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Welcome to the April edition of the Victorian Branch newsletter.

The Victorian Branch has continued to provide feedback on many Government and Parliament mental health related consultations including the Voluntary Assisted Dying Bill. The Branch Committee exec and Rosie Forster (Senior Department Manager, PPP) recently met with Dr Margaret Grigg and Dr Neil Coventry for the quarterly RANZCP Vic Branch/DHHS MH meeting, to discuss many issues including the Pre-Budget submission 2017-18 (Vic State Government). We also thanked the Department for agreeing to increase funding for the training workforce (Director of Training (DoT) positions. The relationship with the Department is vitally important and we are making headway. Hopefully we will soon have a Policy and Advocacy Advisor in the Victorian Branch, to help us administrate this important work.

The 2017 annual Branch weekend conference has confirmed dates 14-15 October and will this year be held in Marysville. The program is coming together and we will issue a save the date soon but in the meantime, please put the date in your diaries. We are also in full swing with the third RACGP/ RANZCP Vic Joint Liaison Committee workshop which is taking place Saturday 22 July 2017. The theme is ‘family violence’. We anticipate this event to be an informative workshop where different health sectors can provide insightful information on the successful management of treatment.

Elections for the next term of the Victorian Branch Committee have closed and the new term/ Committee, will come into effect as of the College AGM. We are very happy to welcome new member Dr Ajit Selvendra and to retain most of our current members (including Co-opted and Ex-officio); Dr Kerryn Rubin, Dr Mahendra Perera, Assoc. Prof Ravi Bhat, Dr Astha Tomar, Dr Raju Lakshmana, Dr Lee Allen (VPTC Chair), Dr Alison Taylor (TRC), Dr Jessica Green (VAPT), Prof David Castle (Ex-officio) and myself.

Further to the above, I would like to thank retiring members (including Co-opted and Ex-officio); Dr Can Tuncer (who has completed his full term of six years), Dr Nader Yakoub, Prof Mal Hopwood and Prof Ian Everall. I’d also like to thank past members who have contributed at some stage over the last term; Dr Daniel Brass, Dr Jan-Paul Kwasik, Dr Gabrielle Matta, Dr Angela Anson, Dr Marta Pearce, Assoc. Prof Simon Stafrace, Dr Jeremy Couper (VPTC Chair), Dr Katherine Sevar, Assoc. Prof Megan Galbally and last but not least, Prof Graham Burrows.

I look forward to working with the ‘new’ Committee for another term including our recently acquired Community member Ingrid Ozols. We very much welcome Ingrid’s enthusiastic contribution.

On a final note, the Victorian Branch Committee will be holding their General Meeting on Monday 8 May at College HO, where we will present our Meritorious Service Award winners (both Fellow and Agency/Individual) as well as guest talks. You are all welcome, please note the ‘save the date’ in this newsletter containing further information.

Assoc. Professor Richard Newton
PLEASE NOTE: The Victorian Branch newsletter is the distribution portal for all non-College related events and advertising material. All newsletter material must be received by the Victorian Branch by the last business day of each month for placement in the next edition of the newsletter.

E-blasts will be made available for College related events/material only.

College launches welfare resources for new trainees and Specialist International Medical Graduates

The RANZCP understands that training can be a challenging time and is committed to supporting the wellbeing of trainees and SIMGs. The RANZCP is proud to announce the launch of a range of print and online resources to support the mental health and wellbeing of trainees and Specialist International Medical Graduates on a pathway to fellowship. All resources are now available on the College website at www.ranzcp.org/orientationresources.

The below resources were developed to proactively engage trainees to orient themselves with the College, highlight key resources available to them and promote their wellbeing throughout the training program.

Welcome to the College

The animation that welcomes trainees and SIMGs to the College and provides information about the College, its structure and membership benefits.

Welcome to the Fellowship program

This animation welcomes trainees to the Fellowship Program. It provides information on key resources available to trainees and SIMGs and highlights the support provided by Supervisors and Directors of Training.

Staying on track

This is an interview and animation style video and promotes the mental health and wellbeing of trainees and SIMGs throughout the training program.

Stay informed and on track is an electronic and printed reference guide for psychiatry trainees and SIMGs on a pathway to Fellowship. It provides trainees and SIMGs with information key information about the College and training program contacts. It also provides tips on how to stay on track throughout the training program as well as advice from fellow trainees and tips on stress reduction, burnout prevention and promoting a healthy career-life balance.

In addition, the College has developed a range of promotional material including a wallet card to enable self-assessment of wellbeing and bookmarks and posters to highlight stress management and self-care techniques.

