

Reactivation of the Trainee Progress Trajectory

Background

Consultation

Targeted Learning

Deadlines

Centralised summative assessments - three unsuccessful attempts

Reminder: Submission of 2003 training forms for transitioned trainees and Fellows-in-Training

2003 Psychological Methods Case History resubmission countdown: 2 to go

New Stage 3 Addiction psychiatry EPA approved

Certificate psychotherapy requirement and Stage 3 psychotherapy requirement

Revised: Psychotherapies Certificate training requirements

Withdrawal form now available

Exams

Electronic Delivery of Candidate Results

Psychotherapy Written Case

Multiple Choice Question (MCQ) Examination

Essay-style Examination

Exam Assistants for OSCE Examination – Saturday, 10 September 2016 - Volunteers required for Brisbane

September 2016 OSCE Examination

OSCE Examination Attire

Reactivation of the Trainee Progress Trajectory

Recently, the Board approved a revised [Trainee Progress Trajectory](#) and the reactivation of the [Failure to progress policy](#) to take effect from **1 January 2017**. This communication aims to provide information on these measures and what it will mean for trainees in 2017.

Background

In December 2015, the Board agreed to suspend the remedial plan and show cause deadlines in the *Failure to progress policy* for 2016. These deadlines specified the FTE months at which a trainee who has not passed a summative assessment must develop a remedial plan or show cause to the Committee for Training (CFT), respectively. Please note, the requirement to undertake a remedial program after two unsuccessful attempts at an assessment was not suspended in 2016; nor was the requirement to show cause for trainees who have been unsuccessful in three end-of-rotation ITA forms or who have exceeded the allowed 'not in training' time, i.e. an unapproved absence from the training program.

The Board and Education Committee acknowledge the significant concerns of trainees, supervisors and Directors of Training (DOTs) regarding the specified remediation and show cause points for centrally administered assessments by suspending these deadlines during 2016 while they were being carefully considered and re-evaluated.

Consultation

The Education Committee consulted with the Trainee Representative Committee, DOTs and the CFT to develop a revised and more accommodating [Trainee Progress Trajectory](#) by adjusting the specified remedial plan and show cause deadlines associated with each of the five centrally administered assessments. These new deadlines will take effect from 1 January 2017. We have taken great care to ensure no trainee will be disadvantaged with the introduction of this revised trajectory.

Targeted Learning

During the consultation process, it also became evident that the term remediation (and remedial plans) is often viewed negatively by trainees making it difficult for DOTs and supervisors to frame remediation as a positive and supportive process.

Moving forward, *targeted learning/targeted learning plans* will replace remediation/remedial plans throughout the Fellowship Program. In addition, to provide more clarity about the standard expected for centrally administered assessments, the standard expected at the 'end of Stage 3' (i.e. the month in which a trainee completes all training requirements and becomes a Fellow/junior consultant) will replace junior consultant.

Committee for Examination
correspondence

RANZCP release findings from
the Stage 1 and Stage 2 - 2012
Fellowship program evaluation
surveys

Accreditation Committee News

Trainee Welfare

Mid-Cycle Accreditation Review
of Training Programs

TRC

Conferences

Section of Electroconvulsive
Therapy and Neurostimulation
Conference 2016

Faculty of Psychotherapy
Conference 2016

Faculty of Child and Adolescent
Psychiatry Conference 2016

Early Bird Registrations Open

RANZCP Faculty of Psychiatry of
Old Age Conference 2016

Save the Date: International
Medicine in Addiction Conference
2017

*Training records can be accessed via
www.ranzcp.org by logging onto
'Member Access' and selecting 'My
RANZCP' and then 'My Training
Reports'. Should you have any
questions regarding your training
record please contact
training@ranzcp.org*

*Information regarding the RANZCP
complaints process is available on the
College website via [Pre Fellowship –
Complaints Resolution](#)*

Deadlines

The revised trajectory is available on the College website on the [Training program documents](#) page. The targeted learning and show cause deadlines for the Essay-style Exam, OSCE, Scholarly Project and Psychotherapy Written Case have all been extended to 60 FTE months and 72 FTE months respectively.

