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'Member Access' and selecting 'My RANZCP' and then 'My Training Reports'.

Information regarding the RANZCP complaints process is available on the College website via Pre Fellowship – [Complaints Resolution](#)

The views and opinions expressed by individual authors do not represent the position of the RANZCP.

REMINDER: submission of 2003 training forms for transitioned trainees and Fellows-in-Training

The final date that outstanding 2003 training forms (including Advanced Training Certificate logbook forms) will be accepted by the College head office is **31 August 2016**. Trainees who are delayed in sending in their forms after 31 August 2016 due to exceptional circumstances can apply to the Committee for Training (CFT) for approval of the outstanding forms and training components. Applications must include payment of the relevant administration fee as per the 2016 Fee Schedule and should provide supervisor and DOT letters of support with their application where relevant. The CFT would consider such requests on a case-by-case basis.

Please contact transition@ranzcp.org should you have any queries

EXAMS

Multiple Choice Question (MCQ) Examination

Candidates are advised to familiarise themselves with the computer based multiple choice examination format prior to sitting the paper by completing the practice examination available on the Pearson Vue website. This provides an experience of the functionality of the online exam and future candidates are recommended to avail themselves of this opportunity.

It has been brought to the attention of the Committee for Examinations that in the February 2016 MCQ examinations there were a couple of instances where candidates who chose to commence the MCQ examination with CAPs (rather than EMQs) found themselves exiting the examination prematurely at the end of the CAP section.

Candidates who choose to commence the MCQ exam with the CAP component should read carefully the instruction pages at the conclusion of the CAP component and carefully note the warning messages that appear on the screen. The College has been in discussions with Pearson Vue to further clarify the wording in those warning messages.

Candidates are also advised to familiarise themselves with a set of instructions that has been prepared if they decide to commence the examination with CAPs. This document is located on the **Exam Centre Page**, under **Computer-based practice exam**.

Psychotherapy Written Case

Following discussions with the Faculty of Psychotherapy, Associate Professor Beth Kotze (Chair, Case History Subcommittee, Committee for Examinations) has prepared a video primarily aimed at psychotherapy supervisors, to help them assist trainees in the preparation and submission of the Psychotherapy Written Case. The video will also be useful for trainees in their preparation for submission of the written case. The video, lasting 19 minutes can be found under Resources on the Psychotherapy Written Case page of the 2012 Fellowship Program of the College website. There is also an accompanying power point PDF.

<https://www.ranzcp.org/Pre-Fellowship/2012-Fellowship-Program/Assessment-overview/Psychotherapy-Written-Case.aspx>

Essay Style Examination

The **February 2016 Advice to Essay-style Candidates** is now available under **News and notices** from the **Exam Centre page** of the College website.

The Written Subcommittee, Committee for Examinations has published two sample MEQ questions from the February 2016 examination. These questions plus feedback commentary can be found on the **Exams Centre page** under **Written exams past exam questions**.

Scholarly Project: Exemption vs RPL

The following outlines the differences between applying for Exemption or Recognition of Prior Learning (RPL) for the Scholarly Project.

- Scholarly Project Exemption is purely for the exemption of the Scholarly Project, whereas a RPL application is generally submitted for multiple items including training time and EPA's. The Scholarly Project may be included in this application as one of the items.
- The Exemption application fee is \$400.00; the RPL application fee is \$1305.00.
- Importantly, Exemption may be applied for at **any time**, whereas RPL applications must be submitted to the relevant Branch Training Committee (BTC) by the trainee within 6 calendar months of the date training commenced.
- Exemption applications are submitted directly to the Committee for Exams (CFE) for approval; RPL applications go to the Committee for Training (CFT) who refer the Scholarly Project component of the application to the CFE. Both pathways therefore lead to final jurisdiction by the CFE.
- Both Exemption and RPL applications must be based on projects undertaken in a field relevant to psychiatry or mental health, which have been completed or accepted for publication in a peer-reviewed journal within the past 10 years.

Committee for Examination correspondence

All written examination queries from trainees, SIMGs and supervisors should be directed to the Committee for Examinations, care of College Examination Staff. Correspondence should be emailed as follows:

- MCQ and Essay-style examination writtens@ranzcp.org
- Psychotherapy Written Case cases@ranzcp.org
- Scholarly Project scholarly@ranzcp.org
- OSCE clinical@ranzcp.org

CBFP

Stage 2 Training time and EPA requirements

If a trainee (either transitioned or 2012), has completed the time requirements for stage 2, but has not yet met the EPA requirements, the program allows for the trainee to take 'time and a half' to complete stage 2 (i.e. 36 FTE months).

At this point, this will occur more commonly in the cases of transitioned trainees, however, it may also occasionally happen with 2012 commenced trainees.