The College is keen to hear your feedback on these newly created resources, so please email any feedback to membership@ranzcp.org
DATE FOR YOUR DIARY

The Royal Australian and New Zealand College of Psychiatrists Victorian Branch

GENERAL MEETING

Will be held on
Monday 8 May 2017 at 6.30pm
at
RANZCP College Headquarters
Maudsley Room - Lvl 2, 309 La Trobe Street, Melbourne

Chair: Assoc. Professor Richard Newton

Guest Speaker:
TBA
(Meritorious Award Winner)

Written reports from the Chair, Secretary and Treasurer will be available.

Please forward any resolutions or matters to be discussed to the Branch Office by 1 May 2017 by E-mail: jacki.lindsay@ranzcp.org.

The meeting will be open for general discussion.

Light refreshments will be served

Please RSVP to Jacki Lindsay by 1 May 2017 by E-mail: jacki.lindsay@ranzcp.org or Tel: 03 9601 4924
Celebrating 50 years of psychiatry research publication

This year, the Australian and New Zealand Journal of Psychiatry (ANZJP) celebrates its 50th year of bringing you high quality psychiatry research articles and opinions.

First published in March 1967, the ANZJP is the leading psychiatry journal of the Asia-Pacific region. It delivers original articles every month in the form of research, reviews, patient descriptions and letters to the Editor, and is free to access for all RANZCP members.

Throughout the year, the ANZJP will bring its readers retrospectives on various topics from noted researchers looking back on the developments of the past 50 years in psychiatry. Those looking for the artistic side of psychiatry will be interested in the fifty-fifty poems – consisting of 50 words each – which will be featured on different aspects of psychiatry, as well as selected images from the past 50 years which will be used for the journal cover. Keep an eye out for erudite encounters with eminent psychiatrists such as Professor Gordon Parker AO, Scientia Professor of Psychiatry at the University of New South Wales, as well as other high quality retrospectives, guest editorials and podcasts in the coming months.

Already available are retrospectives on ‘Pursuing melancholia – the Australian contribution’ by Gordon Parker (January 2017), ‘Australian and New Zealand Psychiatry - What Fifty Years have brought’ by Scott Henderson (February 2017) and ‘The Journal's concerns about suicide’ by John Snowdon (March 2017). ‘ANZJP: The first fifty years MCMLXVII-MMXVII’, a special Editorial by Professor Gin Malhi in the January issue, takes a quantitative look back over the journal’s development and its impact over the years.

Members can access all full-text articles by logging into the “College Journals” page.

To get notified when new issues are released online, subscribe to email alerts via the journal website.
Dear member,

You are invited to access a recording of the webinar **CPD for 2017: Meeting your requirements.**

Presented by Dr Choong-Siew Yong, Chair of the RANZCP Committee for Continuing Medical Education, the webinar presents an overview of the requirements for the RANZCP Continuing Professional Development (CPD) program, which will become a requirement for Fellowship commencing January 2017.

[Access the recording online](#) (please allow pop ups for this content to work).

**Please note:** mention is made of the Learning Management System (LMS) LearnIT and the currently in development online CPD Portal, these are two separate systems. LearnIT will host learning materials (including the current CPD Online Modules) and the CPD Portal will be specific for recording and claiming CPD.

The documents for the 2017 CPD Program including the [CPD Guide and Policies](#) are available on the College website and we encourage you to familiarise yourself with the requirements of the program.

For any additional information please contact the CPD team via email at [cpd@ranzcp.org](mailto:cpd@ranzcp.org).

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The Victorian Branch wishes to congratulate the following Victorians.

**Having completed all Fellowship requirements of the College, they were admitted to Fellowship of the RANZCP on 17 March 2017**

- Dr Katie Bourke
- Dr Dilani Daluwatte
- Dr Odette Edelstein
- Dr Mona Hassaballa
- Dr Catherine Hearn
- Dr Sujit Sharma
- Dr Alison Taylor

Good luck on your coming careers!
A compassionate and free service for Victorian doctors and medical students suffering from health problems including mental health, substance use and physical problems

At VDHP we assist doctors and medical students with health problems including:

- stress and anxiety
- substance use disorders
- mental health issues
- any other health concerns, including physical health.

If you, or someone you care about, could benefit from specialist care, then please call.