The targeted learning deadline for the MCQ Exam remains at 36 FTE months; however, the show cause deadline was extended to 48 FTE months from the previous 42 FTE months. For those trainees who have accrued 36 FTE months (or more) of training without having attempted or passed the MCQ Exam while the deadlines are suspended during 2016, there has been no requirement to undertake targeted learning.

For any trainee who has accrued at least **36 FTE months training prior to 31 December 2016 and who has not passed the MCQ Exam**, the targeted learning deadline is considered to be 1 January 2017. The show cause deadline will follow 12 FTE months later.

Please note: trainees who transitioned from the 2003 Fellowship Program accrue time towards targeted learning and show cause deadlines based on their transition date (typically 14 December 2015 for New Zealand and 1 February 2016 for Australia) regardless of how many FTE months of training they accrued in the 2003 training program. E.g. a trainee may have accrued 50 months in the 2003 program and not passed the Written Exam prior to transition. They will only be subject to targeted learning if they have not passed the MCQ Exam after they have accrued 36 months FTE of 2012 Fellowship program time.

Centralised summative assessments - three unsuccessful attempts

Another potential requirement to show cause to the CFT is three failed attempts at the same summative assessment. There are a very small number of trainees who are attempting the MCQ Exam or Essay-style Exam in August 2016 for the third time. Should these trainees be unsuccessful at these exams in August, they will not be required to show cause immediately; however, with the reactivation of the *Failure to progress policy*, these trainees would be required to show cause to the CFT from January 2017 and demonstrate any exceptional or mitigating circumstances. Trainees in this situation are still eligible to enrol in the February 2017 exams should they wish (as applications close in November 2016 while the requirement to show cause is still suspended). Their requirement to show cause will be included in the exams result letters where relevant.

Please note: trainees who transitioned from the 2003 Fellowship Program accrue attempts at summative assessments based on the number of unsuccessful attempts in the 2012 Fellowship Program.

The Fellowship Program policies, procedures and website will be progressively updated over the next 6 months to include the revised terminology and targeted learning and show cause deadlines.

Should you have any queries about the revised trajectory, the reactivation of the policy or require any assistance, we encourage you to contact the training team at training@ranzcp.org.

Reminder: Submission of 2003 training forms for transitioned trainees and Fellows-in-Training

The final date that outstanding 2003 training forms (including Advanced Training Certificate logbook forms) will be accepted by the College head office is **31 August 2016**. Trainees who are unable to meet this date due to exceptional circumstances can apply to the Committee for Training (CFT) for approval of the outstanding forms and training components. Applications must include payment of the relevant administration fee as per the 2016 Fee Schedule and should provide supervisor and DOT letters of support with their application where relevant. The CFT would consider such requests on a case-by-case basis.

Please contact transition@ranzcp.org should you have any queries.

2003 Psychological Methods Case History resubmission countdown: 2 to go

Trainees who have submitted and were not successful in the 2003 Psychological Methods Case History before transitioning are able to **resubmit** the Psychological Methods Case History under the 2003 Regulations throughout 2016 (after transition has taken place).

Please remember that there are only two resubmission dates left for the 2003 Psychological Methods Case History. They are the **19 August 2016** and **18 November 2016**.

Trainees who are eligible to re-submit and do not PASS the 2003 Psychological Methods Case by the 18 November 2016 submission are required to successfully complete the 2012 Psychotherapy Written Case. A **PASS** of the 2003 Psychological Methods Case will result in gaining exemption from the 2012 Psychotherapy Written Case.

For any queries regarding transition, please contact transition@ranzcp.org. For any queries regarding the 2003 Psychological Methods Case History or the 2012 Psychotherapy Written Case please contact cases@ranzcp.org.

New Stage 3 Addiction psychiatry EPA approved

The following Stage 3 addiction psychiatry EPAs has been approved by the Education Committee:

- ST3-ADD-AOP-EPA12: Impairment assessment and report for patients with substance use disorders.

The new EPA can be found on the [EPA forms](#) page of the website.

Certificate psychotherapy requirement and Stage 3 psychotherapy requirement

Trainees enrolled in the child and adolescent, psychiatry of old age or psychotherapies Certificate programs should use the relevant Certificate psychotherapy form and a credit will be awarded for the Stage 3 psychotherapy requirement.

Trainees enrolled in the adult Certificate program are required to complete **both** the Stage 3 psychotherapy and the adult Certificate psychotherapy requirements.

