction with the Pasifika Medical Association and the Pacific community. A pilot volunteer program was launched in 2019. Initial projects, including training in Cambodia and mentoring medical professionals in Pacific nations, are underway. Regional engagement by the Faculty has supported broader engagement by the College in the Pacific.

A successful annual Faculty conference was held in Newcastle in October 2019.

Faculty of Consultation–Liaison Psychiatry

The inaugural Faculty of Consultation–Liaison Psychiatry Conference, titled ‘Sex, death and change’, was held in Hobart in September. There was a range of excellent presentations and speakers, including keynote speakers Professor Peter Nestor who spoke about the features of dementia, Professor Fiona Judd who presented on the development of perinatal psychiatry as a consultation–liaison subspecialty, and Professor Mark Boughey who spoke about the new voluntary assisted dying legislation in Victoria and what this means for palliative care. Plenary sessions were followed by abstract sessions and prizes were given for the best registrar presentation.

The conference was preceded by a trainee day that focused on neuropsychiatry, addictions, and bedside cognitive assessment and management of medically ill patients from specific populations, including those suffering from autism spectrum disorders. All three conference keynote speakers gave talks on their particular areas of interest. Professor Elizabeth Kennedy, in-house counsel at the Peter MacCallum Cancer Centre, provided a legal and ethical perspective on late-term pregnancy termination in the context of psychiatric ill-health.

The Faculty Committee extends its sincere thanks to the Conference Organising Committee, chaired by Conference Convener Dr Carol Silberberg, who worked very hard with the College staff to bring this conference together.

The second Faculty conference will be held in Adelaide in the second half of 2021. We are planning to build on the success of the inaugural conference, with expanded sessions and focused abstract sessions on the major clinical areas encountered in medical psychiatry, which attracted much interest at the 2019 conference.

The Committee discussed the establishment of networks/themes around major clinical areas – where expertise needs to be fostered – and recognised centres of excellence in teaching, for example, the psychiatric issues in liver transplantation or use of immunomodulators. We hope this will assist physicians to network and establish clinical liaisons with each other, as well as interdisciplinary liaisons with other Faculties and Sections and other medical colleges and universities.

Committee members

- Prof. Valsamma Eapen
- Dr Tatjana Ewais
- Dr Gagan Garg
- Dr Francis Goodstadt
- Dr Kenneth Hooper
- Dr Liam O’Connor
- Dr Vineet Padmanabhan
- Dr Paul Robertson
- Dr Sally Tregenza
- Dr Tanya Wright

Committee members

- Dr Alan Altham
- Dr Song Chan
- Dr Dan Hubik
- Dr Bill Mantzioris
- Dr Catherine Mason
- Dr Paul Pun
- Dr Carol Silberberg
- Dr Adam Sims
- Dr Michael Verheggen
- Dr Alexandra Wellborn
Faculty of Psychiatry of Old Age

This has been a year of consolidation. The Faculty commissioned a survey to determine how well we meet the needs of forensic psychiatrists working in the civil and criminal arenas. There was a diversity of views, with an overall satisfaction rating of three for the Faculty. As analysis of the survey continues, the Committee will use this to guide us in working to further the interests of all members.

The difficulty in establishing subcommittees of the Faculty in some jurisdictions highlights the inequality in forensic services in Australasia and is a reminder of our need to continue to advocate for well-resourced services to a disempowered, vulnerable community. We were pleased to add a forensic psychiatrist from Northern Territory, Dr Mrigendra Das, to the Committee in 2019.

The Faculty remains concerned by the Australian Government’s policy of deporting people with serious mental illnesses, who have lived most of their life in Australia but are nominally New Zealanders, to New Zealand. This issue has been taken up by the College but there is no sign as yet of any change.

The issues paper on ‘The role of psychiatry in mitigating threats of public violence’ has been modified and a scoping paper is now being considered on ‘Radicalisation, public violence and the role of psychiatrists’. These papers highlight a change in society and emphasise the importance of maintaining boundaries in the expertise of psychiatrists. Other activity included work on the position statement on firearms, and the use of community treatment orders in immigration detention settings.