(03) 9495 6011

Anonymous enquiries welcome

Receives funds from DrHSCo Pty Ltd via the Medical Board of Australia and Department of Health and Human Services of Victoria

Phone: (03) 9495 6011
Fax: (03) 9495 6033
Email: vdhp@vdhp.org.au
Web: www.vdhp.org.au
**Date for your Diary**

**RANZCP Faculty of Psychotherapy Victorian Branch sponsored Scientific Meeting**

**Presenting**
Dr Paul Cammell MA MBBS (Hons) FRANZCP PhD

Paul Cammell is a senior psychiatrist, psychotherapist and academic who has recently moved to Melbourne, where he now holds a senior position at the Royal Melbourne Hospital as well as an honorary appointment at the University of Melbourne, and also has a private clinic in inner Melbourne. He is currently the binational chair of advanced training in psychotherapy for the Royal Australian and New Zealand College of Psychiatrists (RANZCP) and was recently a Visiting Fellow at the Personality Studies Institute, Cornell University, New York.

Originally trained in philosophy, Dr Cammell has a range of research interests related to the philosophy of psychiatry, psychoanalytic theory, psychotherapy and adult psychiatry.

**Title:** ‘Reinterpreting the Borderline’

In this talk, Paul will discuss his recent book, Reinterpreting the Borderline, which is an analysis of contemporary European philosophy and its relevance to the clinical fields of psychiatry, psychotherapy, and psychoanalysis, focusing upon a critique of the "borderline" concept. He will discuss a range philosophical ideas that can be employed to analyze developmental models and clinical treatments of borderline personality disorder. He will describe the fundamentally relational, embodied, temporal, and technical aspects of existence that become problematised in the experience of “the borderline” - both for the suffering individual and the concerned clinician. He posits that “borderline experience” extends beyond the suffering individual to the context of the psychotherapy itself, something in which the therapist and suffering individual must collaborate to overcome.

**Date:** Thursday 18 May 2017

**Time:** Refreshments 7:00pm - Presentation 7:30pm with Q&A – Close 9.00pm

**Venue:** The Isaac Schweitzer Conference Room
The Melbourne Clinic
130 Church Street, Richmond

Please RSVP by 8 May for catering purposes by contacting Jacki Lindsay at the Victorian Branch Tel: 03 9601 4924 or email vicbranch@ranzcp.org
Did you know that the [RANZCP clinical practice guidelines](#) are now available as interactive PDFs?

This makes the guidelines easier to navigate and gives you quick access to the full list of clinical recommendations.

The RANZCP clinical practice guidelines provide expert evidence-based recommendations to support Australian and New Zealand healthcare professionals in the diagnosis and management of mental health conditions.

RANZCP guidelines cover:

- Mood disorders
- Schizophrenia
- Deliberate self-harm
- Eating disorders

Further resources, including associated webinars and a short reference guide summarising the key points and recommendations of the Deliberate Self-Harm guideline, are also available on our website.
Educational grants available for Rural Trainees

Grants of up to $3000 are available to RANZCP trainees who show a commitment to training in Rural Australia.

www.ranzcp.org/ruralgrant2017
Are you a Rural Trainee and need some support to attend educational events in 2017 including:
- lectures
- workshops
- coaching for exam preparation
- RANZCP conferences

Apply now! Applications are open now and will be available up to 31 October 2017 with activities to be completed by 31 January 2018.

To apply and find out more, visit www.ranzcp.org/ruralgrant2017 or email ruralprojectSTP@ranzcp.org.

RANZCP trainees based in RA2–RA5 are eligible to apply. All applicants will be notified of the outcome of their grant application after Panel review. The College reserves the right to close the Grant applications at any time should allocated funds be expended.
22nd University of Melbourne
Symposium in Psychiatry of Old Age

**Evidence Based Practices in Caring for Older People**

Friday 2nd June 2017
L’Unica Reception and Convention Centre, Brunswick

**Invited Speaker:** Professor Leon Flicker AO
Director, Western Australian Centre for Health & Ageing, Centre for Medical Research
University of Western Australia

Enquiries should be directed to: Joy Preston
8387 2767, email: jpreston@unimelb.edu.au

Full details of the Symposium can be viewed at
www.aupoa.unimelb.edu.au/events

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**SAVE THE DATE**

The Australasian Society for Bipolar & depressive Disorders (ASBDD) will be holding its next biennial conference in Melbourne on 15-17 September 2017

asbdd2017.bipolardisorders.com.au
The Royal Australian and New Zealand College of Psychiatrists invites you to attend the RANZCP 2017 Congress to be held in Adelaide.

