<table>
<thead>
<tr>
<th>Authorising Committee:</th>
<th>Board</th>
</tr>
</thead>
<tbody>
<tr>
<td>Responsible Committee:</td>
<td>Education Committee</td>
</tr>
<tr>
<td>Document Code:</td>
<td>REG EDT Regulations Advanced Training Forensic Psychiatry</td>
</tr>
</tbody>
</table>

REGULATIONS

ADVANCED TRAINING

FORENSIC PSYCHIATRY

_Cert. Forensic. Psych._

“ATFP”

- Regulations to be read in conjunction with the Curriculum and Logbook for Advanced Training in Forensic Psychiatry

- Registrars will also need to complete the GENERALIST LOGBOOK
Preface Regulation

The growth of the Forensic Section in the college reflects the rapid expansion of modern forensic psychiatry as a sub-speciality with a burgeoning scientific basis and an increasing role in medico-legal interfaces.

At its core forensic psychiatry is about practice of good medicine and good psychiatry. Practitioners need to be able to conduct comprehensive psychiatric assessments, leading to sophisticated formulations and treatment plans within an ethical framework. The role of the forensic psychiatrists as an expert demands a good understanding of the knowledge base of psychiatry, the limits of expertise and an ability to translate this knowledge into alternative epistemological structures.

Forensic psychiatry deals with interfaces, both with other psychiatric specialties and with a variety of legal, justice and correctional systems. It has taken on a prominence through the post-modern social preoccupations with risk and criminality leading to the development of false and real risk assessment technologies. Thus a critical skill for a forensic psychiatrist is in risk assessment and the correct use of this skill, demystifying assumptions and educating other agencies. This positioning at the apex of competing social forces and interest creates a stimulating, sharp environment in which we can not only strive to treat our patients humanely but work to shape our communities in the same direction.

Dr Justin Barry-Walsh
Deputy Chair
Sub Committee for Advanced Training in Forensic Psychiatry
INTRODUCTION

The Advanced Training Program provides an opportunity for accredited training in forensic psychiatry for both Fellows of the College and those trainees who have completed 36 months of basic training, and the Clinical Examinations, and are working towards Fellowship, who wish to extend their training in this field. Completion of such training will be recognised by the award of the Certificate of Advanced Training in Forensic Psychiatry, or the “Cert. Forensic Psych.”.

Approved training in forensic psychiatry shall consist of supervised clinical training in an apprenticeship style providing both depth and breadth of training experiences within an adult learning model plus an approved teaching program.

The Training program shall be under the direction of the Education Committee (EC) of the RANZCP through the Committee for Training (CFT) and Sub Committee for Advanced Training in Forensic Psychiatry (SATFP).

SECTION A - TRAINING REQUIREMENTS

A1 Entry into Approved Training in Forensic Psychiatry

Those wishing to train in a particular program are required to apply to the Director of Advanced Training (DOAT) of that program. Selection of applicants for a training program is the responsibility of the DOAT and, where appropriate, the relevant training committee. Employment in a training post does not automatically accord accreditation as a trainee by the RANZCP.

A2 Accreditation of Trainees by the Sub Committee for Advanced Training in Forensic Psychiatry

Trainees are required to be in good standing with the College and either currently accredited RANZCP trainees who have satisfactorily completed RANZCP Basic Training, including the Clinical Examinations, or Fellows of the College.

Trainees are required to maintain College accreditation throughout their training in this field.

In order to apply for ATFPedication, applicants are required to provide to the DOAT:

(i) An application on the prescribed form (available from Link 55 on the College website)
(ii) A detailed curriculum vitae with particular reference to postgraduate psychiatric and medical experience
(iii) The recommendation of the sponsoring Director of Training
(iv) Evidence of good standing and current general registration with the relevant medical registration body.

Continuing accreditation is determined by the DOAT at the delegation of the SATFP.

Training may be completed on a part-time basis. Accreditation of part-time training may be on a 0.3, 0.4, 0.5, 0.6, 0.7, 0.75, 0.8 or 0.9 equivalent full-time basis, at the discretion of the DOAT and relevant Training Committee/s.

Applications for accreditation shall state the proposed time basis for training.

An annual accreditation fee is payable to the College to meet the costs of accreditation, assessment and administration of training.

A3 The Training Experience

Training must be undertaken in an approved training program. Training shall include a number of supervised clinical attachments and involvement in an approved formal teaching program. Trainees are also required to undertake a relevant academic project.

