

ST3-AP-FELL-EPA2 – Collaborative risk assessment

Area of practice	Adult psychiatry	EPA identification	ST3-AP-FELL-EPA2
Stage of training	Stage 3 – Advanced	Version	v0.7 (EC-approved 24/07/15)
<p>The following EPA will be entrusted when your supervisor is confident that you can be trusted to perform the activity described at the required standard without more than distant (reactive) supervision. Your supervisor feels confident that you know when to ask for additional help and that you can be trusted to appropriately seek assistance in a timely manner.</p>			
Title	Consult and collaborate with another health professional about their risk assessment.		
Description Maximum 150 words	<p>Discuss with a health professional colleague their risk assessment of a patient with complex problems who is assessed as high-risk and identify gaps, collect further information and collaboratively develop an appropriate management plan.</p> <ul style="list-style-type: none"> • Consult and collaborate with other staff on their risk assessments and management of the identified risk(s). • Promote, maintain and further develop skills in risk assessment and management in complex and high-risk cases. • Develop skills in risk holding and the balance of risk management versus patient autonomy. 		
Fellowship competencies	ME	3, 4, 7, 8	HA
	COM	1	SCH 2
	COL	1, 3, 4	PROF 1, 3
	MAN	1, 2, 4	
Knowledge, skills and attitude required The following lists are neither exhaustive nor prescriptive.	<p>Competence is demonstrated if the trainee has shown sufficient aspects of the knowledge, skills and attitude described below.</p> <p>Ability to apply an adequate knowledge base</p> <ul style="list-style-type: none"> • Awareness of the complexity and dynamic nature of risk. • Detailed knowledge of local mental health act legislation and processes relevant to risk assessment and management. <p>Skills</p> <ul style="list-style-type: none"> • Accurately identifies any gaps in the initial information provided by the other health professional. • Gathers further information in collaboration with colleagues if necessary. • Develops a risk formulation collaboratively with colleagues. • Develops and implements a sophisticated risk-management plan with colleagues. 		

	<ul style="list-style-type: none"> • Can apply the above skills to all aspects of risk and weigh up the various factors (eg. risk to self, risk to others, risk of impaired self-care or neglect/harm to dependents and iatrogenic risk caused by an inappropriate intervention). • Awareness of concept of therapeutic risk within a recovery model. • Implements risk assessment decision making collaboratively with colleagues in the context of local mental health act requirements and is aware of medicolegal issues regarding patient rights and autonomy in this context. <p>Attitude</p> <ul style="list-style-type: none"> • Interacts professionally with colleagues to carry out risk assessment and management. • Appropriately balances risk management with patient autonomy and is able to discuss these ethical and clinical issues at a sophisticated level.
Assessment method	Progressively assessed during individual or clinical supervision, including three appropriate WBAs.
<p>Suggested assessment method details (These include, but are not limited to, WBAs)</p>	<ul style="list-style-type: none"> • Case-based discussion – at least one. • Professional presentation – on this topic. • Mini-Clinical Evaluation Exercise – eg. of an observed collaborative risk assessment discussion. • Feedback from colleagues involved in risk assessment and management.
<p>References</p> <p>Carter G, Page A, Large M, Hetrick S, Milner A, Bendit N, Walton C, Draper B, Hazell P, Fortune S, Burns J, Patton G, Lawrence M, Dadd L, Robinson J & Christensen H (2016) Clinical practice guideline for the management of deliberate self-harm. <i>Australian and New Zealand Journal of Psychiatry</i> 50(10):939-1000</p>	

COL, Collaborator; COM, Communicator; HA, Health Advocate; MAN, Manager; ME, Medical Expert; PROF, Professional; SCH, Scholar