Revised: Psychotherapies Certificate training requirements

The training requirements for the Certificate of Advanced Training in the Psychotherapies have been updated to include new requirements for the group psychotherapies modality. New group psychotherapies case summary forms have been developed to reflect the changed training requirements.

More process-related details (e.g. submission of forms, to whom, etc.) have also been added. E.g. Pre-Fellowship trainees are to use the [Stage 3 Generalist end-of-rotation ITA Form](#) in order to have their training time recorded towards Fellowship. Trainees are to indicate that they are completing the Certificate of Advanced Training in the Psychotherapies by checking the 'Cert AT Psych' box and their rotation's area of practice box at the top of the ITA Form. For Fellows, the psychotherapies COE forms now track the WBAs used to track EPA attainment.

The new training requirements and forms can be found on the [Certificate of Advanced Training in the Psychotherapies](#) page.

Withdrawal form now available

Trainees and Fellows who wish to withdraw from the RANZCP Fellowship program or a Certificate of Advanced Training program are required to submit a Withdrawal from Training form to the College. The withdrawal will be effective from the date of submission and no further training will be accredited to the training record. Trainees/Fellows may apply to re-enter the Fellowship/Certificate program at a later date and would need to follow the formal selection process.

The new Withdrawal from Training form can be found on the [Training program forms](#) page under Administration.

For any queries regarding withdrawal, please contact training@ranzcp.org.

Exams

Electronic Delivery of Candidate Results

In response to trainee representations, the Education Committee in conjunction with the Committee for Examinations, has agreed to trial the distribution of result letters via email.

Candidates will still be required to log into the College website to obtain their result on the scheduled result release date.

The initial trial will occur with the August 2016 MCQ results. It is anticipated that candidate results will be electronically delivered in the week following the release of results on the College website. The result release date for MCQ exams is Monday, 19 September 2016 at 5.00 pm.

DOTs will also receive candidate result letters via email.

To facilitate successful delivery of assessment outcomes, candidates must ensure that their email address registered with the College is current and they can securely receive emails.

Please note MCQ result letters will not be sent via post.

Following a review of the trial for the MCQ result distribution, the electronic delivery of results will be extended to OSCEs and the Essay style examination.

Please note that no results will be given over the telephone.

Psychotherapy Written Case

Following discussions with the Faculty of Psychotherapy, Associate Professor Beth Kotze (Chair, Case History Subcommittee, Committee for Examinations) has prepared a video primarily aimed at psychotherapy supervisors, to help them assist trainees in the preparation and submission of the Psychotherapy Written Case. The video will also be useful for trainees in their preparation for submission of the written case. The video, lasting 19 minutes can be found under Resources on the [Psychotherapy Written Case page](#) of the [2012 Fellowship Program of the College website](#). There is also an [accompanying power point PDF](#).

Multiple Choice Question (MCQ) Examination

Candidates are advised to familiarise themselves with the computer based multiple choice examination format prior to sitting the paper by completing the practice examination available on the Pearson Vue website. This provides an experience of the functionality of the online exam and future candidates are recommended to avail themselves of this opportunity.

It has been brought to the attention of the Committee for Examinations that in the February 2016 MCQ examinations there were a couple of instances where candidates who chose to commence the MCQ examination with CAPs (rather than EMQs) found themselves exiting the examination prematurely at the end of the CAP section.

Candidates who choose to commence the MCQ exam with the CAP component should read carefully the instruction pages at the conclusion of the CAP component and carefully note the warning messages that appear on the screen. The College has been in discussions with Pearson Vue to further clarify the wording in those warning messages.

Candidates are also advised to familiarise themselves with a set of instructions that has been prepared if they decide to commence the examination with CAPs. This document is located on the [Exam Centre Page](#), under **Computer-based practice exam**.

Essay-style Examination

The [February 2016 Advice to Essay-style Candidates](#) is now available under **News and notices** from the [Exam Centre page](#) of the College website.

The Written Subcommittee, Committee for Examinations has published two sample MEQ questions from the February 2016 examination. These questions plus feedback commentary can be found on the [Exams Centre page](#) under **Written exams past exam questions**.