A4 Duration of Training

The period of training shall be a minimum of 24 months full time, or equivalent part time.
A5 Clinical Training Experiences
Trainees shall receive a broad range of clinical experience in a range of settings as outlined in the Curriculum. The overall balance of such experiences should be agreed between the trainee and the DOAT, mindful of the trainee’s previous clinical experiences, educational goals and interests.

The trainee is required to develop specialist skills as outlined in the ‘Curriculum for Advanced Training in Forensic Psychiatry’ (Section D below).

The training program shall provide sufficient and appropriate experience of the disorders and problems encountered in the practice of forensic psychiatry for the trainee to gain competence in this field.

All clinical experience shall be undertaken under suitable supervision.

A6 Academic Project Requirement
Trainees are required to undertake an academic project relevant to forensic psychiatry in collaboration with senior colleagues. An appropriate allocation of time is necessary for such experience to enhance training.

A7 Research Posts
Training posts involving clinical research are explained at Link 59 on the College website and may be accredited as a training experience if:

i) Application for such accreditation is prospective
ii) There are arrangements for satisfactory supervision of the research in its laboratory and clinical aspects
iii) At least 12 months full time equivalent are spent in clinical placements during the period of advanced training. At least 6 months must be spent in an inpatient setting
iv) Attendance at the formal teaching program is continued
v) The research post is appropriately constituted, structured and resourced
vi) Ethics approval is obtained from the relevant Ethics Committee.

A8 Supervision Requirements
Clinical training experiences shall include at least four hours of clinical supervision per week, of which one hour shall be individual supervision, for at least 40 weeks of the year. Fellows in training are required to undertake one hour of individual clinical supervision, for at least 40 weeks of the year, with other focused learning to be completed as required by the SATFP in consultation with the DOAT.

The supervision shall be specifically related to forensic psychiatry training and clinical work. It shall focus on aspects of the assessment and treatment of people under the care of the trainee and the supervisor. It shall include regular direct supervision of the trainee’s clinical work by the responsible psychiatrist.

Discussion of other relevant aspects of work in forensic psychiatry shall be included as appropriate, such as inpatient acute care; inpatient, prison and community remand assessment; community assessment and care; liaison and secondary consultation in general hospitals; court reports in civil and criminal arenas; the giving of expert evidence; correctional psychiatry; risk assessment; medico-legal assessments; and research.

Case conferences, general staff discussions and other activities not specifically organised for the purpose of forensic psychiatry trainee supervision do not satisfy supervision requirements.

Supervision shall be undertaken by approved supervisors.

A9 Supervisors
The Branch Training Committee is responsible for ensuring appropriate approval of supervisors for mandatory supervision having regard to Requirement 12.1 of the Training & Assessment Regulations (as in A7 above).

Supervisors will usually be Fellows of the College and members of the Section of Forensic Psychiatry. In special circumstances some of this mandatory supervision may be provided by a psychiatrist who is not a College member or by another health professional, but prospective application for approval must be made outlining the special circumstances, the specific areas of expertise to be supervised and attaching the proposed supervisor's curriculum vitae.
Approval of supervisors for any non-mandatory supervision is not required.

**A10 Formal Teaching**
All trainees must participate in a formal teaching program approved by the SATFP.

Components of the formal teaching program may include *inter alia* distance learning courses (including the Internet), workshops, seminars, reading groups and journal clubs. Use of a wide range of teachers and facilitators is encouraged.

The theoretical input should cover the knowledge objectives listed in the Curriculum for Advanced Training in Forensic Psychiatry.

**A11 Evaluation**
The primary supervisor, in consultation with the trainee, completes reports on the trainee's progress on the approved end of rotation reports (Links 62-68 for Trainees or 82 for Fellows), usually every six months. A summary of the trainee's weekly timetable should also be provided. The report should cover clinical skills, including assessment and management, training placements, and other relevant professional skills, such as teaching, education, research and administration as they relate to Forensic Psychiatry. A formative review of progress should be completed after three months in a six-month attachment. All reports shall be reviewed by the DOAT who should discuss the report with the trainee. The trainee should sign the report to confirm this has occurred. Completed reports must be forwarded to the Secretariat and the Trainee should retain a copy.

Problems in progress require a remedial process (see Remediation - Link 83) managed by the DOAT. If the DOAT considers the progress of a trainee to be unsatisfactory or limited in some areas he or she may, after discussion with the SATFP, require the trainee to complete some further period of training on a probationary basis. After discussion with the SATFP, the DOAT may also determine that the trainee should not continue in accredited advanced training in this stream if it is felt that such training is unlikely to lead to the trainee reaching a satisfactory level of competence in ATFP.