It is important to note that the College does not mandate or dictate a 6-calendar month rotation as a minimum period – the DOT, service or employer controls the rotation and the ITA dictates the end-of-rotation date, not the date the EPA was entrusted.

If a short rotation (e.g.: 1/2/2016 – 15/4/2016 – 10 weeks) can be accommodated by the service or employer, then the College would accept a Stage 2 ITA which indicates the final EPAs entrusted within this shortened rotation. The time will then be recorded as additional stage 2 training time and the EPAs captured accordingly.

Only then can the trainee be moved onto stage 3.

We cannot accept an EPA Confirmation of Entrustment (COE) form in isolation (under any circumstances) as it is not evidence that the DOT is in agreement that the rotation has ended and a new one is about to start.

The next rotation would commence on the date after the short rotation (e.g. 16/04/2016), as a Stage 3 rotation.

If a service is not able to accommodate this, then the trainee would need to do a full 6 month rotation stage 2.

In summary, a trainee who is falling short of their EPA requirements will not be moved onto stage 3 by the College, until the EPAs are completed and submitted on an end-of-rotation ITA stage 2. The Committee for Training will not approve trainees to complete stage 2 EPAs in stage 3 rotations - trainees who have not completed the required stage EPAs, should not be placed into rotations above the stage.

The College therefore emphasises the importance of planning the completion of EPAs with the principal supervisor at the beginning of the rotation to ensure that trainees have met the requirements of stage 2.

If you require any further clarification of this information, please do not hesitate to contact the College training team; training@ranzcp.org.

New Stage 3 EPAs approved

Three new Stage 3 EPAs have been approved by the Education Committee. They are

- (Indigenous mental health – New Zealand) ST3-INDNZ-FELL-EPA1: Formulation of a case involving a Māori patient.
- (Indigenous mental health – New Zealand) ST3-INDNZ-FELL-EPA2: Review a model of mental health service delivery in a Māori community service (including hospitals and community services attached to hospitals).
- (Medical education) ST3-EDU-FELL-EPA3: Assist learning through receiving and providing feedback.

The new EPAs can be found on the [EPA forms](#) page of the website. Stage 3 trainees are reminded that FELL (Fellowship) EPAs can be attained in any rotation whereas AOP (area of practice) EPAs can be attained in the relevant area of practice only. For example, trainees can attain the adult psychiatry EPA, *ST3-AP-AOP-EPA4: Recovery and rehabilitation*, in adult psychiatry rotations only but can attain the medical education EPAs, *ST3-EDU-FELL-EPA1: Small and large group teaching* and *ST3-EDU-FELL-EPA3: Assist learning through receiving and providing feedback* in any rotation.

Updated Advanced Training Selection Notification (ATSN) and Dual Certificate of Advanced Training Selection Notification (DCATSN) available

Trainees and Fellows completing a Certificate or Dual Certificate of Advanced Training in any of the subspecialties are required to submit an Advanced Training Selection Notification (ATSN) or Dual Certificate of Advanced Training Selection Notification (DCATSN) to the College prior to commencement of training. The forms can be found on the [Certificates of Advanced Training](#) web page. These forms are fillable PDFs and users are able to complete them onscreen. Previous versions of the forms will no longer be accepted by the College.

RPL policy update

At the College Board meeting on 21 May 2016, a revised version of the Recognition of Prior Learning (RPL) Policy was approved. The amendment was made in an effort to ensure that there is a clearer understanding of what time can be considered for RPL requests in the case where the applicant has been successful in their AMC exam, and subsequently attained general registration. The following has been added to section 5.1.1 (i):

All training time accrued after the date of general registration is **not eligible** for consideration. This rule also applies to all training experiences signed off and EPAs entrusted after this date. A trainee is eligible to accrue training time again after the trainee has applied for, been interviewed, advised of a successful outcome and has commenced training as an RANZCP trainee.

Trainee Representative Committee

May was an exciting month for the Trainee Representative Committee (TRC), as the incoming 2016/2017 Committee was finalized and we welcomed a record number of trainee delegates to the Hong Kong Congress.

We have a mix of new and existing members on the committee this year, providing a combination of new perspectives and enthusiasm, and experience and knowledge that will allow us to expand on the work we have been doing over the past year. We also thank those 2015/2016 committee members who are not continuing on for all of their work and dedication.