Exam Assistants for OSCE Examination – Saturday, 10 September 2016 - Volunteers required for Brisbane

The Committee for Examination would like to invite local trainees and SIMGs to assist with the running of the OSCE examination. The September 2016 OSCE Examination is to be held in Brisbane on Saturday, 10 September 2016. Your attendance at the examination venue would be required from 7:00am to 5:30pm. The examination will be held at the Royal Brisbane and Women's Hospital and The Prince Charles Hospital.

Exam assistants play a pivotal part in the smooth running of this event. This is an excellent opportunity for future candidates to improve their chances of success by seeing the examination process in action.

A training webinar will be conducted on Friday afternoon, 9 September 2016 at 3:00pm. Your help will be very much appreciated by the College and your colleagues who will be sitting these examinations.

If you are interested, please contact the Exams Department at clinicals@ranzcp.org

September 2016 OSCE Examination

Candidates undertaking the September 2016 OSCE are not to bring their travel luggage with them to the examination site. One small handbag/document satchel will only be accepted for storage by examination staff, and personal belongings should be kept to a minimum. Please note that local security protocols will prohibit any baggage being left unattended.

Whilst the College aims to start the examination on time, there are instances where it can be delayed. For candidates who are travelling / flying, we ask that they **do not** book flights immediately following the examination. We highly recommend that you book a flight at least 2.5 to 3 hours after the scheduled conclusion of the examination.

The College regrets any inconvenience these arrangements may cause, but thanks candidates in advance for their cooperation. Please contact the exams department at clinicals@ranzcp.org if you have any further questions.

Candidates are reminded that should their performance be seriously affected by illness, injury or other personal circumstances, they should consider withdrawing from the examination.

OSCE Examination Attire

The Committee for Examinations recommends that candidates presenting at the examinations, wear comfortable modest clothing and footwear but still be professionally presented. Candidate attire should not restrict movement and their attire should allow them to move swiftly and freely across stations as well as within a station.

Committee for Examination correspondence

All written examination queries from trainees, SIMGs and supervisors should be directed to the Committee for Examinations, care of the Examination Secretariat. Correspondence should be emailed as follows:

- MCQ and Essay-style examination writtens@ranzcp.org
- Psychotherapy Written Case cases@ranzcp.org
- Scholarly Project scholarly@ranzcp.org
- OSCE clinicals@ranzcp.org

RANZCP release findings from the Stage 1 and Stage 2 - 2012 Fellowship program evaluation surveys

In late 2015, the College sent out surveys to all trainees and supervisors actively involved in Stage 1 and Stage 2 of the 2012 Fellowship program. The aim was to gather feedback on key areas such as Entrustable Professional Activities (EPAs), Workplace-based Assessments (WBAs), assessments, examinations, regulations, supervision arrangements and the overall impact of the new program. The results were analysed and recommendations provided by the Committee for Educational Quality and Reporting (CEQR) for the consideration of Education Committee (EC) and the College Board. A summary paper outlining the key findings and recommendations are now available online at www.ranzcp.org/educationreports. Please do not hesitate to contact the College through scott.fletcher@ranzcp.org if you need any further information.

Accreditation Committee News

This will be the first in occasional articles in the Training and Assessment Newsletter to update trainees on the activities and work of the Accreditation Committee.

Recent work of the Committee has included:

Trainee Welfare

As you would be aware, safety and well-being in the workplace have recently been a topic of widespread discussion throughout the College, and the Accreditation Committee has been reflecting on how it can help support the safety and well-being of trainees within accreditation processes. The College's accreditation visits and the work of the Committee assist with identifying areas of concern arising from trainees' workplace arrangements.

In recognising the potential for workplace factors, such as shift rosters, leave availability, and protected time for training to impact on trainees' welfare, the Committee developed a new Accreditation Standard to more specifically address trainee well-being.

The new standard aims to ensure that working conditions for trainees within each post are conducive to training. For instance, there are specific requirements for fatigue management programs, rosters and time off duty between work periods, and provision of suitable amenities for trainees required to work extended hours or overnight shifts.