Overall review before award of the Certificate is by the SATFP on the basis of recommendation by the DOAT based on accrued six monthly progress reports from the primary supervisor and the trainee and other forms of assessment as contained in the Logbook.

**A12 Logbook of Experience**

*Cumulative Summaries of Training Experiences (Six monthly)*

i) Trainees shall complete summaries of their training experiences at the end of each six months. These summaries shall be in the specified form (see Generic and Forensic Logbooks) and should document relevant clinical and related experiences (see Appendix 1). The summaries should be submitted to the DOAT within three months of completion. The Secretariat only requires complies of Forms once the requirement is completed. Summaries shall include aggregated data from the case summary record. They may include any additional commentary by the trainee on the DOAT’s report, which the trainee considers relevant to assessment of further accreditation. Failure to submit accurate documentation within the prescribed time may result in the requirement not being accredited. This is at the discretion of the DOAT.

ii) Trainees who have applied to the SATFP to undertake their training with a research focus will be expected to document appropriately their research related activities. A maximum of 12 months full-time or its part-time equivalent may be devoted to the research activity.

**A13 Trainee's Final Report**

On completion of training, trainees shall submit to the DOAT and SATFP a personal report which shall be an overview of their whole training experience rather than details covered in progress reports. This report is described at Link 70 on the College website and shall include reference to:

i) Evaluation by trainees of their own training experience including their own development during the training period

ii) Supervision

iii) The perceived strengths and weaknesses of their own training experience.

This report shall be confidential to the SATFP.
A14 Award of the Certificate
On satisfactory completion by the trainee of all training and assessment requirements for both ATFP and FRANZCP, completion of the Final Summary Report (final two pages of the Logbook) signifies DOAT recommendation that the trainee be awarded the Cert. Forensic Psych. Subject to favourable review, the SATFP shall make recommendation to the CFT that the trainee be awarded the Certificate, and the CFT shall make recommendation to the Education Committee who awards the Certificate on behalf of the RANZCP Board.

The Certificate may be presented during the following College Congress or otherwise conveyed to the trainee, at the request of the trainee and subject to College meeting dates/availabilities.

A15 Confidentiality of Reports
All correspondence, progress reports and other details forming the College record of accredited trainees are confidential to the relevant College bodies. Relevant bodies for this purpose include the Branch Training Committee, the SATFP and its supra-ordinate Committees. The progress reports on each trainee will be securely filed at the College Secretariat after the award of the Certificate.

A16 Periods of Training Overseas
Trainees who wish to gain some of their training overseas must apply prospectively to the SATFP with full details of the overseas training program, supervision and clinical experience (as per Link 17 on the College website). In general, the SATFP will accredit training in an overseas centre provided it is of a standard comparable to that required of College approved training programs. The SATFP will require evidence of satisfactory progress in written reports from the supervisors and director of the overseas centre, and continued completion of logbooks. In general, trainees will be required to complete at least twelve months in a College approved training program before being eligible to be considered by the SATFP for award of the Certificate.

A17 Retrospective Accreditation of Alternative Training
Trainees who have previous experience in forensic psychiatry may apply to the SATFP for recognition of this experience as part of their accredited training (as per Link 16 on the College website). Applications must be made in the required form providing full details of such experience. The SATFP may grant some credit for such experience but only where this experience is deemed to be broadly equivalent to that required for RANZCP ATFP and has been undertaken in a recognised training program specifically developed for ATFP. In general, credit will not be given for more than 12 months of such training, which shall usually have been undertaken within the preceding five years and have been followed by relevant clinical work. Application for such retrospective accreditation should be made within the first six months of ATFP.

A18 Part Time Training
The RANZCP supports part time training. Training may be on a 0.3, 0.4, 0.5, 0.6, 0.7, 0.75, 0.8 or 0.9 full-time equivalent basis and is based on the usual hours of full time work in the training program and at the discretion of the DOAT. Trainees undertaking part time training should take part in on call rosters in proportion to their hours of work. All trainees should receive at least one hour per week of clinical supervision and additionally access other supervision and training experiences on at least a pro rata basis.

A19 Training in Private Practice
The SATFP might accredit training undertaken in private practice if the following minimum requirements are fulfilled:

a) Trainees who are College Fellows, and all supervisors in private practice, shall demonstrate:

   (i) Annual participation in a CPD program.