We are proud to announce the 2016/2017 RANZCP Trainee Representative Committee:

| | |
|-----------------------|--|
| Dr David Barison | QLD Representative |
| Dr Alexandra Dunne | ACT Representative |
| Dr Lois Evans | NZ Representative |
| Dr Rebecca Graham | TAS Representative |
| Dr Husaini Hafiz | NZ Representative |
| Dr Hannah Kim | VIC Representative |
| Dr Tabitha Mok | WA Representative |
| Dr Paranee Nadaswaran | NSW Representative |
| Dr Amro Sholkami | NT Representative |
| Dr Rima Staugas | SA Representative |
| Dr David Ward | Non-Jurisdictional (NSW) |
| Dr Alison Taylor | Non-Jurisdictional (VIC) |
| Dr Jan-Paul Kwasiik | Non-jurisdictional (QLD) |
| Dr Donal Hanratty | Non-Jurisdictional (NZ) |
| Dr Sally Lambert | Co-opted Member for Trainee Welfare in Rural Regions (NSW) |

The TRC exists to improve the training experience for all trainees by providing formal representation for all trainees within the College. We are made up of members from New Zealand and each Australian State/Territory, four non-jurisdictional members, and the immediate past chair, as well as co-opted members who can provide additional or

specialized representation as needed. Your local state/ Territory or New Zealand representative will be contacting you soon to introduce herself or himself, please keep an eye out for the email.

In other news, the recent Hong Kong Congress represented a number of firsts for trainees. A record number of more than 150 trainees attended, and the TRC worked with the Congress organizing committee to provide a range of trainee specific events. These included sessions presented by and for trainees, our second “Meet the TRC” session, and a dedicated trainee zone with opportunities to meet and network with Senior Psychiatrists and College representatives. We were able to link with local Hong Kong trainees and were very appreciative of their local knowledge when it came to organizing the trainee social night. The night was a great success, with lots of fun had by all. We look forward to continuing this trainee focus at the 2017 Adelaide Congress and welcome your input and suggestions on the program.

The TRC looks forward to continuing to work with the College over the next year to address the training and welfare issues that we know are important to you. To best serve you we need to know what matters to you, so please speak up and let us know.

Dr Alison Taylor
Deputy Chair
TRC

Congress 2016

Congress welcomes 1300 delegates in Hong Kong and solidifies links with the Asian region

The College’s premier annual event, the International RANZCP Congress of Psychiatry, was held in Hong Kong earlier this month. This marked over 25 years since the College last held Congress outside Australia or New Zealand.

The Board, in conjunction with the Victorian Branch of the College as the 2016 Congress host Branch, made a strategic decision to hold Congress overseas in line with the College’s concerted efforts in recent years to build closer links and partnerships in Asia, and to support its growing relationships and collaborations within the region. Hong Kong was carefully selected not only as a world-class, vibrant and safe destination, but also as a convenient city to travel to from all parts of the world. Congress was held in association with the Hong Kong College of Psychiatrists, and with the support of the World Psychiatric Association, the Asian Federation of Psychiatric Associations and the Pacific Rim College of Psychiatrists.

The high attendance at this year’s Congress – approaching 1300 delegates – highlighted the high level of enthusiasm from members. The event also resonated with an international audience, drawing 269 registrations from outside Australia and New Zealand, including strong local attendance from Hong Kong and China. Over 800 delegates attended the welcome reception on the first day of Congress at Sky100, one of Hong Kong’s major tourist attractions and the world’s seventh-tallest building. Congress was officially opened by Dr Ko Wing Man, Secretary for Food and Health of the Hong Kong Special Administrative Region Government.

A strong scientific program spanned five days featuring 211 sessions and a record number of presentations and workshops. Keynote speakers included Dr Naomi Fineberg (UK), Dr Nitin Gogtay (USA), Professor Robert Howard (UK), Professor David Nutt (UK), Professor Thomas Schlaepfer (Germany), Professor Peter Tyrer (UK), Dr Frank Yeomans (USA), Professor Dan Lubman (Australia) and Associate Professor Simon Stafrace (Australia). They presented on Borderline Personality Disorder, Obsessive Compulsive Disorder, deep brain stimulation, brain research in addiction, childhood-onset psychosis and old age psychiatry. Keynote addresses were supported by a strong line-up of invited speakers from around the world who covered a wide range of topics from all areas of psychiatry. These included internet-related psychopathology, neuroimaging, drug use, family violence, maternal mental health, suicide and more.

Other sessions highlighted the welfare of psychiatrists and trainees, advocacy in mental health, clinical practice guidelines, early detection and treatment of Personality Disorder, and provided an update on the National Disability Insurance Scheme in Australia. An Asia Pacific Mental Health Forum gave delegates an insight into the psychiatric workforce of other countries including China, Hong Kong, the Philippines and the Pacific region.

For the first time at Congress, the College ran Clinical Update sessions to provide robust educational updates for Fellows on key topics that may be outside of their daily practice. These sessions on schizophrenia, old age psychiatry and mood disorders, were a highlight of the program and will be continued in future years. Another addition to the program was an entertaining debate where Royal College of Psychiatrists (UK) President Professor Sir Simon Wessely and New South Wales Fellow Professor Ian Hickie argued expertly on the topic '50% of us are mentally ill: You cannot be serious!'.