Specific requirements linked to the new Accreditation Standard read:

- Work rosters do not expose trainees to prolonged periods of duty, inadequate time off duty between work periods, inappropriate speed and direction of shift rotations, irregular work schedules, or night shifts undertaken following a long period of duty,
- Working conditions and workload for trainees within each post are monitored by the BTC/DOT to ensure there is no interference with training,
- There is evidence to confirm that fatigue management programs are in place, and their effectiveness is regularly monitored by the BTC/DOT, and the results available to trainees, and
- Safe, secure and private amenities are provided for trainees required to work extended hours/overnight shifts.

Mid-Cycle Accreditation Review of Training Programs

Following the move to a five-year accreditation cycle for training programs, the Accreditation Committee has been considering ways in which to review the performance of a training program in line with the Accreditation Standards and identify any changes or trends since the last accreditation visit mid-way through the five year cycle.

The Committee has developed a questionnaire template which would be issued to Directors of Training to complete at the midpoint of their five-year accreditation cycle, to review a program's performance against the Standards since the last visit.

The Committee agreed that trainee feedback would be a critical component of a mid-cycle accreditation review of a training program. One suggestion was that the Trainee Representative Committee representative in the training program to be reviewed might be the point of contact to collect the views of trainees at mid-cycle. Accordingly, the views of the TRC have been sought to inform how the Committee can best obtain trainee feedback at this mid-cycle review.

TRC

The Trainee Representative Committee (TRC) currently has a casual vacancy for a non-jurisdictional member, and the call for nominations is now open. Nominations close at COB on Friday, 12 August 2016. The College looks forward to receiving your nomination and welcomes interest from all trainees who would like to contribute to the bi-national TRC.

All supporting documents and nomination forms for the TRC are available by clicking [here](#).

Conferences

Section of Electroconvulsive Therapy and Neurostimulation Conference 2016

[Secure your place now](#) for the Section of Electroconvulsive Therapy and Neurostimulation Conference 2016, taking place at the Crowne Plaza Hunter Valley from Friday 26 August to Sunday 28 August 2016.

A special conference dinner will be held on the Saturday night at the Crowne Plaza. A certain highlight of the evening will be a mental health Trivia Pursuit on pop culture, led by Dr Shane Gill. The quiz promises to be fun and relaxed, with questions set at all levels of difficulty. One- and two-day registrations are available, which include the conference welcome reception and dinner. Accommodation is available at the Crowne Plaza – [bookings may be made online](#) now. The Hunter Valley also features a wide range of other accommodation options which delegates may choose to book directly.

Visit the [conference website](#) now to view the [program](#) and to [register](#) your attendance today. A special trainee rate is available for RANZCP trainees.

Conference Program

A diverse and stimulating [program](#) has been developed and we are delighted to have as our keynote speaker Dr. Jeff Daskalakis, who will speak on “Novel Brain Stimulation Techniques” and “Transcranial Direct Current Stimulation (tDCS)”.

Dr Daskalakis is a Professor of Psychiatry, Chief of the CAMH Mood and Anxiety Division and Temerty Chair in Therapeutic Brain Intervention. The Temerty centre uses brain stimulation to treat severe mental illness (e.g., depression, schizophrenia and obsessive compulsive disorder) and also studies important brain mechanisms such as plasticity to understand how these treatments work.

I look forward to seeing you there.

Dr Alan Weiss

Conference Convenor

Faculty of Psychotherapy Conference 2016

With the theme of ‘**A fine balance: Maintaining a balance between despair and hope in psychiatric organisations**’, the conference will be held from Friday 2 September to Sunday 4 September 2016, at the Crowne Plaza Coogee Beach in Sydney.

The Organising Committee is pleased to announce that a special Trainee Breakfast will be held on the Saturday morning.

[Registrations](#) are also now open.

The conference dinner will be held on Saturday evening at L’Aqua Restaurant, Darling Harbour. A certain highlight of the evening will be a Psychiatric Trivial Pursuit, hosted by Dr Jeffrey Streimer, as well as a live jazz trio.

Visit the [conference website](#) now to view the [program](#) and to [register](#) your attendance today. A special trainee rate is available for RANZCP trainees.

Conference Program

A diverse and stimulating [program](#) has been developed and we are delighted to have Dr Anton Obholzer as our international keynote speaker. Dr Obholzer will speak on “*The role of psychiatrists, and of other health works in society*” and “*Cigarette pack warning – doing this job could seriously damage your health*”, as well as host a workshop on Saturday morning.