Two years ago, the Committee set the ambitious goal of a conference in Southeast Asia to further relationships with forensic services and professionals in that region. This culminated in a combined conference between the Faculty and ANZAPPL in Singapore in November 2019. Local services contributed greatly with both conference organisation and providing scientific content, and positive relationships were developed that are likely to endure.

Chair, Associate Professor Steve Macfarlane

Faculty of Forensic Psychiatry

This has been a year of consolidation. The Faculty commissioned a survey to determine how well we meet the needs of forensic psychiatrists working in the civil and criminal arenas. There was a diversity of views, with an overall satisfaction rating of three for the Faculty. As analysis of the survey continues, the Committee will use this to guide us in working to further the interests of all members.

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Chair, Dr Justin Barry-Walsh

Committee members
- Dr Anthony Barker
- Dr Justin Barry-Walsh
- Dr William Brereton
- A/Prof. Andrew Carroll
- Dr Mrigendra Das
- A/Prof. Sophie Davison
- Dr Kerri Eagle
- Dr Andrew Ellis
- Dr Vinesh Gupta
- Dr James Knight
- Dr Shailesh Kumar
- Dr Kirsty MacDonald
- Dr Ness McVie
- Dr Edward Petch
- Dr Peter Wynn Owen

Chair, Dr Justin Barry-Walsh

Committee members
- Dr Anthony Barker
- Dr Justin Barry-Walsh
- Dr William Brereton
- A/Prof. Andrew Carroll
- Dr Mrigendra Das
- A/Prof. Sophie Davison
- Dr Kerri Eagle
- Dr Andrew Ellis
- Dr Vinesh Gupta
- Dr James Knight
- Dr Shailesh Kumar
- Dr Kirsty MacDonald
- Dr Ness McVie
- Dr Edward Petch
- Dr Peter Wynn Owen

Chair, Associate Professor Steve Macfarlane

Committee members
- Dr Usman Ali
- Dr Stephen Boyd
- Dr Gary Cheung
- Dr Rebecca Graham
- Dr Neil Jayasingam
- Dr Fiona Krantz
- A/Prof. Steve Macfarlane
- Dr Angela McAleer
- Dr Duncan McKellar
- Dr Maria Tsanglis
The Victorian Faculty of Psychotherapy Subcommittee, led by Dr Melinda Hill and Dr Gabriel Feller, provided a submission to the Royal Commission into Victoria’s Mental Health System. The Faculty’s submission was included as an attachment to the College’s submission to the Royal Commission. The draft document initially contained strong recommendations that the College enhance its mandatory basic training in psychotherapy, as well as the central role of trauma in our patients’ lives and the place of psychotherapy more broadly within psychiatric treatment.

Correspondence has been received from the TRC regarding their concerns about psychotherapy training, as well as from Faculty representatives in New Zealand who tabled considerable concerns about the state of psychotherapy in New Zealand. In Australia there has been a concerning decrease in the use of item numbers reflecting longer duration, for example, item number 306.

The Faculty strongly supports and is involved in the next stage of advocacy for psychotherapy training, including establishing psychotherapy as a core component of all psychiatrists’ practice in all subspecialties and as the best practice treatment in many disorders. The Education Committee’s review of the Fellowship Training Program syllabus may identify gaps in the area of trauma and trauma informed care. The Faculty has provided input to the College’s draft position statement on trauma-informed practice.

The Faculty’s 2019 conference, themed ‘Sexuality and gender: handmaid, mistress or partner?’, was held in Barcelona, Spain, in July. The conference was dedicated to complex sexuality issues and featured some remarkable international speakers. Notwithstanding the lower attendance than initially planned, the conference was a successful event and the Faculty warmly thanks the Conference Convenor, Dr Paul Foulkes, and the Conference Organising Committee.

Committee members
- Ms De Backman-Hoyle
- Dr Simon Byrne
- Dr Paul Cammell
- Dr Andrew Christensen
- Dr Michael Daubney
- Dr Mary Emeleus
- Dr Melinda Hill
- Dr Catherine Ludbrooke
- A/Prof. Loyola McLean
- Dr Jenny Randles
Section highlights

Section of Child and Adolescent Forensic Psychiatry

The Section of Child and Adolescent Forensic Psychiatry has continued to respond to a range of consultations via the College, to inform various policy areas, external commissions and comments on proposed legislation. We are focusing on a variety of issues, including the age of criminal responsibility and the treatment of conduct disorder.