Join us for an outstanding scientific program including presentations from:

- Professor Anthony Bateman
  United Kingdom
- Professor Sir Mason Durie KNZM
  New Zealand
- Professor Nav Kapur
  United Kingdom
- Dr Charles Kellner
  USA
- Professor Helen Milroy
  Australia
- Professor Dame Til Wykes DBE
  United Kingdom

Register now at ranzcp2017.com
RANZCP 2017 NZ CONFERENCE

Monday 25 – Wednesday 27 September 2017
Trinity Wharf Hotel, Tauranga

Kia Kotahi ai ngā Ara / Uniting the Pathways

Speakers

Professor Perminder Sachdev
Scientia Professor of Neuropsychiatry, UNSW, Co-Director of the Centre for Healthy Brain Ageing (CHeBA), Clinical Director of the Neuropsychiatric Institute (NPI), The Prince of Wales Hospital, Sydney, Australia

Professor Julia Rucklidge
Professor of Clinical Psychology
University of Canterbury
Christchurch, New Zealand

Professor David Coghill
Chair of Developmental Mental Health
University of Melbourne
Victoria, Australia

Professor Warren Brookbanks
Auckland University
New Zealand

Professor Michael Berk
NHMRC Senior Principal Research Fellow
Alfred Deakin Chair of Psychiatry at Deakin University and Head of Department, IMPACT Strategic Research Centre, Barwon Health
Honorary Professorial Research Fellow in the Department of Psychiatry, Melbourne University, the Florey Institute for Neuroscience and Mental Health, Orygen Youth Health, and the School of Public Health and Preventive Medicine at Monash University
Melbourne, VIC, Australia

Key Dates:

Abstract Submissions Live
Wednesday 15 March 2017

Online Registration Live
Sunday 30 April 2017

Closing Date for Abstract Submissions
Friday 23 June 2017

Notification of Abstract Status
Friday 21 July 2017

Close of Earlybird Registration
Sunday 20 August 2017

www.ranzcp2017.co.nz
Melbourne Association for Psychodynamic Psychiatry (MAPP Inc.)

Call for Applications for our 2017 course in

STARTING OUT IN PRIVATE PRACTICE: A PSYCHODYNAMIC APPROACH

The course will consist of a half dozen seminars and will cover the kinds of issues that commonly arise when commencing private practice work. Loosely based on Nina Coltart’s ‘How to Survive as a Psychotherapist’, the course is intended for early career psychiatrists who are interested in offering ongoing psychotherapeutic work as a part of a general psychiatric practice. The focus will be practical and clinical, allowing space for participants to raise their own concerns and to bring examples for discussion.

Topics include:

- Preparation - the consulting room, the waiting room
- Managing intake
- Managing risk in the practice
- Assessment - how to select suitable cases
- Maintaining privacy and confidentiality
- Finding support - supervision, peer review groups

The seminars are planned to commence in Autumn 2017. The course will be run by Dr Jenny Randles, an experienced psychiatrist psychotherapist at 97 Wattletree Rd, Armadale.

Fees

The fee for the MAPP Short Course is $300, payable prior to the first seminar.

Enquiries

Please direct enquiries to the MAPP Administrative secretary, Mrs Gurli Hughes:
Email: g.hughes@iinet.net.au
Phone: 0405 025 366.

For further information about our current course content please go to our website www.mapp.org.au
ACPA is delighted to host a unique workshop and seminar series with the highly distinguished Otto Kernberg in Australia. We extend a warm invitation to Members, prospective members and colleagues in the mental health professions to join us in this exciting and stimulating learning opportunity. Places are limited so do register early.

**Download Brochure with Registration links HERE**
or go to: acpa.org.au/kernberg-registration

**Wednesday 26 April 2017, Melbourne**
“The essence of borderline personality pathology and Transference Focused Psychotherapy (TFP)”

One Day workshop, 9am – 4.30pm
Australian Centre for the Moving Image, Cinema 2
Federation Square, Flinders Street, Melbourne, VIC 3000

**Thursday 27 April 2017, Sydney**
“Pathological Narcissism”
Evening Seminar, 7-10pm,
ABS Auditorium, University of Sydney, Sydney 2006

**Friday & Saturday 28 & 29 April 2017**
“Dynamic Psychotherapy for Higher Level Personality Pathology (DPHP)”
Two Day workshop, 9am – 4.30pm
Bosch Lecture Theatre, Bosch 1a Building, University of Sydney, Sydney 2006
UPCOMING EVENTS – ADAVIC

From Bullying to Sexting: Cyber Safety and the Role of the Media
The Anxiety Disorders Association of Victoria, Inc presents - An information session with Dr Lauren Rosewarne

Date: 27th April 2017
Time: 7:30pm – 9:00pm
Venue: Melbourne Girls College, Yarra Boulevard, Richmond (The Lyceum Room 3 & 4)

Cost: Standard Fee $20.00 and $15.00 ADAVIC Members


How to treat Automatic Negative Thoughts (ANTs)
The Anxiety Disorders Association of Victoria, Inc presents a Professional development workshop for Psychiatrists, Psychologists, Social Workers and all Allied Health counsellors, with Sally-Anne McCormack, Clinical Psychologist.