   (ii) Participation in a peer review group, which meets on at least a monthly basis and routinely, documents attendance, presentation and content of discussion.

b) Trainees who have completed three years of RANZCP training shall have direct access to a Clinical Supervisor when consulting in the private practice setting, and their supervisor shall meet the requirements in (a) above.

c) All trainees shall receive approved supervision of all clinical work they undertake in the forensic psychiatry in the private practice setting. Credit will be given only for work that is clearly in the field of forensic psychiatry; for this reason, it is necessary that this experience (like all clinical experience) be recorded in the logbook.
(d) Where patients are admitted to private hospitals, the hospitals shall be both accredited by the Australian Council on Healthcare Standards (or equivalent body) and approved by the SATFP as part of an approved training program.

Approval of advanced training in private practice must be sought prospectively from the SATFP. In considering such applications, the SATFP shall consider the overall balance of the applicant’s training experience. No more than 12 months of advanced training in forensic psychiatry completed in private practice will be accredited.

All other aspects of training, experience and facilities will accord with Section A of these Regulations.

A20 Breaks in Training
Trainees who need to discontinue their training temporarily should inform the DOAT and the Training Secretariat, via the usual form (ref Link 18). If training continues for longer than six (6) years the SATFP will consider Currency of the individual’s training experiences as per the Link 19 Currency of Training regulations.

A21 Advice for Trainees
In addition to its accrediting, assessing and certifying functions, the SATFP has the role of acting in an advisory capacity to trainees. This latter role is to provide information and advice and is in general delegated to DOATs, who will consult with the SATFP to respond to queries, as needed.

A22 Review and Appeals Process
Trainees who wish to appeal against the outcome of any decision may apply in writing as per the College Appeals Process.

SECTION B - APPROVAL OF TRAINING PROGRAMS

B1 Approval of Programs
Approval of new training programs shall be undertaken by the SATFP upon application. The SATFP may hold a site visit to the program before granting approval, or it may be provisionally accredited and confirmed at the time of a visit. New components of existing programs may be accredited locally.

B2 Maintenance of Approval
The SATFP shall arrange a site visit to each approved training program at intervals of approximately three years (where there are Trainees) for the purpose of assessing conformity with the training Regulations. Following such visits, the SATFP shall present the report to the CFT to determine continuing approval of the program. Official reports of the site visits and the recommendations of the SATFP will be provided to the DOAT and the Branch Training Committee after consideration by the CFT. In addition, the SATFP may authorise a site visit and review ongoing approval of any program at any time it deems necessary.

B3 Administrative Structure of Training Programs
Each training programme shall have a local SATFP which reports and makes recommendations to the College BTC and the bi-national SATFP.

The local SATFP shall have representatives of each training site and a trainee representative.

In training zones where it is not feasible to form a local SATFP, the DOATs from all SATs should form a broad local SAT. Such a SAT should also have representatives of training sites as appropriate and a trainee representative.

The College BTC shall have ultimate responsibility for advanced training in Forensic Psychiatry. It may delegate this to the local SATFP or SAT.

It is a requirement that ATFP programmes shall have a link to the college BTC via the DOAT who will act as an ex-officio member of this committee. A representative of the BTC should also act as an ex-officio member of the local SATFP or SAT.

B4 Role of Director of Training
The DOAT, on behalf of the BTC and SAT shall be responsible for ensuring that there is an appropriate organisational structure through which training standards are maintained. This shall include:

i) Meetings of supervisors

ii) Regular discussion with trainees
iii) Meetings with heads of services
iii) A process for obtaining written reports from supervisors
iv) A mechanism to ensure an adequate range of clinical and professional experience for each trainee
v) Regular evaluation of the functioning of clinical services as they relate to training experiences, and liaison with heads of services.
vi) Adequate training and support of supervisors.

The DOAT shall be aware of the functioning of the clinical facilities involved in the program and shall maintain a relationship with them such that modifications can be made if these are deemed necessary for a trainee’s training experience.

The DOAT shall ensure that training centre’s take responsibility for the trainees’ development, including the provision of appropriate clinical experience and supervision of the quality of the trainee’s work, and opportunities to make formal presentations of their work in clinical meetings.

The DOAT shall ensure that consultant responsibility is taken for each trainee and that the minimum required level of supervision is provided.

The DOAT will be responsible for the process of evaluation of the training program and reporting on this to SATFP or SAT including:
  i) Oversight of the supervision and teaching provided by each of the supervisors
  ii) Evaluation of the clinical facilities, clinical experience and teaching program through feedback from the trainees and supervisors.

The BTC, will hold ultimate responsibility for the accreditation and disaccreditation of ATFP training posts.