A successful Section conference, ‘From naughty children to stranger things’, was held in Sydney in August. Attendance numbers increased substantially from the previous year. The quality of sessions was excellent and widely diverse, with topical, informative and thought-provoking presentations from high-calibre speakers.

Section members in New Zealand ran the annual two-day Youth Forensic Forum in Porirua, at which Children’s Commissioner Judge Andrew Becroft spoke. Around 120 people attended from the North and South islands and it was a fantastic opportunity for multi-agency networking, forging new relationships and strengthening existing ones.

In 2020, New Zealand will have its own Subcommittee of the Section, which will increase our links, expertise and ability to collaborate with other agencies.

Section of Early Career Psychiatrists

The Section of Early Career Psychiatrists held a successful ‘Welcome Aboard’ event and symposium at Congress, which has increased the Section’s profile and its work, and engaged the membership. We produced a resource pack for new Fellows and early career psychiatrists (ECPs) to help with the transition from trainee to consultant. Doctors’ wellbeing has been a priority for the Section and we have been actively involved in the College’s initiatives, including the pilot mentoring project.

International partnerships continue to be important. The Section is forming strong links with the World Psychiatric Association (WPA) and other early career psychiatrist groups in the Asia Pacific. Other ongoing work includes establishing scholarships for colleagues from low- and middle-income countries (LMICs) to attend Congress, and formulating exchange opportunities for foreign ECPs to work in Australia. Opportunities for ECPs to volunteer in LMICs are also being explored and ECPs are participating in pilot programs.

The Section is looking to expand the definition of ECPs to seven years post-Fellowship, to align with the current WPA definition.
Section of Electroconvulsive Therapy and Neurostimulation

The Section of Electroconvulsive Therapy and Neurostimulation has submitted an application to the Education Committee for the development of a new Certificate of Advanced Training course, which would enable the Section to become a Faculty. The Board has ratified the terms of reference for specific consumer, nursing and anaesthetist support networks within the Section. The following Section members will chair these networks:

- Dr Shanthi Sarma – consumer network
- Dr Tibor Csizmadia – anaesthetist network
- Dr Alan Weiss – nursing network.

The Section has been an active supporter of the CARE (Clinical Alliance and Research in ECT) National ECT Network that will provide benchmarking data and audit potential for participants. This initiative is supported by Australian hospitals and it is anticipated that some states, like NSW, will also actively support it.

Policy work is progressing on a range of projects, including a deep brain stimulation clinical memorandum; vagus nerve stimulation; an rTMS position statement; and the rTMS Professional Practice Guideline that has been completed and ratified by the Board. The ANZJP published the ECT Professional Practice Guideline in April 2019.

Section of History, Philosophy and Ethics of Psychiatry

The new Section of History, Philosophy and Ethics of Psychiatry Committee had a face-to-face meeting in August to consider its program of work for the next two years. Members are enthusiastic and raised several issues to pursue during our term. These include raising the profile and involvement of the Section at College conferences; improving access for history, philosophy and ethics of psychiatry articles in College journals, including spirituality as part of the Section profile; co-opting Professor Michael Wong in Hong Kong to the Committee; and, as a long-term project, changing our mandate and title to Medical Humanities. From this, we hope to consider a writers’ festival for psychiatrists and link up with medical humanity courses at different universities.

We look forward to pursuing these plans at future meetings and also to catching up at the New Zealand symposium in Wellington from 13–14 March 2020.
Section of Leadership and Management

The Section of Leadership and Management successfully contributed to Congress 2019, with a lively debate about safety and quality issues in health. In addition, the Section developed a robust and entertaining “hypothetical” in respect to a complex clinical situation involving political, health system and clinical issues.

At a meeting of Section members at Congress, we decided to survey all College state and territory Branches and the New Zealand National Office regarding their resources devoted to informing trainees about leadership and management.

The Section has been impressed with the response so far from the various College groups.

Dr Nardine Elzahaby has kindly agreed to take over the organisation of the Section newsletter and we thank her and look forward to future newsletter issues.

After a number of years, the Section is gratified to see that a mentoring program is being launched by the College to assist junior consultants to develop an interest and expertise in leadership and management issues.