Date: 24th May 2017
Time: 6:00pm – 9:30pm
Venue: Hawthorn Library, 584 Glenferrie Road, Hawthorn.

Standard fee: $95.00
ADAVIC Members: $70.00

For further details and bookings please go to this link: https://www.adavic.org.au/productview.aspx?Id=279

IN STILLNESS CONQUER FEAR: Natural and Effective Anxiety Relief
The Anxiety Disorders Association of Victoria, Inc presents – A Half-Day Workshop with Pauline McKinnon, Author and Psychotherapist (Public Workshop)

Date: 13th May 2017
Time: 1:00pm – 4:00pm
Venue: Hawthorn Library, 584 Glenferrie Road, Hawthorn.

Cost: Standard Fee $50.00 and $35.00 ADAVIC Members

Dr Judy Hope and Prof Nicholas Keks invite you to the

23rd Psychopharmacology Masterclass

at Delmont Private Hospital

Saturday 20 May 2017

9:30 AM – 2:00 PM

9:30-10:00 AM: Registration and Coffee
10:00 AM-1:00 PM: Masterclass
1:00-2:00 PM: Informal discussion over light lunch

Antidepressants

In the rearview mirror

- Overview of available antidepressants: SSRIs, agomelatine, SNRIs, mirtazepine, reboxetine, moclobemide, tricyclics, MAOIs etc.
- The art of using antidepressants: choice of drug, dose optimisation, high doses, augmentation, combination
- Risks versus benefits: the medicolegal perspective
- Avoiding pitfalls: suicide risk, activation syndrome in adolescents, mixed states
- Discussion and debate

The Masterclass Series is aimed at Psychiatrists and Professionals who already have a knowledge of basic psychopharmacology and who wish to expand their practical knowledge base by engaging in discussions on the practice of prescribing.

The Masterclass is a facilitated, collegiate discussion of the practice, art and safety of prescribing psychotropic medications.

Registration Form / Tax Invoice

ABN: 68 283 895 772

Registrations close Wednesday 17th May, 2017. (WHEN COMPLETED, THIS FORM IS YOUR TAX INVOICE)

Cost of Registration is $90 (GST incl)

PLEASE PRINT CLEARLY IN CAPITALS

Name: ___________________________________________________________

Mobile #:__________________________________________________________

Email: ___________________________________________________________

Credit Card Details:  □ Visa  □ MasterCard

Card Number: □□□□ □□□□ □□□□ □□□□

Expiry Date: □□□□ CVV No: □□□

FAX REGISTRATION: 9805 7255

EMAIL: events@delmonthospital.com.au
PHONE: 9805-7321

Signature: _________________________________________________________

Dietary Requirements: ____________________________________________
**Senior Clinician (Medical) wanted for the Victorian Doctors Health Program (VDHP)**

VDHP is the comprehensive health program for medical professionals in Victoria and Tasmania. We provide education, prevention, early intervention, access to treatment, case management and undertake research in relation to doctors' and medical students' health issues.

VDHP seeks a part-time Senior Clinician (Medical) with an interest/expertise in these areas to join the current clinical team. A passion for helping our colleagues is essential. Expertise in general practice and/or addiction medicine and/or psychiatry may be an advantage but is not mandatory. Excellent communication, liaison and organisational skills are required. A detailed position description is available at www.vdhp.org.au.

Applications close Friday 28 April 2017. Applications/enquiries may be directed to Dr Kym Jenkins, VDHP, Level 8 Aikenhead Building, 27 Victoria Parade, Fitzroy Vic 3065, Ph (03) 9495 6011 or emailed to vdhp@vdhp.org.au.

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**Peninsula Health**

Peninsula Health Mental Health Service is expanding its service in 2017. We have both Inpatient and Community Adult Consultant Psychiatrist positions available, both part time and full time opportunities exist.

We are also recruiting a full time registrar to join our new Access and Assessment Team that will provide community based assessments and brief interventions. Applicants must be current RANZCP trainees, preferably in Stage 2 or 3 of their training.

If you are interested in joining our service and would like to enquire about the positions available please contact Dr Nicky Zigouris or Associate Professor Dhiren Singh on 9784 7103.
Turning Point (Eastern Health) is accepting expressions of interest from psychiatry trainees for an Addiction Psychiatry Registrar position starting in August 2017. The position will be open to RANZCP trainees wishing to gain skills in Addiction Psychiatry. It is also fully accredited and meets requirements for RANZCP Certificate of Addiction Psychiatry training.