The DOAT shall ensure that there is a training program manual which is reviewed and developed over time. The training manual should clearly outline the goals, objectives, form and content of the program (which should be based on the RANZCP Curriculum for ATFP) and the system of evaluation and ongoing review of both the trainees and the program.

The DOAT shall complete required progress reports on each trainee in a standard format at six months.

B5 Selection of Directors of Advanced Training
The BTC shall request the local Section/Faculty to nominate a DOAT.

The applicant is to be nominated based on meeting the following desirable criteria –
  i) Membership of the relevant Section or Faculty
  ii) Three years post FRANZCP
  iii) Actively involved in speciality training
  iv) Support of the Section or Faculty (if applicable).

If there are multiple applications for the position the BTC will be involved in the selection of the DOAT through a process that is fair and transparent.

This does not apply to those DOATs who hold the position due to employment, the process only applies for honorary DOAT position.

Honorary DOAT positions are to be reviewed after a period of 3 years in line with committee terms.

B6 Facilities
Trainees shall have appropriate physical facilities in which to work. These shall include the provision of individually allocated office and consulting room space.

Appropriate library facilities shall be available, including relevant journals and books pertinent to forensic psychiatry.

Internet access shall be available to allow trainees to use the Section training and newsletter pages on the College World Wide Web site.

SECTION C - CENTRAL ADMINISTRATIVE STRUCTURE
See the Regulation of the SATFP.
INTERPRETATION

SATFP – Subcommittee for Advanced Training Forensic Psychiatry
CFT – Committee for Training
DOAT – Director of Advanced Training
EC – Education Committee
ATFP – Advanced Training Forensic Psychiatry
BTC – Branch Training Committee
Trainee – Advanced trainee (registrar/consultant)

LIST OF APPENDICES
Appendix 1  Approved Clinical Experiences
Appendix 2  Project Requirements for Advanced Training in Forensic Psychiatry

REVISION RECORD

<table>
<thead>
<tr>
<th>Date</th>
<th>Version</th>
<th>Approver</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>26/11/2005</td>
<td>2</td>
<td>GC</td>
<td>New Document</td>
</tr>
<tr>
<td>26/02/2011</td>
<td>3</td>
<td>GC</td>
<td></td>
</tr>
<tr>
<td>05/04/2014</td>
<td>4</td>
<td>Board</td>
<td>Fellow in Training Supervision requirements, Role of the DOAT, Selection of DOAT and Administrative Structure of Training program revised.</td>
</tr>
</tbody>
</table>
APPENDIX 1: Approved Clinical Experiences

Trainees must receive a broad range of clinical experience, which should be provided in a range of settings for two years equivalent full time that might include some or all of the settings in Table 1.

Trainees must be provided with a sufficient range and number of clinical cases in order that the trainee adequately experiences the variety of psychiatric disorders encountered in a forensic setting (see Logbook).

Trainees will experience a minimum of:

- 6 months equivalent full time acute psychiatric practice in either an inpatient or community Forensic setting.
- 6 months equivalent full time rehabilitation psychiatry in either an inpatient or community Forensic setting.
- 6 months equivalent full time in a Forensic Inpatient facility.
- 6 months equivalent full time in the assessment and management of high prevalence disorders at least 3 months EFT of which should be in a correctional setting such as a prison or remand centre.

Table 1

- Forensic inpatient acute.
- Forensic inpatient rehabilitation care.
- Community assessment and care.
- Criminal court.
- Civil, including Family, court (might include courts or tribunals devoted to review of civil commitment).
- Prison clinic (remand, sentenced and special prisons).
- Consultation liaison with general mental health teams.
- Trainees should have some exposure to, such as visits or observation, the following:
  - Special treatment units in prison.
  - Court diversion schemes.
  - Parole Board, Ministry or Department of Health.
  - Victim Services.
  - Special hospital treatment units such as adolescent, intellectual disability or cultural units.
APPENDIX 2: Project Requirements for Advanced Training in Forensic Psychiatry

All trainees must complete relevant clinical research in forensic psychiatry:

a) The Director of Training must certify that the project is the work of the candidate or, if the work is part of a larger research program, that the candidate has made a significant contribution to the work.

b) The project should be submitted in triplicate to the Sub-Committee for Advanced Training in Forensic Psychiatry at least two (2) months prior to completion of training.

c) Recommendation for the award of the Certificate of Advanced Training in Forensic Psychiatry may not proceed until satisfactory completion of the project.

d) The project must adhere to the requirements of the Sub-Committee for Advanced Training in Forensic Psychiatry in a subject relevant to forensic psychiatry and approved by the Sub-Committee for Advanced Training in Forensic Psychiatry.