Chair, Associate Professor Robert Parker

Committee members
- Dr Nardine Elzahaby
- Dr Mark McAndrew
- Dr Helen McGowan
- Dr Balaji Motamarri
- Dr Nick O’Connor
- A/Prof. Robert Parker
- Prof. Saddichha Sahoo
- Dr Suman Sinha

Section of Neuropsychiatry

The Section of Neuropsychiatry held its eighth annual Neuropsychiatry and Behavioural Neurology Conference in Melbourne in November, with a theme of movement disorders. The two-day conference was, again, over-subscribed, reflecting the depth of interest in neuropsychiatry. I gave the plenary talk on the role of neuropsychiatrists in functional neurological disorders. Thanks are due to the conference convenors, Professor Dennis Velakoulis and Associate Professor David Darby.

After extended discussion, the Section Committee finally approved the College’s Position Statement 29: Neurosurgery (psychosurgery), and provided critical commentary on a number of other reports.

The Committee continues to work on a proposal for a neuropsychiatry area of practice and training certificate, which will remain our primary focus.

Chair, Professor Richard Kanaan

Committee members
- Dr Gregory Finucane
- A/Prof. Brad Hayhow
- Prof. Richard Kanaan
- Dr Edward Ko Ko Aung
- A/Prof. Jeffrey Locic
- Dr Bill Mantzioris
- Prof. Harry McConnell
- Dr Adith Mohan
- Prof. Dennis Velakoulis
Section of Perinatal and Infant Psychiatry

The Section of Perinatal and Infant Psychiatry welcomed a new Committee in mid-2019 and remains committed to the two important priorities for our field: the development and provision of advanced training pathways in perinatal and infant psychiatry; and developing guidance on service development and standards for the emerging specialist services in this area. In 2019 the Committee has focused on advancing these key areas and ensuring adequate representation across Australia and New Zealand. Both an application for advanced training and revision of Position Statement 57: Mother, babies and psychiatric inpatient treatment will be completed in early 2020. Ensuring visibility of and advocating for perinatal and infant psychiatry are ongoing priorities. The Committee provided information for inclusion in several College pre-budget submissions to governments. We advocated for mental health to be a key priority in the final Australian Health Minister’s Advisory Council’s National Strategic Approach for Maternity Services (NSAMS) and participated in national roundtable consultations on child mental health and perinatal and infant mental health. Our advocacy to ensure the viability of funding for Australian public mental health mother–baby unit services is ongoing with the Independent Hospital Pricing Authority.

Committee members
- Prof. Marie-Paule Austin
- Dr Gaynor Blankley
- Prof. Megan Galbally
- Dr Rebecca Hill
- Dr Brendan Jansen
- Dr Nimalee Kanakakahewa
- Dr Elizabeth MacDonald
- Dr Kristine Mercuri
- Dr Katherine Sevar
- Dr Lyndall White
- Dr Tanya Wright

Section of Private Practice Psychiatry

The Section of Private Practice Psychiatry represents almost half of all College Fellows in Australia and a growing number in New Zealand. The Committee has been focusing this year on increasing representation from Australian states and we are hopeful of finding someone in New Zealand to join our Committee. The Committee has been embraced by the College’s Practice, Policy and Partnerships Committee and the President, and our voice and representation at a policy and advocacy level is growing louder.

Significant areas of work for the Committee over the past year include providing input into and responding to the review of psychiatry MBS item numbers, as well as those item numbers for general practice and allied health that overlap with our scope of practice. It is fair to say that changes to telehealth have taken up much of our time and consideration. Private health insurance, the National Disability Insurance Scheme, and access to medications and treatments for our patients are other areas of work.

Committee members
- Dr Joe Alemkunnappuzha Varghese
- Dr Alan Altham
- Dr Michelle Atchison
- Dr Gary Galambos
- Dr David Kelly
- A/Prof. Jeffrey Looi
- Dr Renate Mundl
- Dr Jason Pace

Chair, Professor Megan Galbally

Chair, Dr Michelle Atchison

Continued overleaf
Section of Psychiatry of Intellectual and Developmental Disabilities

The Section of Psychiatry of Intellectual and Developmental Disabilities has been busy contributing to College positions on a range of topics including a review of the National Disability Insurance Scheme, the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability, and the College response to the Productivity Commission Inquiry into Mental Health report. All this takes considerable time and effort and the Section is grateful to all members who have contributed.