The successful applicant will gain experience in managing alcohol and other drug use and gambling disorders within Turning Point’s large multidisciplinary clinical team. There will be opportunities to develop skills in AOD-specific psychotherapies, and in provision of group psychoeducation, in addition to a range of other clinical experiences including dual diagnosis assessment and treatment clinics, management of pain and addiction, medical complications of substance use (such as gastroenterological and neurological disorders) and ante- and post-natal care of special needs women. The role will grow the registrar to be an integral part of Turning Point’s team, providing addiction psychiatry leadership and expertise across addiction medicine, mental health and dual diagnosis fields with structured supervision from staff addiction psychiatrists and addiction medicine physicians.

In addition to its excellent treatment services, Turning Point is unique in having strong and active workforce development and research directorates, with opportunities for the successful applicant to contribute to training and translational clinical research.

Turning Point is part of Eastern Health, the largest public health provider in the eastern suburbs, and provides mental health and alcohol and other drug care to a diverse range of communities.

For enquiries or a copy of a position description please contact Clinical Director Dr Matthew Frei matthew.frei@easternhealth.org.au or (03) 9843 1288

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Conduit Health now opens the doors for expression of interests from: Consultant Psychiatrists (Sub Specialties welcome).

Benefits include – Work from your home office (tax benefits), Build your private practice (we have a strong referral base), EMR, All administrative tasks taken care of (Billing/Scheduling/Typing), No overheads/room fees.

If this sounds of interest to you, please send your expression of interest along with a copy of your qualifications and CV to: Sara NG (Business Development Manager) sara.ng@conduithealth.com.au
Notices

Are you finding difficult to find in patient availability?

New mental health beds NOW AVAILABLE at South Eastern Private Hospital in Noble Park (Off East Link).

In patient and day programs available. Patients have full use of hospital facilities - Hydrotherapy, gardening programs and yoga.

South Eastern offers a multi-disciplinary team in a goal focussed environment.

Please call Admission and Assessment Team on 9271 9888 today!

a member of the health e care group

Research

BIPOLAR DISORDER RESEARCH

SEEKING PARTICIPANTS FOR BIPOLAR DISORDER RESEARCH

We are looking for adult volunteers with bipolar disorder. We need your help to find out more about bipolar disorder.

If you have been diagnosed with bipolar disorder and are interested in contributing to research please contact our team.

Yuval Samuni: 03 4215 3309
Amanda Stuart: 03 4215 3308

mitobd@barwonhealth.org.au
bipolar@barwonhealth.org.au
Currently recruiting research participants

NHMRC funded*, double blind, placebo controlled studies investigating various nutraceutical agents for psychiatric disorders. These compounds are taken adjunctive to ‘treatment as usual’.

- **Nutraceutical combination for MDD*** (omega-3, zinc, 5-HTP, SAMe, folinic acid, vitamin B12)
- **N-acetylcysteine (NAC)** for **OCD***
- **Mangosteen** for **bipolar depression***
- **L-theanine** for **GAD**

These clinical trials are conducted at **The Melbourne Clinic (TMC) Professorial Unit** in Richmond and are run in conjunction with **The University of Melbourne** and **Deakin University**. For patient referrals, please see our contact details below.

TMC Research Ethics Committee project numbers #279, #220, #273 and #262

For further information visit: [https://www.arcadia-research.com/](https://www.arcadia-research.com/)
email: arcadia-research@unimelb.edu.au
telephone: (03) 9487 4748
**Rooms**

**Hawthorn Road Consulting Suites, Nth Caulfield**
An exciting opportunity exists to join other consultant psychiatrists at well established consulting suites. The Hawthorn Road Consulting Suites were established in 2005 in a beautifully restored Victorian home in North Caulfield (close to Cabrini). The property has been fully renovated. Parking available on site for staff and patients and close to public transport. Opportunity to join three other psychiatrists in either a full time or sessional capacity. Full secretarial service can be offered as well as the use of Genie specialist medical software for a complete management program. Please call practice manager Kim on 0407883104 to arrange an inspection of the consulting suites.

**The South Melbourne Consulting Suites**
A newly created and fully operational psychiatric consulting clinic including 6 rooms (1.5 currently available) with a modern waiting area and full secretarial and IT support.

Full time and Sessional Rooms are available in a peaceful, inviting and modern working environment situated at Level 4, 66 Albert Rd, South Melbourne, 3206.