For the first time ever, delegates enjoyed the use of a Congress app to navigate the program, read abstracts, get directions and customise a personal schedule. This was complemented by the use of electronic facilities to display 45 poster presentations on topics such as psychiatry in Asia, mental health policy and legislation, consultation-liaison psychiatry, neuropsychiatry, training and education issues and more.

The College Ceremony held during Congress welcomed 182 new psychiatrists into the profession and congratulated 53 recipients of advanced training certificates. Recipients of several College awards were recognised for their outstanding achievements and contributions to psychiatry, the community and the College, as well as excellence in psychiatric research and training.

Of note was the high involvement of trainees in the conference. Psychiatry trainees provided a strong input into the development of Congress through the organising committee, scientific program committee and a dedicated Congress working group of the Trainee Representative Committee (TRC). Over 150 trainees were in attendance. In addition to many program highlights geared specifically towards them, trainees had many opportunities to gather and network, including a 'Meet the TRC' session, an optional social event, a dedicated Trainee Zone and informal meetings with early career psychiatrists and Fellows throughout the week.

As in previous years, Congress included a significant program for medical students and members of the College's Psychiatry Interest Forum attending Congress. The College supported 20 medical students, including four Aboriginal and Torres Strait Islander students, from Australia and New Zealand to attend. A further 25 students from Hong Kong and China were included in the broader program of events.

The gala dinner, held on the last evening of Congress, was the highlight of the event's social program. Held at the Aberdeen Marina Club, the sold-out event was a resounding success where attendees were treated to a fabulous Chinese banquet meal and local entertainment. Earlier in the week, several College Faculties and Sections also hosted dinners for their members, who were able to enjoy some relaxed conversation and catch up with friends and colleagues.

Thanks go to the Congress Organising Committee, Co-Convenors Professors Malcolm Hopwood and David Castle, and Scientific Program Chair Professor Ian Everall.

Members are invited to save the date for next year's Congress which will be held in South Australia from 30 April to 4 May 2017. Themed 'Speaking our minds, telling our stories', it will be a great opportunity to carry on with conversations on many topics of importance in psychiatry.

GRANTS

Neurostimulation in the Vines. 26-28 August, 2016 Crowne Plaza, Hunter Valley

The organising committee invites case presentation abstracts from Fellows and Trainees for this conference by **5pm on Friday 10 June 2016**.

The RANZCP Section of Electroconvulsive Therapy is offering Grants to the best submitted case presentation abstracts from the four categories listed below:

Psychiatry Registrar/Associate

ECT

rTMS or Neurostimulation

Enrolled Research Student - Masters or PhD

ECT

rTMS or Neurostimulation.

Short papers oral presentation

A short papers oral presentation is a 10 minute oral presentation followed by 5 minutes for questions.

Themes

The RANZCP Section of Electroconvulsive Therapy and Neurostimulation Conference Committee is seeking case presentations that are clinically relevant to psychiatrists, anaesthetists and other mental health professionals related to the area of ECT and TMS.

Please note:

- All abstracts must be prepared according to the guidelines provided. Incomplete or incorrect submissions will be returned to the author and must be re-submitted immediately in the correct format to be considered for inclusion in the program
- The close of abstracts is 5pm on Friday 10 June 2016
- Authors are reminded to ensure client confidentiality is maintained in all material submitted

To submit your abstract, please review the information and instructions on the guidelines which can be found on the [conference website](#).

If you have any questions, please contact the Conference Office on +61 (0)3 9601 4981 or email senconf2016@ranzcp.org



Educational grants available for Rural Trainees

Grants of up to \$2000 are available to RANZCP trainees who show a commitment to training in rural Australia.

www.ranzcp.org/ruralgrant2016



Are you a Rural Trainee and need some support to attend educational events in 2016 including:

- lectures
- coaching for exam preparation
- workshops
- RANZCP conferences

Apply now! Applications are open now and will be available up to 31 October 2016 with activities to be completed by 31 December 2016.

To apply and find out more, visit www.ranzcp.org/ruralgrant2016 or email ruralprojectSTP@ranzcp.org.

All RANZCP trainees based in RA2–RA5 are eligible to apply. Applications are assessed by a Panel of College Fellows from the Rural Working Party. All applicants will be notified of the outcome of their grant application after Panel review. The College reserves the right to close the Grant applications at any time should allocated funds be expended.



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The Royal Australian and New Zealand College of Psychiatrists has received Australian Government funding under the Specialist Training Program for this grant initiative.