The Section was pleased to contribute to Congress 2019 in Cairns and to see the growing interest in this area. Considerable activity was also undertaken to ensure a presence at the 2020 Congress in Hobart. Plans continue to develop a training pathway, but this will be dependent on training posts being available.

Committee members

- Dr David Bathgate
- Dr Chad Bennett
- Dr Catherine Franklin
- Dr Jennifer Harrison
- Dr Matthew Sellen
- Dr Sergio Starkstein
- Prof. Julian Trollor
- Dr Grace Tso
- Dr Mohammed Usman

Section of Rural Psychiatry

The Section of Rural Psychiatry continues to highlight the severe and ongoing shortage of psychiatrists and trainees in rural and remote Australia and in regional areas of New Zealand. This issue has now been identified by the College as a high-level, strategic issue requiring attention at bi-national and state levels. The Section continues to advocate for an increase in the capacity for trainees to work, live and train in rural areas and, with the assistance of Specialist Training Program funding, will develop a paper outlining how this can be achieved.

Committee members have continued to work with other postgraduate medical colleges, including the Australasian College for Emergency Medicine and the Australian College of Rural and Remote Medicine, to develop better education and training relationships. This includes curriculum development for psychiatry training of emergency physicians and general practitioners working in rural and remote areas.

The Committee is keen to expand its representational voice throughout the College’s committees and subcommittees to ensure rural Fellow and trainee issues are continuously considered in College business.

Committee members

- Dr Andrew Amos
- A/Prof. Ravi Bhat
- Dr Rodney Blanch
- A/Prof. Mathew Coleman
- Dr Noel Collins
- Dr Mary Emeleus
- Dr Natalie Johnston
- Dr James Knight
- A/Prof. Savio Sardinha
- Dr Daniel Wood
- Dr Greg Young
- Prof. Carlos Zubaran Jr
Section of Social, Cultural and Rehabilitation Psychiatry

The change in the Section name to the Section of Social, Cultural and Rehabilitation Psychiatry highlights a major achievement in this past year. Rehabilitation psychiatry has not had a formal home within the College system before. Many psychiatrists who principally work in the rehabilitation area have been active members of the Section and were of the view that our Section is a better fit for this group than any other part of the College.

The Section is working hard to develop a formal recognition of expertise in rehabilitation psychiatry, working closely with the Faculty of Adult Psychiatry. This work will be our primary objective for the coming year.

The resumption of Section meetings held outside major population centres saw a successful meeting on King Island in March 2019. Having time to meet in a collegial manner away from the hustle and bustle of urban living allowed for greater engagement by all participants in the varied and stimulating program. The Section aims to extend its work with the College’s Family Violence Psychiatry Network following Dr Manjula O’Connor’s excellent presentation.

Section of Youth Mental Health

In March, the Section of Youth Mental Health 2019 Conference was held on Victoria’s Mornington Peninsula. Titled ‘Youth and mental health: minding the gap’, lectures and workshops addressed areas of unmet need, including models of care for Indigenous youth, issues relating to transgender, youth seeking asylum, and ADHD.

An educational curriculum for Fellows and trainees to pursue further training in youth mental health is being planned. The Committee is aiming for the Section to become a future Faculty.

Eco-anxiety is highly prevalent amongst youth globally. At the request of the Board, the Section provided options on how the College could respond to mental health challenges related to climate change in Australia and New Zealand. This proposal is currently under consideration by the Board.

The Section and its members look forward to a busy schedule of work in 2020, aiming to improve the mental health of young people in Australia and New Zealand.

Chair,
Dr Darryl Watson

Chair,
Professor James Scott

Committee members
» Dr Nivanka Ahangama Widanalage De Silva
» Dr Tanveer Ahmed
» Dr Sara Burton
» Dr Alice Chang
» Dr Catherine Chesterman
» Dr Harry Hill
» Ms Manjit Kaur
» Dr Elizabeth Moore
» Dr Darryl Watson

Committee members
» Dr Angelene Chester
» Dr Sarah Cohn
» Dr Sharon Foley
» Dr Lisa Juckes
» Dr Megan Kalucy
» Dr Andrew Lee-Lovick
» Dr Donovan Moncur
» Dr Hugh Morgan
» Dr Daniel Pellen
» Prof. James Scott
**Network highlights**

**Family Violence Psychiatry Network**

The bi-national Family Violence Psychiatry Network Committee was formed in 2018 and is building on the work of the Victorian Family Violence Working Group that was active from 2014 to 2018. The Network aims to raise awareness of family violence as a significant social determinant of mental health and its ubiquitous presence among psychiatric patients.