The clinic is ideally situated opposite the Albert Road Clinic facilitating easy access for admissions as well as discreet privacy for outpatients. Car parking is available as part of the leasing arrangement. Furnished and unfurnished room arrangements can be accommodated. Lift with easy wheelchair access is available.

An experienced secretary and experienced colleagues with varied practices are currently at the practice. Please contact Dr. Matthew Tagkalidis: mmtag@bigpond.net.au or 9645 7373.
Innovative Therapeutic Practice with Children and Adults:

Adult Psychotherapy, Couple & Family Therapy, Trauma specialist, Animal Assisted Therapy, Reflective Practice Supervision, Training and Consultation

Consulting Rooms Available

Edge of the city in leafy East Melbourne. Rooms available part time or full time basis.

- A short stroll from the city, off street parking available and well served by public transport, close to city hospitals
- Secure entrance
- Waiting room
- Specialist book keeper billing (own cost)
- Long-term lease available
- Limited on-site parking negotiable for additional cost
- Enquiries welcome: Sarah Jones, 03 9428 8804 or Jenny Dwyer: jenny@jennydwyer.com.au

Rates: Different rooms & amount of sessions attract different fees. Please feel free to make an enquiry regarding availability and/or an arrangement to meet us, view the rooms and get a sense the practice.

Room 1: Large room: adults/child therapy suitable : Available two days

Room 2: Medium size, suitable for families and children.

Room 3. Upstairs large consulting room, available for sessional use on Tuesdays and other mornings.

248b QUEENS PARADE, CLIFTON HILL 3068
PHONE: 9445 0560  FAX: 9445 0564

We currently have 5 weekly sessions available - all day Monday, Tuesday, Thursday & Friday mornings at our established psychiatry consulting rooms. The practice offers comfortable, tastefully furnished & individually air conditioned consulting rooms with good security & internet access.

We take pride in our experienced and professional staff who provide excellent secretarial & reception support. We also offer Medicare On-Line and EFTPOS facilities.

We have an established and robust referral base and include assistance with practice set-up for new practitioners.

A Melbourne Pathology collection centre is on-site.

The practice is located close to the end of the Eastern Freeway, and has tram, train and bus services in close proximity. There is also ample street parking.
Ericton House Consulting Rooms is a boutique psychiatric practice ideally positioned in the heart of Ivanhoe close to shops and public transport. It is a recently renovated double fronted Victorian house and sessional rooms are available on each day except Wednesday, with off street parking.

All the rooms have a pleasant outlook, split system air conditioning and hydronic heating. The setting lends itself to both psychotherapy and biologically based practice.

We provide full secretarial support; a well establish referral process to assist in building up your Practice; Blue Chip System and Medicare Easy claim software. There is an option for no secretarial cover which will also exclude the previously mentioned programmes.

For further information please contact Beth Blackbourn Practice Manager on the above number and/or click on to http://www.erictonhouse.com.au.
CONSULTING ROOMS RENTAL

Extremely Spacious light filled Consulting Suite for full- time or sessinal rental in a beautiful Victorian terrace in Richmond, close to Epworth and The Melbourne Clinic. Room can be furnished or left for tenant to furnish.

Air-conditioning/heating, off street parking, staff kitchen and bathroom and disabled access. Internet available. Currently being used by psychiatrists, but would suit psychotherapy practice.

Please contact Dr Paul Foulkes on 94270211 or 0411429684 for further details.

EAST MELBOURNE

Attractive consulting space available on part time or casual basis, situated in an Edwardian Building East Melbourne. The practice currently is shared between 3 psychotherapists. The suite has good amenity including secure entrance, waiting room, soundproofed windows, air-conditioning, pleasant modern bathroom facilities, kitchenette. Leafy courtyard setting at entry. Short stroll to CBD, Fitzroy Gardens, public transport, and parking.

Rate: $75 (incl GST) - 4 hours session, $120 (incl GST) - 8 hour session, casual rates negotiable depending on usage

Contact: 0409 569 339
Email: dcathome@iprimus.com.au
Website: www.clarendonpsychotherapy.com

Private Practice opportunity Melbourne's Southeast

A newly established Private Psychiatry practice in Langwarrin, in Melbourne's Southeast, seeks expressions of interest from Psychiatrists interested in full-time or sessional positions. The two consulting room suite is within a new substantial purpose build Specialist consulting suites building occupied by a range of medical Specialists in Melbourne's rapidly expanding, and under-serviced growth corridor. In close proximity to a major Private General Hospital offering scope for substantial referral networking. In close proximity to Peninsula Link. Full secretarial services for the two consulting suites, state of the art IT with NBN access, provided.

