RANZCP Certificate of Postgraduate Training in Clinical Psychiatry (Certificate of Psychiatry)

Graduate Outcomes / Key Competencies



Certificate of Postgraduate Training in Clinical Psychiatry

Revised Draft

Role	Graduate Outcomes / Key Competencies	
By the end of the Certificate, in relation to patients presenting with <u>mental health problems</u> within a medical practitioner's primary area of practice, graduates will be able to:		
Medical Expert	 Apply knowledge of biological, psychological and social sciences and principles of psychiatry assessment techniques and interventions to patient care 	
	Conduct a psychiatric interview appropriate to the patient	
	Perform and report a comprehensive mental state examination	
	Apply the principles of prevention and early inter mental illness intervention to reduce the impact of mental illness	
	 Integrate available information about a patient and their context to develop a formulation and differential diagnosis according to ICD or DSM 	
	Develop and implement evidence based biopsychosocial and culturally informed mental health care plans in collaboration with patients	
	 Incorporate the principles of trauma informed care, recovery and self determination to facilitate person centred care and supported decision making 	
	 Demonstrate skills in psychological, sociocultural and pharmacological interventions to assist patients with their recovery 	
	 Recognise the interplay the patient's physical health needs with their mental health needs to promote optimum patient outcomes 	
	Assess and manage psychiatric emergencies, with due regard for safety and risk	
	Apply mental health and related legislation in patient care	
Communicator	Use effective communication and counselling skills with patients their families and carers	
	 Recognise and incorporate the needs of culturally and linguistically diverse populations, including the use of interpreters and cultural liaison officers 	
	 Communicate effectively with colleagues, health professionals and service providers 	
	 Provide clear, accurate and concise written communication about patient assessment, formulations and/or mental health care plans 	

Collaborator	
Conaborator	Use interpersonal skills to develop therapeutic relationships and to provide care
	Partner with family, carers and significant others to provide care
	 Work effectively with a multidisciplinary mental health team, including those with lived experience and peer workers, demonstrating an awareness of the roles and contribution of various members.
	 Work collaboratively with general practitioners, psychiatrists and community and tertiary health care services in team care arrangements to improve patient outcomes.
Leader	 Incorporate practice improvement and quality assurance processes to improve mental health outcomes for patients
Health Advocate	 Advocate on behalf of patients, their families, and carers in relation to patients' needs
	 Promote ways for patients' families to support family members toward recovery and independence
	 Recognise and address the impact stigma of mental illness has upon patients, families and carers
	Appreciate the role of cultural beliefs in recovery and incorporate this into care for patients, families and carers.
	 Facilitate access to available mental health support services that would be most beneficial to individual patients, their families and carers
	 Advocate for better culturally specific mental health care services for Aboriginal and Torres Strait Islander communities.
Scholar	• Educate colleagues and the community about mental health and wellbeing
	Incorporate evidence into decision making
	 Recognise the value and commit to ongoing professional development and peer review
Professional	 Identify standards within the RANZCP Code of Ethics that are unique to psychiatry and apply them to practice
	 Acknowledge personal limitations in relation to psychiatric care of patients and recognise when to engage the help of a team, or refer
	 Demonstrate reflective practice and the ability to use feedback constructively when learning
	 Acknowledge the importance of self-care and providing assistance to colleagues, when required

Draft as at 6 December 2023.