In 2019, the Network:

- developed a position statement on family violence and mental health, which is currently awaiting formal approval
- commenced discussions with the Section of Social, Cultural and Rehabilitation Psychiatry to jointly hold a conference in 2021
- developed a Network web page, including useful resources and links
- attended Branch meetings to raise awareness in each state and territory about the Network and family violence issues
- collaborated with the Member Wellbeing Subcommittee to focus on member welfare issues associated with family
- engaged in several conferences, meetings and webinars throughout the year
- provided expert comment and advice to inform College responses to a range of reports and inquiries.

**Committee members**
- Prof. Maurice Eisenbruch
- Dr Hannah Galloway
- Dr Samir Ibrahim
- Prof. Fiona Judd
- Dr Yara Khedr
- Dr Prue McEvoy
- Dr Vikas Moudgil
- Dr Jai Nathani
- Dr Darren Neillie
- Prof. Louise Newman
- Dr Manjula O’Connor
- Ms Louise Salmon
- Dr Jacqueline Short
- Dr Meredith Whiting

**Military, Veterans’ and Emergency Services Personnel Mental Health Network**

Following the RANZCP Board’s appointment of a Working Group to act as an executive for the Military, Veterans’ and Emergency Services Personnel Mental Health Network in 2018, the Working Group conducted a workforce survey of Network members, since published, that demonstrated that the College needed to support professional development for trainees and Fellows to increase and improve the psychiatric workforce providing services in this field.

To achieve this, the Working Group organised two symposia on military and veterans’ mental health at Congress 2019 in Cairns. Members of the Working Group engaged in other conferences, meetings and webinars throughout the year. The Working Group developed an EPA in military and veterans’ health for consideration by the Training Committee, and provided expert comment and advice to inform College responses to a range of reports, inquiries and media articles.

Three newsletters were published to inform and engage our growing membership, which stood at 126 by the end of the year. In late 2019 the Working Group endorsed the expansion of the scope of the Network to include emergency services personnel.

**Committee members**
- Dr John Cooper
- Dr Nick Ford
- A/Prof. Ed Heffernan
- Dr Andrew Khoo
- Dr Jonathan Lane
- Dr Diana McKay
- Dr Duncan Roy
- Dr Duncan Wallace
The RANZCP pays tribute to the members who passed away during 2019.

- Dr Barry Blicharski
- Dr Michael de Groot
- Dr Geoffrey Dixon
- Dr James Durham
- Dr Joseph Fliegner
- Dr Peter Gauvin
- Dr John Govan
- Dr Peter Marriott
- Dr Rodney Morice
- Dr Denis Procter
- Professor Trevor Silverstone
- Dr Helena (Helen) Tingay
- Dr William (Bill) Walker
During 2019, 208 candidates were admitted to Fellowship of the RANZCP.

**New Zealand**
Dr William Ackers  
Dr Hussain Alyami  
Dr Russell Blakelock  
Dr Lauren Cross  
Dr Nichole Galley  
Dr Oliver Hansby  
Dr Jessica Henry  
Dr Dr Andrew Hill  
Dr Natalie Ilan  
Dr Muhammad Khattak  
Dr Han Chung Lim  
Dr Tony Muller  
Dr Adam Stevens

**Australia**

**Australian Capital Territory**
Dr Amber Chambers  
Dr Neeam Jain  
Dr Thushyanthi Peiris

**New South Wales**
Dr Mahmoud Ibrahim  
Atta Abouhamar  
Dr Maryam Aghaeae  
Dr Neelya Agalawatta  
Dr Khushboo Baheti  
Dr Vikash Santosh Balgoind  
Dr Aravali Agrawal  
Dr Neelam Jain  
Dr Thushyanthi Peiris