Contact Dr Peter Heffernan psychologicalmedicine@gmail.com
Consulting room for rent in Balwyn just off Whitehorse Road, on a full time or daily basis. The building has 3 consulting rooms, a waiting room and a staff kitchen. It is spacious, well lit, newly renovated and fully furnished. It is close to public transport and major arterials. Features include heating and air conditioning in each consulting room, wifi, and dedicated off street parking for clinicians and patients. This is an established child, adolescent and family psychiatry practice with 2 psychiatrists currently working in the rooms. Office is available for full days and full time rate is negotiable. Office hours are 0730 - 1900 M - F and 0730 - 1230 Saturday.

Contact: Dr John Stevens 0434 530 677

Private Practice Opportunity in Ivanhoe

Consulting Rooms in Ivanhoe with Dr Andrew Wake (psychiatrist) and Elizabeth Redman and Tomi Redman (psychologists).

Sessional or daily rental available on Tuesdays, Fridays and Saturdays, and from 2017 Wednesdays and Thursdays as well.

No reception.

On Upper Heidelberg Rd Ivanhoe, up one flight of stairs.

Contact Andrew by email thegoodenoughparent@gmail.com for more information.
Rooms available—Commercial Road, Melbourne

Phoenics Health, a well-established developmentally-focused practice in Commercial Road, Melbourne, overlooking Fawkner Park and opposite Alfred Hospital, has some consulting days available. The practice currently has several child and adolescent psychiatrists, 2 psychologists and 2 family therapists.

Any interested practitioners are welcome to contact Flora Pearce, 0438 605 944, or Dr David Recht, on 0419 876 395, or 9863 0000. Further background information is available at phoenicshealth.com.au

PRIVATE PRACTICE OPPORTUNITY IN MELBOURNE’S EAST

Full time or sessional rental available in well-established Consulting rooms in Box Hill. Located near Box Hill Central Shopping Centre and close to train and bus stations, Carrington Consulting Suites offers full administrative and practice management support. “Practice 2000” medical software is used to transmit accounts on-line offering patients the option of an immediate refund from Medicare into their nominated bank account. All stationery and office supplies are included in the sessional rate. Car parking is provided.

Suitable for Consultant Psychiatrists, Psychologists or Allied health professionals. Practitioners who have not practised privately are welcome as we will provide all paperwork and necessary forms to “set you up”. Specialities (e.g. psycho-geriatric/child and adolescent) would be welcome.

Enquiries to Practice Manager, Robyn Allen on 9843 5855 or email robyn.allen@easternhealth.org.au

Rooms to lease at Melbourne Youth Clinic with Dr Josephine McKeown located in East Melbourne opposite Epworth Freemason’s Hospital.

Suitable for specialist, psychiatrist, psychologist or allied health. Receptionist available if required.

Contact practice manager, Cathy Matthews on 9417 6030 or reception@melbournyouthclinic.com.au
Conference Calendar 2017/2018

May 2017
RANZCP Annual Congress 2017
Speaking our minds, telling our stories
30 April - 4 May 2017
Adelaide Convention Centre, SA
Information: Congress website

RANZCP Victorian Faculty of Forensic Psychiatry (First) Annual One Day Conference
Causal Links in Forensic Psychiatry
27 May 2017
RANZCP College HQ, Melbourne
Information: vicbranch@ranzcp.org

August 2017
Faculty of Forensic Psychiatry Conference 2017
31 - 1 September 2017
Vancouver, Canada
Call for abstracts

September 2017
Faculty of Psychotherapy Conference 2017
15—17 September 2017
Ayres Rock Resort, Uluru
Information: Conference website

New Zealand National Conference 2017
25 – 27 September 2017
Trinity Wharf Hotel, Tauranga
Information: Conference website

October 2017
Faculty of Child & Adolescent Psychiatry 2017
19 - 22 October 2017
Adelaide Convention Centre

November 2017
Faculty of Psychiatry of Old Age Conference 2017
8 - 11 November 2017
Millennium Hotel
Queenstown, New Zealand
Information: Conference website

May 2018
Congress 2018
13 – 17 May 2018
Becoming well together: Partnerships in mental health
SKYCITY, Auckland
VICTORIAN BRANCH COMMITTEE

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Prof Mal Hopwood—College President
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Category 1 - Fellows – free line ad in classifieds
Category 2 - College notices – free
Category 3 - Educational organizations – 50%
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The following fees are applicable for advertisements placed in the Victorian Branch Newsletter

Double-sided page $770
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