Dr Obholzer is a Fellow of the Royal College of Psychiatrists, honorary senior clinician at the Tavistock Clinic, a member of the British Psychoanalytic Society and chairman of the Tavistock Institute of Medical Psychology, and in addition to a conference keynote he will also run a workshop for delegates. He will be joined by additional invited speakers; Dr Jenny Randles, Dr Nick O'Connor and Dr Paul Foulkes.

[Register](#) today, or for more information please see the [conference brochure](#) or visit the conference [website](#).

We look forward to seeing you there.

Ilana Nayman, **Conference Convenor**

Loyola Maclean, **Conference Co-convenor**

Faculty of Child and Adolescent Psychiatry Conference 2016

Early Bird Registrations Open

The Organising Committee is pleased to advise that [early bird registrations](#) are now open for the Faculty of Child and Adolescent Psychiatry Conference 2016.

The conference will be held from Friday 30 September to Monday 3 October 2016 at The Hobart Function and Conference Centre, Tasmania.

We are delighted to have as our [keynote speakers](#), Dr Rachael Bryant-Waugh (UK), Professor David Coghill (UK), Professor Louise Newman (VIC), Professor Professor Tuula Tamminen (Finland). A diverse and stimulating academic program will be complemented by a range of half-day pre-conference workshop. The workshops will be confirmed once the program has been announced. Please register your [interest](#) here to be advised once registrations for the workshops are open.

One- and three-day [registrations](#) are available with a discounted rate for RANZCP trainees. Registration fees include the welcome reception on the Thursday night.

A certain highlight of the conference will be the Conference Dinner on Saturday night at Frogmore Creek, one of Tasmania's most awarded wineries.

A number of accommodation options are available and can be booked when you [register](#). **Early bird registrations close on Monday 8 August.**

For more information, please visit the [conference website](#).

I look forward to seeing you there.

Dr Fiona Wagg

Convenor, FCAP 2016

RANZCP Faculty of Psychiatry of Old Age Conference 2016

The RANZCP Faculty of Psychiatry of Old Age Conference 2016 will be held from 3 to 5 November 2016 at Rydges Melbourne in Victoria.

Registrations are now open and a discounted rate is available for RANZCP trainees. There will also be an Advanced Trainee Day held on Saturday morning - more details will be available on the [conference website](#) once the program has been finalised.

We are delighted to have Professor Craig Ritchie as our international keynote speaker who will speak on *“The prevention of Alzheimer’s Dementia: How, where and when?”*. Professor Ritchie is Professor of the Psychiatry of Ageing at the University of Edinburgh, having moved from his role as Senior Lecturer in the Centre for Mental Health at Imperial College London in October 2014. He is also the Director of the Centre for Dementia Prevention at the University of Edinburgh, as well as Associate Director of the Wellcome Trust Clinical Research Facility in Edinburgh.

Professor Ritchie is a world-leading authority on Clinical Trials in Dementia and has been senior investigator on over 30 drug trials of both disease modifying and symptomatic agents for that condition. This emerged from his ongoing clinical leadership of the MPAC (Metal Protein Attenuating Compound) pipeline for Prana Biotechnology dating back to 1998 when he worked for just over 3 years as a Senior Visiting Research Fellow at the Mental Health Research Institute in Victoria, Australia. He has sat on advisory boards of numerous pharmaceutical companies, biotechnology companies and clinical research organizations with an interest in developing drugs and trials infrastructure for Alzheimer’s disease.

To [register](#) or for more information, please visit the [conference website](#).

We look forward to seeing you there.

Dr Stephen Macfarlane
Conference Convenor

Save the Date: International Medicine in Addiction Conference 2017

Save the date for the International Medicine and Addiction Conference 2017 (IMiA), held in Sydney, New South Wales from 24 - 26 March 2017. The conference will be located on Sydney’s sparkling harbour, at the [International Convention Centre Sydney](#) (ICC Sydney).

The IMiA 2017 conference brings together a wide range of local and international medical professionals who specialise in treating addictions.

Registration

Online registrations will be available shortly and a discounted rate will be available for trainees. [Register your interest](#) now to be notified as soon as registrations are open.

Stay tuned to the conference [website](#) for more details including program updates.

We look forward to seeing you there.

Professor Dan Lubman
Conference Convenor