**Queensland**
Dr Charles Estibeiro  
Dr Alon Faigold  
Dr Timothy Foley  
Dr Katia Foresti Zubaran  
Dr Ramanathan  
Kalpathy Ganapathy  
Dr Kathryn Goodenough  
Dr Suzanne Ison  
Dr Claire Keating  
Dr Joel Killey  
Dr Katrina King  
Dr Dagmar Koethe  
Dr David Kumagaya  
Dr Markus Leweke  
Dr Eva Maher  
Dr Dina Mahmood  
Dr Dev Malayandi Lakshmanan  
Dr Asad Malik  
Dr Dale Marchant  
Dr Christina Matthews  
Dr Josef Henderson  
Dr Gordon Hopkins  
Dr Sahitya Kamineni  
Dr Monaan Kar Ray  
Dr Charlotte Chesterman  
Dr Martin Downs  
Dr Lara Gallur  
Dr Amisha Jayawant  
Dr Vineet Juneja  
Dr Dr Andrew Hill  
Dr Natalie Ilan  
Dr Muhammad Khattak  
Dr Han Chung Lim  
Dr Tony Muller  
Dr Adam Stevens

**New Zealand**
Dr William Ackers  
Dr Hussain Alyami  
Dr Russell Blakelock  
Dr Lauren Cross  
Dr Nichole Galley  
Dr Oliver Hansby  
Dr Jessica Henry  
Dr Dr Andrew Hill  
Dr Natalie Ilan  
Dr Muhammad Khattak  
Dr Han Chung Lim  
Dr Tony Muller  
Dr Adam Stevens

**Australia**

**Australian Capital Territory**
Dr Amber Chambers  
Dr Neeam Jain  
Dr Thushyanthi Peiris

**New South Wales**
Dr Mahmoud Ibrahim  
Atta Abouhamar  
Dr Maryam Aghaeae  
Dr Neelya Agalawatta  
Dr Khushboo Baheti  
Dr Vikash Santosh Balgoind  
Dr Aravali Agrawal  
Dr Neelam Jain  
Dr Thushyanthi Peiris

**Queensland**
Dr Charles Estibeiro  
Dr Alon Faigold  
Dr Timothy Foley  
Dr Katia Foresti Zubaran  
Dr Ramanathan  
Kalpathy Ganapathy  
Dr Kathryn Goodenough  
Dr Suzanne Ison  
Dr Claire Keating  
Dr Joel Killey  
Dr Katrina King  
Dr Dagmar Koethe  
Dr David Kumagaya  
Dr Markus Leweke  
Dr Eva Maher  
Dr Dina Mahmood  
Dr Dev Malayandi Lakshmanan  
Dr Asad Malik  
Dr Dale Marchant  
Dr Christina Matthews  
Dr Josef Henderson  
Dr Gordon Hopkins  
Dr Sahitya Kamineni  
Dr Manaan Kar Ray  
Dr Charlotte Chesterman  
Dr Martin Downs  
Dr Lara Gallur  
Dr Amisha Jayawant  
Dr Vineet Juneja  
Dr Dr Andrew Hill  
Dr Natalie Ilan  
Dr Muhammad Khattak  
Dr Han Chung Lim  
Dr Tony Muller  
Dr Adam Stevens
Western Australia
Dr Smitha Bhaduri
Dr Darren Bingham
Dr Darren Catling
Dr Noel Collins
Dr Deepak Davis
Dr Rachael Griffiths
Dr Katherine Grove
Dr Elvin Ko
Dr Devendra Mukesar
Dr Sarah Mathews
Dr Maliththa Muwanwella
Dr Andras Papp
Dr Chaitali Patel
Dr Mazdak Samani
Dr Lisa Smith
Dr Lynette Si Jing Teoh
Dr Alexander Van Hattem

Photos of new Fellows were taken at the College Ceremony on 13 May 2019.
During 2019, 99 Fellows were awarded RANZCP Certificates of Advanced Training.
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President
Dr Vinay Lakra
President-Elect
Dr Margaret Aimer
Elected Director

Dr Peter Jenkins
Elected Director
Dr Sue Mackersey
Elected Director
Dr Elizabeth Moore
Elected Director
Dr Nick O’Connor
Elected Director

Chief Executive Officer
Mr Andrew Peters

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